

The Our Ultimate Reality Newsletters

**The
Our Ultimate Reality
Newsletters**

Volume 4 - 2008

Adrian P. Cooper

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The Our Ultimate Reality Newsletters

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January 6 2008

Deciding what you really want

Welcome to your newsletter.

I do hope you have enjoyed a wonderful week, and especially at this time of seasonal festivities.

I would also like to wish you and your loved ones a most joyful, healthy and abundant 2008, where all of your wishes manifest into your experience.

I very much look forward to serving you during 2008 through my newsletters, and in any other way I can do so, and I can say that I have much planned for you in 2008.

Many people send me messages asking how they can use The Law of Attraction to attract whatever they desire in life - which of course is very understandable. However, when I ask these people what they actually do desire in life they very often do not know. This alone is enough to prevent them from attracting very much.

Before we can attract anything we must be passionate about wanting whatever it is we desire. It is not enough to vaguely "want a better lifestyle" for example. One of the fundamental aspects of success with The Law of Attraction is to vibrate in harmony with the object of desire in order to enable it to manifest into the vibration of the physical world where it can be experienced.

Simply "wanting more money" or "wanting a better lifestyle" is, in and of itself, not enough to invoke the necessary level or nature of vibration required for it to manifest into experiential reality.

It is a powerful fact that many people who have succeeded greatly with The Law of Attraction were at an absolute low point in their lives, often without money and frequently without even a home. These people so passionately desired a new home, money, food etc. that when their lives could not reach a lower level, they turned within with passion, very often praying to God in the right way, imagining in vivid detail having the things they most wanted. In almost every case their wishes came to fruition.

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I should mention once again that there is a vast difference between prayer projected under these circumstances, and a prayer uttered as a vague and hopeful request.

Not only that, having successfully used The Law of Attraction, and therefore knew it worked from experience, this gave these people the Belief in the process with the Faith that it will always work for them, and the absolute Gratitude for what they have received.

Faith, Belief and Gratitude are taught extensively throughout the gospels of the Bible by the Master.

"Therefore I say unto you, What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them."

-- Mark 11:24

Many people believe they want various material things without ever really knowing why, and in particular what it will add to their experience, often for the sake of conforming to the pressures of society or in gathering increasingly more material possessions.

It is important to know at all times that we are here for one fundamental purpose - as channels of experience of Source and thereby to evolve and therefore to Spiritually grow through experience. Anything not consistent with that most Divine mission will not arouse the necessary passion.

So if you desire something that you do not already have, ask yourself these questions:

- 1. Why do I wish to have this thing or situation?**
- 2. What will it really, genuinely add to my experience and growth?**
- 3. Am I really, sincerely passionate about wanting it?**

These are absolutely fundamental questions that must be answered before setting out to consciously make use of The Law of Attraction.

Plain and simple - if you are not passionate about something then you will not be able to easily achieve vibrational harmony with it, and you should think again about why you desire it in the first place. Genuine needs should be separated from vague wishes and desires generated out of materialism, greed or the pressures of relations, friends and society generally.

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That said, it is quite possible to become passionate about an object of desire that you were not previously passionate about, thereby invoking the necessary vibration, but the motive must still be honourable, and above all it should be of benefit to others.

My book, Our Ultimate Reality, devotes a whole chapter to "Harmonising Your Desires" for this reason.

<http://www.ourultimatereality.com/our-ultimate-reality-the-book.html>

Considerations before helping others

I receive many messages from people wishing to help others in some way which of course is very noble, especially considering one of the fundamental Principles of progress - "Service to Others before Service to Self".

Very often for example a family member is in financial difficulties, or has health issues or relationship issues, and another family member wishes to help them out.

The first consideration is whether the person in need of help actually desires to be helped. Sometimes for example what might appear as difficulties for one person, might seem normal to the person actually experiencing the perceived difficulties.

Other times, as is often the case, a person might be experiencing some form of difficulty which they need to overcome as part of the experience they are here to gain during this incarnation on Earth.

So before helping others it is absolutely crucial that the person who appears to be in need of help is actually need and wishes for such help.

An example of this are the messages I often receive requesting help for a situation of some sort. Because the person has pro-actively sent me a message asking for help I know that I can justifiably extend that help without infringing the freewill of that person or breaking any karmic principles. And of course I always do.

The only exceptions are when for example a person has stated that they intend to commit suicide soon, and clearly mean it. In these

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cases I engage the person in an exchange of messages that leads them to stating why they wish to end their life, and what help or advice they need in order to change their Mind. In this case although it would have been wrong to intervene directly to persuade them against their intended course of action, they finally asked for such help.

If on the other hand a person wrote to me about something else, but happened to mention some difficulty they were experiencing, and I took it upon myself to help that person, then I would be compromising their freewill and learning experience, quite likely resulting in karmic consequences for myself.

That said, of course motive is taken into account as well. If we were to help someone out of compassion because they appeared to be suffering greatly and in need of help, the consequences would not anywhere near as great as judging a person to be in need of help without knowing the facts, and then forcing that help upon that person.

Again, in all of these situations we must always keep in Mind at all times that we are here on Earth for the most part to learn and evolve through experience, and very often those experiences are very hard indeed, but ones that must be overcome to progress both in life, and for the Higher Self to assimilate as part of the whole experience needed before Higher Self can move on to greater things.

So how then do we determine whether a person would welcome help?

There are two main considerations here:

1. When the person physically approaches us and requests help.
2. If we approach a person who appears to be in need of help, we ask them if we can help, and they say that they do need help.

In both cases the person has agreed to be helped and we can safely extend that help without the risk of karmic or any other consequences.

Condition 1. above is straightforward - someone approaches us for help and we freely extend that help.

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Condition 2. above is not quite as straightforward. We must not place ourselves in a position where we believe the person needs help but might not be seeking help, but then the person decides that because the offer of help is being extended, they will accept it any way. In this case the freewill of the person will have been compromised.

So in these circumstances we must use absolute certain that the person is genuinely in need of help, and to then approach them in such a way as to extend an offer of help without actually forcing our will upon them.

In this case there are no hard and fast rules as to how to go about this because clearly every situation will be very different.

Typically however a useful approach would be to sit down and chat with the person in general terms, thereby determining how serious there situation appears to be, and then to ask them what they believe they would do to resolve it under ideal circumstances. If and when they offer a particular solution we can then offer to help in facilitating that solution. Their freewill will not have been compromised due to the fact they have decided on a course of action of their own freewill that includes the person offering help, and that help is then extended to help in facilitating a resolution to the situation. If and only if they agree, then the necessary actions can be taken.

Again though this is only a general outline. Each situation will be different and will need to be approached as such, keeping in Mind the guidelines I have provided in order to prevent your help rebounding upon yourself, however well-meaning it might have been.

There is a final situation which is certainly the most difficult of all when it comes to helping others, and that is when the person apparently in need of help is too ill to indicate they need or would welcome such help, for example if they are too ill or even in a coma or perhaps if they are a very young child not old enough to make that level of decision.

In cases such as these there are two choices:

1. Let the situation take its natural course.
2. Seek inner guidance as to whether to help or otherwise.

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Option 1 is clearly hard - no one likes to see another human being in distress or even dying. However, we must keep in Mind that the person may well still be experiencing something forming an integral part of their learning process in this incarnation which involves experiencing suffering perhaps even followed by "death".

We should also remind ourselves of the truth that there is no such condition as "death", but only a change from a physical to a non-physical state of Being, and that where the person is going there will be only peace and harmony and no suffering, and from these perspectives are going to a "better place".

In our human form most people only see situations from a temporal perspective without the benefit of seeing the infinite chain of causes and effects behind each situation, however dire it might seem, and without knowing what experiences the Higher Self of that person is seeking in this incarnation.

So in difficult cases such as these each person must make a decision, in full knowledge of the implications of that decision.

How may we best accomplish that?

There is only one way to make such a decision and that is to focus within. Our Higher Self and Source know the true reality of the situation being faced.

This can be done through meditation by entering into an altered, expanded state of consciousness, and focusing on the question as to whether it is appropriate to help or not to become involved, and expecting through intuition to receive the answer. This might require several meditation sessions.

Another way is to turn the issue over to the Subconscious Mind, which, being intimately connected with Universal Mind, will certainly know the answer to this and indeed any other question.

The best time to approach this is at night, in bed, just before sleep. At this time keep thinking about the person you wish to help, imagining and visualising them as clearly as possible, and ask the question, in your Mind "should I help this person", using their actual name. When you do imagine and visualise the person, only do so as if they are in perfect health, never suffering.

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The answer will come to you often the moment you awake. It is an excellent idea, as it is generally, to keep a small notebook by your bed and write down absolutely everything you can remember without delay. This should not be left until later due to the fact that recollection of dreams and messages received can quickly fade - rather write everything down the instant you awaken as your very first action of the morning. This process alone will ensure that your Subconscious Mind will communicate increasingly more through this method, and with results that can be profoundly valuable.

So this these then are the main considerations before helping anyone specifically.

Service to others before Service to Self is an absolutely fundamental and crucial aspect of evolution, but at the same time it is equally fundamental and crucial to ensure that it is appropriate to extend such service and help in any specific set of circumstances before actually doing so.

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January 13, 2008

Thoughts Are Things

Welcome to your newsletter - I do hope you have enjoyed a wonderful week and a really excellent start to your new year.

Remember that "thoughts are things" and whatever you believe will come true for you during 2008 will indeed come true.

This week we will take a closer look how our thoughts are things and do influence, and if persistent can manifest into our experiential reality.

Whilst we have discussed The Law of Attraction at length in the context of, as in the title of your newsletter subscriber opportunity this week suggests - "Consciously Creating Circumstances" - we must also keep in mind that every thought is Energy, a causal force that must immutably manifest a corresponding effect in accordance with the Principle of Causation of which The Law of Attraction is an aspect.

So every positive thought will attract a positive effect in the same direction and quality of the thought.

Likewise every negative thought will manifest a negative causal effect in the same direction and quality of the thought. In addition, should that thought be a negative thought directed at another person, there will always be a karmic price to pay. There are no exceptions to these immutable principles.

Of course, transient, fleeting thoughts will only give rise to effects of comparative strength, while persistent thought, especially over a long period of time and charged with emotions will give rise to a much stronger and resilient effect, often manifesting into physical experiential reality.

For these reasons we must always be mindful of our thoughts at all times. There are no excuses or reprieves for a "careless thought", especially if directed at others.

Being Mindful of our thoughts involves developing absolute control over our thoughts, feelings and emotions, thereby consciously and

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mindfully steering the direction in which we wish our experience to go.

By knowing what we need, wish for and desire, and only allowing thoughts of the same nature into our consciousness, we can confidently chart our path though life without fear of "unexpected events". To a person who has gained absolute control over their own Mind Power there are no surprises but rather a steady flow of expected, wished for and welcome effects that can be enjoyed.

All negative thoughts, particularly those that are not consistent with your needs wishes and desires must be instantly rejected by, for example saying or thinking "cancel! cancel! cancel!" until they have dissipated, and can no longer exert an effect.

So in summary:

- 1. Know your wishes, needs and desires**
- 2. Only allow thoughts that are consistent with these**
- 3. Instantly "cancel!, cancel!, cancel!" all negative, contrary thoughts.**

I will conclude with this very appropriate little verse:

*I hold it true that thoughts are things;
They're endowed with bodies and breath and wings;
And that we send them forth to fill
The world with good results, or ill.
That which we call our secret thought
Speeds forth to earth's remotest spot,
Leaving its blessings or its woes
Like tracks behind it as it goes.
We build our future thought by thought,
For good or ill, yet know it not.
Yet, so the universe was wrought.
Thought is another name for fate;
Choose, then, thy destiny and wait,
For love brings love and hate brings hate.*

~ Henry Van Dyke

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The Global Warming Myth

I receive many messages on the subject of "global warming". I assume that this is due to the fact that hardly a week, or often a day goes by without some extreme weather condition, most recently severe flooding in many parts of the world.

Yesterday it even snowed and settled in Baghdad which is unprecedented. All the residents left there homes in wonder to marvel at this amazing spectacle.

I think it is fair to say that wherever you live you will have experienced extraordinary weather conditions over the last few months, and most probably increasingly so.

The official position on the part of the major government of the world is that "global warming" or "climate change" due to "carbon emissions", "fossil fuels" etc is the cause.

In fact this is a complete and utter myth whether the major governments of the World believe it or not. There is not one serious scientist involved in these areas that believes this official line with regards to global warming.

In fact the term "global warming" is very misleading in and of itself, because what we are seeing goes far beyond simply warming - we are rather seeing rapidly altering weather patterns of increasing extremity.

Here is a typical quote from a scientist who knows the truth:

"It is the greatest scam in history. I am amazed, appalled and highly offended by it. Global Warming; It is a SCAM. Some dastardly scientists with environmental and political motives manipulated long term scientific data to create in [sic] allusion of rapid global warming." -- John Coleman, Founder of Weather Channel

From my own extensive research I would definitely agree with this view, although this is only part of the entire equation.

There are then two major aspects to the "climate change" issue:

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1. What is the real meaning and cause behind it?
2. What is the real agenda of the World governments?

In future newsletters we will look much more closely at these issues, but for now I will summarise as follows:

1. What we are really experiencing are immutable, natural cycles of Energy and weather patterns that have occurred throughout history.

Scientists have proved this conclusively by drilling deep core samples, in other words by sinking very long, narrow tubes deep into the ground at Antarctica, lake beds and other suitable undisturbed areas all around the planet.

The deeper samples contain an abundance of evidence that enables scientists to determine the weather conditions prevailing at any particular juncture in Earth's history, at least for tens of thousands of years.

The results conclusively prove the fact that climate changes occur with immutable frequency with cold spells, or "ice ages" and warm spells, both of which accelerate as they reach a peak.

Earth is currently reaching such a natural weather cycle peak.

In addition however we have the "2012 effect" which, as we know from previous newsletters, is ultimately due to the influence of great galactic Energy cycles originating from Galactic Centre, and are reaching a peak of causality over the next few years.

Many people have heard of the "Great Flood" of biblical times. I have been conducting considerable research into the Great Flood as the only recorded global cataclysmic event, and have so far found independent references to the Great Flood in 28 different cultures of the time throughout the planet - cultures that had no connection with each other. This event seems to have destroyed perhaps 80% of life, including human life at the time - perhaps much more.

Thus we can conclude with reasonable certainty that this event did indeed take place, and almost certainly coincided with a Galactic Energy Cycle and transition of great or lesser age, this time manifesting as a great flood, but in other such transitions or transitional quarters manifesting as other catastrophic events. The

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end of the age of the dinosaurs as well as previous and post extinction events almost certainly coincided with these Galactic transitional Energy cycles.

However, this time there is a third influence - the Sun. During 2012 the sun will achieve a maximum period of activity, greater than anything ever witnessed and recorded in human history, likely resulting in massive Energy emissions known as "coronal mass ejections" and solar flares, probably of the highest magnitude "X Class" type, which could approach or even hit Earth directly.

So we can conclude, with reasonable certainty, that the next few years will be pivotal for humanity in terms of "climate change" alone, notwithstanding the numerous other "2012" factors that I have written about previously as we inexorable progress together through the transition of this great age and into the next.

Again though, and this is crucially important - the final outcome of these events or more specifically our experience of these events, at both an collective and individual level, will be determined by just one factor - human consciousness. Plain and simple - whatever humanity expects to happen over the next few years will happen. It is for this reason I am keeping you fully updated in this newsletter with the facts and only the facts.

2. The major governments of the world are turning "climate change" into yet another cabal like the drugs industry, banking industry, and more. A cabal generally seeks to take the money off consumers while the consumer feels grateful for it at the same time.

In this case you will see increasingly more "eco friendly" products sold on the basis that if you buy them you will be "helping climate change". You have probably seen advertising like this already - expect much more. These businesses will endeavour to cause people to purchase their "eco friendly" products in the context of "saving the world from the effect of climate change" while feeling good about it.

This has been a basic overview of a much larger and very important subject. In future newsletters we will look at these factors as well as 2012 related factors in much more detail.

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In the meantime it is extremely important to keep this, very real and experienced aspect of the transition of the ages that we are all experiencing together in perspective.

We cannot escape the apparent reality of the ever increasing extremes of weather conditions, but as we know, "thoughts are things", and the more people focus on these situations, the more they will manifest into our experience.

We must also understand that we no longer live in a democracy, we live in a mediocracy where the power of the popular press, in turned owned and controlled by those on the the path of darkness, seeks to control the Mind of the populous at every level in order to prevail over the next few years.

My advice to you is to never read, watch or listen to the so called "news". Much of the time it is not "news" at all, it is Mind control plain and simple.

Similarly I advise that you pay no heed to advertising that promotes products in the context of doing your part to combat "climate change".

That said, and this is most important notwithstanding the above, absolutely anything and everything we can do to help the planet, the environment and each other we must of course do first and foremost, but, most importantly, for all the right reasons. For example, changing to a powder that washes your clothes at 30 degrees instead of 40 degrees will not help, but being diligent with what chemicals you use around the house most certainly will help the environment generally. Also, and most importantly, endeavour to transition to a natural, harvestable whole food diet and away from animal based products which are, in any case, toxic to human physiology and can reduce life expectancy by 7 to 15 years as well as causing chronic, debilitating diseases.

Finally, above all please keep in Mind that as humans we have but one task to perform over the next few years, and that is to be prepared Spiritually, Mentally and Consciously for what is to come over the next few years - a main reason I was inspired to write my book Our Ultimate Reality. Every Human Beings has a choice, just as with the transition of other great cycles or ages.

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January 20 2008

2012 And The Galactic Alignment

Welcome to your newsletter - I do hope you have enjoyed a wonderful week.

As I mentioned in my last newsletter, hardly a day goes by without some extreme of weather be it temperature extremes, or more frequently unprecedented and often devastating flooding afflicting some region of the world.

This week we will look at the cause behind these phenomena in the context of 2012 and the transition we are all experiencing at all levels, and above all what it means to each and every one of us.

As many of you will know I write from time to time about the subject collectively known as "2012", in order to dispel many of the myths and false claims associated with it, and to shed Light on what is really a very serious subject indeed if fully understood and approached in the right way, and one which will increasingly affect us all over the next few years as we will see.

As already mentioned, we are already beginning to see and experience the effects of the "2012 phenomena" in many ways, some very subtle, based in consciousness, others much more obvious and dramatic such as climatic extremes and disasters caused by weather extremes, in particular hurricanes, typhoons and foldings.

It has been, and still is my ongoing mission to discover and reveal the absolute truth regarding 2012, and what it means to each of us and life on Earth generally. Knowledge is power, but only if it is the right knowledge based in fact, and for this reason I have been very careful about what I have said on this subject, restricting myself to only writing about those factors that I know and believe to be true based upon my own research inspired from and by within.

Many of you will know from my website that I have rated the possible sources of causality during these transitional times in terms of percentages, and that I have ranked the Galactic Alignment as by far the biggest causal factor.

I now believe the other possible causal factors, including the Sun

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and "near Earth objects" are actually secondary factors of causation to the primary source of causation - the Galactic Alignment.

Many people have asked why this is so, therefore today we will examine this complex but extremely important issue in greater depth.

The first question we must ask ourselves is "what exactly is the Galactic Alignment" or at least how may we best define it?

In the broadest terms, the Galactic Alignment has been defined as the alignment of the December solstice sun with the Galactic equator due to the precession of the equinoxes.

Precession is caused by the earth wobbling very slowly on its axis shifting the position of the equinoxes and solstices one degree every 71.5 years. Because the sun is one-half of a degree wide, it will take the December solstice sun 36 years to precess through the Galactic equator. As we will see however, this event in and of itself is symbolic of, and a metaphor of a much greater but related event.

It is this event, which is cyclical, that is to say occurs with immutable frequency, that the Maya were measuring in the context of their "Long Count" calendar that famously "ends" on the now iconic date of 21 December 2012.

However, I am now of the firm belief that this is a convenient but highly appropriate and accurate symbolic marker for a much greater and more important event that is taking place over a number of years before, during and after 21 December 2012.

The Maya used the Sun to reference the central point of our solar system, and one that can be used in conjunction with Earth and the plane of the Galactic Centre to describe the "Galactic Alignment", which, according to the Maya, will take place on 21 December 2012, and used as the focal point for both their Long Count Calendar representing the transition from one great "age" to the next".

In fact the Sun, in and of itself is somewhat superfluous to this metaphor as we will see later. That said, it is clear that the Sun will actually participate in this process as will all planets in our solar system, and will likely participate, as it is indeed

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doing right now, on any resultant causation experienced by Earth and all life on Earth.

I have said this before and I will say it again - the Maya were one of the most brilliant and truly advanced races ever to have walked the planet, if not the greatest. Their abilities in Astronomy, Cosmology, Physics, Astrophysics and Math were far in advances of anything seem today, notwithstanding all of the technology being deployed. The Maya have been right all along, and for good reason.

In view of all of the myth, speculation and sensationalism surrounding 2012, and the ongoing and escalating observable events that are increasingly taking place, I believe the time has come to take a very close look at what is actually going on that we may understand and prepare better for what may be to come, while dispelling all of the myths, misinformation and sensationalism that currently and dangerously abound.

2012 is not a "prophecy" and never was a "prophecy" it is rather a prediction deeply based in fact, one that can be measured, verified and equated to past significant events in Earth's history.

Please note that I say "may be to come". The truth is no one, including myself knows for sure what will happen over the next few years, if anything at all, but we can look at the facts and the precedents at least in order to become properly informed and thereby prepared, and also dispel all that which is not true but could become true as self fulfilling events under the influence of Mind and Consciousness.

I am not almost certain that there will be no single event occurring on 21 December 2012, which, as mentioned above, is simply a convenient symbolic representation of a much greater event that is already taking place. So, assuming we are still here, I suggest that you do not cancel your appointments for 22 December 2012, because if all goes as it should do you will be attending those appointments.

With those caveats duly stated, let us then look now at the facts relating to the "Galactic Alignment", what it really is and means, and how it can affect us at every level, Mind, Soul and body, as well as all life on Earth and planetary Spirit Gaia, to Whom we are inexorably connected, Herself.

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At the very centre of our Galaxy there is what astrophysicists call a "super-massive black hole". The Energy and density of this super-massive black hole is so great that not even light itself can escape, photons of light being sucked into the black hole along with everything else that approaches it including stars and planets.

This is why it is called a "black hole", because light itself no longer exists in that region having been subsumed by the massive Energy vortex of the super-massive black hole.

Now this super-massive black hole is absolutely fundamental to the entire issue of 2012 and what we are and will increasingly continue to experience, and here are reasons why.

The Energy vortex and therefore spin rate of the super-massive black hole is so immense that it actually flattens out to form a "super-massive black hole plane", like a massive, intensely dense disk characterised by an immense Energy vortex. It is this planar characteristic of the black hole that gives rise to the very "flat" appearance of galaxies generally, all of which I believe have a super-massive black hole at their centre. I am personally of the view that a black hole is the precursor of a galaxy, with cosmic matter forming around the Energy plane of the black hole to eventually form a galaxy. There are therefore countless other younger black holes in the Universe that have not yet begun to attract and form its own constellation of stars and later planets.

In absolute terms a galaxy, including our own galaxy, the Milky Way, is extremely, amazingly in fact thin. When viewed edge on it could be likened comparatively to viewing the blade of an extremely thin and sharp blade. In practice of course this plane of the galaxy is still a huge distance across, but still comparatively speaking, taking into account the vast scales involved, the Galactic Plane is extremely thin.

So we have our galaxy, at the centre of which is a super-massive black hole manifesting an inconceivably massive Energy vortex that holds together as well as influences the fabric of our galaxy, of which we, on Earth are on the outer edge of a spiral arm.

Now this black hole super-Energy extends to the very edges of the galaxy - it must do to hold the galaxy together, just as the gravitational pull of the Sun extends far enough to hold the

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planets of our solar system in orbit or planets hold their moons in orbit - it is all relative to scale and the gravitational potential being manifested.

So this Energetic influence of the super-massive black hole over the galaxy, our Sun, the Solar system and of course Earth always exists - there was never a time when it did not exist.

The only factor that varies is the degree of Energy being exerted over Earth at any one time - and therein is the crux of the matter and the very key that unlocks the mystery of 2012.

It is likely that the Maya may or may not have known of the super-massive black hole, or of the physics relating to it, but they would have definitely known about Galactic Centre and the dark rift, or "nuclear bulge" at the centre of the Galaxy which they symbolised through a mythical entity known as "Xilbalba", also mythically representing the "underworld" and the process of death and re-birth which of course is directly relevant to everything related to 2012 and the transition process.

The Maya also knew about the Precession of the Equinoxes and therefore the relative position of Earth relative to other cosmological and astrological entities and which gives rise to what the Maya, and numerous other cultures know as "ages".

In the west we know these "ages" in terms of the signs of the zodiac. We are currently in the age of Pisces, the fish, and are entering the Age of Aquarius, the water bearer. In astro-theological terms this is why Jesus is always associated with "fish", and indeed why the mitre of the Pope is a metaphor for the head of a fish.

We should also note that in the Bible, Jesus, represented by fish, says:

"Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the age".
--Matthew 28:20.

The "age" being referred to is the age of Pisces the fish.

Jesus also said:

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"And he said unto them, Behold, when ye are entered into the city, there shall a man meet you, bearing a pitcher of water; follow him into the house where he entereth in". -- Luke 22:10

This is a metaphor for the sign of Aquarius the water bearer. Jesus is saying that when we enter the "city" a metaphor for the next age, we will be "meeting" the new age of Aquarius", represented by the water bearer.

So back to Galactic Centre and the end of the age.

Over the course of 25,800 years or so the trajectory of Earth takes us above and then below the plane of Galactic Centre and therefore the Energy influence of the super-massive black hole at its centre, in a long but precise oscillation that can be observed and measured as the Maya indeed did. This was also described by Plato and is therefore known as the "Platonic year".

The Earth goes through one complete precessional cycle over a period of approximately 25,800 years, Plato's "Great Year" during which the positions of stars as measured relative to the equator slowly changes. During the course of this cycle the north axial pole of Earth transitions from where it is now, around 1° of Polaris, in a circle around the ecliptic pole, with an angular radius of around 23.5 degrees. This shift moves 1 degree in around 180 years, where the angle is taken from the perspective of the observer, not from the centre of the position of the observer.

As we will see later, this angular radius of 23.5 degrees is very significant to some of the possible causal events.

During a complete cycle of oscillation the trajectory of Earth, relative to Galactic Centre, oscillates up through and back down through the plane of the super-massive black hole at Galactic Centre as observed, measured and recorded by the Maya, forming the basis of their Long Count Calendar, subjecting all in its path, including Earth to the massive Energy forces radiating from the super-massive black hole at Galactic Centre.

Now, there is absolutely no doubt in my Mind that all previous major events throughout history have coincided with the transition of Earth through the super-massive black hole Energy plane of Galactic Centre and therefore the immense Energy influence of the

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super-massive black hole radiating from there. The further Earth is way from the plane of Galactic Centre the less will be the effect of the Energetic forces radiating from there, and conversely the nearer Earth gets to the plane of Galactic centre the greater will be the Energetic influences exerted. Of course this event, the transition of Earth through the plane of Galactic Centre has never before happened in recorded history, with the possible exception of the Great Flood as mentioned in Genesis, and in 27 other independent cultures throughout the world that I have so far identified. We can therefore reasonably assume that this event actually happened.

So this then is what we are experiencing now as, over the next few years, Earth once again transitions through the plane of the super-Energy radiating from the super-massive black hole at Galactic Centre the Energy of which both maintains our position in the Galaxy, but while varying in direct proportion to natural, but precise and immutable cycles of oscillation and associated influence.

The next question is "how can these events tangibly affect us"?

This event has the potential to affect us in many ways, both physically and Spiritually.

At a physical level as this event unfolds, and the super-massive Energy of the black hole at Galactic Centre exerts its influence, we can expect a wide variety of direct and indirect consequences.

Indirect consequences could be the effect on the Sun which will increase its activity in response to the Energy radiating from the super-massive black hole. We are already increasingly seeing this manifest in the form of increasing solar activity, and in particular sun spots, solar flares and most dangerous of all coronal mass ejections. If Earth were to receive a broadside from a coronal mass ejection, the outcome would be absolutely devastating.

Locally, as Earth transitions into alignment with Galactic Centre and the super-massive black hole Energy radiating from there, the axis of rotation of Earth could well be "pulled" into alignment with the plane of the Energy, resulting in a geophysical pole shift of the 23.5 degrees mentioned previously. Again, the outcome of such an event could well be catastrophic giving rise to, including but not limited to massive land movements, volcanic activity,

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massive tsunamis hundreds or even thousands of feet high and much more. I believe that this geophysical pole shift has already started, and accounts for many of the abnormal weather conditions increasingly being experienced. Whether this will be an accelerating process or whether any final shift will be sudden, as seems to be the case in the past, we cannot be certain.

It is for example entirely possible that the initial shift will be almost imperceptible, but as the alignment progresses the gravitational potential exerted becomes sufficient to very suddenly cause Earth to succumb, and shift 23 or more degrees on its axis in a moment - the truth is we simply do not know. We can say that previous such events, must have happened so quickly that the civilisations of the time did not see it coming and were largely unprepared.

We know this has happened in the past by virtue of the remains of ancient, clearly advanced civilisations that are being discovered 2000 feet or more under the sea. And of course most will know that this fate also befell Atlantis and Lemuria as well as other major antediluvian cultures as well as the diluvian Great Flood.

The Atlantean hierarchy, the Magicians and others almost certainly knew something was coming, some escaping, but the majority, the general populous, who, like now are always the last to know, likely did not.

It is highly likely that this "pulling" of the Earth plus and minus 23.5 degrees on its axis, as it oscillates above and below the Galactic Plane of the super-massive black hole has happened countless times in the past, and will continue to happen in the future with immutable frequency.

Now what of the Spiritual consequences, and the ones we should all be focusing on?

As previously discussed, the classic Maya almost certainly fixed the end of their Long Count calendar to coincide with the Galactic Alignment and were also probably aware of the super massive "black hole" that exists at the very centre of our galaxy, although they might not have understood the astrophysics, instead representing it mythically, and which could well exert its influence at the time of the Galactic Alignment. In addition to the physical implications of

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this galactic event, there are also Energetic and therefore Spiritual implications. Again, and this is most important:

How humanity and all life on Earth experiences this event will be entirely determined by one primary factor - Mind and Consciousness.

Einstein's Law of Relativity describes, among other things, the rate of time, and scale of space. For example a clock may be observed to run slower at lower altitudes, where the gravitational potential exerted on the clock is higher. The gravitational potential of a black hole, in this case the galactic centre is so massive that "time" itself is suspended and the dimensions of "space" reduced to zero. In other words "space" and "time" as experienced on Earth cease to exist altogether.

We, along with all life on Earth, are currently bound together in the same shared quantum reality by virtue of the fact that we are all at the extremity of, and thereby subjected to, the same extreme gravitational potential, and have been since before recorded history. As we approach 2012 and beyond we may well be travelling through the plane of the super-massive black hole at Galactic Centre, associated with greatly modified gravitational potential to which we will all become progressively subjected as this process progresses, as will every planet in our solar system and beyond.

Without going into the extensive and complex quantum mechanics behind this process, the ultimate outcome of this scenario might be that the twin illusions of "space" and "time" would cease to exert their influence. If this finally takes place, and this process is accelerating even now, as mentioned previously, humans will be left "Spiritually naked" in an environment where everything is perceived for what it really is, and where our thoughts, feelings emotions and other powers of the Mind will manifest into our experience instantly no longer being subjected to the twin forces of space-time.

This would be a pivotal juncture for all humanity. Each of us and all life would be freed to realise our true Spiritual potential based upon our individual state of Spiritual evolution knowledge, wisdom and other factors. Those who are thus ready will transition to a quantum reality, a plane of vibration that most closely matches their individual vibration. Although this would happen in due course anyway, this could be a "mass evolution" event that appears to occur from time to time. An opportunity to take the

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"fast-track" of evolution if the opportunity is recognised and acted upon.

Those not Spiritually prepared will gravitate to another "time-space" bound reality similar to Earth, if Earth is no longer habitable. No one is "destroyed" to oblivion. As immortal, infinite, Spiritual Beings we all continue, but as two varieties of human - those who took the opportunity and those who did not. The latter, as mentioned, will live on somewhere, to prepare themselves for evolution, which can take place at any time, when ready, but in any case when the next great evolutionary event comes around with immutable certainty.

So again we can clearly see that the super-massive black hole and the equally super-massive Energy that it radiates outwards from its plane can potentially have a dramatic effect on Earth, humanity and all life on Earth in many different ways.

I am now absolutely certain that the Maya and their use of the Galactic Alignment through their Long Count Calendar as a metaphor, symbolically marking the end and beginning of "ages" were absolutely correct, and that the associated planar super-Energy radiating from the super-massive black hole at Galactic Centre, which the Maya may or may not have been aware of, is the focal point of any causal effects and associated events that we might experience over the next 15 years or so, probably peaking around the end of 2012.

The final, and probably ultimate question therefore is how we, as humans on Earth, at the mercy of these incomprehensibly massive cosmic events can emerge in the best possible Light.

The answer in a word is Consciousness and ultimately the most fundamental Universal Principle of all - Mind.

Even faced with the enormity of these cosmic events we still, as always create our own reality. There is never a single moment where we are at the "mercy" of circumstances "beyond our control", and this is probably the ultimate verification of this truth at every level. Even facing events of this magnitude we still, every single one of us have absolute control over our own destiny - a sobering thought while emphasising the truth that as Source Energy, God, we can still determine our reality, even in the face of massive, natural, cosmic forces.

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I have said this before and I will say it again - whatever the collective consciousness of humanity expects to happen will happen - without question. An additional factor is the overall state of Spiritual consciousness of mankind viz a viz Spiritual evolution as opposed to an obsessive focus on material things driven by the Ego.

The next few years are, for humanity, an Divinely orchestrated opportunity, the nature of which only takes place every few thousand years to evolve or to regress, or even to start again after almost total destruction. In previous prediluvian epochs the Lemurians, Atlanteans, humanity at the time of the Great Flood event chose the latter at some level of consciousness, and paid the price, probably setting humanity as a whole back millennia. We must learn from their mistakes and not allow history to repeat itself - yet again.

The person known as "Jesus" came here 2000 years ago for one major reason - to ensure that humanity does not make the same mistake again. As it is however humanity is making the same mistake again and worse - much worse. The teachings of Jesus were seized by the Romans and turned into a theology based religion, which has contributed in no small way to setting humanity even further back in its Divine quest for perfection in the interests of power and control.

Since then other factions have emerged with the intent, at all costs, to take control over the entire world and everyone on it, and due to the ever increasing egotistical, material focus of humanity, they are, even now achieving their dark side objectives.

The situation of Earth today outwardly, in some respects has never looked bleaker, but I, myself, from what I see and know, believe at the same time that it has never looked better.

I now believe that this time the forces of Light will prevail and that humanity, if motivated to do so, will experience a glorious transition. I believe this to be true because, for the first time in history, we have a global medium of information that we call the Internet, with the power to reach billions of people. This is no accident - nothing happens by chance. Before it was a few powerful, often corrupt people that controlled the masses, as indeed is the case today through certain factions, but today we have the Internet which is hugely more powerful as a global instrument of information, and one that will help in no small measure in the

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battle between Light and Dark, and ultimately the hearts, Minds and consciousness of all humanity, Earth, Gaia and all life on Earth.

However, the high vibration forces of Light under the influence of Mind is many, many orders of magnitude greater than the low vibration forces of darkness as mentioned above, to such an extent in fact that even now time remains to turn around the situation of humanity in order to claim the glory that rightfully belongs to humanity in the form of an eschatological outcome, resulting in the evolution from Homo Sapien to the next generation of mankind, as has happened several times in the history of Earth, to Homo Spiritus, or as some are now describing us - "Homo Luminous".

This is one reason I was inspired by Source to write my book Our Ultimate Reality:

<http://www.ourultimatereality.com/our-ultimate-reality-the-book.html>

And the reason I am here in dedicating my life to the education of humanity in order to secure the best possible outcome in the events we are facing. Of course I am only one of a number of people on the same mission, all approaching the propagation of knowledge through different resources approaches.

Ultimately it is for every single person fortunate to understand these crucial issues to teach family, friends and others, thus raising awareness and expanding consciousness over the next few years in preparation for what almost certainly to come, and indeed is already happening as any conscious person can clearly see.

So what does this mean in practical terms starting from this moment?

It means that everyone must only focus on Spiritual evolution, turning your back on material things, the cravings of the Ego - one factor that literally "sunk" the Atlanteans - and towards service to others before service to self, and above all Unconditional Love for all creation.

We must also realise Source, Universal Mind, God within, and become conscious channels of expression, experience and thereby expansion of Source - a reason Source created us in the beginning, and blessed us with freewill with the great responsibility that brings.

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If each and every one of us enlighten just one other person over the next few years our time on Earth will have been worth it and make no mistake everyone accomplishing this will be blessed. Of course the more people we can reach, the more will be the exponential effect on the collective consciousness, and the greater the likelihood of a glorious outcome to these immutable events.

Everyone must stop taking notice of and preferably even reading the popular media who are owned and managed by the instruments of the forces of darkness, who would seek to physically control the world and the Minds of all humanity.

Everyone must be aware of the covert actions of governments and other entities designed to progressively assume control over the populous, and to resist and reject it.

The forces of darkness know very well that their "window of opportunity" is closing and they must capture the Minds of humanity now, before it is too late and they are annihilated. The stakes for humanity and Light are high and never been higher.

Many ancient writings, including the Maya and other Mesoamerican and global cultures have described a "great battle in the heavens between the forces of darkness and the forces of Light". This drama is symbolised and metaphorically depicted throughout these cultures - they all knew, beyond doubt, that this moment in our history would arrive. The book of Revelation is almost exclusively about these events if only people understood it.

We are in the midst of that battle right now, today, and it is getting more and more intense by the moment - literally.

I must add, for the sake of completeness, that nothing at all might happen over the next few years, and that we will look back on these times as the event that never was.

That was the mistake however the Atlanteans and many other cultures made - one of complacency and "it will never happen to us". Famous last words. The Atlanteans never knew what hit them, as with the other now long lost civilisations that we know about and indeed have recently been discovered thousands of feet under the sea. It is not a gamble that humanity can afford to take - the stakes are high and never been higher in the history of the planet, and a

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glorious victory is ours for the taking providing we do not repeat the mistakes of the past epochs and Galactic transitions.

On the one side we have the forces of Light, the Source, God, the First Cause, and on the other the forces of darkness - the ancient factions of power and control that would seek to imprison the Mind and Soul of humanity, and deny us of our ultimate glorious destiny - at least for the next few thousand years until the next window of opportunity opens as once again we reach the end of another age and its transition to the next, where all of these factors once again will play out in the "Heavens" and on Earth.

I would suggest that humanity does not wish to endure several thousand years of imprisonment, after which it will be even harder to ascend towards our true destiny.

The time is Now!

Everyone must therefore focus exclusively on inner growth, know only the glorious truth of who we are and where we are going, and do our best to ensure that as many others as possible do the same through education, never through coercion.

Of course there are those who will not be ready this time around, Their time will come but in the meantime it is incumbent on us to make their lives better, and to finally give rise to the biblical prophecy of "Kingdom of Heaven on Earth" for our children and future generations in readiness for the next great transition when their time will surely come, and we will be ready to help them, just as those evolved Spirits before us have, and still do help us.

Only those who are ready for these events and can prepare themselves will become consciously aware of them, and that means every single person reading this newsletter without exception.

I know this has been a long newsletter today, but I felt it crucial to set out as precisely as I can the significance of the events we are facing, that each and every one of you can prepare for, and help others prepare for. The sooner the better.

As always however the choice is yours and yours alone by virtue of the freewill vested in, and entrusted to us by our Divine Creator.

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27 January 2008

The Eternal Moment Of Now

Welcome to your newsletter. I do hope you have enjoyed a wonderful week in peace, harmony and Love.

I would like to thank everyone, who sent me a message following my newsletter of last Sunday on the subject of 2012.

I would like to assure you that I regard the Galactic Alignment and all that it implies and symbolises as of absolutely pivotal importance to the next few years, and to my services to you all, and accordingly you can be absolutely sure that I will always bring to you the very latest analysis and information as it is made available to me.

In the meantime remain calm, have no fear and worry not. Always keep in Mind - "there is nothing to fear but fear itself". In no time in recorded human history has this been more true than Now. Notwithstanding the enormity of what we are facing, as always we influence and attract our own reality, and this time around humanity once again has the opportunity of not repeating the mistakes of the past, thereby creating the most glorious outcome.

It is apparent from numerous messages I receive that many people, and indeed probably even most are living in the past while being fearful of tomorrow.

Before looking into the inner aspects of this way of living, let me first make one fact abundantly clear. This way of living and thinking can only often lead to one thing - misery.

Most of the great cultures of the world teach this truth in their own way:

"In the practice of the Way every day something is dropped. Less and less do you need to force things until you finally arrive at non-action. When nothing is done nothing is left undone".

-- Lau-Tsu

The seventh and eight principles of the Buddhist Eightfold path state:

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Seventh principle: "Samma-Sati" - complete or thorough awareness, also called "right Mindfulness". Levels of awareness and Mindfulness of everything, oneself, feelings, thought, people and reality.

Eighth principle: "Samma-Samhadi" - full, integral holistic "Oneness" with The Source or The All. This includes concentration, meditation, and single pointedness of Mind, and the progressive establishment of the whole Being into the many levels of conscious awareness.

Note, the word "Samma" means whole, perfect, integral complete, thorough.

The Bhagavad Gita in its Vedic wisdom, succinctly states the incorrect view of most people today in the following statement:

"All actions take place in time by the interweaving of the forces of nature, but the man lost in self-delusion thinks that he himself is the actor. But the man who knows the relation between the forces of Nature and actions, sees how some forces of Nature work upon other forces of nature and becomes not their slave".

All of these great statements of fact vary of course, but while still substantially stating the same fundamental truths, that we are all One, there is only Now, and all actions, through right-Mindedness must occur only in the Eternal Moment of Now.

People often say to me: "but living only for the present moment of Now is so difficult when we cannot escape the past, or ignore the future - what are we to do?"

My advice is simple - put time aside each and every week to go out into the countryside and observe nature. If the weather or other factors do not allow this, spend time each week simply observing your pet cat or dog, or by observing birds, squirrels and other Divine creatures Divine Providence has blessed Earth with, in your garden, through your window. If you live in a metropolitan area then visit your local park, gardens or other open space, sit on a bench and observe from there. We can always be close to nature.

I am blessed enough by Divine Providence to Whom I am most grateful to have a Zen Master living with me. Her shortened name is "Tammy"

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and she is a gorgeous, 2 years of age, Maine Coon cat who has been with us from the age of 4 months, and from whom I have learned much simply by observing and understanding her. She, as with all cats and animals is a beautiful, sentient Being, who, unlike many humans is still true to her path, and knows only Unconditional Love as a state of Being.

Before Tammy we had two other Zen Master cats living with us for 19 and 20 years respectively, both very different notwithstanding being sisters, but both Divinely beautiful and inspirational Beings from Whom I learned a great deal, as did my three sons.

A cat truly is a Zen Master in many respects, and we can all learn much from observing, caring for and interacting with a cat.

Whether cats understand humans is another matter - they probably think humans are really eccentric, and not without good reason.

Dogs are intensely loyal. They, like cats never judge, know only Unconditional Love, and live very firmly in the present moment of Now. A dog will return all the Love you give to him or her and then much more besides.

In nature, find a pond with ducks floating around and observe them. A duck does not worry about what happened yesterday or what might happen tomorrow - a duck is only concerned with the Now.

Of course it happens that a duck will swim into the territory of another duck and a fight ensues. But after the tussle is over, usually very quickly, watch what the ducks do next.

The ducks will swim off in their own directions, the fight no longer being of relevance to them. Soon after the fight both ducks will suddenly shake their wings violently and before folding them down once more, and then swimming serenely on their way.

Why do they do this?

The ducks will perform this action to rid themselves of all pent up, unwanted, negative, aggressive Energy resulting from the fight. Once the Energy is thus shaken off, they can return to their previous calm state in the present moment of Now. Contrast this with many humans who will fight, often for no reason

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at all urged on by the Ego, and then afterwards spend days, weeks or even a whole lifetime brooding over it, often harbouring negative feelings of regret, vengeance or worse. Such thoughts eat them from within, drag their vibrations down, until they become stuck in a vortex of self-pity or even hatred. Sometimes all this pent up aggressive, negative Energy to be retained in their body, until eventually that Energy must find an outlet in some way, just as a safety valve will blow under so much pressure. In the case of humans this sudden release of negative Energy can often result in serious and sometimes tragic consequences.

These are reasons why "animals" who are after all equal aspects of Source and of ourselves, are much smarter and more advanced than humans, simply being created by Divine Providence with different form and abilities appropriate to their own path which is no less important than that of a human.

It is sad but true that humans are the only animals, keeping in Mind that we are no lesser or greater than any other form of life, that have completely messed up their true nature at all levels, including something as basic as sexuality, due in no small part to the Ego assuming control, a focus on the illusions of ephemeral, physical "things" and an erroneous fear of "death".

Plain and simple what humans call "death" is in reality a part of life, no more, no less, symbolically representing the change from one state of Being to the next state of Being. Yet people live their "lives" in perpetual fear of "death". To do this is to fear life itself, causing an irrational focus on a non-existent future that in reality only exists as quantum potential, quantum probabilities that only become quantum realities when observed in the present moment of Now.

What people perceive and experience as "time" is, like "space", quite simply an illusion, albeit a very persistent illusion, a construct of mankind, contrived for convenience and in order to measure a perceived "past", "present" and "future" as well as a point of reference. The illusion of "time" on Earth is maintained by the scientific measurement of the relative positions of the Earth and the Sun in order to observe the "seasons", and the time for Earth to complete a full rotation relative to the Sun, thereby ultimately arriving at a calendrical system measured in days, weeks, months and years.

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Beyond the perceptions of those living in the physical world, "time" simply does not exist. There is only the Eternal Now where everything that has happened, is happening and ever will happen relative to the Earth concept of time already exists, always has existed and always will exist. Beyond Earth, the concepts of "past", "present" and "future" simply do not exist.

The tendency of humans to force everything to happen in compliance with a notional concept of "time" has a very profound effect on the lives of people. When a person thinks in the future tense and says, "I will", "I want", "I could", the Energy influenced by those thoughts will be influenced only in the Eternal Now, with the perceived "future" never actually arriving. So if someone thinks, says or behaves in a manner that implies "I want", that person is placing themselves into a perpetual state of "wanting" but of never actually receiving. The vast majority of the human race today exists to some extent in a state of such wanting, while never being in a state of Mind, Energy and vibration to receive what they really "want".

So what causes humans to act in this way?

Unlike the animals mentioned earlier, humans are unique in identifying strongly with the Ego. It is this stranglehold the Ego has over most people at this time that causes humans to identify with such erroneous concepts as "time", or more specifically "past" and "future".

My book, Our Ultimate Reality, contains two chapters on the Ego, the second of which is the crucially important "Subjugating the Ego", without which true progress cannot be made, always keeping in Mind that as we experience this transition of the ages everyone needs to accomplish this:

<http://www.ourultimatereality.com/our-ultimate-reality-the-book.html>

I would also like to mention the fact that in the Astral and inner worlds where everyone will transition to after the change known as "death", time and space are not experienced, and the people there have no concept of them at all. This is because in the space-time continuum of the physical Universe "time" and "space" are part of the same experience, and one cannot be experienced without the other from the temporal perspective of a human on Earth where

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experiential reality is influenced and often controlled through the mediation of the five physical senses. Einstein demonstrated this conclusively. That does not mean that we have to experience them however. We can be of the physical world without experiencing it if we wish.

So how can people escape this self-fulfilling vortex of the Ego created illusion of "time" as it relates to a non-existent past and and often feared for future.

There are several practical things that we can do achieve this.

The first of these may be approached through the daily practice of meditation. I simply cannot emphasise enough the importance and extreme value of meditation on many levels.

Many people claim that they have no "time" to meditate, which, in and of itself is both at once ironic and symptomatic of the state most people find themselves in today.

Not finding "time" for meditation is like not finding "time" for eating, sleeping and the other necessities of organic life, while at the same time "finding time" to watch soap operas and such things on the TV - it is all a matter of priority, the choices being between peace, harmony and Spiritual evolution on the one hand, and uncertainty, fear and often misery and lack of fulfilment on the other.

What I suggest to people is arising one hour earlier each and every day, making it a habit that the Subconscious Mind will urge you to maintain, take a warm bath or shower and then meditate properly for at least 20 minutes. This will set you up for a perfect day, while putting everything, including "time" in to a proper perspective.

Meditation at this time of the day brings many benefits, including, but not limited to the following:

1. After sleep you will be much closer to your Subconscious Mind and Inner/Higher Self than at any other time in the day.
2. You will be much more physically relaxed than any other time in the day. Deep physical relaxation is crucial for meditation and many

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other abilities.

3. Your Mind will not have been filled with the activities and events of the day ahead, making it much easier to maintain a clear Mind - again absolutely fundamental for true meditation.

Describing meditation in detail is beyond the scope of this short newsletter, but again I describe meditation in depth in my book:

<http://www.ourultimatereality.com/our-ultimate-reality-the-book.html>

I would just mention the fact that meditation should be done sitting absolutely upright and on a hard surface with the very minimum of contact between body and the surface. This is why Buddha sat on a rock to meditate on his path to enlightenment.

For most people sitting upright on a hard chair, such as a dining room chair, preferably not upholstered or padded, without leaning against the backrest is ideal. I would also suggest meditating without shoes or socks on, in other words in bare feet placed firmly upon the ground - ideally a natural floor such as wood as opposed to carpet in order to remain grounded and to conduct Energy flow more efficiently. Place your hands on your knees, open, with your left hand facing up and right hand facing down. Your knees should be touching. Again - it is important to sit absolutely upright with spine absolutely straight.

So what else can you do during the day?

It is absolutely crucial to start thinking and thereby living in the present, the Eternal Moment of Now - which is all there is in reality.

Never, ever think about the "past" - the lessons have been learned, experiences assimilated and stored by the Higher Self, and the events themselves dissipated back in to native Energy where they belong. There is nothing to be gained by recalling those events and re-creating those same old Thought Forms which have already served their purpose. All you will do by living in the past is to bring the past into your present where you will keep re-living it over and over again - not a pleasant thought if your past is one that you would wish to leave behind.

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Focus only and exclusively on the present moment of Now.

Keep in Mind the wisdom of Lau-Tsu:

"In the practice of the Way every day something is dropped. Less and less do you need to force things until you finally arrive at non-action. When nothing is done nothing is left undone".

-- Lau-Tsu

These are words of extreme wisdom - we should all follow them.

The importance of the Eternal Now must be fully grasped and fully understood as a continuous aspect of enjoying total fulfilment, joy and Spiritual evolution. How we think has the most profound effect over what occurs in our lives. In fact, nothing has a more profound effect.

It is not sufficient to only recognize and express these fundamental Universal Principles when it suits us, when we desire something or when there is a situation that demands it. It is absolutely necessary to live life completely in accordance with these immutable Universal Principles, in the knowledge that as aspects of God, we are also channels of experience and expressions of God, with the same God-given powers as God. Those who do live their lives, either consciously or Subconsciously according to these Universal Principles will always seem to others to live a "charmed", "lucky", "fortunate" existence. In fact, they are actually living a "magical life", always in total control over their life, consciously shaping their own reality with the powers of their own Mind, as a channel of experience for The Source, Universal Mind, God, and always in a higher degree of harmony, with the Universe.

I would like to mention that we must still know exactly what we wish for, need and desire, but not in the context of having them in the "future". Ask and it is given, Now, every time, no exceptions - all we must do is receive by harmonising ourselves with that need, wish or desire.

But always keep in Mind that the moment you start apply a future tense, you will never receive your need, wish or desire, because, in accordance with your Mindset, it will always remain out of reach in your imaginary future, even though it is there for you.

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So in conclusion:

Make a new routine of arising 1 hour earlier than usual, take a warm bath or shower, get yourself in to a relaxed state and meditate for at least 20 minutes.

Resolve to live your life in the present moment of now. If ever a thought of the "past", or a thought contrary to your objectives ever enters your awareness, simply keep saying "Cancel!, Cancel!, Cancel!" until it dissipates. Keep in Mind that thoughts are transient Energy which will dissipate into native Universal Energy providing no attention is given to them.

If you have pets - learn from them. Together with children, and particularly infants, they are among our greatest teachers. If not find a way to observe animals in their natural habitat and learn from them - always learn from your children. All animals are our equals, and in many respects our Masters - never the other way around.

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03 February 2008

Launch Of Our Ultimate Reality In Paperback

Welcome to your newsletter - I do hope you have enjoyed a most wonderful, happy and health week. For all those in the northern hemisphere during these days of winter, no matter what you may see around you, only think thoughts of perfect health, and that must be your reality.

This is a truly special week for me, and the culmination of three years of total dedication.

After receiving countless requests, I am absolutely delighted to announce the availability of my book, Our Ultimate Reality, Life, the Universe and Destiny of Mankind in paperback format.

It to this long awaited and important, to many, event that I will exclusively focus upon this week.

Full details of the book are available as usual at:

<http://www.ourultimatereality.com/our-ultimate-reality-the-book.html>

Our Ultimate Reality is also available online from Barnes & Noble and other major online book stores, and should be orderable through your local major book store very soon, if not immediately. If you wish to order from a local store, I suggest you simply ask them.

Most book shops can do a search based upon the universally recognised International ISBN system, the ISBN for the paperback version of Our Ultimate Reality being: ISBN 978-0-9799106-0-9.

Please note that for readers in the UK and other parts of the world, Our Ultimate Reality will very soon be available online through your local country Amazon sites, if it is not so already.

In addition, all those registering to download the eBook gifts will be offered special access to a paperback book readers only membership site that is currently being developed, and will be available in the future, within the Our Ultimate Reality site, and which will provide various benefits, including, but not limited to, further eBook gifts, special discount codes, and possible a special

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discussion forum dedicated to issues, questions and feedback arising from this second edition paperback publication of my book.

Ever since Our Ultimate Reality was first published as an eBook, not a day has passed without my receiving several, and sometimes many messages from readers of the eBook version enquiring as to if or when the book will be available as a paper book that they can carry around with them, read away from their PC, and above all to give to family, friends and many others that they truly care about.

During all this time, for the last 3 years or so, I have been working very hard indeed towards this very objective, while at the same time producing a second edition of the book based upon questions and feedback received from readers of the eBook, and also now including an additional chapter on the all important subject of 2012 and the transition of the ages that we are now experiencing together.

This paperback book has been quite a while coming due to the complexity and work involved in publishing and distributing a book in this format, and in order to produce a high quality book, that reflects the contents, and including many updates, amendments and clarifications as a result of reader feedback to the original eBook first edition.

Over the last few years I have also received many messages from people asking how they can best explain the significance of Our Ultimate Reality, Spiritual matters and the changes we are all now experiencing to friends, loved ones and other people who might find it difficult to grasp these important issues in words alone, keeping in Mind that many people are still unfamiliar with their own true reality, purpose in life and destiny, as well as oblivious to the great changes we are all facing and need to be fully prepared for however they may manifest.

Others are acutely aware of the importance and significance of the transition that we are all facing, wishing for the means to inform loved ones gently without confusing or alarming them, that they too may have the opportunity to prepare themselves while "time" remains.

Most people can relate to information presented in an audio and visual format, being used to watching TV, movies and other audio visual media. Therefore I am also delighted to announce the

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publication of the Our Ultimate Reality Video Presentation.

Before continuing, I would like to make a special mention for my dear friend Gonzalo De Lara who lives in Santiago, Chile, for his supreme skill, dedication and patience in creating the graphics for this video presentation around my words, and without which it would not have been possible. Thank you with all my heart Gonzalo.

This presentation is the result of many months of work, and encapsulates the evolution of Earth, of life on Earth and of human beings to where we are today, and most importantly where we could be going in the near future if humanity makes the right choices. The paperback book can be ordered through Amazon.com.

Full details of the book are available as usual at:

<http://www.ourultimatereality.com/our-ultimate-reality-the-book.html>

Over the years, many people have asked me how they too can contribute to raising the consciousness of humanity in readiness for the monumental events that we might all be facing over the next few years, many not feeling happy knowing these truths themselves, wishing to share with loved ones, relations and friends, and to be of service to others in whatever way they can.

I am delighted to announce that, with the publication of the paperback book and the video presentation there is so much you can do, and for which you will certainly be and feel truly blessed.

Indeed it is a Divine duty of every single person who understands these important truths to do as I have endeavoured to do over the last few years to the very best of my ability, indeed dedicated my life to doing, and that is to make others aware of and awaken to these realities and Divine truths.

The eventual outcome of the transition of the ages, and the battle against the forces of darkness that currently seeks to deny humanity of its own true destiny in the name of power and control, can only be won by the majority of humanity awakening to our true Divine nature, and by progressing and living accordingly.

But "time" is running out - quite literally in every possible sense, as will be becoming increasingly obvious to all those awake

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enough to observe the physical, socio-economic and governmental factors and conditions covertly and increasingly insidiously prevailing today. The truth is absolutely no one knows for sure what, if anything, the next few years will bring, but one thing is absolutely certain - there is no room for complacency, everyone must prepare for all eventualities, and to cease an opportunity that might not present itself again for many thousands of years assuming Earth continues in its present form.

Every single person, without exception, can make a valuable contribution for the Light. There can be no regrets later if people do not rise to this responsibility and the worst outcome happens as a result.

Every person that you know, whether family, friend or acquaintances that you do not at least endeavour to awaken, as you have become awakened yourself by others who in turn cared about you, is a very crucial opportunity lost for all humanity, and an opportunity lost towards gaining the Spiritual rewards that will surely follow in the form of corresponding positive Energy, sometimes called "karma" for yourself, as well as the incremental benefits for humanity, life on Earth and of Earth, great Planetary Spirit Gaia Herself.

Just one person could make the crucial difference in the outcome of the next few years, and that person could be you.

I have created this particular contribution so far, but I would now humbly request your help in making the most of my efforts by taking the following 3 simple, quick but extremely important actions:

1. Contact at least 10 people that you truly care about and suggest that they visit the Our Ultimate Reality homepage and quite simply watch the Video presentation: <http://www.ourultimatereality.com>

And then ask them in turn to suggest watching the Video to 10 further people that they in turn care about and so on.

2. Suggest to these 10 people that you care about that they subscribe to this newsletter, which they can do from the home page of the site, also receiving the 7 chapters from my book, and thus be kept fully informed as the events of the next few years progress.

3. Please leave a rating and review of my book on Amazon. The more

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ratings and reviews the book receives, the more prominence it will receive in turn, thereby helping others to benefit - all making a valuable contribution as the events of the next few years unfold.

If you maintain your own blog or website, or you know someone who does, you can easily make a great contribution by linking to the Our Ultimate Reality site:

If you participate in social networking sites such Facebook, Google and any others, please write about Our Ultimate Reality and link to the home page so you can share with others.

Make no mistake, as I have mentioned numerous times previously and will continue to do so in the future - only one major factor will determine the ultimate outcome of the transition of the ages over the next few years - the Mind and Consciousness of Humanity - nothing else. Mind is the fundamental Principle of the Universe, and ultimately Mind and consciousness is literally all there is.

As we stand today, the dark forces may have the upper hand due their control over the major governments, banking and financial systems, and in particular almost all of the popular media.

However, it only requires a few thousand people to enlighten many others, and they others and so on, in order to ensure the forces of Light must ultimately prevail, thereby securing the best possible and most glorious possible outcome for all humanity as we evolve to the next evolution of human being from Homo Sapien to Homo Spiritus.

Time still remains to accomplish this, but only if everyone currently awakening or awakened helps others to achieve the same. This is one of the most important of all Universal Principles.

Complacency on the other hand could, and most probably would result in an outcome that we should not even be thinking about, much less my writing about. Suffice it to say that it can and must be avoided.

Again, as always, the choice is ours at both an individual and collective level. You now have a great opportunity, as an awakening or awakened Spirit and Child of God to do your own valuable part for humanity, for your own children and all the children of the world, and for the next generations and evolutions of children, in accepting this valuable opportunity made possible by virtue of the

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transition of the ages that only presents itself every tens of thousands of years, and thus to leave a legacy and an Earth that we will all be remembered for. Future generations will recognise our generation as the generation that finally got it right.

If I did not most sincerely, with all my heart and Mind believe and indeed know this to be true, I would not be dedicating so much of my own life to these important matters, together with numerous others around the World who are making such valuable contributions.

In conclusion, I am truly delighted, after countless requests from readers of the eBook, to announce the publication of Our Ultimate Reality in paperback, and also of the Our Ultimate Reality Video Presentation as my own latest humble contributions to the ongoing valuable efforts of many around the world in these pivotal times.

All I finally request now is that you consider doing your part in supporting my efforts by means of the 3 actions I have suggested, and which in turn will surely bring profound benefits for all you share these resources with as well as equally surely for yourself.

In conclusion, I would like to extend my most grateful thanks to everyone reading this newsletter, and all my previous newsletters, and to everyone who has already purchased and read the eBook version of Our Ultimate Reality and took the time to provide such valuable comments and feedback. I also thank you for your support of the paperback version of my book, which is the culmination of 3 years, continuous, very hard work for you and for all humanity, in the hope it will make a significant difference and contribution.

I would also like to assure you that I have much more planned and in progress for the future, all of which I know, beyond doubt will be of service to you, and to all you choose to share them with.

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10 February 2008

Money and the Law of Attraction

Welcome to your newsletter. I do hope you have enjoyed a wonderful week.

First of all I would like to welcome all members, many of you arriving after last week's newsletter at the suggestion of someone who cares about you.

I do hope that you will enjoy this and future newsletters which are published every Sunday, and that you will find them to be value on your path. If there are any subjects that you would like to see included in future editions, please do contact me and let me know.

I would also like to thank existing members very much indeed for referring so many new members after last week's newsletter.

Last week it was my intention to simply mention the release of my book in paperback format, and then to write your newsletter as usual on a specific subject. While I was writing the newsletter however it was made very clear to me in no uncertain terms, from within, the sort of message that must be acted upon, that this would be a perfect opportunity, particularly with the release of the video presentation, for members to share these resources with loved ones, relatives and friends as we journey inexorably towards the events of the next few years together, however those events may eventually manifest. As we know, these events will be a ultimately be a reflection of the consciousness of humanity at all levels. Everyone can and will make a difference.

I receive countless messages from people who, having decided to use the Law of Attraction in their lives, have focused on attracting just one thing - "money", on the basis that given the money they could simply go out and purchase absolutely anything they desired.

Many of these messages for example focus on "winning the lottery".

The truth is this - the Universe does not recognise "money", which is a human construct. The Universe rather recognises "things" in the form of images formed through powers of the imagination of the Mind.

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Everything in the Universe was brought into Being and continues to be brought into being by Mind influencing Energy to create Thought Forms, the imagination being fundamental to this process.

When applying the Law of Attraction, we should instead be focusing on precisely what the money would be used for rather than on the money by which to buy it. For example, if you desired a new car, you would focus on the precise car desired, rather than the money with which to purchase it - after all, how can we imagine a specific amount of money except as perhaps a pile of notes?

Even if we were to imagine a pile of notes, to the Universe it would simply represent a pile of green paper with numbers on it - only humans attach "value" and significance to those paper notes.

That said - while humans have constructed and abide by this system based upon "money" it will continue to be used in the context of the "human system", which is fine as far as it goes - it works for humans - for now.

There is nothing wrong with money per se in and of itself. Money simply "is". We should never hold negative thoughts about money otherwise we will repel it instead of attracting it to us. Those who hold negative thoughts, such as "money is the root of all evil" will never experience money for that reason. Those on the other hand who enjoy money, and spend money with joy, will always attract even more money.

This is the reason why those with money and spend it lavishly always attract even more money, while those with little money, who worry about spending every penny will always experience lack.

Money must however be regarded in a proper context, particularly in terms of using the Law of Attraction and attracting our own reality. The most important point being, as previously mentioned, we should never exclusively focus on money in preference to the actual "things" we wish to purchase with the money. Focus and attitude are different Energies in this context. We should always have a positive attitude towards money without regarding money as our source of supply which is an entirely different matter.

Understanding these truths really is absolutely fundamental to success with the Law of Attraction, and one major reason so many

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people fail to achieve the success they hoped for, often giving up altogether, while others amass great fortunes effortlessly.

This week therefore we will take a closer look at the role of "money", so we can see precisely why it is not the way to directly experiencing our wishes needs and desires. Before doing so however there is one caveat to this that I should mention. In imagining something tangible, such as a new car, the means by which to purchase it might well arrive in the form of money which is fine - but that is for the Universe to decide, not us.

So what then in reality is this thing we call "money"?

As previously mentioned, the Universe is pure Energy and simply does not recognize the concept of "money", which is an entirely human construct. Our distant ancestors were manifesting everything they required relative to their specific needs at their stage of evolution, long before "money" was even conceived by more recent humanity. Cave paintings, for example, found all around the world, are scenes depicting the wishes of those people such as a successful hunting scene. By focussing on these images they know they will attract what they are focussing on, and will thereby gain the food they need for survival. This is why so many of these cave paintings are depict ancient humans hunting animals with spears.

The only reason "modern" humans are so dependent on money is because they believe that money is an absolute necessity, required in order to realize their wishes, needs and desires. If everyone in the world ceased focusing on money, the illusion of money could no longer be perpetuated and would accordingly cease to exist altogether as a concept, which is all it is, along with the misery it causes to so many people.

While people hold this erroneous belief about money it will always be a self-perpetuating aspect of their experience, and such people will remain a slave to money for the duration of their entire physical life.

From a human perspective, money somehow is supposed to represent value. The question being what precisely is "value"?

Value is a purely notional concept relative to the perception of each individual. The notion of value fluctuates dramatically as the

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"economy", "rate of inflation", "foreign exchange rates" and many other such human constructs, change. The irony is that even these factors, in and of themselves are simply human ideas, which can and are often manipulated by the world governments, institutions and in particular the so called "central banks" for their own agendas.

No one really understands how or on what basis the "central banks" quite literally "print" money. In the USA for example the amount of money in circulation was supposed to be "backed" by the equivalent in reserves of gold, but of course there is no way for most people to verify this is actually the case. In any case the notes of the US currency no longer state that gold is the standard, rather now stating that the note is simply "legal tender".

In any case, only a very small percentage of the money in the world tangibly exists in the form of physical coins and notes. Most "money" is in the form of electronic data, bits and bytes held on a vast network of computer systems that can simply move money around at the touch of a computer key.

So, even "money" itself is an illusion existing only to perpetuate the human concept of "value", but which for many people, businesses and governments has long since become an obsession at the expense of everything else important in life, not the least of which is compassion, service to others, Love and the needs of the majority.

As mentioned before, it is not, never has been and never will be within the sphere of human Beings to decide how things should be manifested into physical reality where they can be experienced. It is this erroneous belief that is one of the greatest sources of all misery, with people making money the centre of their priorities.

Again, "money" is at one level simply a human construct, a notional method of exchange, and at the most basic level most money does not even really exist in a tangible form except for the few percent that remains in circulation in the form of notes and coins that people can "spend" in exchange for products and services.

The realisation of our needs is, always has been and always will be a natural function of the Universe and of the Mind by, The Source providing our every need unconditionally, if only humanity knew how to realise this powerful truth instead of relying on intangibles.

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Money is the fuel of materialism and the basis for the enforcement of human power over what is perceived as "others" - one of the main reasons that humanity has been heading away from its own true purpose and destiny and towards potential but very real disaster.

While so many people focus on money as an object of power, control and means of obtaining goods and services, it will be associated with the Energy that perpetuates that same power, and so the association of money with power and control will be perpetuated, thereby allowing the dark factions that seek power and control over humanity to use money as an instrument of control, just as they have so many times in the past and continue to do so today without most even realising it. Every "boom" and "bust" cycle, including the stock market crashes, depressions, recessions, and most recently the so called "sub-prime" crisis has been engineered, ultimately to place people under a burden of debt through which they can be controlled.

Universal Principles work with absolute, immutable perfection, have always worked with absolute, immutable perfection, and always will work with absolute, immutable perfection. So, all humanity needs to do is to cease to focus on the Energy of money and start to focus on applying these immutable Universal Principles and therefore the Energy of that which is desired. When this happens the world will become a vastly happier place, and the adverse consequences of money, such as poverty, control and oppression will become a thing of the past along with this thing called "money".

Health, wealth and abundance is a state of Mind. Everyone was born wealthy, and all anyone needs to do is to realise that health, wealth and abundance by aligning with the Universe and Source, thereby coming into vibrational harmony that it may be received.

Again, we must never shun money, or hold a negative image of money. Although Money is a human construct human society is based around money at this time, although this could change soon. Accordingly there is nothing at all wrong with attracting and making use of money in the context of the human society providing that it is available, and is appropriate to do so - but not as a primary consideration for gaining abundance.

The most important point, and the one that I hope I have conveyed in this newsletter, is that, in the context of applying the Law of

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Attraction, we should always focus directly on the "things" we wish to attract, thereby being in harmony with the immutable workings of the Universe and therefore of Universal Principles, enabling us to be powerful attractors of our own reality.

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17 February 2008
The 7 Universal Principles

Welcome to your newsletter.

I do hope you have enjoyed a wonderful week.

I would like to thank very much everyone who has already purchased my paperback book, viewed the video, and above all for sharing these with those you really care about. I am grateful to have received many enthusiastic messages about both book and video.

I would also like to welcome the many new members of this newsletter joining us since last week, many of you after being recommended by people who care about you.

For the benefit of those who have recently joined us, The Our Ultimate Reality video can be viewed from the home page:
<http://www.ourultimatereality.com>

And the full paperback book details:

<http://www.ourultimatereality.com/our-ultimate-reality-the-book.html>

Ever since The Law of Attraction was brought to the attention of humanity, especially since the excellent "The Secret" movie which almost everyone will have heard of by now, various people it seems have been inventing new "laws" which in reality simply do not exist. It almost seems there is a "law" for almost everything these days according to the people who invented them for whatever reason.

First of all even the word "law" is somewhat erroneous. "Law", although technically can be used in this context, usually implies something that is authoritative, and must be obeyed for fear of some sort of retribution, as with the laws of a country.

The more correct word in the context of these Universal fundamentals is "Principle" - the word that has always been used in esoteric and occult circles, by "mystery schools" etc.

In addition, "The Law of Attraction" is not actually one of the seven Universal Principles in and of itself, rather being a subset

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of other primary Universal Principles such as "Cause and Effect" and "Correspondence".

This week therefore we will take a closer look at the seven primary and fundamental Universal Principles that really are "Principle" to the workings of the Universe to which we are all subjected.

These Principles are listed in no particular order of importance:

The Principle of Mentalism

This Principle embodies the truth that the entire Universe is an infinite living Mind, Universal Mind, and Consciousness, of which everything and everyone is an integral aspect. Everything in the Universe in all of its dimensions or spheres exists within the infinite living Universal Mind, and this living Mind, in which we live and move and have our Being might truly be called "God", The First Cause, or Source Energy.

This Principle fully explains and accounts for all of the so called "phenomena" which people regard as "miracles", "supernatural" or "paranormal", abilities such as psychic powers, telepathy, telekinesis and many others. This Principle of Mentalism also explains the true nature of Energy, power and matter, and why these are ultimately under the control of, and subordinate to the power of, the Mind. Mentalism or infinite living Mind explains why we, as humans, made in the "image of God", can create mentally in the Microcosm just as God, The Source, The First Cause, The All, Universal Mind created the entire Universe, the Macrocosm

The Principle of Correspondence

This is another extremely important Universal Principle, teaching there is direct correspondence between all planes of reality. As we will discuss later in this book, the material universe of matter is but the very lowest plane, realm or dimension of an infinite Universe of ever more subtle planes of Energy of increasing vibration and decreasing relative density.

Everything in the entire Universe, without exception is subject to Divine order, otherwise, there would be chaos, and the Universe would collapse in an instant. This Divine order is prevalent between all of the great planes of life because anything which

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occurs on one plane will be reflected on all other planes in exactly the same degree. This has to be the case in order to maintain a perpetual state of balance, harmony and Universal equilibrium.

The Principle of Correspondence is most aptly represented by the famous axiom "as above, so below".

The Principle of Vibration

The basis of the Principle of Vibration is that everything in the Universe is constantly in motion. Nothing ever rests for a single moment. Vibration is, in fact, a characteristic of Energy, a fact which quantum physics is now rapidly coming to accept as the fundamental basis of the laws of the greater Universe.

The Principle of vibration also explains the differences between all manifestations of matter, Energy, and Spirit, all of which are ultimately pure vibration, or Energy. Everything from the highest aspect of God, pure Spirit, the very highest manifestation of vibration of all, all the way out to the physical world of matter are degrees and manifestations of vibration or Energy, all within the infinite Universal Mind.

The Principle of Polarity

The Principle of Polarity affirms the fact that everything in the Universe is dual, i.e. having two poles. This Principle also provides for the fact that there are no absolutes in nature. For example, when people refer to "hot" or "cold", these are not absolutes. They are rather degrees of hotness and degrees of coldness relative to, or in comparison with each other.

There are therefore no extremes, but rather only degrees of the same thing. North and South, East and West are merely degrees of direction. Similarly, light and dark are only degrees of illumination, the question being where would light begin and darkness end? The same Principle applies to large and small, black and white, hard and soft, noise and quiet, high and low, positive and negative, and so on.

Another example are the concepts of "love" and "hate", which again, are only degrees of the same emotion, with "like" and dislike"

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being within these two parameters. There can be no absolute love or absolute hate, and the experience of these two polarities, as with all experience, will vary according to the perceptions of each individual. Something one person might perceive as being associated with "hate" might well be "loved" by the next person.

This particular example of the Principle of polarity highlights the possibility for mental transmutation, also known as "Alchemy". In alchemy, the "hate" of something can be transmuted to "love" of the same thing with transmutation taking place along the same polar axis. Similarly, bad or "negative" attributes of the Soul or Spirit can be transmuted along the same axis to their corresponding "good" or positive attributes. The Principle of polarity is, therefore, extremely important in the process of the ennoblement and perfection of every human being on the sacred path back to our Divine Creator.

The Principle of Rhythm

The Principle of Rhythm encompasses the truth that there is always action and reaction along the same axis of polarity. A pendulum swings from side to side, the tides of the seas ebb and flow, and on a much wider scale, we witness the rise and fall of people claiming power over others such as dictators, the rise and fall of businesses and other entire organizations and most will be aware of the rise and fall of empires of which there have been many examples throughout history.

All of these are examples of the Universal Principle of rhythm. The entire Universe and everything and everyone within are all subject to the Principle of rhythm from the very highest to the very lowest aspects and in an infinite degree of magnitude.

The entire Universe operates in these cycles of rhythm, also known as "cycles". Ancient civilisations such as the Maya were expert at observing, measuring and recording these great cycles which they recorded in their advanced calendrical systems, the Maya long count calendar, the current cycle of which ends on December 21, 2012 being a famous example.

The Principle of Cause and Effect

The Principle of Cause and Effect, also known as "Causation", is

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another extremely important Universal law. Some would say this is the most important and exalted Principle, and one which affects everyone in a profound way. The Principle of Causation will be discussed in much more detail later in this book.

The Principle of Cause and Effect is based upon the truth that nothing in the entire Universe ever happens by chance. Everything, including every thought and every action, results in an "effect", always being associated with a preceding and directly corresponding "cause". There can never be any exceptions to this Principle. The vast majority of people progress through life completely oblivious to this exalted Universal law, ascribing everything that happens to them to such notions as "chance", "coincidence", "luck", "fortune", all of which are nothing more or less than superstition.

One of the most important aspects of Causation is karma. Karma is important to everyone, and will accordingly be discussed in much more detail later in this book.

The Principle of Gender

The Principle of Gender embodies the truth that everything in the Universe has both masculine and feminine Principles. This Principle not only applies to humans, animals or other life where it manifests in the physical world, but to everything in creation, animate or inanimate.

The Principle of gender constantly works in the direction of generation, regeneration and creation. Every male element includes a degree of the female element, and conversely every female element contains a degree of the male element. The Principle of Gender also operated in full accordance with the Principle of Polarity, where there can be no absolute male or absolute female, but only relative degrees of "maleness" and "femaleness".

All of these Universal Principles are vitally important and integral to the harmony of the Universe in all dimensions and are integral aspects of the truth that everyone and everything in the Universe is an equal and integral aspect of God, The All, The Source, and of each other. There is no separateness in the Universe whatsoever.

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24 February 2008

The Three Spheres of Mind

Welcome to your newsletter. I do hope you have enjoyed a wonderful week.

I would once again like to welcome the numerous new members joining us since last week, and for all those existing members who referred those you care about to the Our Ultimate Reality site, book and video which is receiving wonderful reviews on YouTube.

I would also like to thank everyone very much who has already purchased the paperback book, and for all the most kind messages I have received about it which I truly appreciate very much indeed.

For all those new to the newsletter but not yet seen the full details of the paperback book here is the page with full details:

<http://www.ourultimatereality.com/our-ultimate-reality-the-book.html>

As this weeks book is about the powers of the Subconscious Mind, I thought it would be appropriate to discuss the Mind in all spheres of activity.

Many people speak of the "Conscious" and "Subconscious" Minds as if they are completely separate entities.

In fact they are all integral aspects of the same Mind, and in turn of Universal Mind in which we "live and move and have our Being".

What therefore is generally referred to as the "Conscious Mind" and the "Subconscious Mind" are in fact spheres of activity of the One Mind, and ultimately in turn of Universal Mind.

At the "highest" level of life, creation and reality there is only Universal Mind, the Mind of Source, The First Cause, "God" within which all creation and therefore all Life - and all in creation is Life - was created in the beginning, and exists eternally.

It should be mentioned that, in absolute terms, there was never really a true "beginning" and neither will there be an "end". Both of these human constructs imply "time" which does not really exist,

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being "experienced" only within the physical Universe and even then being subject to other factors, the same factors which, in the near future, might exert their influence so that what we call "time", along with its twin "space" no longer exist, or more specifically exert their influence.

When we first came into Being as individuated human beings originating from our Higher Self - in addition to the physical body we incarnated complete with two subsets of Universal Mind that we know as "Conscious" and "Subconscious" - both required in order to function in the physical Universe as a complete sentient Being.

Our Subconscious Mind is who we truly "are" as an individuated, incarnate Being, and also as an aspect of Higher Self, our true Self and complete Mind - Subconscious Mind being at least 90%, and I believe much more, possibly 99% or more of our total Earthly Mind.

The Subconscious Mind also exists in the realms of the collective Mind. In other words it is only the Conscious Mind that perceives everyone and everything as being "separate". The Subconscious Mind, existing beyond the influences of "time" and "space", knows that there is only One, which in turn is part of absolute Oneness, both with all other Subconscious Minds and ultimately of Universal Mind.

For example - dreams, Astral and other forms of Projection take place exclusively within Subconscious Mind.

When people speak of "Astral Projection" it is erroneous - there is in fact no external projection at all - it is an illusion.

Astral, like Out of Body Experiences generally as well as dreams is actually a "projection" within our own Subconscious Mind, which is also the realms of the collective Subconscious Mind. We therefore share the experience with all other Subconscious Minds that are on the same Vibratory Focus within the Energy of the Universe that are generally known in esoteric and occult terms as "Astral Projection" - a somewhat erroneous term even though the experience seems to be, and is very real from the perspective of the experiencer.

The Astral Planes are the shared realms of Mind of people of the same vibration after "passing on". In other words it is a shared created experience shared by all those sharing it.

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Our true "home" is the Mental, Spiritual planes where we reside as a pure Energy experience beyond all Earthly concept of "form".

The physical Universe, including is both temporal and transient, the Astral Planes also being transient in nature.

It is our Subconscious Mind that manages every aspect of our physical body, maintaining all vital bodily functions, for example breathing, digestion and assimilation of food, flow of the blood and beating of the heart, functioning of organs and much more that most people take for granted.

When we were "conceived", it was the Subconscious Mind that built our body, cell by cell, in accordance with the genetic "blueprint" provided in our DNA as passed on to us by both parents.

After we are born into the physical world the Subconscious Mind maintains total dominion over every aspect of our physical body, but only in accordance with the "wishes" of the Conscious Mind.

This is why we can, and many people do make themselves ill - the Subconscious Mind is simply following orders in accordance with the thought processes of the Conscious Mind. If for example a person sees someone sneeze, assumes they have a "cold" and expects to "catch the germs" themselves, the Subconscious Mind will duly oblige.

Having three children of school age they sometimes in the winter inevitably catch "bugs" at school and start coughing and sneezing. I never "catch" these diseases because I refuse to acknowledge their existence, affirming instead only my reality of perfect health. Anyone can do this with the right presence of Mind.

The good news is the Subconscious Mind can also be impressed to heal absolutely any physical or mental ailment without limitation.

The Subconscious Mind originally built our body to the blueprint of perfection that Source, First Cause, God only holds an image of for each of us, but with our DNA making us unique. This is what is meant by the Biblical truth that we are "made in the image of God". The "image" does not mean we look like God, it rather means we are made in the true Spiritual Image of God, Source, in terms of Energy and Consciousness of Whom we are a channel of experience and

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expression, and through which Source thus expands.

Therefore all we need to do to heal our-self and maintain perfect health is to impress the Subconscious Mind to maintain that image of perfection - this is what true healing is all about - impressing the Subconscious Mind to rebuild the body in accordance with the blueprint of perfection provided by, and held by Universal Mind.

Of course Faith and Belief are required, both of which we have discussed before and will doubtlessly discuss again in the future.

In addition, Subconscious Mind is a sphere of activity of Universal Mind to Whom Subconscious Mind is intimately connected and a Divine aspect of.

In the case of healing, Subconscious Mind acts directly upon the physical body, also calling upon the resources of Universal Mind if necessary.

In the case of manifestation using what is known as "The Law of Attraction", Subconscious Mind goes directly to Universal Mind, thus directing the creative forces of Universal Mind with our-self as the point of focus in the physical world, thereby bringing about a manifestation into experiential reality within the physical world.

Again, true Faith and Belief are fundamental to this process.

So what then of the Conscious Mind?

The Conscious Mind is a small aspect, subset and sphere of activity of Subconscious Mind, just as Subconscious Mind is in turn of Universal Mind.

Subconscious Mind never, ever makes decisions, argues, pro-actively performs actions or anything else. Subconscious Mind instead "takes its orders" from Conscious Mind except for the basic bodily functions "ordered" by Universal Mind at the time of incarnation, since Conscious Mind was not sufficiently developed at that point to direct this initial constructive process.

Subconscious Mind responds to one fundamental - thought. Whatever we think about persistently Subconscious Mind will thus accept and bring into our temporal experience, either directly in the case of

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the physical body, or through the creative power of Universal Mind in the case of everything else.

It should be mentioned that we each, as an infinite aspect of Universal Mind share the same infinite Creative characteristics of Universal Mind - we truly are unlimited, or rather limited only by our capacity of thought supported by Faith and Belief. This is why Jesus spoke so often about "Faith" and "Belief" - they are so very crucial, but yet so misunderstood, especially by orthodox religion.

Alas - most people have no control over their own thought processes through the Conscious Mind, often choosing to focus on the evidence provided by their own physical eyes, often focusing on negative things, always "thinking the worst", and thereby inevitably attracting more of the same - such is current "human nature", always ready to "believe the worst", always complaining when "the worst" manifests.

With Faith in our Divine nature, and Belief in the creative processes, absolutely anything is possible, limited only by our Imagination, Belief and Faith in the process, supported by Unconditional Love and Gratitude.

If only these thought processes could be reversed, then there would truly be nothing people cannot be, do or have, and there would be no unhappiness and disease in the world. The coming years will present a golden opportunity to bring this about, and thus the "Kingdom of Heaven on Earth".

This is another reason I wrote my book, showing the way forward:

<http://www.ourultimatereality.com/our-ultimate-reality-the-book.html>

So the Conscious Mind is "boss", Subconscious Mind faithfully carrying out all orders from the "boss" without question.

Although the action of Subconscious Mind is always in the direction of Life and survival, the reason It maintains all vital bodily functions, Subconscious Mind will still bring about illness or even "death" "on request". Many a person has believed they are going to "die", often in specific situations, and it has come to pass.

A few years ago I heard of someone who became convinced that, at

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age 24 he was going to die in a car crash, and within a year he did. He believed it was destiny or some other external "forces", but in fact it was his own superstition and thought processes which his Subconscious Mind carried out to the letter and immutable precision.

As far as the Subconscious Mind is concerned, if the "boss" with its freewill wishes to "die", then so be it. Subconscious Mind makes no judgements, simply rather following "orders" from Conscious Mind, conveyed by thought processes.

Our ancient ancestors made full use of these Principles. However, as humans have become more "civilised", more materialistic and more controlled by relations, friends and socio-economic pressures, the Conscious Mind has become programmed and often stuck in a flow of negative and often destructive, including self-destructive thought processes.

So what does this mean in practical terms?

It means quite simply this - everyone must learn to take and maintain control over your own Conscious Mind, and to steer and guide in the direction of joy, health, abundance, service to others and above all growth and therefore evolution.

Your newsletter subscriber opportunity this week, edited, modified

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03 March 2008

The Parable of the Sower

Welcome to your newsletter, I do hope you have enjoyed a wonderful week.

Once again I would first like to welcome all new subscribers to this newsletter joining us since last week. There are a great many of you joining us thanks in no small part to referrals from family, friends and others that truly care about you. I do hope you enjoy your 7 complimentary chapters of my book.

Please do continue to refer this newsletter to people you care about and for which you will in turn be blessed. It is a fundamental and most exalted Universal Principle and Truth that we evolve by helping those further down the path to evolve also, just as the Higher Beings of the Inner Spheres constantly help us. At no time in human history has this been more important. All you need to do is refer people to the home page of the site where they can watch the video and join the newsletter if they are ready and feel the urge to do so from within. <http://www.ourultimatereality.com/>

I promise, as always that I will in turn continue to do my part to the best of my ability.

I would also like to thank everyone who purchased my new paperback book and for the phenomenal feedback received for which I am most grateful, resulting in subjects to be covered in future newsletters.

One question that has frequently arisen is how to collect your 5 gift books that you are entitled to. I apologise if this is not as clear as it might be, but all you need to do is look at the information page of the book, and all will be clear. If you do require any further help then please do send me a message.

Ever since I started my decoding of the bible newsletter sections, I have received numerous messages from people who have experienced a religious, often strict religious upbringing saying how much it has helped them with the true meaning of the words of the person known as "Jesus", real name Yeshua being of the Jewish culture.

Many of you have sent me a message asking whether I have ceased my

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newsletter sections on decoding the Bible, as it has been so many weeks since the last one.

The answer is no. I full intend to continue my work on decoding the Bible and the meaning of religion generally until my work is done. The Bible truly is an enigma in that the texts therein, which are by no means complete, having been strictly selected from all those available to be most readily modified to conform to religious and theological doctrines, were designed to help people prepare for the transition of the ages that we are now experiencing.

Due to the profound, powerful and transformative messages contained, particularly within the parables, they were phrased in such a way as to be only understood by those ready to understand at their particular stage of Spiritual evolution. Exposing people to these messages who were not prepared could have the opposite effect, setting these people back on the path instead of allowing them to progress.

As Jesus himself stated:

"And the disciples came, and said unto him, Why speakest thou unto them in parables? He answered and said unto them, Because it is given unto you to know the mysteries of the kingdom of heaven, but to them it is not given. For whosoever hath, to him shall be given, and he shall have more abundance: but whosoever hath not, from him shall be taken away even that he hath. Therefore speak I to them in parables: because they seeing see not; and hearing they hear not, neither do they understand. And in them is fulfilled the prophecy of Esaias, which saith, By hearing ye shall hear, and shall not understand; and seeing ye shall see, and shall not perceive, For this people's heart is waxed gross, and their ears are dull of hearing, and their eyes they have closed; lest at any time they should see with their eyes and hear with their ears, and should understand with their heart, and should be converted, and I should heal them". But blessed are your eyes, for they see: and your ears, for they hear. For verily I say unto you, That many prophets and righteous men have desired to see those things which ye see, and have not seen them; and to hear those things which ye hear, and have not heard them. Hear ye therefore the parable of the sower.
--Matthew 13:10-18

Alas, the texts that were to become the canon of the Bible was

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seized by those who "seeing see not; and "hearing they hear not", "neither did they understand". And accordingly "in them is fulfilled the prophecy of Esaias" that "their ears are dull of hearing, and their eyes they have closed". And millions of people if not billions are still afflicted today.

So it would seem that although the prophecy of Isaiah has indeed been fulfilled. Incidentally, "Esaias" is the Greek spelling of "Isaiah" just as Jesus is the Greek version of Yeshua - both rightfully names of the Jewish culture.

So let us now then take a closer look at the Parable of the Sower that Yeshua taught his followers:

"When any one heareth the word of the kingdom, and understandeth it not, then cometh the wicked one, and catcheth away that which was sown in his heart. This is he which received seed by the way side. But he that received the seed into stony places, the same is he that heareth the word, and anon with joy receiveth it; Yet hath he not root in himself, but dureth for a while: for when tribulation or persecution ariseth because of the word, by and by he is offended. He also that received seed among the thorns is he that heareth the word; and the care of this world, and the deceitfulness of riches, choke the word, and he becometh unfruitful. But he that received seed into the good ground is he that heareth the word, and understandeth it; which also beareth fruit, and bringeth forth, some an hundredfold, some sixty, some thirty. Matthew 13:19-24

So what then is the Master saying here?

Yeshua is literally teaching the power of the Subconscious Mind, just as with your opportunity this final week:

The translation of "sower" originated from the translation from the original Ancient Greek which often became either mistranslated or all too often creatively mistranslated in order to justify a theological doctrine as opposed to the intended one by Yeshua.

The original words in Ancient Greek were "Speiro" and "Autos" which actually translate to "scatter or so" and "of self" respectively.

So now we begin to see a glimpse of the true meaning from the outset.

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This parable refers to the "sowing" of the "seeds of thought" into "self" or more specifically the Subconscious Mind". So here Jesus begins to teach the truth of how sowing the seeds of a desire in our Subconscious Mind will begin to germinate and finally appear into our experiential reality.

What then specifically are the "seeds" that we are "sowing" in this context?

The "seeds" are actually Thought Forms being sown in the fertile fields of the Subconscious Mind.

In this parable Jesus goes on to say that some seeds fall in "stony places" and others fall among the "thorns".

Here Yeshua is saying that unless we focus our "seeds" our Thought Forms on to fertile ground, instead of allowing them to be unfocused and fall by the wayside, they will either fail to germinate, as in the seeds falling in "stony places" or will germinate unwanted results as with the seeds falling among the "thorns". So we must be very careful about how and where we sow our seeds, our Thought Forms", keeping in Mind every thought is a cause which must have a corresponding effect in accordance with Universal Principle. "Bad" or negative thoughts must, by Principle, result in corresponding "bad" effects" just as "good" or positive Thought forms must result in their corresponding "good" effect.

The good news is that positive Thought Forms are of a much higher vibration than negative Thought Forms - the reason why The Law of Attraction is so powerful to those applying it appropriately. This does not mean that if you constantly dwell on a negative thought it will not manifest, because it will and does, because often people put more negative emotion behind perceived negative situations.

There are also other mistranslations present that we must interpret correctly.

The original word used in Ancient Greek was "akouo". This word actually means to "understand" rather than to "hear" which implies the ears rather than the Mind.

Another word used in the Ancient Greek was "basileia" which although interpreted as "kingdom" for theological purposes, would

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more appropriately be translated as "realm" or "dimension" relative to a state of Being".

So we can see quite easily how the original Metaphysical meaning of this parable, as with all the other parables and the Bible generally can and has been converted to a theological meaning for the purposes of orthodox religion, rather than the Metaphysical and Spiritual Growth initiatory meanings as taught by Yeshua.

A further mistranslation frequently appearing in the Bible is that from the original Ancient Greek word "Logos" which although theologically interpreted as "word" actually means "Thought".

The "Logos" is such an important word with such profound meaning that I will dedicate a future newsletter to this important subject.

If we now reconstitute the original writings in Ancient Greek in to their original and true meaning in the context of this parable, we see that it literally means "by understanding how Thought Forms become manifest into experiential physical reality through dimensions of power - in other words the causal spheres of the Universe, or Akasha in mystical Eastern terminology.

A summary of this entire, profound yet misunderstood parable therefore is that in understanding how Thought Forms or "seeds" germinate in the fertile ground of our Subconscious Mind, which in turn germinate and first come to fruition in the causal realms of the Akasha, we can make use of this knowledge to only sow those seeds with confidence and expectation on the most fertile ground of the Subconscious Mind.

In future newsletters we will continue with our decoding of the inner meanings of the Bible.

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10 March 2008

Money and the Law of Attraction

Welcome to your newsletter. I do hope you have enjoyed a wonderful week.

First of all I would like to welcome all members, many of you arriving after last week's newsletter at the suggestion of someone who cares about you.

I do hope that you will enjoy this and future newsletters which are published every Sunday, and that you will find them to be value on your path. If there are any subjects that you would like to see included in future editions, please do contact me and let me know.

I would also like to thank existing members very much indeed for referring so many new members after last week's newsletter.

Last week it was my intention to simply mention the release of my book in paperback format, and then to write your newsletter as usual on a specific subject. While I was writing the newsletter however it was made very clear to me in no uncertain terms, from within, the sort of message that must be acted upon, that this would be a perfect opportunity, particularly with the release of the video presentation, for members to share these resources with loved ones, relatives and friends as we journey inexorably towards the events of the next few years together, however those events may eventually manifest. As we know, these events will be a ultimately be a reflection of the consciousness of humanity at all levels. Everyone can and will make a difference.

I receive countless messages from people who, having decided to use the Law of Attraction in their lives, have focused on attracting just one thing - "money", on the basis that given the money they could simply go out and purchase absolutely anything they desired.

Many of these messages for example focus on "winning the lottery".

The truth is this - the Universe does not recognise "money", which is a human construct. The Universe rather recognises "things" in the form of images formed through powers of the imagination of the Mind.

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Everything in the Universe was brought into Being and continues to be brought into being by Mind influencing Energy to create Thought Forms, the imagination being fundamental to this process.

When applying the Law of Attraction, we should instead be focusing on precisely what the money would be used for rather than on the money by which to buy it. For example, if you desired a new car, you would focus on the precise car desired, rather than the money with which to purchase it - after all, how can we imagine a specific amount of money except as perhaps a pile of notes?

Even if we were to imagine a pile of notes, to the Universe it would simply represent a pile of green paper with numbers on it - only humans attach "value" and significance to those paper notes.

That said - while humans have constructed and abide by this system based upon "money" it will continue to be used in the context of the "human system", which is fine as far as it goes - it works for humans - for now.

There is nothing wrong with money per se in and of itself. Money simply "is". We should never hold negative thoughts about money otherwise we will repel it instead of attracting it to us. Those who hold negative thoughts, such as "money is the root of all evil" will never experience money for that reason. Those on the other hand who enjoy money, and spend money with joy, will always attract even more money.

This is the reason why those with money and spend it lavishly always attract even more money, while those with little money, who worry about spending every penny will always experience lack.

Money must however be regarded in a proper context, particularly in terms of using the Law of Attraction and attracting our own reality. The most important point being, as previously mentioned, we should never exclusively focus on money in preference to the actual "things" we wish to purchase with the money. Focus and attitude are different Energies in this context. We should always have a positive attitude towards money without regarding money as our source of supply which is an entirely different matter.

Understanding these truths really is absolutely fundamental to success with the Law of Attraction, and one major reason so many

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people fail to achieve the success they hoped for, often giving up altogether, while others amass great fortunes effortlessly.

This week therefore we will take a closer look at the role of "money", so we can see precisely why it is not the way to directly experiencing our wishes needs and desires. Before doing so however there is one caveat to this that I should mention. In imagining something tangible, such as a new car, the means by which to purchase it might well arrive in the form of money which is fine - but that is for the Universe to decide, not us.

So what then in reality is this thing we call "money"?

As previously mentioned, the Universe is pure Energy and simply does not recognize the concept of "money", which is an entirely human construct. Our distant ancestors were manifesting everything they required relative to their specific needs at their stage of evolution, long before "money" was even conceived by more recent humanity. Cave paintings, for example, found all around the world, are scenes depicting the wishes of those people such as a successful hunting scene. By focussing on these images they know they will attract what they are focussing on, and will thereby gain the food they need for survival. This is why so many of these cave paintings are depict ancient humans hunting animals with spears.

The only reason "modern" humans are so dependent on money is because they believe that money is an absolute necessity, required in order to realize their wishes, needs and desires. If everyone in the world ceased focusing on money, the illusion of money could no longer be perpetuated and would accordingly cease to exist altogether as a concept, which is all it is, along with the misery it causes to so many people.

While people hold this erroneous belief about money it will always be a self-perpetuating aspect of their experience, and such people will remain a slave to money for the duration of their entire physical life.

From a human perspective, money somehow is supposed to represent value. The question being what precisely is "value"?

Value is a purely notional concept relative to the perception of each individual. The notion of value fluctuates dramatically as the

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"economy", "rate of inflation", "foreign exchange rates" and many other such human constructs, change. The irony is that even these factors, in and of themselves are simply human ideas, which can and are often manipulated by the world governments, institutions and in particular the so called "central banks" for their own agendas.

No one really understands how or on what basis the "central banks" quite literally "print" money. In the USA for example the amount of money in circulation was supposed to be "backed" by the equivalent in reserves of gold, but of course there is no way for most people to verify this is actually the case. In any case the notes of the US currency no longer state that gold is the standard, rather now stating that the note is simply "legal tender".

In any case, only a very small percentage of the money in the world tangibly exists in the form of physical coins and notes. Most "money" is in the form of electronic data, bits and bytes held on a vast network of computer systems that can simply move money around at the touch of a computer key.

So, even "money" itself is an illusion existing only to perpetuate the human concept of "value", but which for many people, businesses and governments has long since become an obsession at the expense of everything else important in life, not the least of which is compassion, service to others, Love and the needs of the majority.

As mentioned before, it is not, never has been and never will be within the sphere of human Beings to decide how things should be manifested into physical reality where they can be experienced. It is this erroneous belief that is one of the greatest sources of all misery, with people making money the centre of their priorities.

Again, "money" is at one level simply a human construct, a notional method of exchange, and at the most basic level most money does not even really exist in a tangible form except for the few percent that remains in circulation in the form of notes and coins that people can "spend" in exchange for products and services.

The realisation of our needs is, always has been and always will be a natural function of the Universe and of the Mind by, The Source providing our every need unconditionally, if only humanity knew how to realise this powerful truth instead of relying on intangibles.

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Money is the fuel of materialism and the basis for the enforcement of human power over what is perceived as "others" - one of the main reasons that humanity has been heading away from its own true purpose and destiny and towards potential but very real disaster.

While so many people focus on money as an object of power, control and means of obtaining goods and services, it will be associated with the Energy that perpetuates that same power, and so the association of money with power and control will be perpetuated, thereby allowing the dark factions that seek power and control over humanity to use money as an instrument of control, just as they have so many times in the past and continue to do so today without most even realising it. Every "boom" and "bust" cycle, including the stock market crashes, depressions, recessions, and most recently the so called "sub-prime" crisis has been engineered, ultimately to place people under a burden of debt through which they can be controlled.

Universal Principles work with absolute, immutable perfection, have always worked with absolute, immutable perfection, and always will work with absolute, immutable perfection. So, all humanity needs to do is to cease to focus on the Energy of money and start to focus on applying these immutable Universal Principles and therefore the Energy of that which is desired. When this happens the world will become a vastly happier place, and the adverse consequences of money, such as poverty, control and oppression will become a thing of the past along with this thing called "money".

Health, wealth and abundance is a state of Mind. Everyone was born wealthy, and all anyone needs to do is to realise that health, wealth and abundance by aligning with the Universe and Source, thereby coming into vibrational harmony that it may be received.

Again, we must never shun money, or hold a negative image of money. Although Money is a human construct human society is based around money at this time, although this could change soon. Accordingly there is nothing at all wrong with attracting and making use of money in the context of the human society providing that it is available, and is appropriate to do so - but not as a primary consideration for gaining abundance.

The most important point, and the one that I hope I have conveyed in this newsletter, is that, in the context of applying the Law of

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Attraction, we should always focus directly on the "things" we wish to attract, thereby being in harmony with the immutable workings of the Universe and therefore of Universal Principles, enabling us to be powerful attractors of our own reality.

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23 March 2008
Cycles of Life

Welcome to your newsletter.

I do hope you have enjoyed a wonderful week.

We are now two days into the new season of Spring, marked by the Spring Solstice which took place on 21 March.

Although the solstices, for example Christmas as well as Easter have been "claimed" by religion to mark religious events, we should remind ourselves that these are and always were in fact pagan festivals going back thousands of years, long before the origins of Christianity which later subsumed them in religious doctrines.

Our pagan ancestors - and most people have been pagans many times in previous incarnations - for example the Druids, Heathen's and the original, genuine "Witches", were extremely attuned both to "Mother Earth" and the Divine cycles of life which they celebrated on the 4 solstices as well as four other festivals in between - Imbolc, Beltane, Lughnasadh and Samhain in the case of European pagans, all of which had special significance.

Most other pagan cultures of the ancient world, for example Egyptians, the Asatru and the Shaman of mesoamerica all celebrated these important points in the cycle of life.

While many "modern" people look down on our ancient ancestors, which are often considered to be "primitive" or "heathen" as used as a derogatory word, their activities and festivals were considerably "purer" and well based in reality than the contemporary equivalents which have become a symbol of money and materialism as opposed to a symbol of Life Itself.

Spring, marked by the Solstice of March 21, is a very special joyous time of the year, bringing much hope, being the season of renewal, regeneration, and the birth of new physical life, thereby continuing an eternal cycle of birth, life and death - although in reality of course there is no "death". What people refer to as "death" is no more or less than the continuation of life but in a different form. All life, which is a projection of the Infinite,

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Source, The First Cause is Eternal, never ceasing to exist, only changing from one manifestation of Divine Energy to another in tune with the Eternal Universal Cycles of Life.

Our ancient ancestors of course knew this and included it in their celebrations.

Few people actually understand the true meaning of the Christian cross which they are led to believe symbolizes the "crucifixion" of Jesus at Golgotha.

The "cross" actually represents the cross of the four cardinal points of the Solar Cross of the Vernal Equinox. The cross has been used for thousands of years, long before Christianity to represent this. Indeed, where I live, there are numerous such crosses around the countryside that far pre-date Christianity.

Very often we see a cross with a circle around the centre. Again, the church has absolutely no idea what this really means. As with the seasons of the equinox, the church has taken the Solar Cross of the Vernal Equinox of the Pagans, and turned it into symbol of religious doctrine.

The circle actually represents the "Sun", the "Light of the World". This is why older examples of the cross, and even in some cases modern examples, on church roofs even have the rays of the Sun around the circle.

This is why Jesus the "Son of God" or more correctly "Sun of God", is often referred to as "the Light of the World", because of course the Sun is in fact The Light of the World.

"Then spake Jesus again unto them, saying, I am the light of the world: he that followeth me shall not walk in darkness" -- John 8:12

The word "Sun" became "Son" - of God - the true meaning being lost to most. In fact we are all "Suns" of God - the Great Central Sun of which we are all Divine Rays.

In winter, the "Sun dies on the Cross", symbolised by the cross of the Vernal Equinox, and then on December 21, the winter solstice, and is later "resurrected" as the new cycle of life begins. It is ironic in some ways that Church roof displays such a powerful

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symbol and icon of the cycles of life and the pagan practices, which they subsumed with religious festivals, without ever understanding its true significance and meaning.

Of course the entire Christian mythology is based around these ancient but well founded practices, including the birth, death and resurrection of the person known as Jesus, who likely lived around 300 years before his official birth date which represents "the birth of the Sun" at the winter solstice of the Vernal Equinox.

This is because the Romans, notable Emperor Constantine, contrived the basis of the Christian religion around their Pagan God Mithras, that the "new God" would be more readily accepted by the populous, but who in fact was the Sun God, or "Son" God.

Of course Mithras was the latest in a long line of such Gods, all of which followed precisely the same birth, life, resurrection and death processes, all symbolising the cycles of Life, ultimately starting with the Egyptian God Horus who:

Was born on December 25 to a "virgin mother"
The birth was accompanied by a "Star in the East"
The birth was accompanied by "three kings"
Horus Was baptized at 30
Horus Had 12 disciples
Horus went about and performed many miracles Horus was known as "The Lamb" and "The Light"
Horus was crucified
Was buried for 3 days
Until finally Horus was resurrected.

Like Mithras, Horus was also a Sun god or "Son God".

The "Three Kings" are the three stars in the belt of Orion, which were always known as the "Three Kings" thousands of years ago. On December 25, the Three Kings trace a line directly to Earth from the bright "Star in the East" which in fact is Sirius.

This process repeated itself 16 times to Mithras, finally ending in Jesus who was the 17th God-man who mythically was born, lived, died and resurrected in this almost identical way.

I would like to point out before I continue that Jesus, Yeshua,

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absolutely did exist as did his powerful teachings, and he did, in a way, come to "save" humanity, in readiness for the end of the Age" we are now approaching.

This is what he said:

"Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world."
-- Matthew 28:20

Except for the fact that the original word in Ancient Greek was "Aeon", which actually means "Age", so Jesus really said:

"I am with you always, even unto the end of the Age" - the Age the end of which he came here to prepare humanity for.

We must not confuse the real Jesus and his teachings with mythology inspired by religious ambitions.

Eternal cycles of life or "Ages" take place, so too does evolution, as we, and all life, evolve from one form of Energy and projection of the Infinite, to a "higher", "finer" form of Energy at a higher Vibration, each with our own unique Energy signature representing who we Are.

Each successive cycle of life, or "incarnation" brings a new personality of our Higher Self, only individuality, who we really "are" being Eternal.

As children of God, Source Energy, we never, ever lose sight of who we "are", always fully aware of our individuality, regardless of the personality that chooses to incarnate on Earth until such time as the cycle of reincarnation is complete, upon which we progress onwards and inwards as the total personality of our Higher Self.

It is through these eternal cycles, at a physical level commencing with each incarnation in the physical Universe, that the process of perfection takes place, each stage of perfection resulting in a higher vibration and step towards Source Energy, God during the process of evolution and ultimate perfection - the fundamental meaning of Life.

Of course not every step is forwards.

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When a Spirit, an aspect of a Higher Self incarnates into matter, this process is and of itself involution, the opposite of evolution, because the Life-Force has taken on a much lower vibration. Involution however is potentially the starting point for Evolution.

Even within the Earth plane of Energy, for the last couple of thousand years at least, involution has been taking place as humanity has progressively succumbed to religious doctrines, materialism and the demands of the Ego, resulting in humanity generally moving further and further from Source Energy, God, resulting in lower and lower vibration until we see the vibration of humanity as it is today, at probably its lowest ebb.

However, as with the seasons, this too is only a cycle, a cycle that is very rapidly coming to an end, just as Winter gives way to Spring and a new beginning and re-generation of life.

Very often life is at its lowest ebb shortly before the dawn of the new cycle of eternal life, and this is precisely where humanity is today. As the saying goes - "it is always darkest before the dawn".

Life on Earth is nearing the end of a great 25,800 year cycle, or "Age", and preparing to enter the next cycle or Age, symbolically represented by the date 21 December 2012, as measured by the Mayan culture. Previous Ages have resulted in a new evolution of human being, such as Neanderthal to Cro Magnon and Homo Sapien. This next evolution, at the transition of the Ages, has the potential to take human beings from Homo Sapien to Homo Spiritus, or as the Hopi and other Native and Mesoamerican cultures say "Homo Luminous".

Just as March 21 marked the transition from one season, or "age" to another season or "age" of birth, renewal and hope, then on a larger scale humanity is preparing to leave the winter it now lives within, in order to enter the Spring of a new Era or Age, potentially a golden Age facilitating being "born again" into a season of new life, regeneration and joy as a new evolution of human being.

There is no room for complacency however. As we leave the Winter of humanity and enter a new Spring, as always humanity will create its own reality. The opportunity exists to allow the old to fall away, and like the mythological Phoenix, which is also a metaphor for

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this process, humanity can rise from the ashes of indoctrination, materialism and Ego-centricity, in to a new Age of Love, Light, Service to others before Service to Self, Spirituality and above all Evolution, leaving the dark winter of involution behind forever.

Just as the coming of Spring is a golden season or Age of regeneration, and birth into a new Cycle of Eternal Life, so to is the coming of the new Age of humanity that is now progressing and will continue to so so until the process is complete, just as Winter always inexorably gives way to Spring and new manifestations of Life.

Just as we embrace Spring and celebrate the new cycle of Life, we must embrace this new cycle, or Age that will soon be upon us.

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30 March 2008

The Eternal Moment of Now

Welcome to your newsletter.

I do hope you have enjoyed a wonderful week and that your Spring has got off to the best possible starts, and that you are placing the winter weather behind you if you live in the northern hemisphere.

Now is the time to be out in the countryside absorbing the ambience of a new cycle of life, knowing that it could also represent a new cycle in your own life - a cycle of abundance, health and joy. As always the choice is yours - anything at all is possible through the Power of Mind.

Before I published Our Ultimate Reality as a paperback book, I received countless requests - often half a dozen or more every day, asking to make the book available as a hard copy paperback.

For the benefit of the thousands of new members joining us this week, all of whom I welcome, here are the full details for the paperback version of the book:

<http://www.ourultimatereality.com/our-ultimate-reality-the-book.html>

I would like to take this opportunity for thanking everyone who has purchased the paperback so far and for making it a bestselling Metaphysics and Spiritual Growth book on Amazon where it reaches #1 in one of these categories from time to time.

After publishing the paperback I withdrew the eBook. Paradoxically however, ever since then I have been receiving numerous requests from people wishing to purchase an eBook version rather than the paperback.

Of course I am only too happy to make my book available in any format people desire, although it has not been my long-term intention to produce another eBook version at this stage.

As I have mentioned before, I receive countless messages from people who wish to improve their lives, either because they have reached a particular low point in their cycle of this Earth life,

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or because they feel they can do much better for themselves and family.

Often these people have been following the usual processes of visualisation, affirmations etc. but to no avail.

The truth is, although these approaches are fine as far as they go, they are still, in and of themselves not enough.

Science of Being discusses all of the factors for success, in particular realising Universal Life Energy, as indeed does my own book, Our Ultimate Reality which you can obtain for a short time in eBook format through your newsletter subscriber opportunity this week, or the paperback version, links to both of which are above.

Another very major reason however, and the one we will discuss this week, is living for past events or an imaginary future rather than for The Eternal Moment of Now.

What humans know as and call "time" does not exist - it is an illusion measured by mechanical and electronic devices known as "clocks", synchronised to the movement of the planets, moon and Sun, which only serves to perpetuate this illusion.

In the Astral worlds, the "afterlife", where most people go after the change known as "death", the countless residents there have absolutely no concept of "time" whatsoever, and have no means of measuring it even if they wanted to.

We know "time" is an illusion from our own experiences. If we are engrossed in doing something that makes us joyful, "time" seems to "fly" and the time to end that experience arrives all too soon. If on the other hand you are doing something as a chore, or that you do not like doing, and it seems an effort, then "time" seems to "drag on" forever.

In reality of course the "time" measured by the clock is the same, in both cases - only the experience of "time" has changed.

As Albert Einstein said:

"Put your hand on a hot stove for a minute, and it seems like an hour. Sit with a pretty girl for an hour, and it seems like a minute. That's relativity."

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During the Transition of the Ages that we are currently experiencing, the effects of which will exponentially accelerate over the next few years, one very possible outcome is that the twin illusions of "space" and "time" will be stripped away, leaving us permanently experiencing the present moment of Now.

Many people who have written to me have even now commented that "time" seems to be "speeding up", and that days now seem more like 16 hours rather than 24 hours. This is actually very true, and, as mentioned before, this experience may accelerate exponentially until what are called "days" no longer exist, and the only experience is Now just as it is and always has been beyond Earth within the inner spheres of life including the Astral, afterlife.

While many people might feel concerned by this, such a reaction would in fact be nothing more than a fear of the unknown.

In fact, if everyone learned to live there lives today in, The Eternal Moment of Now, their lives would be infinitely happier and more abundant as well as perfectly healthy.

So many people today live their lives either carrying the baggage of yesterday, including their whole "life" to date, or fear and apprehension of tomorrow.

Again - there is only one point of existence and thought - Now.

Now is where we create our reality, and Now is where we experience that reality - not yesterday, not tomorrow, not next year, but Now.

Many of the greatest teachers taught this truth in different ways.

The Master known as Jesus said:

"And which of you with taking thought can add to his stature one cubit?" -- Luke 12:25

And:

"Which of you by taking thought can add one cubit unto his stature?" -- Matthew 6:27

What did Jesus mean by this exactly?

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Well he certainly did not mean that it is wrong to think. Clearly thinking is an integral aspect of living.

What Jesus really meant then was this:

Focusing your Mind on anything other than the present moment will not add anything to your life and reality.

Lao Tzu stated this truth thus:

"In the practice of the Way every day something is dropped. Less and less do you need to force things until you finally arrive at non-action. When nothing is done nothing is left undone".

Another Taoist philosopher, Huai Nan Tzu said:

"He who conforms to the course of the Tao, following the natural processes of Heaven and Earth, finds it easy to manage the whole world".

In Buddhism, the Third Noble Truth teaches:

"Suffering can be overcome and happiness attained. If all useless craving and desires are set aside, and each day is lived one at a time not dwelling on the past or an imagined future, then you will be set free and attain happiness and contentment providing at the same for more time to help others".

This is a condition known as "Nirvana".

In the Hindu culture of the Upanishads, Brihadaranyaka Upanishad stated: "There is fear from the second".

The "second" that Brihadaranyaka Upanishad refers to is duality, including "time".

This is what The Baron Eugene Fersen says about this:

"You live only once, and that once is NOW. All your energies, all your qualities, all your faculties, are centred upon the present moment. It is the vital point, the single hot and living tip through which you can burn your whole life record of constructive activity into the stubborn fabric of Mankind. The Past is gone, you

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cannot alter it; the Future is to come, you cannot touch it. But the Present is HERE, and you can score strong and deep in it.

Except in mortal existence there is no Past and Future. Divisions of Time vanish outside of limited and divided Minds. Eternity knows no such division; it includes both Past and Future and is itself simply an eternal and ever present NOW. But the human Mind, inside the self-erected mental walls which made it human, cannot comprehend Eternity and has enslaved itself to the very limitations which it fashioned. It possesses only the moment to tie to its lost heritage, and only through the proper appreciation and use of that moment can it win back something of what it has lost".

So the message that has been taught by the greatest and wisest teachers over thousands of years is clear - those who live their lives in accordance with the illusion of time, focusing their thoughts on a non-existent past, or fearful of an imaginary future will be miserable.

We can also demonstrate these truths with The Law of Attraction. In using The Law of Attraction it is crucial to harmonise with the object of our wishes by Knowing and Believing, beyond doubt and with perfect Faith, that we already have it Now.

If you think, act or feel that you "will" have it or "want" it, you immediately place yourself into a situation where you will be perpetually "willing" or "wanting" but never actually receiving.

I realise of course that while we are focused in this vibration that we call the physical Universe, or Earth, we are bound by temporal factors.

I also realise that most people have been programmed from an early age to live by the "clock" and to "watch the time". If only everyone knew what misery this inevitably brings.

One of the very biggest causes of this reliance on time is this thing people call a "job", where everyone is under pressure to get to work on "time" for fear of the consequences.

No one actually needs a "job" and therefore the "time", another human construct, and the constraints it places on people, but that is another newsletter. Suffice it to say that we can have anything

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we desire from the infinite Source of supply that Is Divine Providence, Source, God using the power of Mind.

So what must be done?

The answer is simple yet profound. It is absolutely crucial, beyond words to focus only in the present moment of Now, and to remove from your thought processes any notion of this human construct known as "time".

Focus all your thoughts on the present moment, not one second, minute, day, week, month in the transient past or imaginary future.

If you wear a watch remove it - otherwise it will serve as a symbol of your reliance on "time". Likewise, remove as many clocks from your home as possible, and avoid looking at the ones you cannot remove.

If you must be controlled by the illusion of time for "work" or to keep an appointment, see "time" for what it really is - a meaningless human construct, and take the attitude that you are simply humouring those who are still controlled by "time".

Make a habit of knowing, beyond all doubt, that you can have anything in the present moment of Now, and focus all your thoughts on your wishes, knowing you have them Now with perfect Faith.

Finally I will conclude with this appropriate verse from the Sanskrit, the classic language of the culture of India:

***Look To This Day
For it is Life, the very Life of Life.
In Its brief course lie all the Verities and
Realities of your existence;
The Bliss of Growth;
The Glory of Action;
The Splendor of Beauty;
For Yesterday is but a Dream,
And tomorrow is only a Vision:
But Today well lived makes every
Yesterday a Dream of Happiness, and
Every Tomorrow a Vision of Hope.
Look well, therefore, to This Day!***

~ Kalidasa

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6 April 2008

The Parable of Growth

Welcome to your newsletter. I do hope you have enjoyed a wonderful week.

I would first like to thank everyone for the wonderful response to Our Ultimate Reality second edition eBook.

I would also like to warmly welcome the hundreds of new members joining us since the last newsletter.

Truly you are blessed by the Universe and make a big difference to your own evolution through everyone you help on the Divine path - this is a major Universal Principle followed by all Beings, the Inner always helping the Outer on the Path to Perfection, just as the exalted Beings, including evolved Human Beings continually help those still on Earth.

You have been blessed with access to inner knowledge - please now consider sharing with others and thereby help yourself as well.

For the benefit of new members, this is the page for information on the paperback version of Our Ultimate Reality:

<http://www.ourultimatereality.com/our-ultimate-reality-the-book.html>

These simply measure will help me to help me to serve you better within the time I have in view of the number of messages received.

Some messages may be erroneously filtered by my advanced spam filtering system for which I apologise.

Up to 10,000 spam messages per day, sometimes even more, are sent to my email addresses, so you will appreciate that I need to make maximum use of technology to make sorting messages as efficient as possible, and inevitably genuine messages are filtered as well.

Thank you very much indeed for your understanding and cooperation, which I am sure you understand is for the benefit of everyone.

This week we will continue our very popular series on decoding the

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inner meaning of the Bible, and in particular the Gospels which contain the teachings of the individual known as "Jesus".

"Another parable put he forth unto them, saying, The kingdom of heaven is like to a grain of Mustard seed, which a man took, and Which indeed is the least of all seeds: but when it is grown, it is the greatest among herbs, and becometh a tree, so that the birds of the air come and lodge in the branches thereof".

-- Matthew 13:31-32.

So what does he mean by this?

To begin to answer this question we can also look to the famous axiom from the Emerald Tablet of Hermes Trismegistus several thousand years before:

"True without falsehood, certain most certain What is above is like what is below, and what is below is like that which is above. To make the miracle of the one thing. And as all things were made from the contemplation of The One, so all things were born again from one adaptation". -- From the Emerald Tablet of Hermes Trismegistus.

Even this verse that begins the entire passage contains several layers of meaning, but for now we will look at the meaning relative to this discussion.

It would first be of benefit to look at a more recent statement of these truths:

"The great principle or beginning, Heaven is infused into the Man the Microcosm who reflects the star-like nature and thus as the smallest part and end of the work of creation contains the whole"

-- Carl G. Jung

As an aside, every single human being has a "Star" nature. If you stand upright and then extend your arms horizontal to your body, and place your feet as far apart as possible, you will always fit exactly into a 5 point Star. This is always true no matter what your individual build.

So what is the Master teaching in this parable?

He is teaching that that everything in creation originates as a

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"seed" beginning with Source, The First Cause, God, and when it sprouts it begins to grow from something very tiny, as a Mustard seed is, before branching out in all directions into a mighty tree, soon growing so large that birds can shelter in its branches.

But even after thus growing, the tree always reflects its origins - the original seed.

It should be pointed out that the "Mustard seed" referred to here is not the seed often associated with "cress" for example, which is a small annual plant used as spice, but likely a bush or tree with Latin name "Salvadora Persica" which was common in Palestine in the times of Jesus, the seed of which was tiny but were ground at the time to produce a pungent substance known as "mustard". This is likely where "modern mustard" derived its name.

The seed is a "package" of latent life and intelligence which can sprout and eventually come to fruition.

Of course, because everything in creation is a perfect reflection of its origins, so does this metaphor have a further meaning that is worth mentioning at this stage, and one often mentioned by Jesus for example when he said "If you have Faith as a grain of mustard seed".

Here he is referring to the seed of a Thought Form planted in the Subconscious Mind which nourished with Faith, will sprout and grow as a Thought Form, through the inner levels of vibration commencing with the Causal Spheres of the Mental Plane, until it manifests as the fruit of the thought upon the plane of vibration from where the thought originated - always as a perfect reflection of the originating seed Thought Form.

Going back to the context of this parable, another very appropriate metaphor is the Hologram where every aspect of a hologram contains the whole. This also applies to everything in creation in that every atom of our body also contains all of Creation at a Quantum level.

So whatever applies to the Mustard seed as it grows into a tree, also applies to the Universe or more specifically Universes.

Quantum mechanics now recognises the existence of an infinite

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number of parallel Universes and potential parallel Universes with infinite Quantum Potential. Each potential Universe branches out into a "child" Universe every time a sentient Being creates a Thought Form through the process of thinking and Mind, this process also occurring with "grandchild" Universes and so on ad-infinity.

This also helps to explain why everything in the Universe takes place in the Eternal Moment of Now.

Each individual Universe remains stable in the Eternal Now - what changes Being the present Universe of the originator of the Thought Form experiencing a new "copy" of the Universe but which still includes the Whole which originated from the original seed.

In this way we can potentially have an infinite number of "parallel Universes" in which we concurrently reside, all with slightly different circumstances. But of course we are always focused in the current Universe until such moment as an alternative Universe "branches off" as with the Mustard tree starting from its seed.

So, starting with the original seed Thought Form, we can now see how it grows, constantly creating new branches until it becomes a tree with many branches.

This also applies to Source, the First Cause, God or "The Kingdom of Heaven" which, as Jesus said is "like a Mustard seed".

It helps to keep in Mind that everything in the Universe in all spheres of Life and Reality takes place in the Eternal Moment of Now.

If you were to think in terms of linear time, and things "happening" sequentially, for example you have a thought then something later arises from that thought, then this would be a false or at least erroneous view of the true workings of the Universe.

You will then come to understand that in reality what happens is that when your Mind creates another Thought Form, another copy of the Universe is instantly, in the same moment in the Eternal Now created to accommodate that current Thought Form where it can be experienced, your conscious awareness always following the "current train of Thought" - again in the Eternal Moment of Now.

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As there is only the Eternal Moment of Now, there can only be one concurrent Thought Form, subsequent Thought Forms creating a new version of your Universe in the Eternal Moment of Now.

To illustrate this let us take the example of "manifesting a car parking space" with the Law of Attraction.

When we use the Law of Attraction to manifest that car parking space, it does not mean that the Universe has reached down and plucked out the car that was already occupying that place.

In reality there are an infinite number of versions of your Universe, some of which have that parking space occupied, and some of which do not, so when you create that particular Thought Form the Law of Attraction sees to it that a version of the Universe is selected that includes the vacant parking space.

Likewise you will have Universes where you are "rich" and "poor" and everything in between - all you need to do by creating a Thought Form is to shift your consciousness into your "rich Universe". The same goes for illness and health and so on.

I hope this has explains in understandable terms the true meaning of what is actually a extremely deep parable by the Master.

In case you are wondering why this parable, like the others is so deep, and why the theology of the church teaches something so completely different, refer again to the words of Jesus:

And the disciples came, and said unto him, Why speakest thou unto them in parables? He answered and said unto them, Because it is given unto you to know the mysteries of the kingdom of heaven, but to them it is not given. For whosoever hath, to him shall be given, and he shall have more abundance: but whosoever hath not, from him shall be taken away even that he hath. Therefore speak I to them in parables: because they seeing see not; and hearing they hear not, neither do they understand. And in them is fulfilled the prophecy of Esaias, which saith, By hearing ye shall hear, and shall not understand; and seeing ye shall see, and shall not perceive, For this people's heart is waxed gross, and their ears are dull of hearing, and their eyes they have closed; lest at any time they should see with their eyes and hear with their ears, and should understand with their heart, and should be converted, and I should

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heal them". But blessed are your eyes, for they see: and your ears, for they hear. For verily I say unto you, That many prophets and righteous men have desired to see those things which ye see, and have not seen them; and to hear those things which ye hear, and have not heard them. Hear ye therefore the parable of the sower.

--Matthew 13:10-18

By truly understanding these parables "ye shall hear" - your ears will no longer be "dull of hearing", "ye shall see" and you will no longer have a "heavy heart" that is "waxed gross".

When you know, beyond all doubt that you are an aspect of God and The Kingdom of Heaven, the more you can realise God, Source within, the more all heaviness will be lifted from you and will rejoice.

Keep in Mind that nothing ever happens by "chance" and we are all where we should be in this perfect Universe.

So by virtue of the fact you are here "It is given unto you to know the mysteries of the kingdom of heaven....." and for this we are all grateful.

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13 April 2008

The Truth about "money"

Welcome to your newsletter - I do hope you have enjoyed a wonderful week.

Once again I would like to welcome all new subscribers to this newsletter. Many hundreds of you have joined us since last week.

I would also like to thank most deeply all members who have informed people you truly care for about this newsletter, and who have since joined us.

There are few greater acts of love and caring, and which will help you profoundly on your own path as we experience the transition, than helping another human being and aspect of God on their own path, just as the evolved Beings of the inner spheres of Life and Reality are always helping humans on Earth.

Selflessly helping others on their path is a very powerful Energy which will flow through and bless you on your own path of return to the Divine in Perfection.

I would also like to thank everyone for the most kind words about Our Ultimate Reality. I am truly grateful that it is changing the lives of so many people.

This week, in honour of the wisdom of The Baron Eugene Fersen, we will discuss a subject that seems to be a central focus of many people today - money.

In previous newsletters I have always stated that money is both ephemeral and, at the final analysis, is nothing more or less than Energy that flows into our awareness and experiential reality and out of our awareness and experiential reality, and the extent to which we experience money is the extent to which we allow for, make use of or deny that flow of "money" Energy.

The Baron Eugene Fersen says this about money in the opening paragraphs of Chapter 16 in Science of Being in Twenty Seven Lessons:

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"THE reason why most people find it so difficult to make Money is because they do not know what Money really is. They perceive it as an Effect only, something outside themselves which holds the equivalent of any specific wealth or advantage they may desire. In its terms are condensed the differing values of all things; therefore the obvious way to obtain possession of any particular thing is to acquire first the sum of Money which represents its value. But while the relation between Money and what it will do is very clear to everyone, that is after all a very superficial aspect of something deeply beyond Money itself--of Power.

Money is actually coined Power, a materialized Force. It is the expression in substance of a strength which has its origin in the individual. To spend Money means to trade the crystallized efforts of human beings for an object worth that amount of work. To earn Money means to exert through your own inner qualities a measure of power which commands a corresponding recognition in the material World. To fail to accumulate Money is to allow those qualities to lie idle and unused except to the extent of bare necessity.

The individual, therefore, is like a mill across a river The stream of Universal Life Force is the Source of its own energy and activity, the motivating power which makes him function. In proportion as he scoops that driving Energy from the passing current, transmits it along the various rods and pistons of his nervous mechanism, and stamps it finally through his distinctive qualities into the raw stuff of the Material or Mental Worlds, he will contribute to the Pool of all Wealth an added quota whose value must be returned to him in the impersonal form of Money. Yet unless he does really make such a contribution first, no amount of ulterior scheming or activity will avail to bring him the cash reward he covets.

This is why the majority of those who make the acquisition of Money the main object of their lives usually fall far short of their aim, while others to whom Money is of only secondary importance beside some other dominant interest often reap its richest rewards with no apparent effort in that direction at all. The former see only Money, and are blind to the Mint within themselves by whose operation they can obtain it; the latter are exclusively concerned with operating their Mint without any perception of what it produces. Neither have quite enough vision to link the Cause with the Effect and discern the infallible Natural Law which through

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their business of living is transacted.

That Law, which governs all the exchanges whose sum makes up the existence of the individual, is variously known as the Law of Exchange, the Law of Supply and Demand, or the Law of Compensation. It determines that whatever an individual gives to the World of constructive personal effort, no matter in what department of life, the World must return its value to him in the aspect of that wholly impersonal Power called Money. In other words, the individual stands midway between the vast Undifferentiated Tide of Universal Life Energy and Its Manifestations as Material Wealth. He is the channel through which It passes from one condition into the other, and in the ratio that he contacts It and thrusts It into expression through his activities, Its equivalent in cash is returned to him."

-- The Baron Eugene Fersen - [Science of Being in Twenty Seven Lessons](#) - Beginning - Chapter 16.

The Baron Eugene Fersen goes on to discuss the subject of money with his usual considerable depth and clarity of understanding for which he has a great gift.

But let us take a closer look at some aspects of his teaching on this subject of money in relation to what I have previously written.

He first makes the very important point that most people fail to attract - note that I say "attract and not "made" is that they totally fail to comprehend what "money" really is.

As I mentioned before - money is "Energy", or "Power" as The Baron Eugene Fersen refers to it, Energy is Power, and as Energy can neither be created, i.e. "made" or destroyed, then it follows that "money" can never be "made" or destroyed. Money rather, as with all Energy, flows around and through us, and again, we can either allow or deny it.

We must therefore place ourselves within this flow of Energy and open the gates of this stream as wide as possible until it becomes a great rushing river.

This is what the numerous millionaires and billionaires all do, mostly without even realising it.

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These wealthy people make vast money and they also spend and often give away vast sums of money, so that the flow of "money" Energy in their lives is always a raging torrent.

On the other hand - those who are afraid of spending money or worse live in fear of a lack of money, will always constrict their own flow of "money" Energy, so the original stream becomes a mere trickle, or might almost dry up altogether in some cases.

The last few lines quoted above demonstrate this fact superbly:

"In other words, the individual stands midway between the vast Undifferentiated Tide of Universal Life Energy and Its Manifestations as Material Wealth. He is the channel through which It passes from one condition into the other, and in the ratio that he contacts It and thrusts It into expression through his activities, Its equivalent in cash is returned to him".

So again - money is Energy and Energy is influenced by Mind.

If you are not enjoying a flow of money into your life it is for one reason and one reason only - you are blocking it with your thoughts, feelings and emotions - every time.

The good news is that you can easily change your Mind and thereby change the flow of your stream of "money" Energy - this is how people in poverty can sometimes become very wealthy very quickly - and there are numerous examples of this.

Conversely - there are those who win millions in the "lottery", but many if not most of whom find themselves back to where they were or even worse just a couple of years later - sometimes even poverty.

This is because they do not have a wide flow of "money" Energy. They received the money, but the flow of Energy that enables them to keep it is mostly dammed, allowing only a trickle over the dam wall.

So very soon their reservoir of money dries up, because the flow that sustains it is no longer there - or at least is reduced to a tiny trickle.

So you see there is no getting away from the truth that Mind is

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Principle, money is Energy, and therefore Mind is the Principle that controls the flow of money through our physical experiential reality.

Science of Being in Twenty Seven Lessons Chapter 16 goes on to discuss these important truths in great detail, as well as how to attract money by opening that flow of "money Energy" in your life.

Science Of Being In Twenty Seven Lessons is the first, best and authentic Law of Attraction book

The Our Ultimate Reality Newsletters

20 April 2008
Universal Life Energy

Welcome to your newsletter. I do hope you have enjoyed a wonderful week.

If you reside in the northern hemisphere I also hope that you are, by now, enjoying beautiful spring weather, and appreciating the immense and infinite Energy of renewal and re-birth, and the new manifestations of Universal life that radiates upon us at this "time" of what humans refer to as a "year".

As the human race progresses through the Transition of the Ages, "time" will progressively cease to exist until only awareness of Now remains in all Its Eternal Glory.

At this moment labels such as "Spring", "Summer" and "Autumn" or "Fall" will no longer seem appropriate as we experience the glories of Source in the Eternal Moment of Now, and we will feel joyful and grateful to be Eternal expressions of that one Source Energy, Divine Providence, Universal Mind, often known simply as God.

For our main subject this week we will discuss Universal Life Energy in more depth, and in particular the teachings of The Baron Eugene Fersen on this most important subject.

I would first however like to welcome the numerous new members joining us since last week - you are all very welcome.

I do hope that you will find this newsletter, together with my book and website a sanctuary of Light and Truth as we progress towards the great transition that all humanity and life on Earth is experiencing and will increasingly experience.

Remember - and you can be absolutely certain about this - ultimately there will be only two types of human - those who are ready and those who are not. The fact you are here Now means that you have that potential to be ready and the opportunity to make the most of it.

For your benefit as new members, here are the full details to my book, Our Ultimate Reality, Life, the Universe and Destiny of Mankind:

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<http://www.ourultimatereality.com/our-ultimate-reality-the-book.html>

Thank you also once again to everyone who has shared this newsletter with those you care about, and who are now welcomed here as a result.

Please keep in Mind that as others share crucial knowledge with you on the Divine path that we all share, as you share with others so will you be blessed on your own path.

This week, it is fitting that we take a closer look at a subject rightly held as crucial by The Baron Eugene Fersen - the very "force" or "power" that flows through each of us and all creation, thereby maintaining all in existence - Universal Life Energy.

Here is what The Baron Eugene Fersen says at the beginning of Lesson Two of Science of Being in Twenty Seven Lessons that further expands upon this most important subject:

"IN LESSON ONE was explained the existence and the qualities of that Supreme Power, the First Manifestation known to us of the Great Principle, the Causeless Cause Itself, which is called Universal Life Energy. Now further details in that direction will be given.

As previously stated, Universal Life Energy is everywhere. Its supply is inexhaustible. Outside of you it is in a condition as Dynamic Life Energy. Within you, in your Life Centre, it is in a static or condensed condition.

Your problem is to make the connection between these two aspects of the same Power through certain Exercises which will be given to you in this lesson. You are to open your body to the inflow of the Universal Life Energy outside of it. The life force within, from its centre in your body, then acts as a magnet and attracts the Force from without. Your Life Centre within, stimulated by the current of Universal Life Energy from without, takes in that Force, transforms it into the life current of the body and sends this changed condition to the Solar Plexus, its reservoir or storehouse. From there it is conveyed by the nerves throughout the whole system". -- The Baron Eugene Fersen

Profound words and truth indeed.

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Before we look at these words in more depth, let us take a look at where humanity is today and why.

It is widely recognised throughout all of the wise cultures of the World - both current and "past" relative to the Earth concept of "time", that Humanity has, from its beginnings probably five million years ago or so, been continuously subjected to the effects of immutable Universal Cycles of all magnitudes. We experience cycles that are too small to even perceive, cycles that are evident in our lives and awareness, and great cycles the end of which we are experiencing Now. Of course there are even greater cycles exerting their influence over the Universe at all levels that most may never become aware of.

The Baron Eugene Fersen states that we are now entering the Sixth Cycle of the Human Being.

Other great cycles have seen the evolution of the pre-cursors of "modern Human" from what humans regard as "primitive" - although there is no such thing as "primitive" in reality - this is a human concept - through to the current Homo Sapien after evolving through several other "versions" of Humans including more recently Neanderthal man and Cro Magnon man - our immediate ancestors.

Humanity is now evolving once again to the next iteration of evolution - Homo Spiritus, also known as Homo Luminous.

The wisdom of the classic Hindu culture measured Ages in what they call the "Yugas".

The first of these Ages is the Satya Yuga - the Golden Age. In the Golden Age humans were a race living in complete harmony with our Source and therefore Universal Life Energy, and living was truly glorious in every respect.

However - as humanity progressed through the next Ages - the Treta Yuga - the Silver Age, the Dvapara Yuga - the Bronze Age, and finally the Kali Yuga where humanity is today - the Iron Age - humanity has completed its fall to an Ego driven existence based upon gross materialism, and with only the dimmest connections with Universal Life Energy.

Note: The use of metals in representing these Ages is symbolic, and

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are not related to the iron age, bronze age etc. of historians.
In short - the human race has finally reached the bottom of the pit.

The transition to the next age will see this cycle start over again,
as those ready will transition back to a Golden Age.

So what does this have to do with Universal Life Energy and Lesson
Two in Science of Being in Twenty Seven Lessons you may ask?

Well everything actually.

The reason The Baron Eugene Fersen teaches this in Lesson Two is
simple - it is a crucial prerequisite to further progress.

Each and every person who wishes to fully participate in this
transition must start by consciously establishing that vital
connection with Source. Everyone of course has a connection with
Source already, but in most people it is Subconscious and therefore
without awareness - the reason most must approach The Law of
Attraction through the Subconscious Mind instead of directly
through the Conscious Mind after consciously realised Source,
Universal Life Energy within.

The Baron Eugene Fersen goes further by not only teaching how to
realise Universal Life Energy within, but also from outside of the
physical body - here is what he says:

"As Universal Life Energy is limitless and all powerful, the more it flows into the body the stronger the individual becomes. The object of these Exercises described hereafter is to establish a permanent contact and thus secure a continual flow of Universal Life Energy into the Life Centre of your body, from where it will be distributed by a way of the Solar Plexus in a constant and increasing radiation of life throughout the whole body".

This is crucially important to achieving and maintaining a healthy,
youthful, radiant body.

Science of Being in Twenty Seven Lessons goes on to commence the
first in a series of absolutely fundamental, powerful and valuable
exercises to achieve this.

Those who are fully adept at this process, as well as realising

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Universal Life Energy within would even, after attaining a sufficient level of ability, even have no physical need for "food".

What we know as "food" is really a very crude way of providing the physical body with Energy - the digestive process converting a very small proportion of the organic material consumed into usable Energy, the remainder being wasted by the individual.

The destiny of corporeal humans with an organic body is to become full self-sustaining through Universal Life Energy - the purest and most direct form of Energy there Is. Beyond the physical Universe, all life is sustained exclusively in this way.

We are already seeing the beginnings of this realisation, as increasingly more people switch from the gross - in density terms - toxic and difficult to assimilate animal and dairy based products to natural, harvestable, easily assimilated whole foods.

This trend is a crucial aspect of the transition that those ready are experiencing, and will increasingly experience.

As we evolve we not only realise the oneness of all Life and therefore the sanctity of All Life regardless of the form that Life manifests, but also the truth of Energy in the context of the human body.

How can we be sure that Universal Life Energy can provide these powers and requirements?

Here is what The Baron Eugene Fersen observes in his wisdom:

"Investigations of the astonishing feats of strength and endurance among animals, birds and especially insects have brought to light some remarkable discoveries as to the source of their great energy. Nature itself, as a loving Mother, has provided her children with the necessary means to contact Universal Life Energy constantly and transmute it through their bodies into the startling activities which baffled scientists for many years. Animals, for instance, use the hair of their bodies as numberless wireless poles to contact this Power of the Universe. The birds use their feathers for that purpose, reptiles and fish their scales, insects their feelers and the little down growing on their bodies, plants the underside of their leaves, etc.

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If it were not for that continual contact with Universal Life Energy ants could not carry burdens so many times heavier than themselves with such ease and continuity of effort. Without that power continually flowing into their bodies and sustaining them throughout their many days of migration, birds could not cross the ocean, thousands of miles in one stretch, without food, without resting, without sleeping. Even the many layers of fat which migratory birds acquire through intensive feeding before they start on their long journey would not be sufficient to supply one small part of the energy which they spend on their way. If it were not for the continual inflow of Universal Life Energy into their bodies, through their feathers, during the very process of flying, they could never reach their destination."

I hope that everyone will understand what is being said here.

In terms of the wonders of nature as a whole, not the least of which are the animals that humans in their Ego and selfishness view as "inferior", human beings are nothing less than feeble, puny, weak creatures, which, without the benefit of "technology" and other instruments of survival would be at the mercy of creatures smaller than themselves.

An ant has many orders of magnitude more power than any human. Observe a line of ants carrying sections of leaves and other materials many times their own size and weight.

See a bird dive for food, such a fish that can be half its own weight or more and fly off with it in its beak.

Watch how a cat can jump many times its own height with ease, and land with perfection every single time.

Many will have heard of the biblical account of Samson and Delilah.

Samson's real name was "Shimshon", which in Hebrew means "of the Sun".

In this story, Delilah was bribed by the Philistines to find the secret of Samson's great strength.

Eventually, Samson revealed to Delilah that the secret of his strength was his hair, and that if she removed his hair he would

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lose his great strength. This she did and he did indeed lose his strength until later it grew back again.

The inner meaning of this story is to teach that the hair on the human body, as with animals, serves as conduits of Universal Life Energy to enter the body and provide strength.

It is therefore due, at least in part, according to The Baron Eugene Fersen, to the reason that animals are covered in hair where humans are not that the relative differences in strength can be attributed.

As an aside - this is also how The Crystal Necklace works as a conduit of Energy into the body.

Conversely - through Universal Life Energy all humans have the latent potential for the same abilities as the other creatures of nature.

Only two fundamental reasons currently prevent this:

1. A lack of conscious contact with, and use of, Universal Life Energy.
2. A total reliance on physical effort and technology and the ability to obtain material desires with money.

In concluding, I do hope that this newsletter has provided some insight into the crucial necessity to fully and consciously realise Universal Life Energy, and the powers, abilities and benefits It brings.

[Science Of Being In Twenty Seven Lessons is the first, best and authentic Law of Attraction book](#)

The Our Ultimate Reality Newsletters

27 April 2008
Money or "Things"?

Welcome to your newsletter - I do hope you have enjoyed a wonderful week. If you reside in the northern hemisphere I also hope that you are appreciating and feeling and experiencing the power and the Energy of a new cycle of Life that is evident all around us.

As usual I would like to welcome all new members to this newsletter - once again many hundreds of you have joined us since last week.

I do hope you will enjoy this and all future weekly newsletters and that you will gain benefit from them on your path to Source and Perfection.

Full details of the Our Ultimate Reality paperback book can be found here:

<http://www.ourultimatereality.com/our-ultimate-reality-the-book.html>

I would also like to thank everyone who has purchased the paperback so far and for all of your most kind feedback and comments which I really appreciate very much.

Finally I would like to thank everyone for the phenomenal response

In view of the publication of The Our Ultimate Reality Newsletters Volume 1 - 2005, I thought it would be appropriate this week to re-visit one of the subjects of the newsletters published back then and to thereby discuss it further.

Although all of the subjects remain totally relevant - indeed these are Eternal Truths, I have chosen the subject of "Attracting Money or Things", due to the fact that I constantly receive messages containing questions about this apparently highly vexed issue.

It seems that many people can still not quite get their Mind around the fact that Abundance, or at least true Abundance is not necessarily, if at all, related to this thing called "money."

One of the most frequent questions I receive in fact is "how to win the lottery".

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Whilst the lure of the lottery is understandable in some respects - the desire to become extremely "rich" for no more effort than purchasing a piece of paper from the local store, this really is hope beyond hope. The likelihood of winning the lottery is millions to one against.

In addition - those who do win the lottery rarely keep their money, and often finish up worse off than before their win. This is because they do not have an Abundance Mindset which allows them to keep their money. If they had an Abundance Mindset they would likely not be buying hope in the form of lottery tickets in the first place because they would already be experiencing Abundance through The Law of Attraction.

In terms of The Law of Attraction - the reason why winning the lottery is not practical for most people, is that millions of others are also hoping to win the lottery, buying a ticket being an act of intent to do so. So unless you have an extremely focused Mind, and deeply understand The Law of Attraction and know how to use it for maximum effect - overcoming the hopes of many millions of people - there is no real likelihood of being able to influence the outcome of a lottery draw.

"Money" is a purely human construct, a symbol, a method of exchange which in and of itself is totally and completely meaningless. To the Universe money is simply Energy in the form of bits of metal, paper and electronic bits and bytes of information stored on a network of computer systems with zero tangible value except for the Universal Energy of which it is composed together with all creation.

From a human perspective, "money" somehow represents "value". The question being what precisely is "value"? Value is a purely notional concept relative to each individual person depending on how an object with "value" is perceived. What is perceived as valuable to one person is a worthless trinket to the next - that is why car boot or trunk sales, or garage sales are so very popular. There are always people that place a value on other peoples junk.

Value can also fluctuate dramatically with such factors as the state of the "economy", the "rate of inflation", the "foreign exchange rates" and many other such human constructs, all of which are only of any relevance at a purely physical level and to those

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who subscribe to such concepts.

The irony is that most money itself although it might appear to be real is not even very tangible in the physical world where it is exchanged. Only a very small percentage of the money in the world actually exists in the form of physical coins and notes, the rest being in the form of electronic information held on computers, money that is simply moved around at the touch of a computer key and created or removed from the human system at will.

Most money in the world is simply "printed" by the "central banks" whenever they wish to, thereby adding to the "money reserve".

How much value can electronic money have that has been created from nothing, without any corresponding value really have?

The abilities of the central banks to control money supply, together with interest rates, has, not surprisingly resulted in many a financial collapse of stock markets and the economy bringing about recessions, as is happening now, and even depressions. The only winners are the central banks because it is they that control the money supply and interest rates that engineer these situations causing millions of people pay the price and suffer as a direct result.

The latest "sub-prime mortgage" fiasco, is a classic example - everyone loses except for the central banks who are paid vast sums in interest to support the ordinary banks and keep them afloat. Without wandering into the realms of conspiracies, it is certainly reasonable to ask if this situation had a deeper, covert motive behind it, as with the many past financial crises.

So even money is, for the most part notional, an illusion existing only to perpetuate the human concept of "value", doubling as an instrument of control by a few financially wealthy people who crave more wealth and power at all costs.

A main reason most people are so obsessed with money is because of the Energy surrounding money due to the focus of literally billions of people around the world, all perceiving money as a necessity. If everyone in the world were to cease focusing on money, then the Energy of money could not be sustained and the illusion of money would quite simply cease to exist as a concept along with the

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central banks, financial institutions, and rich and powerful, in physical terms, families that control them.

So what does this mean to humanity in real terms?

Well quite simply that the Laws of the Universe are immutable, and just because money exists and so many people are perpetuating the illusion of money by focusing on it, does not mean that Universal Laws cease to function. The Law of Attraction works with immutable perfection, always has worked with immutable perfection, and always will work with immutable perfection. So all you need to do is to cease to focus Energy on money and start to focus on and ask for whatever you truly desire, and in accordance with Universal Principles so shall you receive - always, every time, no exceptions.

Your ability to receive will depend largely on being in harmony with the vibration of that which you are receiving, rather than focusing on the illusion of money. Providing you focus on your wishes and experience them as if they are an absolute reality in your present moment of Now, then you will vibrate in harmony with the object of your wishes which already exists in the Universe of infinite abundance, and it can then manifest into your physical reality. All without the need for this thing called "money".

Wealth is therefore a state of Consciousness, a state of our inner being. Everyone without exception was inherently born with infinite Abundance, and all anyone should have to do is to focus on that Abundance, be in vibrational harmony with that Abundance and be an open channel of Abundance of Source Energy in order to realise and attract Abundance into experiential reality.

Money is not, never has been and never will be necessary for anything at all. To the Universe money is merely Energy manifested into a physical form just the same as anything else within the physical world. As Energy money flows in to our lives and out of our lives - all we need to do is to facilitate that flow by freely receiving, giving and spending. Anyone who is afraid to spend and allow money to flow will block the flow of money Energy and lack will result.

This is why you see people who seem to always be spending yet always seem to enjoy Abundance, while others who are afraid to

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spend experience increasing lack.

Ultimately however we should make direct use of The Law of Attraction to attract all our wishes, needs and desires from the Infinite Abundance of the Universe without thinking in terms of "money".

Know at all times that you are already infinitely wealthy and focus with joy on realising that wealth and utilising it for the purposes of evolution, expansion and growth, and thereby a state of Being in perfect harmony with the Universe and therefore Source Energy. Those who are in perfect harmony with Divine Providence will always manifest anything desired into physical reality, joyfully, naturally and effortlessly, and absolutely without the need for this human construct called "money".

Unlike money which is often perceived as limited, there is no limit to your own Abundance.

Money is intangible, unreal, an illusion, whereas abundance is your birthright being a Divine aspect of The Universe, The Source, God Who knows only infinite Abundance, evolution and growth. To be dependent on money is to be out of harmony with the Universe resulting in imbalance, discord and unhappiness. Those who throw off the shackles of money can live joyously, Abundantly and harmoniously, enjoying the infinite Abundance of the Universe, Source, Divine Providence.

My book, Our Ultimate Reality, includes several chapters about The Law of Attraction and how to truly make it work for you:

<http://www.ourultimatereality.com/our-ultimate-reality-the-book.html>

The Our Ultimate Reality Newsletters

4 May 2008

We are the Ones we are waiting for

Welcome to your newsletter.

I do hope you have enjoyed a wonderful week.

As usual I would like to welcome the many new members joining us since last week. You are all most welcome and I do hope you enjoy your weekly newsletter and find them to be of value on your path.

In fact is the "path" that we all share that we will be discussing as the main subject in this week's newsletter.

Many people have asked about both the real meaning behind 2012 and of life generally.

These are some of the more frequently asked questions for example:

Why must we come to Earth to suffer?

Why are we facing such potentially dramatic change during 2012?

What is our true purpose?

And there are many very similar such questions - all very understandable, especially as we look around and see what humanity has become, as well as all of the suffering, materialism and Ego driven power and control as is evident in the World today.

Before continuing I would like to mention that the main reason I was inspired to write Our Ultimate Reality is to answer these and many other questions, as well as to prepare the reader for the coming Transition of the Ages, just as many others have over the centuries including the person known as Jesus whose teachings came to be so misunderstood and many other writers - some well known and some less well known - at least until recently as in the case of The Baron Eugene Fersen for example.

You can see how my book addresses these crucial and pivotal events here:

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<http://www.ourultimatereality.com/our-ultimate-reality-the-book.html>

There are three main facts we should always know beyond doubt:

1. We are all expressions and therefore aspects of our Divine Creator, Source Energy, God, and as such share the same powers and Infinite, Eternal nature - accordingly no harm can ever come to us.
2. We are all creators of our own individual reality - there is truly nothing that we cannot be, do or have.
3. We are here for one fundamental reason - to learn and experience and thereby to evolve to "greater" things.

Taking these facts one by one.....

1. Most people today have all but lost contact with Our Source and therefore who we really Are. That contact with Source, God is never completely lost, even in the most materially minded people, or even in those regarded as "evil" in some way, but what connection exists is often subsumed deep within Subconsciousness and therefore is not present in conscious awareness.

Those with a conscious connection with God, in other words have realised God within, are powerful creators and controllers over their own reality and destiny, and know, beyond doubt their own immortal and eternal nature.

Many know this at an intellectual level but nevertheless are not yet "God-realised", and lack that same level of conscious connection with Source. These people however can still realise the power of Source through the Subconscious sphere of Mind using various methods, the best of which are detailed in my book - Our Ultimate Reality, Life, the Universe and Destiny of Mankind.

There is nothing at all intrinsically wrong with this. Realising power through Subconsciousness is very powerful, but at the same time the ultimate objective always must be to become fully "God-realised while still in a physical body - this is the highest state a human can reach and the one that should be the objective of everyone - indeed it is the fundamental reason humans chose to come to Earth.

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Most of the great cultures of the World including but not limited to the Buddhists, Taoists and Hindus teach that the source of all misery is due to a feeling or belief of separateness from our Source.

According to the Upanishads, part of Hinduism:

"You are at one with the Universe. He who says he is different from others, even by a hairs breadth, immediately becomes miserable. Happiness belongs to him who knows this oneness, who knows he is one with the Universe".

The Bhagavad Gita states the incorrect view of most people today in the following statement:

"All actions take place in time by the interweaving of the forces of nature, but the man lost in self-delusion thinks that he himself is the actor. But the man who knows the relation between the forces of Nature and actions, sees how some forces of Nature work upon other forces of nature and becomes not their slave".

Not much more need be said. Infinite Abundance, Happiness and Freedom belongs to those who can realise their true Divine nature and Being. The more self-realisation, the more power we enjoy.

2. We are all creators of our own experiential reality.

Many people today live their lives believing that a benevolent God "chose" their "station in Life" and now they must "make the most of it" before they "die" and are extinguished to oblivion.

They believe they were born into a particular family and under particular circumstances and "social status", all of which were "selected" by God according to some arbitrary means, or even what mood God was in, and that they must conform to the "human system" of education, "work", retirement and "death", and have no choice in the matter but to conform to this human constructed ideology. They often further believe that unless they do conform to these factors as well as the "will" of God, they will be punished - either in life or in "death".

It is not surprising then that there is so much misery in the World.

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The truth of course is infinitely more glorious.

Our Higher Self in fact chooses the precise circumstances for each individual incarnation on Earth in accordance with the specific experience required and lessons needed to be learned.

There is no "chance" involved in this process at all. Our Higher Self is our true self - our Individuality - our Total Self - while each incarnation, or Personality - which could be either gender - is a fragment of our Higher Self - a messenger sent to Earth to acquire a package of experience and wisdom to contribute towards our true, complete, Higher Self and journey along the Divine path to perfection.

Knowing this we should rejoice in our situation and make the most of it, thereby fulfilling our mission here for this incarnation.

The details of all other incarnations, which take place concurrently across all time-lines, are withheld for our own good. Should most people know of the circumstances of "previous lives" and "deaths" they would likely be far too traumatised to continue the present life.

Each incarnation must therefore be fully autonomous and thereby treated as a completely separate experience.

The key to happiness for each Earthly experience is to know our connection with Source, Divine Providence, God and to full realise and express this connection instead of relying on external, material "things".

Thus realised, life becomes joyful in the knowledge that, as an expression of Source, we can have or be anything for the asking without limitation. No longer do we rely on such human trappings as "work", and we become free, joyous creators of our own experiential reality while fulfilling our true purpose for this individual incarnation on this planet we call "Earth".

3. We are here for one fundamental reason - to learn and experience and thereby to evolve to "greater" things.

Earth today is characterised by rampant materialism and a strong urge to conform to, and comply with, a whole range of socio-economic

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pressures as well as those of family, friends and peers.

"Modern society" does not encourage people to express or think for themselves, but rather to conform to the expectations of others or become an outcast of society as well as from family, friends and peer groups.

The media today, largely controlled by those seeking to control all humanity on a global basis, seeks to paralyse thinking processes with trivia and subtly disguised propaganda, that they may be more easily manipulated and controlled. While much of humanity focuses on fast food and fast thrills, the controlling powers are focusing on global domination, knowing they have little time left to achieve their dark objectives.

In my book, Our Ultimate Reality, I have provided an extensive chapter entitled "The Human Paradox" which fully encapsulates this situation and leaves the reader in no doubts as to the stark reality of "modern society".

<http://www.ourultimatereality.com/our-ultimate-reality-the-book.html>

And this situation is reaching the bottom of the pit to the point where it cannot and will not be sustained or progress.

This is the very reason why the Universe with Divine Providence has lovingly provided for such lows of humanity by facilitating natural cycles which ensure that change and regeneration can take place - often from a new beginning as has happened so many times before in the history of Earth, sometimes resulting in a new evolution of human being.

Sometimes however these events are purgative as with the Great Flood, sinking of Atlantis, Lemuria and other great civilisations now being discovered 2000 feet beneath the sea, and many previous purgative events where humans in their current form were reduced to a very few.

These events are not however some sort of "Divine retribution" by an "angry God" sent to punish a "wicked" humanity - this is a huge misunderstanding as well as an affront to God. God would not "punish" anyone, because apart from the fact God does not "think" in human terms, we are God and accordingly why would God punish

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God's Self? It would be like hitting your own hand because it dropped something.

As always we all have freewill to make choices, and this is no more apparent than at these Transitions of Ages.

Plain and simple humanity can choose between evolution to the next glorious level - Homo Spiritus or as the Native American Hopi wisely say - Homo Luminous - or humanity can choose to continue their present course, like the Atlanteans previously for example, and experience a purgative event which must result in a new beginning and new opportunity to finally get it right next time.

There are many, many cultures that teach and have taught these truths, thereby showing humanity the way forward, including some enigmatic monuments such as the Cross at Hendaye, and Georgia Guide stone and more ancient monuments such as the Tortuguero Prophecy found on a Mayan Stella which although partly effaced, still provides the exact date of the transition:

**Tzuhtz-(a)j-oom u(y)-uxlajuun pik
(ta) Chan Ajaw ux(-te') Uniiw.
Uht-oom ?**

Y-em(al)?? Bolon Yookte' K'uh ta ?.

-- Found on Monument 6 of the Mayan site at Tortuguero.

Translation:

**"The Thirteenth 'Bak'tun" will be finished
(on) Four Ajaw, the Third of Uniiw (K'ank'in).
? will occur.
(It will be) the descent(??) of the Nine Support? God(s) to the ?."**

Found on Monument 6 of the Mayan site at Tortuguero.

The date given is 2012 - the first time this date has been specifically mentioned by the Classic Maya as the end of this current cycle. It is a matter of discussion who the nine Gods mentioned are, or what their purpose will be. The specific outcome of 2012 was originally included but cannot be read due to the glyphs being effaced over time.

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The Hopi have always known about this and are now spreading their word to all who will listen. As a Hopi Elder very wisely said:

"We are the Ones we are waiting for".

Jesus came here to prepare humanity for these times until his teachings were hijacked and twisted by orthodox religion.

The Baron Eugene Fersen in Science of Being in Twenty Seven Lessons wrote his book to guide humanity from the 5th Race to the 6th Race of humanity which is due to take place very soon.

Indeed I was inspired to write my own book, Our Ultimate Reality for the same reasons - one of the main reasons I am here on Earth at this time.

And there are many others in the past and present Earth history.

Whatever happens humanity cannot say that it has not been given ample opportunity and guidance to prepare for and embrace the events that await us all. There can be no excuses.

The good news is that humanity is waking up - exponentially.

Whatever happens we must do at least two fundamental things:

1. Prepare ourselves.
2. Help to prepare others.

We can help ourselves by understanding these truths and taking the actions as outlined in my own book Our Ultimate Reality, which was written for this purpose, as well as other books such as Science of Being.

We can help others by sharing this information with as many others as possible, by for example, suggesting they join resources such as this newsletter, giving them copies of appropriate books.

It is a fundamental Principle of the Universe that the Inner always helps the Outer on the great path to perfection - wherever they may be on the path.

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In helping others, in accordance with the great Principle of Cause and Effect, of which the Law of Attraction is an aspect, we also help ourselves to progress on the Divine Path to Perfection and Source, The First Cause, God.

Again, in the context of what all humanity, life on Earth and Earth, Gaia Herself keep in Mind the wisdom of the Hopi:

We are the Ones we are waiting for.

The Our Ultimate Reality Newsletters

11 May 2008

The Bible Beatitudes - Blessed are the poor in Spirit

Welcome to your newsletter. I do hope you have enjoyed a wonderful week.

With Spring well and truly underway here in the northern hemisphere, and weather finally warming up, there is no better time to take time to be out in nature, the unspoilt realms of Source, Divine Providence, God, observing the infinite wonders of life.

Being out in nature also reminds us in no uncertain terms of one of the greatest manifestations of Source - Abundance. Should anyone ever doubt that a fundamental Universal Principle is uncompromising Abundance in all creation, a walk in nature will leave no doubts.

As expressions of Source we are all expressions of Abundance - all we must do is to realise that Abundance by expressing Source within and by thinking and knowing only infinite Abundance.

Once again I would like to welcome all new members to this newsletter - this week our new members number into the thousands. I do hope that you will find these newsletters to be of value in your quest for evolution and perfection.

I would also like to thank all those who referred this newsletter to those you love and care about. Always know, beyond doubt, that one of the very highest services, and one which will help greatly on your own path is to help another on their path.

Service to others before Service to Self is a fundamental Universal Principle, but conversely service to self before service to others is a path in the wrong direction - especially as we approach a pivotal juncture in the evolution of all humanity where making the right choices and taking the right actions is of crucial importance.

For the benefit of all new members, and in response to the many requests I receive - here are the full details to my book - now in paperback through Amazon US, Amazon UK and most large book stores:

<http://www.ourultimatereality.com/our-ultimate-reality-the-book.html>

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I would like to thank everyone for the numerous kind messages I receive about my book and for making it such a great success. Our Ultimate Reality is very frequently a best seller in the Metaphysics category at Amazon US and now Amazon UK.

I have received many messages asking why I have not continued my series on decoding the inner secrets of the Bible of late.

One reason is that it is clear from messages received that some people have confused my writings as being an endorsement of the theological, religious, dogmatic interpretation of the Bible.

This concerns me because the Bible is anything but theological - it is a book - in particular the Gospels - on Spiritual Growth and Metaphysics originally to prepare people for the end of the age that we are fast approaching - Jesus made this clear several times.

My writings on the Bible are specifically to reveal these inner teachings that people may benefit Spiritually, and not to endorse the erroneous theological doctrines that have been perpetuated over the centuries.

That said - in response to the many requests for which I thank everyone, this week we will continue our look at the inner secrets of the Bible with an aspect that we have not looked at previously, but which are nevertheless very important - the "Beatitudes":

"And seeing the multitudes, he went up into a mountain: and when he was set, his disciples came unto him: And he opened his mouth, and taught them, saying:

Blessed are the poor in spirit: for theirs is the kingdom of heaven.

Blessed are they that mourn: for they shall be comforted.

Blessed are the meek: for they shall inherit the earth.

Blessed are they which do hunger and thirst after righteousness: for they shall be filled.

Blessed are the merciful: for they shall obtain mercy.

Blessed are the pure in heart: for they shall see God.

Blessed are the peacemakers: for they shall be called the children of God.

Blessed are they which are persecuted for righteousness' sake: for theirs is the kingdom of heaven.

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Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake. Rejoice, and be exceeding glad: for great is your reward in heaven: for so persecuted they the prophets which were before you".

-- Matthew 5:1 - 12

Although the Beatitudes are among the most well known of Bible passages along with The Lord's Prayer, they are, as with The Lord's Prayer, almost completely misunderstood by orthodox religion.

They are usually recited mechanically and verbatim without any true understanding of the great significance of these teachings of Yeshua aka Jesus.

Taken as a whole the eight Beatitudes are a summary of the inner teachings of Jesus, and may be compared to the Eightfold Path of the Buddhists in that respect.

It is particularly crucial therefore to understand the true meanings of these eightfold teachings of Jesus.

These Beatitudes commenced an event that came to be known as "The Sermon on the Mount", which include many very important teachings, the first group of which we will discuss today in the context of the first Beatitude:

"Blessed are the poor in spirit: for theirs is the kingdom of heaven".

Let us begin by clarifying what this does not mean since it is so misunderstood. To be "poor in Spirit" does not mean to be "poor Spirited" which has negative connotations.

To be "poor in Spirit" really means to be void of all selfishness and pre-conceptions and the desire to conform to the expectations of others, in favour of a totally open-Minded orientation towards the inner path to God.

To be "Poor in Spirit" means an unconditional willingness to set aside all creeds, dogma, indoctrination and all ideas of what life should be like in accordance with others, instead looking within, and thereby seek and find the Kingdom of God.

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To be "poor in Spirit" therefore means to set aside, without question or fear, all that stands in the way of the inner path to perfection, the path of return to our Divine Creator from Whence we came in the beginning, the same path that every single person must, sooner or later embark upon.

Such a person is indeed, without question "Blessed".

One of the biggest trappings - I would not say "failings" because at the final analysis all is Experience - is the relentless quest for material possessions and gratification. This is the single biggest obstacle to being "poor in Spirit" and accordingly Blessed.

It is fine to experience Abundance as our natural state as discussed at the beginning of this newsletter, but not to be obsessed with riches at all costs. Abundance is a natural and blessed state of Being, whereas an obsession for riches and power is not - it is the opposite in fact.

Make no mistake - those who seek the trappings of material riches at the expense of the Kingdom of Heaven are rejecting the salvation that Jesus came here to offer humanity.

By "salvation" I do not mean this in any dogmatic, theological sense, but in the context of the transition of the ages that we are now facing, which Jesus came here to prepare humanity for.

"Again, the kingdom of heaven is like unto a net, that was cast into the sea, and gathered of every kind: which, when it was filled, they drew up on the beach; and they sat down, and gathered the good into vessels, but the bad they cast away. So shall it be in the end of the age: the angels shall come forth, and sever the wicked from among the righteous, And shall cast them into the furnace of fire: there shall be wailing and gnashing of teeth. Jesus saith unto them, Have ye understood all these things? They say unto him, Yea, Lord". -- Matthew 13:49 - 51

This is particularly relevant in the context of the first Beatitude which teaches that the context of "poor in Spirit" as opposed to those craving material possessions the "wicked" shall be severed from the righteous - and make no mistake - the poor in Spirit are among the righteous.

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In conclusion therefore the first Beatitude may be summarised thus:

"Blessed are the poor in spirit: for theirs is the kingdom of heaven".

Meaning:

Blessed are those who have rid themselves of the craving of material possession and the need to conform to the expectations and demands of others, for they shall find the inner path back to Source, Our "Father", God on the path to Divine Perfection and unimaginable glories far beyond anything Earth has to offer.

My book, Our Ultimate Reality discusses these important Principles in great depth, and shows you the inner path where you need to be in the near future:

<http://www.ourultimatereality.com/our-ultimate-reality-the-book.html>

The Our Ultimate Reality Newsletters

18 May 2008

The truth about superstitions

Welcome to your newsletter - I do hope you have enjoyed a wonderful week.

Once again I would like to welcome the thousands of new subscribers joining us since last week. You are all most welcome and I do hope you find these newsletters to be of value.

For the benefit of new members, and in response to the many questions I receive on this - full details of my book and how to acquire it in paperback format through Amazon USA and Amazon UK, B&N and through most large book stores can be found here:

<http://www.ourultimatereality.com/our-ultimate-reality-the-book.html>

Our main topic this week is on a subject that countless millions or even billions of people are subjected to - superstition.

I frequently receive questions clearly motivated by superstition.

Such questions often involve for example the use of crystals, dates, numbers, the most infamous of which is the number 13.

This week therefore I thought worthwhile to take a close look at superstition in general with the objective of putting the motives behind such superstition in a proper perspective.

Before looking at superstition generally we will first take a closer look at the superstition revolving around the number 13 which is probably one of the most pervasive of all superstitions affecting millions of people.

While the number 13 is sometimes viewed as a "lucky number", for most who allow 13 to influence their lives it is deemed to be very "unlucky", especially in the context of the date "Friday 13" which for millions is a day of foreboding and even terror, the adherents to which allow this date to seriously affect their activities on those days.

There are countless office and apartment blocks - probably even

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some in your area - that leave out floor number 13 going instead directly from floor 12 to floor 14.

Many airports do not have a terminal 13 - again going directly from terminal 12 to terminal 14.

Many streets of homes likewise do not include a number 13 instead missing it out altogether in favour of only having numbers 12 and 14. Again you will not need to go far to see this for yourself.

And so it goes on - the number 13 influencing the lives and actions of millions of otherwise rational people.

It should be clear by now that the fear of number 13 is not restricted to an eccentric or superstitious few, but is a fear that is firmly routed in the human psyche at all levels of cultures.

The fear of number 13 even has a name - "triskaidekaphobia".

So how did this come about?

There are many possible origins for the number 13 superstition, but not of which appear to originate within the superstition of religion - so 13 is a superstition born out of superstition.

For example - biblical accounts claim that Judas, the alleged "betrayor" of Jesus, was the thirteenth person to sit down at "the last supper" shortly before Jesus was "crucified".

In the context of Friday 13, it is said that Jesus was actually crucified on a Friday.

Also on on Friday, October 13, 1307, King Philip IV of France ordered the arrests the Knights Templars.

There are many other such examples of events with negative connotations being associated with the number 13.

At the final analysis however the number 13 as well as Friday 13 have, over the centuries become firmly rooted in the human psyche as an irrational fear, albeit a powerful and pervasive fear, approaching in scale the biggest of all irrational fears - fear of the change known as "death".

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So what is the truth of the number 13?

Is there a more enlightened truth?

Yes there is.

Before the advent of orthodox religion, our ancient ancestors, before the fall of humanity to its present levels, were generally very enlightened people, including, but not limited to the Ancient Egyptians, Ancient Chinese and Tibetans, and the Ancient Indians as well as the now lost races inhabiting the lands of Atlantis and Lemuria and many other lost civilisations now lying hundreds or thousands of feet under the sea that are now being discovered.

What did 13 mean to these wise ancients?

To the Ancient Egyptians 13 was a very sacred number representing Enlightenment. To the Ancient Egyptians there were 12 steps on the path of evolution in physical life, the 13th step representing the final transcendence of the cycles of incarnation to achieve enlightenment and the gateway to greater things including Spiritual immortality.

13 had a similar and sacred significance to the Ancient Chinese.

We only need to look at nature to see the significance of the number 13.

There are 13 lunar cycles in a year. Many other cycles of the year are in cycles of 13.

The path of the moon across the sky is over 13 degrees.

There are numerous other examples of the number 13 appearing in nature - all manifestations of the First Cause, of Source, of God Who is Perfect, and never created anything that is in any way imperfect.

An excellent example of such perfection and symmetry is "Metatron's Cube" - the "fruit of life".

Metatron's cube broadly consists of 13 circles arranged in the form of a perfect figure - a dodecahedron. Each circle is considered to

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be a node, each connected to another circle by a single line, resulting in 78 lines or "paths".

Metatron's cube has many levels of occult meanings, too many and complex to discuss here, but the broad significance is that Metatron is said to have created the cube from His own Soul, which is an aspect of Perfection, just as humans in turn are an aspect of perfection.

So here, in Metatron's Cube we see 13, as with the Ancient Egyptians representing Perfection - how can 13 in therefore be considered to be "unlucky".

Much more can be said about the number 13, but the above is sufficient to clearly see that fear of the number 13 is clearly both irrational and superstitious, originally arising from the superstition of religion which itself controls the lives of billions of people.

That said - superstitions can be and often are very real to those adhering to them, with a failure to submit to the superstition often resulting in something "bad" happening.

For example - where I live there is a great tradition of folklore going back over many centuries. On a main road here there is a bridge called "The Fairy Bridge" where a group of benevolent "faeries" or "fay folk" are said to live. The local residents always greet the "faeries" as they pass over the bridge lest they offend the "faeries" who would then exact retribution. Many a time a superstitious person has failed to greet the "faeries" and has experience a negative event such as a tyre blowout on their car soon afterwards.

There are countless other cases of people who have experienced "bad luck" as a direct result of failing to perform some sort of superstitious ritual such as for example "knocking on wood".

So how can this be so, especially among many otherwise rational people?

The answer lies within the power of the Subconscious Mind and The Law of Attraction.

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Plain and simple - whatever we believe to be true is true. So if we believe that the number 13 is "unlucky", or that by failing to form a specific action or ritual some negative experience will arise, then so shall it be.

The Subconscious Mind, or more correctly Subconsciousness is that aspect of our Mind that is also an aspect, channel of expressions of Universal Mind and is therefore infinitely powerful.

In accordance with The Law of Attraction whatever we think about persistently, focus on or imagine we will attract - whether it is rational, wanted or not.

Subconsciousness is immutable and makes no effort to determine whether any thought or action "makes sense" or not - that is for the Conscious Mind to determine, and it is the Conscious Mind that adheres to superstitions.

Any "bad" event arising from failing to adhere to a superstition is the direct result of the fear of the consequences of that superstition - every single time - no exceptions.

So how does a superstitious person rid themselves of the fear of number 13 or indeed any other superstition?

Well there are several ways of approaching this.

1. Look at the facts of the superstition. Instead of simply blindly adhering to a superstition, as with religion for example, instead question it's logic. Ask yourself, honestly, how failing to do something, or doing it incorrectly, can possible result in a certain event.

It will not be long before the truth of the superstition becomes apparent.

2. Understand the power of the Subconscious aspect of Mind - Subconsciousness - and how it attracts your experiential reality.

By understanding your own Divine connections and therefore powers, you will be able to take positive control over your own experience instead of being a slave to age-old superstition.

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3. Confront the superstition head-on.

For example - if you are afraid of the number 13 or Friday 13, go and do things that include the number 13 and make Friday 13 a special day for activities with your family or friends.

Celebrate Friday 13 with a meal or some other treat.

Go to the shops on Friday 13 and purchase 13 of something, or purchase something that includes the number 13 in the price.

If you are afraid of walking under a ladder then make an effort to go into town and walk under as many ladders as you encounter.

If you are afraid of breaking a mirror then obtain a cheap mirror and break it - being careful not to cut yourself and disposing of the pieces safely where no one else can cut themselves.

At first these actions might give rise to anxiety, apprehension or even fear, but nevertheless you must confront these emotions and continue regardless. For example whenever such an emotion arises, say firmly "Cancel!, Cancel!, Cancel!" continuing until it dissipates.

Keep telling yourself that you are a logical, rational person, an expression of God with absolute power over your own experience.

You will soon find that after no adverse consequences result from any of these actions that your superstition no longer has power over you, and will simply dissipate leaving you feeling lighter, happier and exhilarated.

Above all always keep in Mind that we all create our own reality at every level, and there are no external "forces" beyond our control that can bring about anything we would not wish for.

My book, Our Ultimate Reality discusses how to attract your own reality and take absolute control over your own experience, enjoying perfect health, abundance and happiness:

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25 May 2008

Beatitudes Part 2 - Blessed are those that mourn

Welcome to your newsletter.

I do hope you have enjoyed a wonderful week.

First of all I would like to welcome the numerous new members joining us since last week.

I frequently receive messages, particularly from new members, asking about my book, and how it may be purchased.

Our Ultimate Reality may be acquired in paperback from Amazon US and Amazon UK as well as Barnes and Noble and many other large book stores. For full details about the book:

<http://www.ourultimatereality.com/our-ultimate-reality-the-book.html>

This week I would like to take the opportunity of discussing the second of the Beatitudes of the Gospels of the Bible, following on from the first Beatitude that we discussed very recently.

I decided to discuss this second Beatitude so soon after the first for a very good and appropriate reason.

Of all the messages I receive, a good many are from people who have recently, or sometimes not so recently experienced someone close to them making a sometimes sudden transition to the non-physical realms during the natural change that humans know as "death.

The second Beatitude then is a particularly appropriate and powerful way of reassuring bereaved people as to the immediate destiny of the person recently "passed on", while showing them just how empowering such a situation can be with an enlightened perspective.

Before commencing, I would like to mention, for the benefit of all new members, that in discussing various aspects of what is known as the Bible, there is absolutely no religious, dogmatic or theological implications intended whatsoever in my decoding of the inner meanings of the Bible.

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There is not a single word of theology in fact in the entire Bible, the teachings in which, as Jesus himself said, are for only those who would understand.

The Bible is a book of Initiation, Spiritual Growth and Metaphysics.

That said - let us then take a look at the second of the Beatitudes:

"Blessed are those that mourn, for they shall be comforted"

-- Matthew 5:4

The condition known as "mourning", although understandable, is not a natural condition, and this Beatitude teaches this truth.

Source, The Universe, God, knows only Perfection, Abundance, Joy, Service, Unconditional Love and many other positive and Perfect states of Being.

Any other state, however understandable from a human perspective, is unnatural.

So how then may "mourners" be "comforted". Or to put it another way - how then may those who have lost someone close to them be comforted?

Quite simply by knowing the Truth about the change known as "death".

Knowledge is power.

The condition known as "death" is one of the most feared aspects of humans living in the physical world, but yet one which is absolutely inevitable. Many humans therefore live their lives in fear of the inevitable, their quality of life, and reason for their current incarnation being seriously compromised as a direct result.

Much of this misery can be attributed to religious doctrines that propagate the dogma that each and every person has a choice of going to "Heaven" or "hell" depending on how devoted to their religion they have been. These doctrines were created by orthodox religion for one purpose only - control and power over the congregations to prevent them from straying from the fold. So what will free people from these beliefs, thereby enabling them to take a proper perspective about the change known as "death", and

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in particular the "fate" of loved one upon "passing on"?

The answer is straightforward and consists of one word - "Knowledge".

Once we discover and understand the Truth about the change known as "death", then life itself takes on a whole new significance and meaning. It is in fact to most people truly liberating.

Those who have lost someone close will no longer "mourn", but will instead be joyful and at peace in the knowledge of the destiny of their loved ones. This is the natural state of Being.

As an aside it has to be said that there is something rather sad about the notion, commonly held though it surely is, that we are "put on this Earth" by a benevolent God, each within his own "station in life" as decided by God based on some arbitrary factors, to toil and be "obedient" to this benevolent but stern and sometimes vengeful God, to show gratitude by pandering to the Ego of this "God" through "worship", only, at the end of it to "die" and either be consigned to oblivion, or alternatively to a fictitious "Heaven" or "hell" depending on the forgoing factors.

No wonder then that people are miserable in life, and in the presence of "death".

This second Beatitude teaches that those that mourn will come to be comforted, because frequently it is during the darkest moments of human experience, especially when striving to discover a meaning for that experience, that the Truth is realised - often from within.

A person thereby realising the Truth is thus blessed by being freed from their misery.

There have been truly countless situations where it has been when a person is at their very lowest, when all seems hopeless with no way forward, that the glorious realisation arrives and their lives are changed forever. Indeed I have received numerous messages from those who have experienced these events, sometimes from a point of near suicide.

I know of many cases of people who have been at the deepest extremes of poverty, including enduring extreme hardship with no prospect of

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improvement, who have simply relented and turned themselves over to God, only to find, having placed their Faith in Divine Providence, becoming an open expression of Source, they suddenly enjoy great Abundance and their life is changed forever.

Totally relinquishing all fears, worries and thoughts of hardship enables Source, Divine Providence, God, to shine through as an expression of the natural state of the Universe - Abundance.

The same applies to the state humans call "death".

The Beatitude teaches that when all seems darkest for the mourner, and if the mourner relents and allows God to express through them instead of creating a Mind barrier, the Light will shine through and the Truth will be known, sadness being replaced by joy for the transitioned loved one.

Of course not everyone wishes to find themselves in an extreme situation to receive these profound realisations, and neither were we meant to be.

Truth is empowering, and everyone recognises the Truth for what it is - once it is placed before them.

This indeed is a major reason I was inspired to write my book, Our Ultimate Reality - to empower through what I personally know to be the Truth.

As you will see, many chapters in my book exist due to the fear many hold of "death", and specifically how to rid yourself of that fear forever:

<http://www.ourultimatereality.com/our-ultimate-reality-the-book.html>

As well as removing all fears through Knowledge, my book also teaches you how to prove the truth of the continuation of Life after the "death" of the physical body through such abilities as Astral Projection, Out of Body Experiences and Clairvoyance - all valuable abilities.

Through Out of Body Experiences and Astral Projection in particular, you can visit the "afterlife" to see for yourself at firsthand what "life after death" is like, and will never fear

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"death" again. You can also actually meet "deceased" relatives and know, beyond doubt, that they are safe, well and extremely happy.

Clairvoyance is not a projection of consciousness in the same way, but rather more like a "window" into the inner realms of reality.

A true Clairvoyant, which means "clear seeing" has vision that extends beyond the limitations of the physical eyes to include the inner Etheric and Astral realms.

This is typically experienced through what can best be described as a "TV Screen", the other side of which can for example be the Astral Worlds, the Clairvoyant viewing the "afterlife" in much the same way as you would watch the TV.

At an Etheric level a Clairvoyant can observe "deceased" people who have either recently passed on and not yet made the full transition to the Astral Worlds, or those remaining close to the physical world for some reason, being those Beings commonly known as "ghosts".

It is not at all unusual for a person with Clairvoyant abilities, or sometimes transient abilities, to see a "deceased" person attending his or her own funeral as often happens.

In conclusion The Beatitudes, once their full inner meanings are understood and acted upon, are among the most important verses in the entire Bible, being comparable for example to the Eightfold Path of the Buddhists. The Beatitudes hold the key to both physical and Spiritual empowerment - but again - only when their inner meaning is understood, otherwise the words are simple empty theology to be recited mechanically, without any true comprehension of the meaning - as with The Lord's Prayer for example.

For these reasons, and these reasons only we will continue our decoding of the Beatitudes in future newsletters, as indeed we will with the Parables and Lord's Prayer.

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1 June 2008

The wealth factor

Welcome to your newsletter.

I do hope you have enjoyed a wonderful week.

I would like to thank everyone for your wonderful response to The Our Ultimate Reality Newsletters books and for all the valued messages and feedback received.

I would also like to welcome all many new members to this newsletter which is published every Sunday. I do hope you will find it to be of value on your path, as we face and experience the transition of the Ages together.

Of all the messages I receive, "how to attract more money" or words to that effect is high on the list of the most frequent questions.

As I have mentioned and discussed in previous newsletters, "wealth" is of the material world, and we should not be focused in the material world anymore than is necessary in order to function in everyday life.

Also there is a vast difference between "wealth" and Abundance which is a natural state of Source and therefore of the Universe.

It is however entirely understandable that people wish to be more comfortable in physical life, and to enjoy the things that make them happy.

So in this newsletter we will look at the factors in more detail.

The first Truth that everyone must realise is that poverty is a disease of the Mind with an inner origin.

Our natural state of being is infinite Abundance. This must be the case because we are an integral aspect of Source, Universal Mind, God Which is infinite Abundance.

Anyone therefore not experiencing Abundance or "wealth" is blocking it from within - this why it is a dis-ease of the Mind.

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Wealth is not a condition that is "created" outside of ourselves - it is rather an inner condition that becomes expressed externally by Principle.

Wealth is therefore never something that can be created by toiling, it is created by inner Feeling.

So how is this inner feeling of wealth created?

Many people will have heard about or even used affirmations for example, repeating time and again such phrases as "I have great wealth" - or words to that effect.

While affirmations, if used correctly, can be very powerful, often they become mechanical with no associated feeling. Frequently if the person repeating the affirmations fails to see tangible results quickly, then doubt sets in which will be sure to kill off any seed of wealth germinated by the affirmations very quickly indeed.

In other words - many people simply try too hard and expect too much too soon, with the wrong sort of Mindset, thereby sabotaging their own efforts. Abundance and therefore wealth are always effortless.

Another common misconception, and one that often results in disappointment is the notion that "wealth" is the same as "money".

While wealth can indeed, and often does equate to money, there should never, ever be a pre-assumption that wealth and money are one and the same.

Divine Providence does not recognise "money" or even "wealth" only infinite Abundance.

As aspects of Divine Providence, Source, Universal Mind, the extent to which we experience Abundance, and therefore wealth, is directly proportional to the extent to which we can express Universal Mind of which we are an integral, eternal, immortal aspect and channel of expression.

So what does this mean in real terms?

There are three fundamental conditions that need to be satisfied:

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- 1. To realise Source, God within.**
- 2. To be a conscious, open channel of Expression for Source within.**
- 3. To feel the State Of Being that you wish to experience.**

1. and 2. above are related to a large extent and absolutely fundamentally important to success. This is why the very best books that teach The Law of Attraction, for example Science of Being and Consciously Creating Circumstances stress the importance of and teach this.

These are also the reasons that the vast majority of Law of Attraction books and other resources fail to achieve long-term success if any at all. They teach the mechanics of for example affirmations, creative visualisation etc, which are very useful, but not how to realise our infinite inner connection with Source, and therefore how to express Source.

The fact is - as equal aspects of Source, Divine Providence, God in every respect, made in the Spiritual image of God, we have the same infinite powers of creation through expression. Success is directly proportional to the extent that we can express and direct Source Energy.

No words in the English language can either adequately express the importance of this Truth, or indeed the process.

The highest state of Being any human can achieve while still incarnated in a physical body is to fully realise God within.

This was the state achieved and manifested by the person known as Jesus, and the true reason, in context he was considered to be a God-man.

Jesus also stated the truth that not only will every person achieve that exalted level in due course, but to become even greater still - again beyond expression in the human language.

1. and 2. differ in that first we must become "God realised", at least to some extent, and then we must express God in the desired and appropriate way.

Although this process cannot be described, there are ways of helping people to achieve this state - more about this in future newsletters.

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That said, everyone has Source Energy flowing through them, and which can be realised to some extent. Again, both Science of Being and Consciously Creating Circumstances describe this process, and again I will address this in a future newsletter.

Again though - the extent to which Source Energy can be realised and directed, is directly proportional to the success that may be expected.

Of course people do enjoy success with the Law of Attraction, and when they do they are realising Source Energy Subconsciously.

The most powerful way of achieving some degree of direct connection with Source, God for most people is through the power of true prayer.

By "true prayer" I do not mean mechanically reading or reciting after someone a paragraph from a book, or prayers that worship or plead compassion of a benevolent deity God, but rather prayers that are felt and directed.

Again this is something we will discuss in a future newsletter.

3. above means that you have to feel that you already have that which you desire, know this to be true beyond doubt, and feel the gratitude.

So if you wish for great wealth you must feel wealthy and act as if you are already wealthy, thus invoking the wealthy feelings.

It does not matter how much you visualise and repeat affirmations, unless you feel that you already are that state which you wish to achieve, then it will not be achievable, and that is where most people fail and are disappointed, often believing that the Law of Attraction either does not exist, or will not work for them.

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8 June 2008

The Power of True Prayer

Welcome to your newsletter - I do hope you have enjoyed a wonderful week.

Here where I live summer is well and truly underway with pleasantly warm weather - the sort of weather which makes it a pleasure to be out in nature, appreciating the infinite Abundance of the Universe.

As aspects and expressions of Source, of God, we are also equal aspects and expressions of the same infinite Abundance - all we should do is to joyfully realise and express that Abundance as our natural state of Being.

I would like to extend a very warm welcome all new members to this newsletter of which there are very many of you this week.

I do hope that you enjoy reading your newsletter every Sunday, and find it to be of value on your individual path.

If you do find it to be of value to you, please do share with others by sending them a copy, or better still be suggesting that they join for themselves from the home page of the Our Ultimate Reality site: <http://www.ourultimatereality.com>

One of the most fundamental of Universal Principles, especially during these crucial times for humanity, is: Service to others before Service to Self and a very powerful way of helping your own evolution on the Divine Path.

For centuries people have engaged in the activity of "prayer", the action of speaking to an unseen force, often in the hope of some tangible benefit from doing so, but also to simply "give thanks".

It is a shame therefore that almost no one truly understands what prayer and therefore praying really is, and in particular how to approach prayer.

Most prayer is performed mechanically, for example by repeating words uttered by the leader of a church congregation.

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Now there is nothing at all wrong with this per se, but the only benefit it will yield, at best, is the feel good factor.

True Prayer, as originally taught by the person known as Jesus, is extremely powerful.

This is what the Master Himself said of true Prayer:

And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have their reward. But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly. But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking. Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.

--Matthew 5:5-8

These are profound words indeed which we should discuss further.

The first part of this teaching speaks for itself:

"And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men"

A Synagogue is of course the equivalent of a church in the Jewish culture, but the same applies to all "places of worship". It is hypocritical to stand in a church and pray for the sake of it or in the hope of gaining some favours from a benevolent God.

The words of Jesus, not myself, although I do of course agree.

The same applies to praying in this manner anywhere. Jesus used the example of "the corners of the street", but it could apply to any situation or location whatsoever.

The next part of this teaching is probably the most misunderstood:

"But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door pray to thy Father which is in secret"

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Most take this to mean that you should go in to a room, e.g. a bedroom, close the door and then utter the words to God.

What this teaching really means is this:

"Closet" means our inner silence, and "shut the door" means to shut out all awareness of the physical surroundings. This in fact is very similar to a state of meditation. Indeed a state of meditation is an excellent place from which to engage in true prayer.

Before anything worthwhile can be achieved, we must retreat from our normal state of consciousness that we use to interact with the physical world, and enter into a much deeper state of consciousness to be One with Source Energy, or at least closer this state.

This is absolutely crucial. In order to manifest our desires, whatever they may be, we must do so by realising and expressing Source Energy, Universal Mind, God.

Jesus taught this truth when he said:

"Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works. Believe me that I am in the Father, and the Father in me: or else believe me for the very works' sake. Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father." -- John 14:10-12.

Here Jesus is stating the truth that it is not him that produces effects in the outer world, it is "the Father within us", the same Divine Father that we all share and express, that delivers our wishes, needs and desires.

This is why we must enter into a altered state of consciousness, within, and to "shut the door" on all outside distractions, before we can establish that inner connection with Source Energy, God, Our Father.

So having accomplished this how should we then pray?

True prayer should not be recited mechanically other words it is almost completely meaningless, not to mention completely ineffective.

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The power of true prayer is in fact in the connection with our Father, God, the feelings invoked during the prayer, and in particular the Faith in knowing that whatever we pray for we already have.

We have discussed true Faith before. By Faith we do not mean "blind faith" in some sort of benevolent deity God "up there" in Heaven, we rather mean true Faith that whatever we ask for God, Divine Providence has already delivered beyond any question of a doubt.

This is what Jesus taught about the process of prayer:

"Therefore I say unto you, What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them."

-- Mark 11:24

This then shows the way to the power of true prayer.

These are the fundamental steps:

1. Find somewhere quiet where you will not be distracted.
2. Relax, empty your Mind and enter into a meditative state within.
3. Feel and know that you are an expression of our "Father", God.
4. Pray, using words that invoke a feeling of Belief that you already have whatever you are praying for with absolute Faith in our Father and the truth that you have already received.
5. And this is very important - feel the gratitude for this truth, and give thanks for it.

Note: 5. Does not mean that God actually requires people to be grateful to God in a human sense, but rather that the gratitude reinforces the truth that you already have what you asked for through the power as an expression of God.

Jesus always gave thanks:

"And Jesus lifted up his eyes, and said, Father, I thank thee that thou hast heard me". -- John 11:41

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Thus reinforcing that absolute, unshakable Belief, with absolute Faith, that Source, Divine Providence, God, of Whom we are all immortal aspects and channels of expression has delivered our request. All we must do then is to receive by remaining in vibrational harmony with the object of our desires.

The Our Ultimate Reality Newsletters

15 June 2008

The Beatitudes Part 3 - Blessed are the Meek

Welcome to your newsletter. I do hope that you have enjoyed a wonderful week wherever you are in the World.

Once again I would like to extend a very warm welcome all new members to this newsletter of which once again there are very many of you this week.

I do hope that you enjoy reading your newsletter every Sunday, and find it to be of value on your individual path.

If you do find it to be of value to you, please do share with others, as many have already done, by sending them a copy of this newsletter, or better still be suggesting that they join for themselves from the home page of the Our Ultimate Reality site so that they can receive and benefit the newsletter each week:
<http://www.ourultimatereality.com>

One of the most fundamental of Universal Principles, especially during these crucial times for all humanity, is - Service to others before Service to Self - a very powerful way of helping your own evolution on the Divine Path during this crucial and pivotal era.

My series of discussions on decoding the inner meanings of the Beatitudes of the Bible have proved to be very popular indeed, particularly among those readers who have been more used to the theological interpretation of the church.

For the benefit of new members, and to remind everyone else, these are the Beatitudes:

"And seeing the multitudes, he went up into a mountain: and when he was set, his disciples came unto him: And he opened his mouth, and taught them, saying:

Blessed are the poor in spirit: for theirs is the kingdom of heaven.

Blessed are they that mourn: for they shall be comforted.

Blessed are the meek: for they shall inherit the earth.

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Blessed are they which do hunger and thirst after righteousness: for they shall be filled.

Blessed are the merciful: for they shall obtain mercy.

Blessed are the pure in heart: for they shall see God.

Blessed are the peacemakers: for they shall be called the children of God.

Blessed are they which are persecuted for righteousness' sake: for theirs is the kingdom of heaven.

Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake.

Rejoice, and be exceeding glad: for great is your reward in heaven: for so persecuted they the prophets which were before you".

-- Matthew 5:1 - 12

Although the Beatitudes are among the most well known of Bible passages along with The Lord's Prayer, they are, as with The Lord's Prayer, almost completely misunderstood by orthodox religion.

The Beatitudes, as with prayer generally, as observed in last weeks newsletter, are usually recited mechanically and verbatim without any true understanding of the great significance of these teachings of Yeshua aka Jesus.

Taken as a whole the eight Beatitudes are a summary of the inner teachings of Jesus, and may be compared to the Eightfold Path of the Buddhists in that respect.

It is particularly crucial therefore to understand the true meanings of these eightfold teachings of Jesus in their true, higher and inner meaning.

This week we will discuss the third Beatitude:

"Blessed are the meek: for they shall inherit the earth".

Approached from a theological or literal perspective, this Beatitude would no doubt suggest that "meek", in other words timid, passive, submissive people will somehow gain control over our planet at the expense of those who typically seek power and control - of which there are of course many. And of course this would not, understandably make sense to most, after all, how can such timid people with no ambition or drive take over the World?

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The true, inner meaning of this Beatitude is of course very different indeed.

"Earth" does not mean the planet Earth, but rather our whole outer physical experience. To "inherit the earth" therefore means to gain complete mastery over our entire physical experience, therefore representing one of the most important cornerstones of why we are here on Earth in the first place.

More specifically, "earth" represents causation, outer manifestation as a causal effect of mental processes. As we know, the most fundamental and primary Principle of the Universe is Mind which influences the Energy of which all in creation is constituted.

According to the theological interpretations of the church, "meek", in this context means, and I quote:

"The meek are happy. The meek are those who quietly submit to God; who can bear insult; are silent, or return a soft answer; who, in their patience, keep possession of their own souls, when they can scarcely keep possession of anything else. These meek ones are happy, even in this world".

The word "meek" however, as used in the context of this Beatitude means something completely different, as taught by Jesus.

"Meek" is actually used to represent a mental attitude - a state of Mind. The word "meek" may not be the best, and was probably not the correct translation from the original Ancient Greek text, but the truth is there is no other word that can adequately express the true meaning in context.

The word "meek" represents a specific state of Mind consistent with attracting and experiencing great Abundance and experiential joy and health - this is why the "meek" "inherit the earth" - not the "Earth". "Inherit" may also be replaced with the more modern and better understood word "attract", most popularly recognised in the context of The Law of Attraction.

So meekness is a mental attitude or state of Mind that is devoid of Ego and all material desires, consistent with the expression of Abundance, Health and Perfection from within, which is subsequently expressed and experienced without.

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Meekness also implies a willingness to allow Divine Providence, Universal Mind, God to express into physical manifestation by the most direct, perfect and appropriate means that are totally harmonious, and not in accordance with the demands and expectations of individual Ego or out of greed and/or materialism.

One major reason for failure with the Law of Attraction is due to the fact that the Ego of a person will, when attempting to use The Law of Attraction, dwell on where the wishes will materialise from thereby imposing the same limitations on God, Source, Divine Providence and also failing to recognise and realise our true Source of power - Source, God, Universal Life Energy within.

So in conclusion, the inner meaning of:

"Blessed are the meek: for they shall inherit the earth" is this:

Those who understand the true mental nature of the Universe, and can associate with the Universe with the correct "meek" state of Mind, shall easily manifest, i.e. "inherit" i.e attract Abundance, Health, Happiness and attract all they consciously wish for in to material, experiential expression, i.e. the "earth" - not the Earth.

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22 June 2008

Realising Universal Life Energy

Welcome to your newsletter - I do hope you have enjoyed a wonderful, healthy and joyful week.

This week there have been a particularly high number of new members joining this newsletter, and I would like to extend a very warm welcome to you all.

This week we will take a further look at an aspect of life that Baron Eugene Fersen not only discusses extensively in Science of Being, but also considers, as do I, to be fundamental for success in all things.

There are numerous Law of Attraction books available, but only very few teach the most important factor of all for success - connecting with, realising and directing Universal Life Energy.

Universal Life Energy is the single power behind all creation and therefore behind our experiential reality as an aspect of that creation, and channel of expression of Source, First Cause, God.

Those enjoying the most success with the Law of Attraction have almost always made a deeper, inner connection with Source Energy, either consciously or otherwise, very often during a time of desperation.

Conversely, those who fail with The Law of Attraction do so primarily because they have not made that important inner connection and realisation of Source, God to a great enough extent. Such people often completely give up on The Law of Attraction, dismissing it as some sort of "new age fad" or similar.

If only they knew that by connecting with Universal Life Energy, Universal Mind absolutely anything and everything becomes possible.

Many of the great Masters and Teachers of the past knew this great truth and applied it continuously to great effect, with people often considering the results to be "miracles".

The great teacher known as Jesus frequently taught this great truth:

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"Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works. Believe me that I am in the Father, and the Father in me: or else believe me for the very works' sake. Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father". -- John 14:10 -12

"Then answered Jesus and said unto them, Verily, verily, I say unto you, The Son can do nothing of himself, but what he seeth the Father do: for what things soever he doeth, these also doeth the Son likewise. For the Father loveth the Son, and sheweth him all things that himself doeth: and he will shew him greater works than these, that ye may marvel". John 5:19 - 20

The importance of these statements cannot be overstated.

Jesus himself, the person to whom great powers and many "miracles" are attributed, is clearly and unambiguously stating that it is not He that "doeth the works", but the "Father", Universal Life Energy, God within him that doeth the works.

Now let us take a closer look at the words of Jesus on this subject:

"Believest thou not that I am in the Father, and the Father in me?"

Here he is teaching the great truth that unless we believe that our Father, Universal Life Energy is within us, we cannot make much progress or achieve great things.

Before continuing this discussion I should make the following absolutely clear:

When Jesus refers to the "Son" he means all expressions of God, the "Father" which in turn means everything in creation including each and every one of us.

When Jesus refers to "the Father" he means Source Energy, The First Cause, The Prime Creator, God, Universal Life Energy.

Jesus is not, ever intending to give the impression that he is "the" Son of God and more or less than you, I or anyone else is the Son of God.

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God is not male or female. God is pure Energy far, far beyond all physical concepts of gender which is a necessity of the physical world. So all references to "Father" by Jesus are made in the interests of understanding, and not as an indication that God is a deity in human, male form, because that could not be further from the truth.

Jesus goes on to say:

"but the Father that dwelleth in me, he doeth the works".

Here he states the truth that it is not him that does anything in and of himself - it is rather Universal Life Energy, God, the "Father" within that does the works.

Jesus continues:

"Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father"

Here Jesus is asking those around him to believe him when he says that each and every person can not only achieve what he achieves, but will also go on to achieve even more.

What does does he mean by this?

Quite simply that as we progress and evolve on the path, and as we realise Source, God, Universal Life Energy even more, then we will enjoy powers far beyond those of even Jesus in his Earthly form.

Again in the second passage quoted above from the Bible Jesus said:

"Then answered Jesus and said unto them, Verily, verily, I say unto you, The Son can do nothing of himself"

Here again Jesus states the truth that we can do nothing of ourselves alone. It is the "Father", God, Universal Life Energy and more specifically the extent to which we can realise and express Universal Life Energy that determines our success.

So in conclusion we can say this:

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Our success is manifesting our own reality, health, happiness, and indeed our own experience at every level is directly proportional to the extent to which we can realise and express Universal Life Energy, Source Energy, God.

This is the crucial factor that almost all Law of Attraction books and other resources completely omit, and a reason that readers of those become disillusioned after lack of success.

**Science of Being in Twenty Seven Lessons teaches these
Fundamental Principles**

The Our Ultimate Reality Newsletters

29 June 2008
The origin of disease

Welcome to your newsletter.

I do hope that you have enjoyed a healthy, happy and abundant week.

As always I would like to welcome all new members to this newsletter, of which there are many hundreds of you again this week.

I would like to also thank all existing members who have extended service to others by recommending and referring this newsletter to those who you truly care about.

When people contract an illness, ailment or disease, it is always assumed that external factors are to blame, or in some cases other intangible factors such as "inherited risks", environmental factors etc.

While these factors may well be a catalyst, or expose some people to a higher risk than others of contracting any given disease, the true source of all disease is in one location - Within.

For example, while our ancient ancestors of thousands of years ago generally lived for a shorter time, when they "died" it was invariably due to such physical factors as starvation, cold, conflict etc.

Modern diseases, as we know them today, simply did not exist back then. It should also be mentioned that to our ancient ancestors "old age" was not a natural state.

So what then is the origin of "modern disease"?

The answer is the Mind.

Most people reading this newsletter will already know that The Law of Attraction shapes our external experience in accordance with our thoughts, feeling and emotions.

Fewer people might know that it is also our thoughts, feelings and emotions that both shape our body and determine its state of health.

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"As a Man Thinketh. so he Is".

These thoughts of Mind can be of two distinct types:

1. Voluntary or pro-active. This includes worrying about a certain aspect of health or of the body, worrying about "catching" a certain disease, worrying about family traits and genetic disorders etc. In all these cases whatever such a person dwell on will become their reality sooner or later.
2. Involuntary or passive. Examples of this type of thought Energy includes worry, fear and in particular stress.

Now let us look at these two origins for disease in more detail.

1. When a person worries about a specific aspect of their body or health, thereby focusing on it, sometimes obsessively, the Subconscious Mind, which has total dominion over every aspect of the physical body will accept that thought or thoughts as an instruction, and build the body, by arranging the cells of the body accordingly.

It is universally accepted by science and medicine that our body is completely rebuilt every few years. Some parts take hours, others days, weeks or months, but after a few years every cell in our body is new.

The Subconscious Mind however continually re-builds the body in accordance with the Thought Forms held about it, using those Thought Forms as a blueprint instead of the original blueprint of perfection held of us by our Divine Creator.

The Subconscious Mind never "thinks" as such - that is for the conscious Mind and Ego - never questions and never rationalises.

So if a person worries about contracting a certain disorder, for example diabetes, or worries about being overweight, then the Subconscious Mind only perceives "diabetes" or "overweight" as instructions and intent, and will bring these disorders into physical manifestation within the person originating those thoughts.

So what then is the solution?

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Simply to ensure that we think only healthy thoughts and always hold an image of ourselves as we would like to be - our idea of perfection.

In absolute terms we should only ever think about and know, beyond any doubt, perfect health. We do not need to define "perfect health" because Source, God has already "created" us as perfect in every way - God knows only perfection - and therefore our Subconscious Mind, being intimately connected with Universal Mind, God, will always build and maintain the body in that same state of perfection, unless the Conscious Mind issues conflicting thoughts. In this case the Subconscious Mind will always follow the instructions of the conscious Mind without question because the Subconscious Mind has total dominion over the realms of the physical body.

So in summary - if we know and think only perfect health, and above all consciously realise and express God, Source, Universal Mind in the image of perfection, then perfect health and wellbeing must follow - by Principle.

2. Involuntary or passive originated disease is slightly different.

These diseases are generally the outward manifestation of feelings and emotions as opposed to thoughts, and are therefore non-specific in nature.

There are many different such feelings and emotions including, but not limited to stress, anxiety and fear.

These feelings and emotions are the direct response to perceived lifestyle issues such as for example, money issues, a stressful job or relationship, fear about what the future might "bring" etc.

These low vibration, negative feelings and emotions cause disturbances in the Energy body, disturbances that will be exacerbated if the Energy body, and in particular the Energy centres known as the Chakras.

Now as our inner Being is a perfect reflection of our outer Being - at every level - by immutable Universal Principle - then these disturbances of the Energy Body must, sooner or later manifest in the physical body as a physically observable and experiences disease.

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Due to the fact that the stress on the Energy body is due to more general and uncontrolled negative feelings and emotions, the disturbances thus manifested will also manifest the corresponding type of disease.

There are many such diseases that could be thus manifested, but two of the most frequent are cancer, in all of its forms, and premature ageing - I am sure you will have heard of or seen people that "look old beyond their years" - this is precisely the reason why.

So again - what is the solution?

The absolute solution is to know, beyond any doubt that by understanding our true Divine, Spiritual Nature, and by consciously realising and expressing God within, we have absolute and complete control over our own experience and reality, thus alleviating all worries, fear and stress on the Energy body brought about by observing external factors.

Yes cancer sometimes has a hereditary component, but it still cannot manifest without a trigger, and that trigger is stress in its various forms, stressing the Energy body resulting in disturbances which are manifested in the outer, physical body.

Fear of death will surely hasten death preceded by accelerated ageing, disease and so on.

By empowering ourselves with true inner knowledge and thus living an empowered life over which we have absolute control, then our life is immediately glorious, joyful and self-empowered - and this is precisely what everyone should strive for.

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6 July 2008

The Beatitudes Part 4

Welcome to your newsletter. I do hope you have enjoyed a wonderful, healthy, happy and abundant week.

Whatever type of week you have experienced, it has always been a direct result of your previous thoughts, feelings and expectations.

We have already discussed this great truth in previous newsletters and will do so again in future newsletters - such is it's importance.

In the meantime, this week, we will continue our analysis of the inner meanings of the Beatitudes of the Bible, which, this week, will emphasise the importance of right thinking.

In previous newsletters we continued our analysis of the inner meaning of the Bible by looking at the so called Beatitudes.

I would like to emphasise, for the benefit of new subscribers, that my writings on the Bible are specifically to reveal these inner teachings that people may benefit Spiritually and in quality of life, and not in any way to endorse the erroneous theological doctrines of orthodox religion that have been perpetuated over the centuries around the life and teachings of the Master who became known as Jesus.

The Beatitudes are a very important component of the teachings of Jesus, and ones that are particularly misunderstood. The Beatitudes form a cornerstone of the teachings of Jesus and are comparable for example to the Eightfold Path of the Buddhists.

For the benefit of recent subscribers, these are the Beatitudes in full:

"And seeing the multitudes, he went up into a mountain: and when he was set, his disciples came unto him: And he opened his mouth, and taught them, saying:

Blessed are the poor in spirit: for theirs is the kingdom of heaven.

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Blessed are they that mourn: for they shall be comforted.

Blessed are the meek: for they shall inherit the earth.

Blessed are they which do hunger and thirst after righteousness: for they shall be filled.

Blessed are the merciful: for they shall obtain mercy.

Blessed are the pure in heart: for they shall see God.

Blessed are the peacemakers: for they shall be called the children of God.

Blessed are they which are persecuted for righteousness sake: for theirs is the kingdom of heaven.

Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake.

Rejoice, and be exceeding glad: for great is your reward in heaven: for so persecuted they the prophets which were before you".

-- Matthew 5:1 - 12

Today we will look at the next, the fourth Beatitude in our series of analysis:

"Blessed are they which do hunger and thirst after righteousness: for they shall be filled".

The key to understanding this Beatitude lies in the true meaning of the word "righteousness".

The word "righteousness" is commonly believed to mean "good conduct". In fact there is a much more important meaning of the word "righteousness" - "right thinking".

As I mentioned at the beginning of this newsletter, everything that we experience, have ever experienced and ever will experience is a direct consequence of our thoughts. This is also a basis for The Law of Attraction which most will be familiar with.

Thoughts are causes which always, without exception, give rise to their corresponding effects in accordance with the great Hermetic Principle expounded by Hermes Trismegistus - "As Above, so Below", which might be more appropriately expressed as "As Within, So Without".

To understand this better we should look at the thought process.

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Our thoughts take shape and have their effect in the Causal Sphere of the Universe, before "descending" or more accurately travelling outwards through ever decreasing vibration and increasing density until finally manifesting in to our physical experiential reality in the world of matter.

Every single thought, without exception is the seed of a cause eventually resulting in the corresponding effect, so who and what we are today is the sum of our previous thoughts - there are absolutely no exceptions to Principle this whatsoever.

So what does this imply in practical terms?

It implies that in order to experience the reality that we desire, we must first control our thoughts by the process of "right thinking".

If you desire wealth then you must think only wealthy thoughts.

If you desire perfect health then you only think healthy thoughts.

If you wish to be Loved, then you must think only thoughts of Love towards others.

This is an immutable Universal Principle that everyone must understand and live by.

This is why, in accordance with this Beatitude, everyone should "hunger after righteousness" or "right thinking", such people then being "filled" with the fruits of their desires.

Some people who have a basic understanding of these Principles, perhaps after watching or reading The Secret for example, quickly become disillusioned after failing to manifest their reality, and enter into a state of self condemnation. This is the worst thing to do, because such thoughts will manifest in kind. If only people would put the same Energy and conviction in to positive thoughts there would be far more happy people living on Earth today.

If desires are not manifesting as quickly as would have hoped, the only way forward is to continue only positive, harmonious thoughts that are consistent with the ultimate desire. Any adverse or negative thought will not only cancel out the seeds sown with

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positive thoughts, but will almost certainly bring negative effects.

This Beatitude therefore advises not to become discouraged. Continue to hunger for right thinking and all will be right with your life if you are patient.

As we have discussed in previous newsletters - the more we can realise Source Energy, God within, the more power we can realise behind our thoughts, and therefore as well as right thinking, realising God, Source within is fundamental, and ultimately will determine the speed and extent of success.

The important message of this Beatitude is not to be discouraged. Know that we are aspects and channels of expression of Source, God, think only positive, harmonious thoughts in the direction of how you wish to experience life, and that will become your reality with patience.

I will conclude with this most appropriate and true verse:

*I hold it true that thoughts are things;
They're endowed with bodies and breath and wings;
And that we send them forth to fill
The world with good results, or ill.
That which we call our secret thought
Speeds forth to earth's remotest spot,
Leaving its blessings or its woes
Like tracks behind it as it goes.
We build our future thought by thought,
For good or ill, yet know it not.
Yet, so the universe was wrought.
Thought is another name for fate;
Choose, then, thy destiny and wait,
For love brings love and hate brings hate.*
-- Henry Van Dyke

The Our Ultimate Reality Newsletters

13 July 2008

The Principle of Creation

Welcome to your newsletter - I do hope you have enjoyed a wonderful week.

As usual it gives me great pleasure to welcome all new members to the newsletter. This week there have been a particularly large number of you joining us from all over the world.

I do hope you enjoy this and all future newsletters and you find them of value.

And remember, particularly if you were referred by someone who cares about you, that one of the highest services you can offer is to help others, in and in so doing you will be blessed, both in day today life on your Spiritual path.

So if you know of anyone at all that would benefit from this

This week I would like to discuss The Law of Attraction - in particular to dispel one particular misunderstanding that arises from this popular phrase - specifically the word "Attraction".

Although I have always used this phrase myself, I have done so for the most part due to the fact that it is a phrase that most people have heard and are therefore most familiar with, especially after the success of the movie "The Secret".

However - it has become apparent to me that this phrase has also resulted in much confusion due to the fact that in the context of creating our reality, which is the fundamental objective, the word "attraction" may well be misleading. In fact the word "Law" is not completely accurate either having been used in recent years to describe many metaphysical conditions that really do not even exist.

"Law" is more often authoritarian, whereas the Universe operates to a Universal set of immutable, Divine Principles.

But returning to the word "Attraction".

Attraction most certainly does exist, and is an important aspect of

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the Principles governing the workings and stability of the Universe in all spheres of life and reality.

Attraction operates to the Principle that like Energy attracts. No more is this evident than in the very basis of reality itself in that as we progress we always transition to the Energy level that corresponds to our individual Energy. To that extent we could say that we are "attracted" to that specific Energy level.

But how does this compare or relate to creating our own reality, which after all is what most people wish to do?

The fact is that most books and even the movie omit one crucially important factor for success, and the very factor that renders the word "attraction" to be erroneous and misleading and usually results in a lack of success.

That factor for success is the truth that we can create nothing at all on our own - all creation takes place through Source Energy, God within each of us as Divine, infinitely powerful expressions of God.

We discussed this recently in our discussion on Universal Life Energy, but is certainly worth repeating the words of the Master known as Jesus in this particular context:

"Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works. Believe me that I am in the Father, and the Father in me: or else believe me for the very works' sake. Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father".

-- John 14:10 -12

"Then answered Jesus and said unto them, Verily, verily, I say unto you, The Son can do nothing of himself, but what he seeth the Father do: for what things soever he doeth, these also doeth the Son likewise. For the Father loveth the Son, and sheweth him all things that himself doeth: and he will shew him greater works than these, that ye may marvel". -- John 5:19 - 20

Now here we begin to see the truth.

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Jesus is clearly saying that he, and therefore we as equal Children of God can do nothing of ourselves, it is Source Energy, God within that "doeth the works" and that he "goes unto the Father".

So we can now see that the word "attraction" is erroneous in the context of Creation, and almost certainly the root cause of most people being unable to create their reality after reading most books, watching the movie etc.

Now let us look at the relative mechanics of creation more closely.

The word "attraction" implies that the reality we wish for is outside of ourselves, in other words external to us in some way, and therefore in order to experience it in our experiential reality we must first attract it to us from somewhere "out there".

This is a fundamental mistake, an one that leads to lack of success.

We all exist as Divine aspects and expressions of Source Energy - God, Who resides within each and every one of us without exception. And it is God within us that "doeth the works", in other words creates through us.

Everything we experience therefore comes from the inside, created by our thought processes giving rise to a Thought Form, and which then manifests outwards into our physical experiential reality.

This then is what I refer to as the true "Principle of Creation".

While people continue to think and act in physical terms - as if everything is external to them - for example saying "that car" or "that house" implying space and time, then it will not be possible to effectively create reality.

I cannot stress this enough - just as Science of Being and Consciously Creating Circumstances stresses and teaches it - we create from the inside out - we do not attract to us that which is already outside of us and therefore an aspect of the inner reality of others.

The Principle of Creation therefore is simple:

To realise God within and to create from a position within God.

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The way to do this is by "going within", that is to say focusing your consciousness within, realising the Energy of God, of Source, of Divine Providence, and then, from the position of God, as God, project your wishes, needs and desires beyond space and time, knowing them to be true Now, and knowing, with absolute certainty that the infinite, creative powers of Source Energy, God will bring them to fruition.

It is crucial to do this as God and not with God implying a duality.

In this context it is easy to see why so many people have thus far not succeeded after the promises of the movie and numerous books about The Law of Attraction.

If you wish to become a powerful creator of your own reality, you must first learn to focus your Mind inwards to become One with God. The more we can realise God within, the more powerful we become as creators of our own reality, and co-creators with God in the Universe.

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20 July 2008

Science of Being and Health

Welcome to your newsletter - I do hope that you have enjoyed a wonderful, healthy and abundant week.

I would like to welcome the many new subscribers joining us this week - I hope that you find your newsletter to be of value both in your daily life and as we experience the profound changes together over the next few years.

In view of the emphasis on the great works and words of the Baron Eugene Fersen, I thought it appropriate this week to take a closer look at just one aspect of his teachings from Lesson Seventeen of Science of Being in Twenty Seven Lessons - that of the most important subject of Healing.

This is what The Baron Eugene Fersen says in his opening paragraph:

"TWO thousand years ago the ideal of healing was very simply formulated and expressed in the words As a man thinketh, so is he."

It has taken Mankind nearly twenty centuries of bitter toil and struggle upward along the path of Evolution to arrive scientifically at the same conclusion.

Yet today the attention of Medical Science is shifting bodily from the well exploited field of physical research to the comparatively new field of Mind, not because of any blind religious faith in the above principle, but because the facts uncovered by physical investigations prove it beyond dispute to be true".

Later in this lesson he goes on to state the profound truth:

"Physicians are only now beginning to realize the absolute mastery of Mind over Body. Experiments have proved with complete certainty that the physical self of an individual is utterly at the mercy of the mental tyrant who rules it. Like a chameleon which always assumes the colours of its surroundings, so the human body always reflects accurately the mental conditions of which it is the host.

Disease and ill health, therefore, instead of being due exclusively

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to destructive physical organisms, as was formerly thought, have their source really in the Mind of the individual. Germs themselves are simply the material manifestations of negative influences which originate in Mind. A healthy Body is the accurate expression, the projection within the range of our perception, of clean and harmonious vibrations. A sick Body is the equally accurate expression of the disharmonious thoughts and emotions, such as Fear, Worry, Hatred, Jealousy, Envy, etc., which lodge in our mental spring and pour their pollution into the harmonious stream of vibrations emanating from it."

Now what do these profound words mean in real terms:

Well first of all let us consider the meaning of the simple but powerful truth:

"As a Man Thinketh, So He Is". Of course although this is written in the masculine form, it really means all humans including both genders including animals.

Human beings often fear "germs", the fear of germs having been ingrained in human consciousness for many years, particularly since the marketing of "disinfectants" and so on.

However, while humans are worried about what "germs" might be lurking in their kitchens and other places, animals are eating foods covered in soil and other natural materials from the ground, and even, in the case of rats, birds and other scavengers from garbage bins, garbage dumps and other such places.

Yet these animals never, ever become ill as a direct result.

If a human were to accidentally touch such things they would be terrified of contracting "food poisoning" and accordingly this would become their reality.

Between 1843 and 1846 a surgeon by the name of James Esdaille, long before anaesthetics, antibiotics, disinfectants etc. performed over 400 complex operations including cancer removal, amputations, major abdominal surgery and more. His patients experienced no pain or discomfort, and most fully recovered without complications or infections.

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What did he do?

He simply placed his patients into a state of hypnosis, and suggested to them they would feel no pain and would recover completely - which they did.

This is an impressive illustration of the power of the Mind over the body.

So plain and simple, everything experienced in the physical body originates first within as a result of the activities of the Mind.

One disease where this is particularly true is cancer. Everyone has the latent potential to contract cancer which is simply the outward manifestation of the activities of the conscious Mind, and particularly of stress.

Experiencing stress over the course of time will exert its low vibration influence over the Energy body, before inevitably manifesting as an experienced physical disease.

So what is the solution?

The image Source, God holds of us is Perfection. All we need to do therefore is to know, beyond doubt that Perfection, to realise and express that Perfection as an aspect and expression of Perfection, God, and who realises and strengthens the connection with Universal Life Energy, and we will always experience perfect health.

I will conclude with these words of wisdom from Eugene Fersen.

"Until human beings have learned to understand this clearly, they will continue deliberately to breed the devastating hosts of diseases and ills which assail them on the Physical Plane. The tendency to evil, and the false optimism its easy prospects inspire, are too strong to be lightly discarded and too tempting to let the eye stray beyond to the price that must be paid. Some strength more sure than the faltering Will, some vision more keen than the short-sighted eye of Mind, is needed and is ever at hand for those who will use It--Universal Life Energy.

Against this supreme Essence of all that is Positive nothing of a negative nature can long prevail. Evil passions, destructive

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thoughts, perverted fancy--all the mental vermin spawned in the dark places of the human Mind lose their grip in the cleansing blaze of that Power and vanish like the shadows that harbour them."

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3 August 2008

The Importance of the Chakras

Welcome to your newsletter - I hope that you have enjoyed a joyful, healthy and successful week.

As usual I would first of all like to welcome all new members. Once again this week there have been a particularly large number of you joining us, which is wonderful.

I do hope that you enjoy this and all future newsletters and find them to be of great value both on your Spiritual path and in physical life on this planet we share together for now.

Anyone who has read Our Ultimate Reality, Science of Being, Consciously Creating Circumstances and other such books will no doubt know of the crucial importance of Energy within all levels of the Universe, including the aspect of the Universe, of Source, that is the human body and all of its physical and non-physical characteristics.

Our ability to attract, assimilate and direct Energy effectively is absolutely fundamental to our well-Being on numerous levels, not the least of which is health.

The more we can absorb, store and direct Energy efficiently, the more control we will enjoy over our own health, abundance and happiness, and, as we discussed at length last week, the more "alive" and vibrant we will feel.

Baron Eugene Fersen refers to Energy as "Universal Life Energy", to which he dedicates much of his book and exercises to this crucially important subject - and rightly so.

However, although these books teach how to harness and direct Energy, they do not discuss another absolutely fundamental aspect of this - storing Energy.

The more Energy we can store, the more we can utilise plane and simple. And in turn the more Energy we have at our disposal, the more powerful we become, and in turn the more control we have over our own individual experiential reality at all levels.

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Whereas a lack of stored Energy results in lethargy, lack of motivation, lack of health, lack of success and lack of success in attracting others, including partners, conversely the ability to store Energy will bring the opposite of these situations with the profound benefits this will bring.

So how then is Energy stored?

As humans we have an infinite number of "bodies" - the physical body followed an infinite number of non-physical or "subtle" bodies extending all the way to Source, God, of Whom we are equal aspects and expressions, and from Whom we came in the beginning.

The first subtle body, located between the physical and Astral bodies is known as the Etheric or "Energy" body.

The Energy body directly corresponds to the physical body which it in turn feeds with Energy at the corresponding Energy centres. The Energy Body also acts as an Energy interface, a sort of "step-down transformer" between the low vibrations of the physical body, and much higher vibrations of the Astral and Mental bodies - The Soul and Spirit.

The Energy body contains a large number of Energy interconnected storage points, the largest and most importance of which are the Energy Centres known mystically in the Far East and increasingly everywhere as "Chakras".

It is absolutely crucial for the Chakras to be functioning as optimally as possible in order to store the maximum usable Energy.

It should be noted that the Yogis and Tibetan Monks of the Far East dedicate their entire lives to developing the Chakras such is the importance they place upon of this aspect of development. As a result, and in conjunction with the Mind power, they enjoy powers and abilities that would be considered "super human", "supernatural" or "miraculous" to people in the west and most other cultures.

Also, healthy Chakras are important in the way we are perceived by others. Those with healthy Chakras and therefore strongly radiating vibrant Energy can attract others like magnets. For this reason for

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example healthy Chakras are very important for attracting a partner. Conversely one reason why people fail to attract a partner or others in to their life are poorly developed Chakras with correspondingly low Energy and vibrations. Such people appear to others as "dull", dreary", "boring" and generally lacking charisma and attractiveness.

Even in a world where people judge based upon appearances, a vibrant Energy body will always overcome - such people always being sensed as attractive and desirable.

An analogy I sometimes use is likening the Chakras to the battery of a car. If the battery gets older it loses its capacity to "hold charge", until eventually, no matter how much the battery is charged, it will not start the engine or maintain the electrical systems of the car.

The same applies to the Chakras. Poorly developed, inefficient Chakras will not adequately support the vital systems of the body, and even if Energy exercises are performed, the Chakras will not "hold" the Energy which is being directed in to the Energy body, which will instead quickly dissipate back in to the Universe.

So it immediately becomes clear therefore that developing the Chakras generally is an important cornerstone of success and well-being at many levels.

In addition to the overall importance of the Chakras and maintaining the flow of Energy between them, each individual Chakra has a very specific and crucial function, each being an "interface" with the Universe for very specific purposes.

So let us now review how Chakras may be defined, and the individual function and importance of each one:

The word "Chakra" is Sanskrit for "wheel" or "disk", signifying any one of the seven main Energy centres located within the Energy body. Each of these Energy centres also corresponds directly to a major physical nerve ganglia, or gland, connected to the spinal column. The Chakras also correspond to the many levels of Consciousness, Spiritual connection, developmental stages of life, colours, sounds, body functions, and much more.

The Crown Chakra: This Chakra is located around the crown of the

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head and relates to Consciousness as pure awareness. The Crown Chakra is our Divine connection to the inner realms of reality, to a timeless, space-less place of all-knowing. When well-developed, this Chakra brings us knowledge, wisdom, understanding, Spiritual connection, and bliss.

The Brow Chakra: This Chakra is located directly between the eyebrows and is often known as the "third eye". It is associated with the ability of "seeing", both psychically and intuitively, and it is closely associated with "Clairvoyance" or "clear seeing". A clairvoyant can perceive within the "Mind's eye" inner realms of reality beyond the physical world, particularly the Astral worlds, and can also perceive things in the physical world beyond the reach of the normal five physical senses.

Thousands of years ago, everyone possessed a highly developed brow Chakra which enabled them to maintain full contact with the inner realms of life and reality by means of Clairvoyance. However, as mankind has become increasingly focused upon the material world, the perception of the brow Chakra has steadily diminished to the point where it is largely unused today in most people.

The Brow Chakra is also the Chakra used for Visualisation - an important ability for invoking The law of Attraction. The more powerful the Visualisations projected through the Brow Chakra, the more of an impression it will create in Universal Energy, increasing the power and seed of manifestation.

The Throat Chakra: This Chakra is located in the region of the throat and is related to communication and creativity. By means of the throat Chakra, the world is experienced symbolically through vibration, such as sound representing language. It is also, therefore, the Chakra involved in "listening" to the inner realms through the more subtle vibration of communications.

The Heart Chakra: This is the middle-most of the major Chakras and the lowest part of the upper triangle of the Chakras (crown, brow, and heart), which are associated with the inner realms. The Heart Chakra is related to Love and also integrates opposites within the psyche, such as the Mind and body, male and female, persona and shadow, Ego and unity. A healthy heart Chakra allows people to love deeply and unconditionally, feel compassion, and enjoy a deep sense of peace, contentment and centeredness.

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The heart has always been a symbol of love in most cultures. The emotions that people associate with the physical heart actually originate from the heart Chakra of the Energy body.

The Solar Plexus Chakra: This Chakra, often known as the "power Chakra", is located in the solar plexus area or navel. It rules personal power, will and autonomy, as well as metabolism. When healthy, the solar plexus Chakra brings Energy, effectiveness, spontaneity and non-dominating power.

The Solar Plexus Chakra is also directly associated with the Subconscious Mind through which it is connected with the higher bodies and with the Ether, known as the Akasha in far Eastern cultures. Through the Solar Plexus Chakra and the Subconscious Mind we receive to our conscious Mind intuition and other communication from the inner Spirit worlds and Higher Self.

Many people will recall occasions when they have thought about something and instantly received a strange feeling in the area of the lower stomach. People often refer to such experiences as a "gut feeling" or a "sinking feeling" in the stomach. This is a communication from the inner realms or the Higher Self, and is often a confirmation or warning about a thought within the Mind. It can be a positive "gut feeling" or a negative "gut feeling". It is certainly advisable to heed such feelings and to take any appropriate actions without delay.

Most importantly, the Solar Plexus Chakra is our direct connection with Source, God and may be likened for example to an umbilical cord. Developing this Chakra therefore is to also develop our connection with God, in turn leading to God realisation which should one of the most fundamental objectives of every human being.

The Sacral Chakra: This Chakra is located around the region of the groin and is related to the water element, as well as to emotions and sexuality. It connects people to others through feelings, desires and sensations. Ideally, this Chakra brings fluidity and grace, depth of feeling, sexual fulfilment and the ability to accept change.

The Root Chakra: This Chakra is located at the base of the spine. It represents the Earth element and is related to survival instincts, as well as the connection to the physical world.

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Ideally, this Chakra brings good health, prosperity, security and dynamic presence.

So it can be plainly seen that healthy Chakras can and do exert a profound influence over our experiential reality and experience at all levels.

Of course - Developing the Chakras is another matter. There are many methods out there that claim to develop the Chakras, but many, if not most only result in temporary results - if that. One reason for this is that these methods rely on visualisation.

Now while visualisation is an important tool for developing the Chakras, it will not, in and of itself influence the Chakras sufficiently to make any lasting, if any changes.

The Chakras need to be directly stimulated and above all sensed. Each Chakra resonated to its own Energy Vibration, and will therefore respond to that unique vibration.

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10 August 2008

Fundamentals of Health

Welcome to your newsletter. I do hope you have enjoyed a wonderful week.

I would as always like to welcome all new members to this newsletter.

Once again this week there have been a particularly large number of you joining us from all over the world, many after being referred by friends, relatives and others who truly care about you.

One of the very greatest and highest services we can offer here on Earth as we journey along our path is to help others on their own path in any way we can. In doing so you will be truly blessed.

Within the inner spheres of life there are a wide array of advanced and Divine Beings who selflessly dedicate themselves to the wellbeing and evolution of humanity. In turn there are even more evolved Beings who help them - and so it is on the great path - each guiding the other on the sacred journey back to our Creator.

In addition to evolving individually, it is crucial that all humanity evolves as a group as we experience the Transition of the Ages together. My life is dedicated to helping this to be realised.

So please do share this newsletter which I write every week as with those you Love and care about, and also suggest that they might join us here that they too may benefit in future weeks. They can join quickly and easily from the home page of my website:

Together with Abundance, perfect Health is one of the most highly prized and sought after conditions desired by humans, which, taken together, contribute towards that ultimately sought after life of Joy, Happiness and Fulfilment - the birth right of every human being.

Perfect Health though must always come before Abundance.

We can experience a joyful and successful life on Earth if we are blessed with perfect Health, even if we are not what humans define

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as "wealthy", but if we are "wealthy" and experiencing poor Health, then the wealth clearly cannot be enjoyed and becomes meaningless.

Abundance does not always imply wealth. Abundance is in realising and experiencing all of our physical needs from the infinite Abundance of the Universe, and need not be measured in material terms.

While Abundance to one person might mean living in a mansion, with homes all over the world, fast cars, several vacations per year and more, Abundance to the next would be a humble home with a meal on the table each day for the family.

Divine Providence, Source, God, never denies us anything. We are always given whatever we believe we need for our experience on Earth - all we have to do is ask.

This is true because if God were to make "decisions" for us, then God would be influencing the course of evolution of the Universe. Perfection can only be achieved by an infinite number of aspects of God, each with freewill, striving for perfection through experience.

Health on the other hand always implies a perfect physical state of Being - we cannot for example strive to be "semi-healthy".

So wealth is a subjective experience while health is an objective experience, and therefore health must always precede wealth.

Many people today still turn to their doctor, pharmacist, therapist etc for a solution to all their ailments.

The truth is - all that any of these "professionals" can offer at very best is a solution that masks the outward manifestation of a disease that always, without exception originates from within.

Even if a surgeon surgically removes a cancer, the underlying, inner cause of that cancer, the real disease, still exists, and therefore has the potential to exert its influence again.

"As above, so below" or more accurately "as within, so without".

No disease, ailment or affliction, or indeed any aspect of our physical experience can manifest without first existing within, and

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what manifests within must also manifest without - by immutable Universal Principle.

Yes of course bacteria, viruses, poisons, toxins and other organisms and agencies can bring about disease, but these are only the outer manifestations and agents of an unseen inner origin.

In materialising in the outer, physical world that which already exists within, in the non-physical realms, the Universe will make use of physical means such as bacteria, viruses and other entities.

A classic example of this are the wide variety of cancers that afflict humans today.

It is no coincidence that cancer was almost unheard of in ancient times, or that cases and varieties of cancer are dramatically increasing today along with other "modern diseases" such as HIV.

So why then is this?

Cancer is not even the result of an infection by a bacteria or virus, and therefore cannot be contracted from another person.

As humans we are not simply a physical body. The physical body is rather the outermost manifestation on an infinite number of subtle bodies of Energy and Light, existing at increasing Vibration, extending all the way back to Source, First Cause, God, from Whence we came in the beginning at the very highest Vibration of All.

Although all in creation, including our physical body of matter is still comprised of pure Energy, Energy at this level is at an extremely low vibration, so much so in fact that it differentiates into the gross physical form that humans call "matter".

Beyond the physical body, each of our subtle bodies forms part of a continuum of Energy and therefore Vibration, each seamlessly merging in to the next, extending all the way back to Source, God.

However, due to the fact there is such a relatively large difference in Vibration between the Astral Body, the Soul, and the physical body, an intermediate body becomes necessary - the Energy Body, also known as the Etheric Body.

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The Energy Body acts as an "interface", effectively a "step-down transformer" between the physical and Astral bodies and maintains the relationship and Energy flow between them.

To provide you with an analogy - you cannot plug a portable device such as an MP3 player that normally operates on a 5 volt battery supply directly into a 110v or 240v mains supply - it would be instantly destroyed.

In this context our physical body represents the MP3 player while our Astral Body represents the mains supply that feeds it.

As humans we have therefore also been provided with an Energy body which acts as both the charger and step-down transformer.

Our Energy Body, constituted of Energy at a much higher frequency than our physical body is very sensitive to the Energy of our thoughts, feelings and emotions, which will instantly influence the Energy body in direct accordance with the nature of those thoughts, feelings and emotions.

So each and every thought will have a corresponding effect on our Energy Body, just as each and every thought is a cause with a corresponding effect over our entire experiential reality of which our physical body is an integral and inseparable aspect.

In order to enjoy perfect physical health, in addition to a perfectly balanced Energy Body, our physical body must receive a constant flow of Energy from the Energy Body, which takes place through Energy Centres mystically known as the Chakras, which we discussed last week, and which act as a conduit as well as distribution centres for the Energy circulating around our physical body and corresponding organs.

To use another analogy - we can take any electrical or electronic device that previously functioned perfectly, but if a circuit or silicon chip of that device becomes damaged or malfunctions in some way, the operation of that device will be compromised accordingly.

The same applies to the Energy circuits and storage centres within our Energy Body.

And to provide you with a further analogy that we have used

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previously - the Chakras can be likened to the battery of a car. If the battery is healthy then it will start the engine and maintain the electrical circuits and functions of the car efficiently.

If on the other hand the battery is nearing the end of its life, and no longer "holds its charge", even if plugged in to a battery charger, then it will increasingly struggle to turn the engine over to start it, or to maintain the electrical components of the car.

And so it is with the Chakras. Chakras that are in poor condition will not store and forward Energy efficiently, and any individual Chakra that is not performing properly will restrict the flow of Energy to and from the other Chakras - a chain is only as strong as its weakest link.

So how then does this relate to health?

Due to the "modern" lifestyle and an increasingly outward, materialistic and in some cases selfish focus, thought Energy is projected outwards towards material things instead of inwards.

The self-inflicted stresses of "modern living" with all the resultant, often negative thoughts, feelings and emotions associated with it have a profound influence over the Energy Body, both in terms of balance and ability to store and forward Energy to the physical body.

Last week we discussed the implications of this lack of Energy in terms of lethargy, motivation, activity etc.

In terms of health though there are other, much more serious implications.

During the course of experiencing stress, anxiety, negative emotions and other adverse thought patterns, these are absorbed and assimilated by the Energy Body which then becomes unbalanced due to the characteristics of this low vibration, unbalanced thought Energy.

Any imbalances manifesting in the Energy Body must, by immutable Universal Principle sooner or later - often sooner - manifest outwardly in the physical body as a physically experienced disease.

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Again - this process is certain by through immutable Universal Principle.

Although doctors may endeavour to "treat" the outward "symptoms" of the disease in various ways, then can never actually heal it.

In fact there has never been a disease in the history of humanity that has ever been healed purely through physical or chemical means.

This is why, in reality, diseases such as cancer can only be healed at the point at which they originate - the Energy Body - and by the same source of influence - Mind - and this is the reason why, in reality, cancer is one of the easiest diseases to heal.

This is also the reason why there have been so many "miraculous" healings of "inoperable" cancers and tumours. The Mind can destroy rogue cancer cells and restore the body to perfect health with absolute ease, simply because all it is doing is to restore the body to its natural state from the "blueprint" it holds of the body - a blueprint of perfection provided by our Creator, God, in Whose perfect Image we are made.

So what then does all this mean in real terms?

It means quite simply that if we are to experience a healthy and balanced physical body we must also maintain a healthy and balanced Energy Body.

This then involves three fundamental factors:

1. Maintaining a healthy, balanced and vibrant Energy Body
2. Maintaining healthy, open, active Chakras
3. Avoidance of all destructive thoughts, feelings and emotions, and in particular stress, worry and anxiety.

Joy and laughter is high vibration, healthy and constructive, whereas misery, stress and anxiety is low vibration and destructive.

Of course I realise that this might seem easier said than done, but I assure you it is within the capacity of everyone reading this newsletter. Healthy Mind and healthy thoughts, feelings and emotions

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equates to a healthy body.

We are free thinking Beings with the same infinite powers as our Creator. We can chose our thoughts, feelings and emotions - they do not arrive or are inflicted upon us against our will.

It is true that our feelings and emotions can and are influenced by the vibration of those around, because in reality they are part of us, but nevertheless we still have the power not to participate in those low vibrations, instead raising our own vibration.

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17 August 2008

The Parable of Pro-action

Welcome to your newsletter. I do hope you have enjoyed a wonderful, healthy and happy week.

As we approach the end of the Summer season, here, outwardly, Summer has so far passed us by with just a handful of warm, sunny Summer days to remember, the rest being of cloud, rain and wind.

Am I sad about this? Absolutely not, and neither should you be if you too have experienced the same Summer weather in your location.

The true Sun is within us - the Central Sun - Source, God of Whom we are all equal aspects, expressions and channels of experience.

For those who know, understand and realise this great Truth the Sun will always shine, warmly illuminating our lives from within with infinite Joy, and everything else we could possibly desire.

Although it is wonderful to enjoy a bright, warm Summers day, the Kingdom of Heaven is within us, and is timeless and season-less.

I would like to extend a very welcome all new members to this newsletter. This week, once again there are a particularly large number of you - many referred by those who Love and care about you.

As I have mentioned before and should do so again, amid the dramas and challenges of the material world, where many it seems simply "look out for themselves", there are few greater services that you can offer as a human Being, occupying a physical body, than to help another human Being find their true path and purpose here on Earth.

It has been some months since we last visited the inner meaning of the words of the person known as Jesus, as documented in the book known as the Bible.

For the benefit of the thousands of new members to this newsletter since our last discussion on the inner meanings of the Bible, and who might be wondering why a newsletter dedicated to Spiritual Evolution and Metaphysics is even mentioning the Bible or religion at all, I would like to make this clear from the outset.

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The meaning behind the original teachings of the person known as "Jesus" was to teach the teachers, the twelve "disciples" or "apostles", who would later teach their own further group of teachers, people capable of understanding and teaching the true meanings of the teachings in the purest form to further teachers, and so on down through the centuries, until finally, as we near the end of this great age, millions of people would have been taught, and who would have acted upon those teachings, in readiness for the great transition of the age. Jesus himself taught this:

"And the disciples came, and said unto him, Why speakest thou unto them in parables? He answered and said unto them, Because it is given unto you to know the mysteries of the kingdom of heaven, but to them it is not given. For whosoever hath, to him shall be given, and he shall have more abundance: but whosoever hath not, from him shall be taken away even that he hath. Therefore speak I to them in parables: because they seeing see not; and hearing they hear not, neither do they understand. And in them is fulfilled the prophecy of Esaias, which saith, By hearing ye shall hear, and shall not understand; and seeing ye shall see, and shall not perceive, For this people's heart is waxed gross, and their ears are dull of hearing, and their eyes they have closed; lest at any time they should see with their eyes and hear with their ears, and should understand with their heart, and should be converted, and I should heal them". But blessed are your eyes, for they see: and your ears, for they hear. For verily I say unto you, That many prophets and righteous men have desired to see those things which ye see, and have not seen them; and to hear those things which ye hear, and have not heard them. Hear ye therefore the parable of the sower.
--Matthew 13:10-18

This simple passage refers to the multitude at that time in the history of Earth, 2000 years ago, who, although they heard the words of Jesus with their physical ears, and witnessed what seemed to them like "miracles" through their physical eyes, they were still nevertheless "deaf" and "blind" to the true meaning of these teachings, and accordingly could not be Spiritually "converted" from their current "gross" perspectives steeped within the material world, to the inner or "higher" path, because they were simply not yet ready to "see" or "hear". When people are ready, their ears and eyes are opened, and they hear, see and understand, and would never interpret the words of Jesus in a literal or theological manner.

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So the purpose of these subjects in the newsletters is to follow the example of Jesus in showing you the "mysteries of Heaven".

I would also like to point out that the entire Bible has been translated from Ancient Greek into the Medieval Old English of many hundreds of years ago, and retained in this from even today, simply because it sounds much more impressive and mystical to modern day followers of religion. If the Bible were to be translated from its original Ancient Greek in to modern English, which would be more appropriate, it would seem nowhere near as impressive, and hence the maintenance of the Old English translation which does nothing for modern understanding of the inner meaning of the Bible.

That said, now let us turn to the Parable that we will be discussing this week:

"But what think ye? A certain man had two sons; and he came to the first, and said, Son, go work to day in my vineyard. He answered and said, I will not: but afterward he repented, and went. And he came to the second, and said likewise. And he answered and said, I go, sir: and went not. Whether of them twain did the will of his father? They say unto him, The first. Jesus saith unto them, Verily I say unto you, That the publicans and the harlots go into the kingdom of God before you. For John came unto you in the way of righteousness, and ye believed him not: but the publicans and the harlots believed him: and ye, when ye had seen it, repented not afterward, that ye might believe him". -- Matthew 21:28-32

This is a very important parable, and one which is directly relevant to The Law of Attraction, Spiritual Evolution and life generally.

An aspect of The Law of Attraction that few books and other resources speak about is Action.

We are presently living in a material world, where often, but by no means always, things come to us through physical means, notably through other people. Every person is an aspect and expression of God, and therefore God expresses through every single individual, and this includes in the context of The Law of Attraction, or more specifically The Principle of Creation.

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I will continue to use the phrase The Law of Attraction simply because it is most familiar to everyone.

The Law of Attraction would work much faster for many people if they would facilitate a channel of manifestation by thinking and acting in the direction of their desires, this impressing upon their Subconscious Mind the Intent to experience that particular wish or desire.

The same applies to Spiritual Evolution where understanding inner knowledge on an academic level is very different to actually putting the teachings in to practice, therefore impressing an intent to Evolve.

In this Parable we have two sons, one of which initially says that he will not do something but then does it, and the other of which initially says he will do something but then does not do it.

The moral of this Parable is simple yet profound.

Although words alone may have power, particularly those that impress the Subconscious Mind, the efficacy of these words is diluted unless accompanied by corresponding actions and therefore intent in the same direction.

Jesus himself was an excellent example of just such a person.

Even though he was a powerful teacher, he also lived his teachings in every possible respect, including healing people of all manner of often serious diseases as a central value of his life.

A person who does not yet understand these truths will typically wait around for "something to happen" and will then react. Such a person may be regarded as being "reactive" and applies to many people today.

A more evolved and indeed involved person will understand the importance of working with the Universe, Source, God as an equal aspect, and Co-Creator, thereby participating in the process of Creation and is therefore "proactive".

Many people for example might "pray" for change, hoping that some benevolent deity called "God" will take pity on them.

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People who work "miracles" are generally proactive, always taking action in the direction of their thought processes.

This is why Jesus concludes with, what to many might seem like a surprising statement:

"Verily I say unto you, That the publicans and the harlots go into the kingdom of God before you".

The strict translation from Ancient Greek, transcribed to modern English would actually read:

"Verily I say unto you, That the tax collectors and the prostitutes will enter the kingdom of Heaven before you".

This might come as a shock to people who believe that by going to church and "accepting Jesus as their saviour" they get an automatic ticket to Heaven, whereas Jesus actually makes it clear that people such as prostitutes are much more likely to achieve that.

This also illustrates the truth that God does not judge the professions people choose of their own freewill, but rather only immutable Universal Laws prevail, in this case in the direction of those prepared to take action in their lives, instead of sitting around simply hoping that something will change.

It also illustrates the Truth that we should never judge anyone for any reason. We simply do not know why a person is who they are for this particular adventure on Earth, and what experience they need to gain, and also the Truth that there is no such concepts of "right" or "wrong" but only rather Experience.

I will conclude by stressing however that action is not an absolute prerequisite to realising all your wishes, needs and desires.

The Universal, Source, God of Whom we are integral aspects and expression Unconditionally Loves us All, and will always provide our wishes, needs and desires unconditionally, in accordance with the extent to which we can realise Universal Life Energy, Source, God within, and above all with absolute Faith and Belief in experiencing the object of the Desire Now.

However - taking positive action in the same direction will enhance

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this process so it appears in our experience that much sooner.

Very often, with Healing, there is no appropriate external action that can be taken, and none that will help, but even then it is clearly beneficial to live a healthy life and in particular eat healthy foods, the foods we are "designed" to eat, notably raw, harvestable, plant based foods such as fruits, some salads, nuts etc.

In accordance with Pro-action, there is little sense in using the power of the Mind to heal yourself of diseases while consuming fast foods, meat and dairy products, processed foods etc, all of which have the capability of compounding the severity of health issues while bringing about even more.

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31 August 2008

The Mystery of Reincarnation

Welcome to your newsletter. I do hope that you have enjoyed a wonderful, happy, healthy and joyful week.

As I have mentioned in previous newsletters and is always worth repeating again - whatever you are experiencing now is the direct result of your previous thoughts.

If you wish to experience only your perfect future, then only allow perfect thoughts in to your Mind and consciousness in the Now. Plain and simple - change your Mind and change your life.

I would like to extend a very warm welcome to all new members joining us during this last week. As is often the case, many of you have been referred by those who truly care about you.

Of all the important questions arising generally on these matters, few are deemed as confusing and mysterious as Reincarnation, due largely to a widespread understanding of how this process actually takes place.

Indeed many people live in fear that they will, for example, need to "return" to repeat their current "life" all over again, and might even return as an animal or other form of life.

So let us today then clear up this confusion by taking a closer look at the mysteries of reincarnation.

First of all the word "reincarnation" is, in and of itself very misleading. This word implies to "come back to Earth in another body", which in itself no doubt leads to much confusion and worry.

This confusion almost always arises due to the notion that after we "die" we spend some time in the Astral worlds before "deciding" to "take" another human body, at which point we leave the Astral and descend in to the new body at the time of conception or even after.

This perspective is completely erroneous and we will now take a look at why this is.

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Our true Self our Individual Self, is actually our "Higher Self", Who is the total of all our personalities on Earth.

Each personality is born with a physical body, transitions in to a non-physical body after "death" to the Astral and then Mental realms, before eventually arriving back to the Higher Self with that particular "package" of experience.

Each "package of experience" adds to, and thereby enhances the Higher Self which steadily becomes more complete, balanced and more perfect with each package of physical life experience acquired.

It is the objective of the Higher Self then to collect as much experience as is necessary in order to move on from or transcend the cycle of reincarnation to much greater things, the likes of which are beyond the comprehension of most.

It is worth pointing out at this stage that the Higher Self is a perfect reflection of Source, God, the Universe - everything that occurs does so in the direction of experience, expansion and thereby perfection.

This also applies to every level of life in the entire Universe in all spheres of Life and Reality from The Source, The Higher Self, all the way to individual expressions of personality on Earth.

As we evolve, groups of Higher Selves come together to form group Entities that empathetically cooperate to help evolution lower down the path. And so it is until eventually all Beings are just one single entity - The Source, The First Cause - God, the Logos.

Now the process of reincarnation can be related to a wheel.

If we look at a wooden cart wheel, we see that it has a hub at the centre, spokes radiating outwards from the hub, eventually joining the outer rim of the wheel. In this context the wheel represents the following:

Hub - the Higher Self

Spokes - time lines relative to Earth

Rim - the physical Universe

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The hub, the Higher Self, is the total of all physical lives and "future" lives relative to Earth. It can be likened to the facets of a glittering rough diamond which eventually becomes a perfect diamond once all of the facets of the diamond have been polished - each physical life experience, through that individual personality, adds more polish and perfection to the diamond as a whole.

Each spoke represents an individual experience which takes place by first starting at the rim after originally travelling down that time-line spoke, to, for example Earth, and then, after that personality has concluded its mission, progressing back up each time-lines poke from whence it came, eventually returning to the hub - the Higher Self.

It should be pointed out however that as people become more and more materially focused and involved with the dramas of the material world, the personality forgets what its mission really is, thereby failing to fulfil it. This necessitates the High Self sending a further personality to Earth simply to repeat the same experiences through which to gain the necessary knowledge and experience.

Now - before sending another personality down a spoke to arrive on Earth for "another life", the Higher Self first needs to understand exactly what "package" of experience is required for a certain aspect of its own overall evolution and therefore perfection.

The Higher Self will then send a personality down that time-line spoke into the space-time continuum of the physical Universe, to be born, or "incarnated" in to the precise body, time-line and circumstances representing the best opportunities to gather the knowledge and experience required.

As you will remember - the rim represents the planet Earth and the rim is also circular - this means that the Higher Self can send a personality down any spoke and arrive at any time-line in the history of Earth or any other planet in the physical Universe - time only becoming significant upon arriving within the space-time continuum of the physical Universe.

As already mentioned - the Higher Self also chooses which country, location and parents would best present the opportunities for the experiences required for this particular "incarnation". So the Higher Self could for example send a personality to be born as a

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female to a family of bakers living in London, England during the middle ages. Another concurrent personality of the Higher Self might be a male born to a doctor and his wife living in India in 1999.

Another personality might be a son born to a Saxon noble family of land owners in early medieval times and so on.

It is important to understand that these personalities are not sent by the Higher Self sequentially, i.e. one at a time. All incarnations of a human being take place concurrently, i.e. simultaneously relative to the Higher Self - we only experience the illusion called "time" and "space" while here on Earth. Beyond the physical Universe "time" and "space" do not exist, and it is accordingly entirely erroneous to think in terms of "past" or "future" lives - there is only the Eternal Now.

It is therefore possible for hundreds or even thousands of "yourself" to be living in the Astral all at the same time, although you might not know it. This is why the Astral is populated with countless trillions of people and beings from other planets living in the infinite Astral planes all at the same time.

The Astral planes are only transient however - they have been created by the Minds of Beings such as humans after what they experienced on Earth, believing it to be "reality", and craving to continue the material pleasures they left behind on Earth.

The reality is that the Astral will dissipate once this phase of evolution of the Universe is complete, an eternal process, just as all illusions are transient and will dissipate sooner or later.

The Astral worlds are neither "home" or "heaven", they are simply a necessary interim and transient step for most people on their way back to their own Higher Self with the package of information gained on Earth, followed by the Astral and then Mental realms of life and reality.

The spoke of each life passes through the Astral and Mental planes before reuniting with the hub of the Higher Self.

Once the Higher Self has gathered all necessary experience, it will withdraw all existing incarnations that are living on Earth or

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another planet, or Astral and Mental planes, regardless of their current situation, because Higher Self no longer requires the benefit of those experiences, now being as complete as necessary for that phase of evolution.

After this has taken place, Higher Self assumes the personality of the dominant, most advanced incarnation before moving on to much greater responsibilities as a powerful co-Creator in the Universe.

Also I must stress that notwithstanding the doctrines of some cultures there is no inter-species transmigration where a human has experienced a "bad" life will return as a dog, or a horse, or goat etc. Evolution will continue to take place as the Energy configuration of a human Being.

Aside from the fact that "good" and "bad" are erroneous human concepts of polarity that simply do not exist, we are here to learn through experience - there is no "good" or "bad" experience, only experience itself.

The Higher Self generally requires a vast range of experience as both genders, on many different time-lines and situations on Earth in order to achieve its objectives.

A word about "past-life" regression.

Many believe that such regressions are accessing linear "lives" that take place one after the other as the same basic personality.

This is not the case. Past-life regression therefore involves accessing the Higher Self Which has the knowledge of all incarnations.

Why do people not remember "previous lives".

The reason for this is because to do so would be so traumatic, the person may not be able to continue due to the very wide range of powerful emotions it would invoke such as self-pity, thereby compromising that incarnation.

Most will have experience lives in the stone ages starting with our distant ancestors, the various world empires during which there were times of great carnage, in the medieval ages where there was

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great suffering and torture, the two world wars and so on, experiencing life from all sides including victim.

These are all great, but different experiences, that we are concurrently experiencing in the Eternal Moment of Now, but which people need to be shielded from for the reasons just mentioned.

I do hope that this has answered many questions and resolved much confusion on this important subject of reincarnation, and that there is nothing to fear from this process - quite the contrary.

To fear reincarnation would be like fearing going to kindergarten as a young child. Which young child does not enjoy and learn from playing and learning at kindergarten, before going on to discard their toys to move on to new experiences?

Live each incarnation sensibly and with joy, and above all while being Mindful of who you are and why you are here, that there is nothing to fear, that your life will unfold perfectly in tune with the perfection of the Universe and of our Divine Creator who will always provide all of our needs for each incarnation if allowed to do so by allowing instead of doing.

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7 September 2008

Mysteries of Karma

Welcome to your newsletter.

I do hope you have enjoyed a wonderful healthy, happy and abundant week.

Since our last newsletter a particularly large number of new members have joined us, and I would like to extend a very warm welcome to you all. I do hope that you find your newsletter, which is published almost every Sunday, to be of value.

Increasingly more newsletter subscriber members are sharing your newsletter with family, friends and those who you truly care about, many of whom are subsequently subscribing to the newsletter for themselves.

Others I know would very much like to do this, but are hesitant to do so, not knowing how people might react or think of you.

To those of you who understandably feel this way I say have no fear.

As the great transition gathers pace, and it is indeed gathering pace by the day, you might well be surprised who would not only be highly receptive, as if a ray of light has entered their world, but would also indeed be grateful to learn of these important matters.

I know this to be true from the many messages I receive.

I also know for a fact from the numerous messages I receive each day that there is an awakening taking place at an exponential rate, with perhaps already millions of people shedding their old ideas, habits and belief systems, instead hungry for the knowledge that has eluded them for so long, knowledge to which they have a Divine right.

Many of these awakening people may feel uneasy, confused or even afraid, realising that something great is taking place both within and outside of them, as they read about and experience the rapidly changing weather conditions, for example the recent succession of hurricanes in the Caribbean and Gulf of Mexico, as well as in the

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Far East, and other increasing extremes weather around the world.

Everyone will no doubt be aware of the rapid melting of the polar ice caps which is being blamed on "global warming". The fact is these changes are occurring throughout the solar system as we near the end of this great 25,800 year cycle which will herald the next evolution of human being.

So many people are seeking the answers and comfort to these issues that they will receive through this newsletter, my website, forums and other resources.

It is the highest and most Divine duty of each one of us to help and be of service during these pivotal times to our fellow humans with whom we are inexorably connected, are part of us and with whom we share these great events.

Last week we discussed the important but much misunderstood subject of reincarnation.

Another subject however that is equally misunderstood, if not more so, is that of "karma", a word that originates in ancient Sanskrit.

To many, particularly those following certain belief systems, karma has become the object of fear, almost to the same extent as the Christian doctrine of "hell".

So what do the belief system doctrines of "hell" and "karma" have in common?

Quite simply they are both perceived as systems of "punishment".

In the case of the Christian doctrine of "hell" a person who has not led a life in accordance with the doctrines of the religion will, instead of going to "heaven" after the change known as "death", instead go to a terrible place "below", known as "hell", for "all eternity".

Karma is often seen as a form of punishment exacted by some mysterious and unseen force, sometimes perceived, in accordance with some belief system doctrines, as the "Lords of Karma".

Before we take a closer look at karma, let us make one truth

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absolutely clear from the outset - there is no "hell", karma is not exacted by some invisible "judges", and there is no "punishment" system in the Universe.

Source, God, of Whom we are the children and equal aspects, knows only Unconditional Love for all creation as we do for our children. "Punishment" is a human idea that has absolutely no existence to the Divine or anywhere else in Creation.

As we sow, so shall we reap, and therefore everything we experience, even if it is perceived as "bad", is the direct result of our own thoughts.

We can understand this truth better by considering three fundamental aspects of life - Expression, Experience, Evolution - all of which are inexorably connected as aspects of the Whole.

As individual but integral aspects of Source, The Divine, God, we are all channels of Expression of God, through Whom God Experiences, through which we and the Whole ultimately evolves.

There are no such things as "good" and "bad" or "evil" - these are simply human ideas born out of a limited understanding of the true nature of the Universe where there is in fact only Experience.

Our relationship with God and with all Creation is that of equals, not of ruler and subject.

It is a symbiotic relationship whereby through an infinite number of "channels" of expression, Source, God expresses and experiences, and creates, these channels of expression being humans and all life in the Universe.

This eternal process ultimately has one objective - Perfection - both at an individual level and at a Divine level.

All Experience is valuable, valid and adds to the Whole. If experience was simply limited to what humans call "good", then the Universe would become unbalanced and would not be sustainable. So stability and growth and ultimately Perfection initially requires the entire spectrum of possible experiences including those which humans call "bad" or "evil". But these experiences are relative to the vibration upon which we are focused. As we progress the

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difference between the vibrations reduce as overall vibration increases as we travel inwards towards Source.

So what then is "karma" in this context?

Karma is an aspect of the Universal Principle of Cause and Effect, in that for every action there is a corresponding reaction. Karma is actually the result of the action of the Mind in other words of thought. Some believe that an action can create karma, but this is erroneous in that all actions are preceded by, and are the outward manifestation of thought originating from Mind which is Principle, in the form of a Cause that gives rise to karma in the form of a corresponding Effect.

Thought is Energy and therefore karma is Energy.

As we live our lives on Earth and beyond, each thought and corresponding action gives rise to a unique Energy form that becomes associated with our Energy field as karma. So our individual Energy field, which is Who we Are - our unique identity - includes configurations of Energy or karma, which in turn comprises positive and negative, high and low vibrational Energy, and ultimately our overall vibration.

Thoughts as causes that are positive give rise to a high vibration Energy, and thoughts as causes that are negative give rise to low vibration of Energy.

So our unique Energy field includes both low and high vibration Energy, which together constitute our overall vibration of karma.

Our evolution is a function of our unique vibration. Beyond the physical plane, as our vibration increases, we automatically transition to the corresponding vibration in the Universe - this is how we evolve in the process of Perfection towards the ultimate Perfection and highest vibration of Source, God of Whom we are integral, inseparable aspects.

Our objective therefore, as we experience and thereby evolve, is to transmute the low vibration Energy that "weighs us down" into high vibration Energy through the process of Perfection that contributes to our ongoing evolution towards our Creator, God, from Whence we came in the beginning.

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Each incarnation of our Higher Self in the physical world ends with a "mix" of karma accumulated over that "lifetime" which is then taken, along with all experience, back to our Higher Self which then assumes the karma for that incarnation, the overall vibration of our Higher Self being changed accordingly, and the result of all incarnations at that moment of Now.

When the vibration of the Energy field of the Higher Self, which is our Individuality, each incarnation being a personality reaches a certain level, and having gained the necessary experience, the Higher Self will no longer need to send incarnations to the physical Universe, and can then move on to greater adventures in the grand scheme of things.

As an aspect of Cause and Effect, karma arising within a specific lifetime, can be, and often is resolved within that specific lifetime.

If a person produces low vibration thought and corresponding action, the Law of Attraction often attracts an experience of corresponding vibration that the person must deal with, and afterwards, having successfully done so, that vibration will be transmuted and will no longer attract a corresponding experience or eventually lower the vibration of the Higher Self. It is therefore clearly desirable and beneficial to deal with such low vibration karma in the physical plane where it originated, and where it is much easier to do, and hence the reason why we should take every opportunity on Earth to raise our vibration through perfection.

If an incarnation brings back to the Higher Self low vibration Energy, or karma, then the Higher Self will need to send another incarnation to Earth to experience whatever is necessary to gain corresponding high vibration karma, which will ultimately go towards increasing the vibration of the Higher Self.

So what does karma mean to us in practical terms as we experience our life in the physical world?

It means that we should always be fully aware of the fact that "thoughts" are things, and that "good" or positive, high vibration thoughts will give rise to corresponding "good" experiences, and "bad" or low vibration thoughts will give rise to corresponding "bad" experiences.

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When we understand this we will always do our best to ensure that we only hold the most positive, high vibration thoughts which, in accordance with the Law of Attraction, will only give rise to correspondingly positive experiences.

If we produce negative, low vibration thoughts, which, through the Law of Attraction attracts correspondingly negative experiences, then these experiences should be viewed both as learning opportunities and opportunities to transmute negative, low vibration karma, in to positive, high vibration karma.

The ultimate objective is to become fully aware of the consequences of our thoughts and corresponding actions, and to only be the originator of positive thoughts and positive experiences.

The greatest tests will arise when you believe you have been "wronged" by someone, or you see someone doing something that you do not approve of for some reason. In these cases rather than judging or thinking negatively of the person concerned, think positively with Unconditional Love and understanding, in the certain knowledge that this is a valuable experience and an opportunity to further your own evolution. It is also wise to realise that your current experience with this person may well be the effect of a cause brought about by a negative thought of your own. This person is therefore simply an instrument of your own karma and experience.

In conclusion, that aspect of the great Universal Principle of Cause and Effect known "karma" should never be viewed as a system of punishment and reward, but rather a system through which we learn and experience and thereby to evolve which is our primary objective.

If we experience the results of "bad karma" then we should take time to meditate on the cause that gave rise to this effect, and thereby to learn from it that we will not repeat the same experience again.

Above all we should always be mindful of the fact that karma can only arise from the action of our Mind, in other words thoughts, because ultimately there is only Mind, and everything we experience originates from Mind even when it manifests as a physical experiential effect.

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By always remaining Mindful of our thoughts in the present moment of Now, only allowing positive, constructive, positive thoughts and disallowing negative, judgemental destructive thoughts, we can ensure that we originate only positive, high vibration karma Energy that will not only contribute to the evolution of the personality of our present incarnation, but also to our Individuality, our Higher Self, Who we really Are.

In absolute terms how we experience our surroundings and other people is a reflection of our own thoughts and personality, and therefore to change our experience we must first change ourselves, as an inseparable aspect of the Whole.

Please keep in Mind that this week is your final opportunity to

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14 September 2008

The origins of disease and Healing

Welcome to your newsletter. I do hope you have enjoyed a wonderful week.

Here, where I live, we are already beginning to see the first signs of Autumn, Fall, as the leaves begin to change colour, and nature begins to prepare for the end of one cycle of life before the beginning of the next cycle in 6 months or so.

But yet, even as one cycle ends for trees and plants, another is just beginning for other forms of life such as fungi, in the form of mushrooms, toadstools, and fungus of all shapes and sizes, some of which forms part of our diet. It reminds me of the days, when as a child, I would spend many hours out in the fields, in the early morning dew of September and October, collecting Mushrooms, Blewitts and other fruits of nature. Regardless of the season, we can always experience the natural Abundance of Divine Providence if only we look.

Mushrooms and Fungi generally are fruits, and form a valuable and natural part of our diet thanks to Divine Providence. If you have access to fields and woodland it is a wonderful and productive experience collecting these fruits of nature, but be sure to take with you the means by which to positively identify which varieties you find are edible. There are a few varieties that can be toxic.

Most people think in terms of the well known mushroom, but there are numerous varieties of fungi that can be eaten, many of which have specific properties.

Amid the beauty of Autumn, we can easily remind ourselves that the seasons are just one of the great, natural and eternal cycles of the Universe of which we are integral and eternal aspects, and, even those cycles that many may not understand, whether it be the change known as "death", or the event known as "2012", should always be welcomed and celebrated, but never, ever feared.

As Eternal, Infinite, Immortal Expressions of the Divine We Are the Universe, and as such we should never be afraid, but rather celebrate Who We truly Are, and welcome all Experience as Divine

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aspects of our Being and opportunities for our own evolution.

I would like to extend a very warm welcome all new members of this newsletter. Once again there have been many of you joining us this week, many after being referred here by people who love and care about you.

As I have said many times before and will say again because it is so important, we are here on Earth to experience and evolve, and an extremely important aspect of our own evolution is to help others to evolve by showing them the way which they may not have been aware of previously. Throughout the entire Universe, from the "highest", the innermost, to the "lowest", the outermost here on Earth, a fundamental Principle of progression is to selflessly help those behind us on the path, and in so doing we help ourselves to move forward, although that should never be a primary motive.

Life is like a game of "Snakes and Ladders". By selflessly helping others we climb the ladders. But for those being selfish, egotistical and materialistic, only caring about their own experience and progress, the snake always awaits. It is the mission of every Higher Self to climb the ladders to the top of the game board that is the physical Universe of matter, the kindergarten of the Universe, thereby completing the cycle of reincarnation and graduating to a more glorious phase of life beyond the comprehension of most. If only you knew, then not a moment would be wasted in striving for this next phase of life where the adventure really begins.

When most people think of disease, they think in terms of "germs" such as bacteria and viruses, failure of some part of the anatomy, or even cancer.

While all these experiences apparently exist, they are in fact in reality the outward manifestation, the effect, of some hidden cause.

Some might say that injury due to accidents have an obvious and identifiable cause, but nevertheless these experiences are still outer effects of inner causes.

Our natural state is perfection, "made", as we are, in the "image of God".

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Now this does not mean that we "look like" God in our physical form, because the Entity known as "God" is beyond all concept of "form", it rather means that we are a reflection of God from a Spiritual perspective, and that our natural state is Perfection.

The true meaning of Life from a human perspective is to realise that perfection through freewill, experience and evolution.

Those micro organisms known as bacteria and viruses, are simply the physical agents of experience.

Cancer cells likewise are simply the outward experience of an inner cause.

Even "accidents" are no "accident". Accidents, like "chance", "fortune", "luck" etc are simply human constructs and ideas arising from a lack of awareness and understanding of their true origins.

Nothing in the entire Universe happens by "chance". Every effect, whether experienced or not, originated from a corresponding cause.

Causes in turn originate from the Mind.

Knowing this is empowering, because whenever we experience an illness, affliction or injury, we know that it is the direct result of persistent thoughts, feelings and emotions over which we have absolute control if only we exercise that control.

Once a cause has set in motion a corresponding effect, that effect can manifest through disease, injury or even through another person, making your life a "misery". There is no escape. Our objective therefore becomes one of being always mindful of the potentiality of causes before they originate, thereby avoiding the unwanted experience of any corresponding effects.

So what are these causes? They include:

1. Stress and anxiety
2. Worry
3. Negative thoughts, feelings and emotions towards self and/or others.

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Now let us look briefly at each of these and what can be done.

1. Stress and anxiety, as well as other negative emotions, exert corresponding stress upon the inner Energy body. The Energy body, which is also known as the Etheric body, is the first body of Energy beyond the physical body, and the body which houses the Energy centres known as the Chakras.

When the Energy body is subjected to the negative vibrations of stress and anxiety, the vibration of the Energy body is influenced accordingly.

As our physical body is a reflection of our Energy body, the physical body sooner or later manifests the imperfections of the Energy body in the form of a correspondingly experienced disease.

One disease for example that is a direct result of stress is cancer.

Everyone has the latent potential to experience cancer, but it is not until the Energy body is stressed and influenced through stress that this potential is actually realised in the form of an experienced disease.

2. Worrying about health and the body will attract exactly those experiences being worried about.

So those who worry about "catching" some disease, whether it be a common cold, influenza - perhaps as a result of seeing someone nearby coughing or sneezing - will certainly contract that disease. Often people think that feel "unwell" or have a "pain" or discomfort that they cannot explain, and immediately believe it is something serious, especially if other family members have experienced the same disease before.

Have you ever wondered why doctors and nurses, who are exposed to all manner of diseases day in and day, out very rarely become ill themselves?

The reason is that these people, due to the nature of their work, are already familiar with diseases, keep them in a proper perspective out of knowledge, therefore take them for granted, and never worry about them.

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Conversely, when seriously ill people are given a "placebo", which is for example a sugar tablet, after being told it is a powerful new medicine, they are often cured just as effectively if not more so than the group that were given the actual medicine.

In fact virtually all medicines act as a placebo - it is not the chemicals that heal people, it is rather the faith in people of the action of the medicine that brings about the healing.

3. Negative thoughts, feelings and emotions towards yourself and/or others can also result in a self-inflicted disease.

For example, by projecting emotions of hate, aggression and animosity towards others, including animals and nature, the person projecting such thoughts will experience the corresponding consequences through the Principle of Cause and Effect.

Conversely, those who only project Unconditional Love towards all people and all creation will be blessed by the corresponding high vibration which will be reflected in the body, Soul and Spirit.

In addition to actual diseases, Cause and Effect can evoke other methods of experiencing the effect through for example accident or loss. All of these experiences are the same broad experience of suffering.

So wrongful thinking, feelings and emotions towards yourself or others, including towards other forms of life, results in suffering.

Of course there are other ways of negatively impacting the physical body, notably through diet.

Animal and dairy based products not only result in suffering on the part of animals, which must be reflected in human suffering through Cause and Effect, but also adversely affect the human digestive system which was never designed to eat these life forms.

So what can be done to ensure perfect health?

We must avoid stress, anxiety, worry and negative thoughts, none of which can ever help your situation, however dire it may seem, but rather only make it much worse and therefore self-fulfilling.

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Stress and anxiety will result in disease sooner or later. Worry, which is related to stress and anxiety, will also attract the object of the worry, just as a placebo can heal. Negative thoughts and emotions are very destructive, and which will impact the body and circumstances in proportion to the nature of the negative thought and emotions, often experienced as accidents.

So by being constantly Mindful of all spheres of activity of our own Mind, and ensuring that all thoughts, feelings and emotions are positive and constructive, we can ensure a healthy, vibrant body.

There are other origins of bodily experiences, most notably the strength and efficiency of our Energy Body and specifically the Chakras as we have discussed in previous newsletters, but even these are ultimately subject to the primary Universal Principle - Mind.

So resolve to be Mindful of your thoughts, only allowing the most positive thoughts and rejecting negative thoughts.

Always remain "upbeat" and optimistic, no matter what the evidence of your physical senses might tell you to the contrary. Mind comes first, experience always follows, never the other way around.

And finally never judge others or allow yourself to react to the way they choose to exercise their own freewill. Always feel and project Unconditional Love in the certain knowledge that the Universe will bring to others the experience that corresponds to their thoughts and actions. This is not a system of punishment, it is a system of learning through experience. There is no "good", "bad", "evil", "sin" or any other human concept - there is rather always only experience originating from the fundamental Mind Principle.

Please keep in Mind your newsletter subscriber opportunity available for a short time:

<http://www.ourultimatereality.com/abyss-brainwave-entrainment.html>

By meditating and clearing your Mind of all thoughts, it becomes much easier to select which thoughts, feelings and emotions are most favourable for your own evolution and experience at all levels, and to reject those not consistent with your well-Being.

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21 September 2008
When all seems hopeless

Welcome to your newsletter.

I do hope that you have enjoyed a wonderful, healthy and abundant week.

As usual I would like to extend a very warm welcome to all new members. Each week increasingly more of you are joining us from all around the world which is wonderful to see.

One reason is that as we approach the transition, which is now gathering momentum, people who are ready, which includes everyone reading this newsletter, are awakening at an exponential rate, and are no longer satisfied with their old belief systems, or indeed of the programming of society generally.

This is why people are leaving churches in droves to seek the true nature of God and of their own reality and of the Universe, and are questioning the paradigm that has controlled humanity for so long.

I fully expect this trend to not only continue, but to exponentially accelerate as the momentum of this process continues.

This is just one reason I wrote my book, Our Ultimate Reality, several years ago in readiness for these events:

And also why I started to publish these newsletters in 2005.

As I mentioned last week, and many people clearly agreed, it is often difficult to know whether someone close to you will be receptive to this knowledge or not. However, one of the greatest tragedies that can occur during these coming events is to have missed the opportunity to have guided someone you care about in the right direction.

An excellent way of approaching this, as many have discovered, is to simply forward this newsletter to someone you care about, and then let them decide for themselves whether they are ready for this knowledge and therefore ready to subscribe and receive this newsletter every week.

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It is a sad sign of the times when I am receiving increasingly more messages from people who are in, what they perceive as, a "desperate situation". From time to time I receive messages from people who believe their situation is so hopeless that they are contemplating or intending taking their own life.

The situations of these people varies from having a home repossessed, or under threat of repossession, homeless without an income, cannot meet even the most basic living requirements due to the huge increasing costs of electricity, heating oil, natural gas, foods, and other fundamentals. Often these people have young children to consider as well, which makes their situation seem that much worse.

Now I am not going to comment on the "economy", the "credit crunch", house prices, cost of living, or home budgets etc, because this is not within the scope of this newsletter, and in any case is not really relevant in the great scheme of things, all being human constructs, often for specific agendas that most are not aware of.

So what can you do if you find yourself in this sort of situation?

Well the first thing to do is fully accept the fact that you brought your current situation upon yourself, and thereby must take full responsibility for your situation.

I hear you say "well it is not my fault that I lost my job, or house prices fell, or loan repayments increased, or the cost of electricity, car fuel and heating gas has escalated in price etc.

But the truth is that every single one of us creates and therefore must take full responsibility for our own reality. Whatever situation you find yourself in now is the always the direct result of previous thoughts, feelings and emotions.

Or to put it another way, whatever you are experience today originated first as a Thought Form in your Mind, which was subsequently, in accordance with immutable Universal Principles, manifested in to your experiential reality.

The sayings: "Change your Mind and change your life" and "As a man thinketh, so he is" and "thoughts are things" are absolutely true.

So how then to proceed if you find yourself in an unwanted situation?

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The first thing you must do is to stop thinking negatively and also to stop allowing any form of negative feelings and emotions.

Plain and simple - the more you worry about your situation and "fear" for the future, the more you will attract more of the same - every time without fail.

It should be clear to everyone therefore that worrying, fear, anxiety and other negative thoughts cannot possibly do you any good or resolve your situation in any way - the contrary in fact.

So the first course of action is to fully and unconditionally accept the fact that you have brought your situation upon yourself.

Once you have done this you will not only feel "lighter" and very relieved as if a great weight has been lifted from you, you will also, probably for the first time in your life, feel empowered and know beyond doubt that you are the master of your own destiny.

The next step is to resolve to disallow all negative thoughts, feelings and emotions. You should take time to sit down, think about it, and know, beyond all doubt, that no negative thoughts, feelings and emotions can possibly help your situation, but can and will make them much worse.

If a negative thought, feeling or emotion enters your consciousness, immediately say or think, as if you mean it - "cancel!, cancel!, cancel!" and keep going until the negative thought, feeling or emotion has dissipated.

Finally resolve to only accept positive thoughts, feelings and emotions, particularly those that make you happy and are consistent with your wishes, and therefore raise your vibrations and consciousness.

Next you must sit down and decide what you actually do wish to experience in your life. Most people know what they do not want, but far fewer actually know what they really do wish for in life.

Set aside time to consider and meditate on what you really do wish for in your experience.

When you have decided there are three actions you can take:

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1. Write them your desires in the present tense and first party as if you have them now. For example:

"I am so happy and grateful now that I have my new home with 4 bedrooms, large garden and integral garage. Add as much detail as you feel is appropriate, and feel that it is true Now".

When you have finished, put your sheet of paper away in a safe place, but do not look at it again for now.

Next, take a large sheet of cardboard and, from magazines, or printed from Internet sites, paste pictures that represent how you see yourself with all of your wishes realised, in the form of a collage. Finally take a picture of yourself and stick that in the middle of the collage so you are surrounded by all your wishes.

Look at your collage as often as you can and in any case every morning just before arising, and in particular just before sleep. At these times our Mind is much closer to the Subconscious which will take your wishes and bring them in to your experience.

If you ever feel a negative thought coming into your awareness, immediately say "cancel, cancel, cancel" and look at your collage until the negative thought has subsided.

Whenever you have the opportunity to experience what you wish for, accept it.

For example - if you wish for a new home, look in your local papers or real estate agent for properties that are similar, and arrange a viewing. When you view the property feel and know that it is yours, and feel the emotions and gratitude for it. When you leave the property bring those feelings, emotions and images with you, keeping them firmly in your Mind, to later bring to Mind again, invoking all of the feelings and emotions that you experienced while looking around the home.

Same for a new car - go to a dealer and arrange a test drive.

These are particularly valuable actions because they invoke the necessary thoughts, feelings and emotions in a very powerful way, and also everything seems much more real which is important for manifesting them in to your experience.

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Finally Let go and Let God.

This is extremely important.

If you perceive your situation is so hopeless that you simply have not got the strength of Mind to do the above, then simply abandon all thought process and trust Divine Providence, God completely.

Forget everything, but always know, with perfect Faith that, as an Unconditionally Loved Child of God, God, if you allow, will express through you a solution to your situation.

This is the true meaning of Faith in God as opposed to the religious concept of "faith" in that the deity called "God" exists as some sort of benevolent Being that will "take pity" on you - such a God does not exist.

Perfect Faith is an inner feeling, certainty and knowing that you are part of God, with all of the same powers, and as an infinitely powerful Being all things are possible and will become reality.

Such Perfect Faith and Belief can move mountains, as Jesus said himself at least twice in the Bible.

So - it is better to be proactive, but if you feel absolutely hopeless, then sit down, empty your Mind, and Know and Believe, with Perfect Faith, that God will express through you everything you need to turn your life around completely.

I know of several people who have experienced this situation, often bankrupt and destitute, who completely capitulated to Universal Life Energy, God, Divine Providence, and their lives have been "miraculously" transformed, almost overnight.

In any event, taking time to meditate and reach the realisation that God is within you, and you in God, and that through you all things are possible, then your life will be transformed to one of perfect health, abundance and happiness.

The Divine within you, Divine Providence is always present to provide for your every need - whatever it might be. To the great architect and Creator of the Universe, All things are possible, and nothing is impossible.

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28 September 2008
The mystery of karma

Welcome to your newsletter - I do hope you have enjoyed a wonderful week.

As usual I would like to extend a very warm welcome to all new members to this newsletter which is published every Sunday.

Once again this week there have been a large number of new subscribers - many of you joining us after having been referred by those who love and care about you.

If you know anyone at all who may be interested in receiving the newsletter, then please forward this edition to them and suggest they might join for themselves to be sure of receiving the newsletter each week.

As we approach the great transition where those who are ready - which includes most of you subscribing to this newsletter - approaches, the very best action you can take is to awaken others to these important events while there is still time.

There are great changes taking place in the world today at all levels, changes which wait for no one.

Everyone, no matter how much you "know" them are equal aspects of God and therefore of yourself, so in selflessly helping others you also help yourself - the more you help others the more you help yourself through the immutable Principle of Cause and Effect.

Throughout the Universe in all spheres of life and reality, the number one priority of the Beings residing at in all spheres of life is to help those further back on the path to progress, and in so doing help their own evolution.

So please do whatever you can to help others in this way by forwarding this newsletter to them and/or referring them to the home page of my site to subscribe for themselves. It costs nothing, but is absolutely invaluable for both yourself and those who you are service to in this way.

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Two weeks ago we discussed the mystery of reincarnation, one of the most misunderstood aspects of our life on Earth.

Today we will take a look at another subject that is equally misunderstood, often resulting in great worry and anxiety, and that is the subject of karma.

Many people believe karma to be a type of "punishment and reward system", whereby if they do something that is perceived as being "wrong", either God, or some mysterious beings, often thought of as "the Lords of Karma" will punish them in some way - e.g. by way of an accident.

Before discussing this aspect of karma in more detail we will first take a brief look at what gives rise to karma in the first place.

The only direct origin of karma is the Mind, or more specifically thoughts originating in the Mind which may either remain as thoughts, or might give rise to a corresponding action.

If a thought gives rise to a corresponding physical action, it is not the physical action that gives rise to karma, but rather the thought originating from Mind behind that action.

For example, if a person believes they have been "wronged" by a neighbour, and they decide to get revenge on that person by, for example, throwing a stone through a window of the house belonging to that person, it is not the actual process of finding a stone and throwing it at the window that gives rise to the karma, but rather the Thought Form behind that action. The Thought Form has Energy which is Causal, while the physical action behind it does not - the physical body is simply executing the instruction of Mind.

Nothing whatsoever can manifest in the physical world without being preceded by a thought in the Mind of a person.

So what then in absolute terms is "karma"?

The literal meaning of the word "Karma" is "action", yet even this, in and of itself is misleading, because "action" usually implies something physical, which, as mentioned above, simply is not the case. The very word "karma" arose out of a misunderstanding as to its true origin and nature.

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Karma is Energy.

Every thought, whether manifesting as an action or not, influences our individual, unique Energy field. Each of us are ultimately an Energy field, the unique characteristics of which determine who we Are. No two people have the same Energy field characteristics.

Every single thought we are responsible for affects our unique Energy field by altering its vibrational properties. If for example a person thinks about harming another person, or indeed any form of life including plant life, then that is a low vibrational thought form which will lower an aspect of the vibration of our complete, unique Energy field accordingly.

Our overall Energy field is therefore a combination of high and low vibrations with all levels of vibration in between. The more we think only in terms of service to others before service to self, Unconditional Love and Perfection, the higher will be the overall vibration of our Energy field, and the more we evolve.

This Energy field is also reflected in our Aura, whereby the more evolved we are, the brighter, more luminous and more vibrant will be our Energy field, and conversely the less evolved we are the darker, the duller and less vibrant will be our Aura.

The effects of karma do not necessarily manifest during the incarnation that gave rise to it. In many cases the person responsible for the karma will take the karmic Energy back to the Higher Self, Who then assumes responsibility for that karmic "debt". In these cases the Higher Self will send another personality to Earth, the objectives partly of which are to equilibrate that karma by engaging in actions, preceded by a Thought Form that will balance the original karmic debt of another incarnation.

Another question that often arises, is whether the karma that needs to be balanced is balanced by exactly the same cause that gave rise to it - i.e. an "eye for an eye" situation.

The answer to this is not necessarily. Believing in any "eye for an eye" karma usually arises out of the belief that karma is a punishment and reward system which we now know it is not.

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Karma is pure Energy with a characteristic vibration which can be balanced by a thought and corresponding action of the same quality.

Karma can be accumulated over many Higher Self incarnations, so when a bad thing happens, it will not be by mere chance or due to bad luck, notions which are impossible in accordance with the law of Cause and Effect. The cause of the "bad" effect may even have originated with another incarnation.

According to Hindu philosophy, there are three manifestations of karma. The first is called Sanchita karma, which is caused by a past situation still awaiting its corresponding effect or reaction. This is in effect latent karma.

The next consists of past causes, including those from past lives—relative to the Earth concept of—time, the effects of which are still manifesting in the current, temporal lifetime. This type of karma, called Prarabdha Karma, is a manifestation of karma that shapes our current experience.

The third level of karma is known as Future karma. This is where the causes are created in the current temporal lifetime but will manifest in the "future", either later in the current lifetime or in a "future" lifetime.

Although this may be true from the perspective of an observer on Earth, we already know from the newsletter on the subject of incarnation, that there is no "past" or "future" incarnations, but rather only concurrent incarnations taking place in the Now.

So if all incarnations take place in the eternal moment of Now, how does "past" and "future" karma arise?

Well because a "karmic debt" is ultimately the responsibility of the Higher Self. Higher Self, our Individuality, will direct the karmic debt to the concurrent incarnation that is in the best position to balance and therefore neutralise it.

This gives rise to the possibility of a "karmic" debt being balanced years or even centuries before it arose relative to the temporal illusion of "time". So karma arising in the year 2008 might be balanced and thereby cancelled in the year 1008 - a thousand years before it came about relative to the temporal

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perspective of Earth time.

Again, the reason for this is that from the perspective of the Higher Self that is managing the karmic debt, where time and space do not exist, Higher Self is simply transferring the karmic debt, in the Eternal moment of Now, to the concurrent incarnation that is in the best position to process it.

This explains why an incarnation, e.g. your current incarnation, experiences a number of "bad" events that appear to arise for "no apparent reason", people often saying "what have I done to deserve this?"

Well deserve it you did from the perspective of your Higher Self, which is our individuality, who we Are, who has simply transferred the karmic debt across time-lines relative to Earth time.

Ultimately we must think in terms of our Higher Self - our Individuality - who we Are, and not simply on the current temporal incarnation.

Each incarnation can be thought of as part of the same team, with the same objectives - ultimately to win - in this case to transcend the cycle of reincarnation so the Higher Self can move on to greater things. If one member of a team lets the side down, the entire team will be subject to the same consequences.

This is one reason that the concepts of a "bad" person and a "good" person really does not exist. There is only experience that is managed by the Higher Self who will have a mix of all types of karma to balance as our Individuality.

So a person that is highly regarded in one incarnation may be despised in another. But ultimately both are aspects of the same Higher Self - same Individuality, who the person really Is.

That said, karma can certainly be gained and balanced in within a single incarnation. This tends to be the case in highly evolved humans on Earth whose Higher Self is nearing the end of its reincarnational cycle, and where a particular incarnation is strong and sufficiently equipped and well placed to balance the karma within that same incarnation. This can also be the case with anyone when a fairly mild karmic debt is gained through wrongful

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thinking, that can be later balanced by a change of the thinking that gave rise to the karmic debt in the first place.

When taken in its entire context, karma is something to be valued greatly, not as a punishment and reward system, but as an opportunity to become more perfect and therefore more evolved, which in turn is our ultimate objective on Earth.

So how do we avoid creating karmic debt?

Simply by being Mindful about how it is created in the first place, i.e. Thought, which may or may not give rise to a corresponding action, and therefore always being fully conscious of our thought process, only allowing positive thought and disallowing or rejecting all negative thoughts.

While this can be accomplished fairly easily under normal circumstances, the real challenge comes in situations where you have been upset or "wronged" by someone, and the immediate response might be for example of "getting revenge" or "getting even" or of "punishment".

While these thoughts and emotions are understandable, the Principle of karma makes no distinctions as to how and under what circumstances the karma has originated, but only that it has.

The only solution therefore is to Unconditionally Love everyone, even those who you feel have "wronged" you, in the knowledge that ultimately revenge will not only result in karmic debt, but also the realisation that negative thoughts and emotions can never right the wrong or make you feel better, and in the certain knowledge the person who wronged you will have created a karmic debt of their own that their Higher Self will need to balance. So they have let the side down.

So let the Universe, in its absolute Perfection, deal with these situations in accordance with immutable Universal Principles.

Finally we must also keep in Mind that we are all One. So when you do or think something - they are both the same - that negatively affects someone else, you have in reality harmed yourself and all life in the entire Universe, for which you will be held responsible through karma.

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The same goes for those who willingly kill or torture animals - for whatever reason - it does not matter because there is no excuse - or if they are a party to these actions either directly or indirectly - or kill plant life such as trees. These are all aspects of ourselves.

It is easy to find excuses for such actions, but if you should know better you will incur karmic debt which could have been avoided with presence of Mind and understanding of the Principle of karma.

If you wish to avoid karmic debt which might affect you in this incarnation or another one, then always be mindful of your thoughts, never think in terms of revenge, and be mindful of the fact that as we are all aspects of the same perfect Source, God, our thoughts and actions always affect not only ourselves, but all in creation in the entire Universe.

So to avoid karmic debt always be Unconditional Love, Unconditional Forgiveness and be of Service to others before Service to Self.

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5 October 2008

The True power behind Prayers, Mantras and Spells

Welcome to your newsletter - I do hope that you have enjoyed a wonderful week.

Over the last week I have received many messages about the so called "financial crisis" facing the world and what it really means. While this newsletter does not usually focus on such material matters, there is in fact a deeper and darker agenda behind this "situation", and how people should react to it, which I feel I should address later in this newsletter.

But first of all I would like to extend a very warm welcome all new members joining us over the last week. Each week sees an ever increasing number of people from all over the world, and from many different cultures and life situations joining this newsletter, visiting my website and forums, and sending me messages - all of which are most welcome.

This is no coincidence. The planet is awakening at an increasing rate in readiness for the transition that is already underway.

When this process is finally complete there will be those, such as yourself, who are here to consciously experience this event in full realisation of Who you truly Are, and above all to make the transition to the next level of evolution of the human being, and there will be those who are not ready in this incarnation.

But regardless of how these events unfold and conclude, it is important to know that everyone, without exception, is an Eternal, Immortal, aspect of The Divine, First Cause, God, and everyone will continue on a path of Vibration that most precisely matches their current state of evolution. No one is ever overlooked.

It is the Divine duty of each of us to help others to awaken from their materially focused slumber, and to "see the Light", just as there are "Higher" Beings dedicated to the evolution of people on Earth.

I quite often receive messages from people asking whether they can use prayer, mantras and spells to achieve specific objectives,

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often after reading about them or watching videos on Youtube etc on the Internet.

Well first of all the Universe, Divine Providence, God does not recognise "words" which are a human contrivance.

What the Universe does "recognise" is Vibration - of course the entire Universe and all creation is Vibration of Energy.

There is only one thing that can ultimately influence Vibration - Mind in the form of thoughts, feelings and emotions fuelled by Faith, Belief and Gratitude.

So do prayers, mantras and spells actually work?

Yes - but not for the reasons you might think.

Let us take a closer look at each of these before discussing how they work.

Prayers - are words spoken to "God", often in the form of a request, in the hope that God will "hear" and take the appropriate actions.

Mantras are a word or a short sentence repeated many times, for example 108 times, in the hope of manifesting something.

Spells - are usually a few lines of words, often rhyming, used by practitioners often in conjunction with a material object, such as a lighted candle, with the intent of manifesting something by "magic".

In reality however all of these are identical in the way they work.

Another thing they have in common is that very often they do not even achieve the desired result.

In order to see why these techniques may or may not work, we must first take a closer look at how they work when they do.

As previously mentioned, words alone are meaningless to the Universe which only responds to Mind.

Now when people pray correctly, repeat mantras or perform spells

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and/or rituals they do so with a high level of Faith in the process and the "Belief" that it will work.

Note: When I say "pray correctly" I mean true prayer, not words repeated mechanically as if speaking with someone, or repeated after another person.

Faith and Belief are two major cornerstones to success.

When a person says a prayer or "casts" a spell, they are actually focusing on and relating to the words, which are structured in accordance with the desired result.

Repeating these words therefore invokes an emotional response.

So, for example a person really desiring a new home.

They create a prayer or spell, which includes the "petition" for the new home and expect it to be "granted" by "magic".

Saying that prayer or spell, sometimes over and over, invokes feelings, thoughts and emotions associated with the new home, which in turn will influence Energy, thus producing a Thought Form, which must in turn finally manifests in the material world.

The person will think that their "prayers have been answered" or spell successful, which in turn boosts their Faith and Belief in the process for next time.

Some cultures, traditions and practices have different "Gods", deities, each representing a certain quality. The person will, in these cases petition a particular God for a particular purpose.

The person repeating a spell will also use a specific object associated with their desire such as a candle of a specific colour - e.g. green for money which reinforces their Faith in the process.

Mantras are not usually descriptive sentences as such, but rather a word or group of words associated with the desired end result. It is the Faith and Belief in the mantra itself that causes it to work, not the actual words being repeated.

In all of these cases simply mechanically repeating a prayer, spell

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or ritual will have no or little effect.

We can demonstrate this through different languages. Prayers, mantras and spells work equally as well in any language providing the practitioner understands the language and can relate to the words so they can invoke the necessary reaction in the Mind.

For example - let us assume that a person from England and a person from Spain both desired a new car. They each, fully believing in the power of true prayer, construct a prayer in their own language for a new car.

Each then repeats their prayer in their own language, fully believing in their words and having complete Faith in the outcome. Soon what they prayed for - the new car - arrives and their prayer has been answered.

Now - instead of each repeating the prayer in their own language they exchange prayers so the English person repeats the prayer written in Spanish, and the Spanish person the same prayer written in English. Note: this equally applies to "spells".

Keeping in Mind that these prayers had been proven to work when repeated by the person in their own language, we now find that the prayer is completely ineffective when each person repeats the prayer in the others language.

Why is this? Surely if the words are magical in some way, simply repeating them should be enough to achieve the desired result.

The reason is very simple. When each read the prayer in their own language, the words, which they understood, invoked the corresponding feelings, emotions and imagination. But the prayers repeated in a foreign language, which they did not understand, meant absolutely nothing, and therefore no feelings or emotions were invoked, resulting in a lack of the new car.

So we can definitely say that it is not the words alone that the Universe responds to, but rather the feelings and emotions invoked by the words, which influence Vibration of Energy in that direction.

These are however indirect forms of manifestation. The person is relying on a prayer or spell believing the result to be some sort

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of "magic", therefore expecting the prayer or spell to be realised.

There is however a more direct, powerful and Enlightened approach to manifesting our needs, wishes and desires.

By understanding how we create as Source, as well as the infinite powers of creation that we all potentially have, then we can consciously manifest anything we can possibly wish for, need, or desire, using the powers of our Mind alone.

So instead of using props in the form of prayer, spells, mantras etc, we realise Source Energy, God within, and then consciously focus our Energy towards our desire while knowing, beyond all doubt, with perfect Faith and Belief in our own Divine powers, that whatever we are focusing on must manifest in to our experiential reality. The more high vibration emotional Energy that can be consciously directed, and the more Faith and Belief we have in this process, the sooner the desire will materialise.

This is the Enlightened way of managing our experience.

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12 October 2008

Global financial "crisis" - The End Game

Welcome to your newsletter.

I do hope you have enjoyed a wonderful week, happy, abundant and healthy week.

This week has been momentous for everyone on Earth, notably in view of the ongoing so called "turmoil" in the financial markets.

What we are seeing is a "quickenings" as the momentum towards the great transition of the ages, to the next evolution of human being, and the age of realisation of the Light gathers pace.

If this last week has been momentous, this coming week promises to be as well - in more ways than one.

It had been my intention this week to return to our main focus of our own evolution at all levels - body, Soul, and Spirit - collectively - Mind and Light, but in view of the events of this last week, and the potential events of this coming week, and of the many messages received and concerns people are facing, I have decided to once again this week not reveal the true meaning of these events, but how they have come about - which has not been by "chance".

But first I would like to extend a very warm welcome to all new members of this newsletter. Each week increasingly more are joining us, directly reflecting the great awakening that is currently well and truly in progress.

Remember, as events unfold, the destiny of each and every person will be measured in many ways, as an overall Energy, one of the most fundamental of which is Service to others before service to self", which is a fundamental Principle of Spiritual Evolution, along with realising our Source, God within, and Unconditional Love for all Creation.

Therefore one of the greatest way to help others, and thereby help yourself is to show people you truly care about - in fact even those you do not perhaps care about so much - the way forward.

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It takes but a moment to share this newsletters with someone else - the more the better - but your contribution will be profound. If everyone on Earth, who is already awakened - as you are - takes a few moments to show others the Light, then the best possible outcome in the great transition is assured.

The main subject of this newsletter affects every single person on the planet as you will see. There can be no one who has not been touched in some way with the events of the last few weeks, or anyone that remains unconcerned about them. Everyone, without exception, awakening or not, will relate to what I have to say today.

So please forward it to everyone you know.

First of all - there follows a disclaimer which I must commence with for my own protection:

Disclaimer:

What follows in this email newsletter are my own personal views as represented, and should not, in any way, be construed as a statement of fact, regardless of any implications to the contrary. All my rights to freedom of speech are herewith reserved.

Last week I discussed, in general terms, the current so called "global financial crisis".

In view of the many messages received, the rapid deterioration of the situation, and implications for all humanity, I now feel that I must explain the true cause and origin of this situation, in order to answer all the questions, and show where it is leading - which is extremely important to everyone.

In our newsletter of last week, in relation to the so called US government \$700 billion dollar "bail out" I said:

"However - in the context of the overall financial situation of the world this \$700Bn will not make that much difference. The forces of darkness have way over-played their hand this time. As I mentioned earlier in the week - the global financial system, especially in the USA, is a house of cards just waiting for a waft of air to collapse it, so in that context individual debts are meaningless".

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"As we approach the transition, we will continue to see all human excesses and unnatural situations be brought back in line with nature. This is happening at many levels already. Ultimately the global financial system as it is now is doomed".

During this last week we have seen this scenario accelerating as I knew it would, and now is the moment to cut through all the political propaganda to get to the truth, that we may move forward in that Light.

In order to understand the significance of this situation, we first of all need to look at how and why it has occurred.

But first I must point out that although this situation has its historical and current origins in the USA, those behind it are not, for the most part, of the USA. I have no interest in "countries" - we are all one, and all part of what we are experiencing now, regardless of where you happen to live. This situation is not the doing of any "country" - it goes much deeper than that as we will see - and it ultimately affects everyone, because we are all part of, and therefore sharing the same collective experience.

If we go back 100 years or so, the US Dollar was valued and linked to real, tangible Gold reserves and therefore the price of Gold.

Every single dollar issued had its equivalent value in US Gold reserves which were, for the most part, stored in Fort Knox.

Back then a dollar bill, or indeed any denomination of currency bill, was in effect a certificate of the equivalence of Gold, corresponding to that monetary value, that was held on your behalf in Fort Knox.

For money supply and value to increase, the market value of Gold would either have to increase, or the USA would need to purchase more Gold in the world markets, to equate to the total amount of dollar currency in issue at that time.

This of course worked the other way as well in that as the cost of living increased, so did inflation, which would, pro rata, depress the notional value of the Gold reserves which it was then the responsibility of the government to bring back in to line by adjusting Gold reserves accordingly.

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In 1900 the US Dollar was defined as having an equivalence of 22.33 grains of Gold at the current market price.

In those days money was real and constitutional, just as the Founding Fathers of the USA had intended. There was never any doubt about the true value of a dollar, or of its purchasing power based upon the internationally accepted Gold standard.

It should be pointed out that few ever knew how much Gold was really stored in Fort Knox - or indeed if it stored any Gold at all. Fort Knox is subject to an audit of Gold Reserves, but who is to say where the interest of the auditors really lies.

Now for many hundreds of years there have been a powerful group of people based in Europe, ultimately originating with a clan dynasty known as the "Merovingians", named after its leader King Merovech.

Without going in to a long and sordid history, this dynasty, which, after successive generations increasingly came to crave more power, eventually became what today are what I will refer to as "the forces of darkness", whose only ambition is total, global domination at quite literally any cost - human or financial.

This dynasty today, which still has its power base in Europe, has representatives in many places of power in many countries.

I need to be careful how I say this, but it is a fact that the Bush family, including the current president, as well as most of the past presidents of the USA, are related to the Queen of England. This is not speculation - it is a fact that can be proved. Out of a country of over 300 million people, any one of which has the right to run for President, what are the odds of this happening by "chance"?

The British royal family actually originate from Germany. The original family name of the queen of England was "Von Sachsen-Coburg und Gotha". They changed their name to "Windsor" - something that sounds nice and British - during the first world war due to the feelings of the British people against the Germans.

It is extremely important, and indeed a priority of this dynasty to keep all positions of power amongst their own, which is why the US presidents and royal families are all related in some way.

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Ultimately it is to preserve their "blood line".

Over the last few hundred years the ultimate symbol and instrument of power - and indeed corruption - is "money".

This is only so due to the fact the collective consciousness of humanity has made it so. "Money" is not recognised by Divine Providence and has no intrinsic power in and of itself.

Knowing this, the powerful European dynasties who sought to control the world contrived a plan which would give them the control they were seeking.

By then the USA was the largest and most powerful financial economy in the world, and so these forces of darkness used their influence with their dynasty members in the USA, the ultimate result of which was the creation of the entity known as "Federal Reserve Bank" which came about as an act of congress who passed a bill, the Federal Reserve Act, into law, probably unwittingly to legalise this new entity.

Now no sane person in their right Mind would ever knowingly pass the Federal Reserve Act - it could never pass today - so the architects of it did two things to ensure they got their way - they waited for a national holiday so many members of congress were away, and they attached it to another, totally different and unrelated bill knowing that bill would pass, along with the Federal Reserve Act along with it - and of course it did.

This was a very, very black day indeed for the USA and the World, and one which would influence world events from that moment forth.

Also, on April 5 1933, president Roosevelt enacted a bill which made the private ownership of Gold illegal.

This was clearly done to preserve the power of the Federal Reserve Bank, in case, due to world financial forces, Gold once again became the benchmark of currency in the USA.

Here are the provisions of the Roosevelt decree:

Section 1. For the purpose of this regulation, the term hoarding" means the withdrawal and withholding of gold coin, gold bullion,

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and gold certificates from the recognized and customary channels of trade. The term "person" means any individual, partnership, association or corporation.

Section 2. All persons are hereby required to deliver on or before May 1, 1933, to a Federal Reserve bank or a branch or agency thereof or to any member bank of the Federal Reserve System all gold coin, gold bullion, and gold certificates now owned by them or coming into their ownership on or before April 28, 1933, except the following:

This act of Roosevelt, whose allegiances should be clear, keeping in mind the relationships between presidents and European dynasties power base, was to give the Federal Reserve Bank even more power - again at the expense of citizens.

I should mention also one of the greatest cons of all time on the people of the USA - of income tax.

There is absolutely no provision in the American Constitution that compels USA citizens to pay income tax - in other words - to pay a tax on earnings. Many IRS employees have recently discovered this and have left the IRS and not now, legally, paying tax, although many of them have been, and still are being said to being threatened by government by government controlled "agencies".

There was originally an attempt to pass a Sixteenth Constitution to introduce income tax, but it was never ratified. Income tax is therefore unconstitutional.

I would also like to mention another significant development - that of "equal rights for women".

Now of course women and men and all people in creation, as well as all forms of life, are absolutely equal, and that is the way it should be.

What I refer to here is the circumstances under which women came to go to "work" and earn "money" instead of the more traditional but of course crucial home keeping, child raising etc, which, as a single parent of my three sons for the last 14 years I know is as tough, if not tougher than any "job".

Many people will no doubt remember the "women's liberation

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movement" of many years ago.

This was actually created and funded by the "trust" owned by a very well known USA based dynasty family.

The hidden agenda was to get as many women in to the working environment as possible for two main reasons:

1. To double the amount of - unconstitutional - tax the dark forces would receive, thereby bringing them more of what they craved - money and power.
2. To bring young children in to the state "educational system" from a much younger age, so they could be controlled and indoctrinated by the controlling forces, beyond the reach and guidance of parents.

Back to the Federal Reserve Bank.

As I mentioned last week - "Federal Reserve" was a name chosen to make it sound like an official government organisation which it is not. The "Federal Reserve" is no more "federal" than Federal Express.

The way the Federal Reserve Bank works is this:

Instead of the US Government being responsible for the issue of currency linked to the Gold standard, now the Federal Reserve would be responsible for "issuing" - i.e. printing - money which it would then lend to the US government who would then have to pay interest on it to the Federal Reserve Bank.

This gave the dark forces behind the Federal Reserve Bank the ability to print money and make interest on it at will, thereby making as much money as they desired, which they used for increasing control.

The interest the US government pays the Federal Reserve is paid for from the unconstitutional taxation of US citizens.

It should be clear to everyone that, in a normal democratic society, the US government could print its own money without paying interest, which comes from the taxpayer - unconstitutionally - on it.

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But then of course the US government, as a public organisation, would have to account for the money printed, and they could not.

The most they could currently account for is a trillion dollars at the most, which, as we will see later, would only account for around 1% of the US dollars actually in "circulation".

The Federal Reserve Bank, as a private limited company, has no public accountability, and so they can print money at will, with little or no accountability.

The plot thickens.

Now, instead of the US dollar being equivalent to Gold reserves, dollar bills suddenly started being printed as being "legal tender".

So what has happened now is that what was that whereas before the US Dollar was a effectively a note - certificate - of a share in the Gold reserves of the USA, it now became a Federal Reserve note, with no tangible basis at all except the paper it is printed on.

Around the same time the design of the dollar bill was changed to reflect a large amount of covert symbolism, which would be a story in its own right, designed to give power and Energy to the forces of darkness. These forces of darkness are heavily superstitious, especially when it comes to symbolism which exists everywhere if you know where to look.

One of their main symbols is the Owl, a pagan symbol which the dark forces worship.

So now the Federal Reserve Bank could literally, and actually, print money at will, and charge interest on it - the rate at which they set themselves - on it.

Having gained this power, the forces of darkness set about making the most of it, by causing the US government to need as much cash as possible.

One very effective way of accomplishing this was through war. In times of war governments need money for munitions, to pay drafted troops etc. It is no coincidence that a major power centre of the forces of darkness is Germany, and there have been two world wars

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against Germany.

It should be pointed out that most German people are totally decent human beings, aspects of ourselves, were dragged in to these "wars" against their will.

It is also no coincidence that it was the USA and their allies who helped to rebuild Germany after destroying much of it and killing an untold number of innocent people.

This was all part of the "private arrangement" which few are aware of.

The Vietnam war seemed bizarre to most - after all - why were American people forced to go and fight in a country they previously had no interest in on the opposite side of the World?

The reason is simple - it just happened to be a convenient excuse to engage in a long, drawn out conflict that was also very expensive, requiring the US government to "borrow" vast amounts of money from the Federal Reserve Bank - money which made them billions of dollars at the expense of the US people who were compelled to not only go and fight, but also to pay taxes which were, and still are unconstitutional.

More recently we have the extremely costly "wars" in Afghanistan and Iraq.

The 9/11 false flag event was done to not only further control the American people through fear, but also to spend yet more money through the "Homeland Security Act", which was sold as being for the benefit of the American people.

How many innocent people have lost their lives in all of these wars, 9/11 and other situations staged by the forces of darkness?

These agents of darkness do not even see these victims as human, they rather see them simply as expendable objects necessary only in the pursuit of yet more power through money.

The "space program" is another instrument of the dark forces designed by the dark forces to spend trillions of dollars, printed by the Federal Reserve, incurring interest set by the Federal Reserve Bank.

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And so it goes on - and this is just the tip of a very deep iceberg.

Another way the forces of darkness manipulated humanity for their own gains was through manipulation of the economy and finance.

Every boom, bust and stock market crash, from 1929 has been manipulated by the forces of darkness controlling money supply through the Federal Reserve Bank. Whenever the forces of darkness decided to make more money, they would engineer a financial situation to accomplish it, knowing that they have the absolute power to manipulate every aspect of that situation without any public accountability as a private company.

Fast forward to today.

As the "end game" plays out, the forces of darkness are desperate.

They know what is happening as the awakening and transition continues, and that people everywhere are waking up to the truth, and will cling to power going to any lengths possible to control humanity before humanity becomes enlightened and they lose all of their power.

This process is happening now, and they know it.

The long prophesied battle between the forces of Light and dark is reaching its conclusion. The dark is losing. They will ultimately fail and will be destroyed. That time is very near now.

The dark forces can never prevail against the Light - it is simply not possible.

Little do the agents of darkness know that, ironically, they will prove to be the agents of their own destruction.

Now let us take a closer look at why this will be.

As you will recall, the Federal Reserve have the ability to print unlimited amounts of money, which has no value basis other than being "legal tender".

In 2005 there was \$760 billion dollars of actual, tangible, paper dollars in circulation.

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So, let us say that by now, in round numbers, there is \$1 trillion dollars of paper currency in circulation.

The official debt however of the US government is now nearly \$11 trillion Dollars. This is Eleven times as much as the real currency.

However - the actual debt of the US government, according to the head of the Dallas Federal Reserve, who is in a position to know, is actually nearly \$100 Trillion Dollars.

This debt amounts to \$1.3 million dollars per family of four - more than many families of four earn in a lifetime, yet the US government has committed its citizens to this debt.

So technically the USA is bankrupt - many, many times over.

So why then does the USA continue to trade?

Well - simply because all these trillions are to the Federal Reserve Bank who were created it for this purpose - and to make trillions through interest payments - in turn created by an act of the US Congress.

In other words the Federal Reserve will never call in the debt because they do not care about it. All they are concerned about is making interest on the debt for their own purposes - ultimately power and control, not only in the USA but over the entire world.

The US government could not possibly have printed \$100 trillion dollars by itself, because it is accountable to its tax payer's - even though there should be no tax payers - and the world economy.

Because the Federal Reserve is a private company, it is seen as being a separate entity to the US government, that deals with the US Government at "arms length".

So in other words it is the greatest scam the world has ever seen. However, the Universal Principle of Cause and Effect cannot be avoided.

Regardless of where this \$100 trillion came from, it still exists in the global financial system, and therein is the major issue now.

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The world banks have, often unwittingly, benefited from this vastly inflated liquidity through loaning this fictitious money, through which they earn interest - just as the Federal Reserve do.

Monopoly Money is actually worth more, because at least that is worth the paper it is printed on.

This latest financial "crisis" has been engineered by the dark forces for two main reasons:

1. To make interest on the \$700 Billion Dollars in "bail out" money that they will print to bail out and reward those who were a party to it. Ask yourself where a specific figure of \$700 billion came from in the context of the enormity of the entire situation.
2. To gain control over as many of the world's financial institutions, while they still can, in readiness for the "end game" we are fast approaching.

You see - the dark forces are so far removed from the Light, that they do not understand the basis of true power. To them power is the same as money - that seem incapable of separating the two.

This is why we are seeing some institutions go bust - the ones that are surplus to requirements - others that have been loaned a large amount of "Monopoly money" through which they will be controlled by the dark forces, and others which have been "nationalised" so they can be directly controlled by the world governments, which in turn are controlled by the forces of darkness.

This situation was engineered through the creation of so called "sub-prime" mortgages - lending money to people of many times their annual income - if they had any income at all - at very low introductory interest rates for a couple of years, and with no down payments, thus breaking every rule in the book for basic banking due diligence.

They could justify this to banks and others for two main reasons:

1. Very low interest rates
2. Increasing home prices

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This was a very clever move because the forces of darkness knew that in making mortgages available to millions of people who could not otherwise afford it, they were bringing millions of people in to the housing market, thereby increasing the demand for homes, thereby in turn, pushing the price of houses up further, thereby finally fuelling this whole strategy on the basis that banks would always feel secure against the backdrop of rising house prices as security.

In other words this entire ploy was self-perpetuating as intended.

Another factor in the increase in house prices was the so called "purchase to let" sector.

The way this worked is that people would go to a bank to get a loan to purchase homes for the purpose of renting them out.

The rent received would pay the monthly loan repayments, while the owner benefited from the rise in the capital value of the home which they intended to sell later for a large capital gain.

Against the backdrop of ever increasing house prices, the banks were very happy to loan money for this type of transaction which they perceived as a very low risk.

Not only that, people were taking out multiple loans, secured on multiple properties, all, while this strategy worked, paid for by the rental income, while rubbing their hands at the prospect of a massive pay day in a couple of years after they sell the properties and paid back the bank and pocketed the profit to retire with.

However, such house owners, not actually living in the homes they purchased with the borrowed money, had no ties to those homes.

So when the value of these houses started to fall, below the value of the loan, they simply and legally walked away, stopped paying back the bank, leaving the banks with the job and cost of repossessing houses upon which they were now making a huge loss.

This is because a bank cannot usually sell a house for its market value - they have to get the house off their books and balance sheet as quickly as possible which they do by either auctioning them, or selling to companies that specialise in purchasing quality

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properties at a far lower than market value price, and all against a backdrop of falling house prices making the whole process much more difficult, time consuming and costly, even if possible at all.

The forces of darkness also incentivised many people to sell these sub-prime mortgages in the USA, and used the Internet to do it.

Many of you may recall that a couple of years ago we were bombarded with spam email with subjects like "congratulations - your mortgage has been accepted". This was all part of the strategy of the dark forces to fuel their sub-prime mortgage strategy on a global basis, while making the banks feel comfortable about the entire situation due to its sheer extent.

Even when interest rates increased, the mortgage companies were using financial instruments such as treasury bills with long expiration dates to leverage against the short term interest rates, thereby, and a very effective one at that, because they reached every single person in the USA who was connected to the Internet. fixing the rates.

But these rates were only fixed for two years. The forces of darkness did not care, because their only objective was to commit innocent people to mortgages they could not afford, not caring what happened to them later, and while gaining control over them through threat of eviction from their homes if they did not keep up with their payments.

The USA had two mortgage organisations they could do the through - Fannie Mae and Freddie Mac - which became the main conduit for these junk mortgages, knowing that later, when they failed, they could, through the US government, take control of them.

But how could the forces of darkness take control on a global basis, when bankers and financiers outside of the USA were much more careful about lending money?

Well what they did was again very clever indeed.

The sub-prime mortgages were not sold as mortgages, but rather as a financial instrument known as a "CDO" of "Collateralised Debt Obligation".

CDO's are like shares, options, futures and other financial

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contracts that are frequently traded around the world.

CDO's however are only usually traded between financial institutions such as banks, pension funds, trust funds etc.

A notable finance company behind these CDO's was Lehman brothers, who were later, having served their purpose, were allowed to go bankrupt.

Now but turning these sub-prime mortgages into CDO's the dark forces could place them in the market with other CDO's for the banks to purchase secured by rising house prices.

No bank manager or person in their investment banking divisions would purchase or offer a sub-prime mortgage without being sacked on the spot, but they could purchase CDO's as part of the whole banking investment strategy, and they would not be accountable.

These CDO's were therefore very aggressively marketed throughout the world to major banks and financial institutions who were quite used to trading CDO's. Bank employees had the power to trade CDO's, and, often being motivated by large bonuses, purchased as many CDO's as they could, only seeing a large bonus payout and a promotion soon enough.

Now because the CDO's were leveraged, the more house prices increased - due to the new buyers with their sub-prime mortgages - the more these CDO's were worth.

The more the CDO's were worth, the more the banks wanted them.

So for a time everyone was happy, because, while house prices kept going up - fuelled by the sub-prime mortgages - everyone made money and the illusion was absolute.

Millions of people were happy because they could purchase a home with no down payment and low interest rates of many times their earnings, the banks were happy because they looked good as their profits increased due to the increasing value of the CDO's, and the Federal Reserve was happy because indirectly the banks were borrowing money - which did not really exist - to finance the sub-prime mortgages.

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But then the inevitable happened due to three main factors:

1. All those who could obtain a mortgage and purchase a home had done so, so there were no more buyers.
2. As a result of 1. house prices first stabilized and then started going down in value.
3. Due to escalating cost of living due to rapidly increasing fuel, electricity and gas prices, the people with the sub-prime mortgages chose to pay for their most immediate energy needs before the mortgage payments, and they defaulted on their mortgages.

Just for good measure - when the stock market realised this the inflated share prices started to fall, and then the short sellers came in to hammer the stocks even lower.

At around this time the first cracks started to appear.

Now this just might have not been so immediately serious, because mortgages were insured by an organisation known as "AIG" - "American International Group" - the 18th largest company in the world, and one that accordingly financial institutions trusted completely. AIG is probably controlled by the forces of darkness.

It turn out the AIG was not actually underwriting these mortgages and therefore CDO's as they were supposed to, and in any case they were they were hit extremely hard once this house of cards started to collapse and could not fulfil their obligations of insuring the CDO's that all the banks and financial institutions thought were insured, so they "could not go wrong".

The US government stepped in and "nationalised" AIG, thereby bringing it under direct control.

When the collapse of, what amounts to a massive pyramid scheme, started, the first financial institutions to be affected where the financial organisations such as Lehmans, who were packaging sub-prime mortgages into CDO's which they could no longer sell, thereby taking on the burden of the defaults on the sub-prime mortgages.

Next, during the following statutory accounting quarter came the

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banks who had purchased the CDO's which were now untradeable and became what is known as worthless "toxic debt", with billions or even trillions of dollars evaporating literally overnight.

Now, contrary to popular belief, this did not mean that the banks had lost a vast amount of cash, and neither were they directly liable for defaults of the sub-prime mortgages - that was the financial organisations such as Lehmans.

The banks had already paid for the CDO's with cash that was accounted for out of cash reserves they could easily afford.

However, under international banking regulations, banks are obliged to account for trading profits and losses and apply them to their balance sheets in a system known as "mark to market".

What this means is that although the banks may be awash with cash - which they are even now - they technically made massive losses.

It is important to keep in mind that these are only paper losses due to holding the CDO's which have already been accounted for.

However, because banks are subject not only to financial regulators, but also their shareholders, this situation meant that, in order to survive and carry out the right corporate process, they must control their activities - what they did with their real cash.

Now the entire financial system is heavily dependent on the what is known as "inter-bank lending", whereby the bank's loan each other money at an agreed interest rate, the basis of which, in the USA, is determined by, you guessed it - the Federal Reserve Bank.

Because of this situation, the banks are now refusing to lend to each other, and where they will, it is at much higher interest rates in order to build in the risk premium.

And it this refusal to lend to each other, for fear of taking risks after the massive losses they and their shareholders have incurred, that is the crux of the current situation.

So this is where we are today.

This is actually just a brief overview on the basics - it does go

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much deeper than this, but this overview will nevertheless provide the basis for an understanding of all of the main factors involved.

The situation is absolutely critical - make no mistake about that.

As I mentioned briefly last week, the \$700 billion is a trivial amount in the context of the global situation which involves untold trillions, and which in any case is designed to "bail out" and reward the people that worked with the dark forces to engineer this situation in the first place, by purchasing, using money printed by the Federal Reserve - the main power base of the dark forces - the outstanding "toxic debt" that they had not been able to unload before the housing market reversed.

All part of a carefully contrived strategy by the dark forces.

What we are seeing now is first backlash of what is fundamentally a very large house of cards - built with "Monopoly money" - that is starting to collapse.

The global stock markets are, as I indicated last week crashing, notwithstanding this so called \$700 billion "bail out", all the nationalisations of banks, all the take-overs of banks and other financial institutions, all the untold billions injected in to the financial markets, and all other measures, both financial and otherwise.

Plain and simple - nothing can stop, in a few days, a meltdown resulting from the activities of the last few decades.

Even the IMF - the International Monetary Fund - have said this weekend that nothing can now prevent a global meltdown.

We are seeing the gang of 7 - the so called G7 "super powers" - making noises about being determined to resolve this "issue", but they appear as King Canute wanting to hold back the tides. We are witnessing the beginning of the end game. The Quickening.

We live in a world where the illusion of money is power. Money only has power because humans have given it power - in reality it is either worthless paper or numbers stored on a network of computers - all meaningless before the Universe.

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There is only one true source of Abundance - Divine Providence - Who most people due to a material focus have turned their back on - until now.

And this is not all. It is a fact, verified by the BBC news this week, that the global economy is losing much more money on deforestation, than even the world financial crisis - and even this is still the tip of the iceberg that most people are unaware of.

Humanity has been living a lie - an illusion - based upon the Ego - the true meaning of "Lucifer" - the power of darkness.

The Light is now dawning in readiness for the Golden Age of Light.

The dark forces have lost, and they know it. This last desperate ploy in the world financial markets will backfire, and they will lose their power. This has always been inevitable, it is just a shame that so much misery has been inflicted by this and other instruments such as the main orthodox religions - also controlled by the forces of darkness - in the meantime.

But nothing is lost. Everyone in incarnation has gained valuable experience towards individual Spiritual Growth.

The time for worry has passed. The game of the dark forces has been exposed and they will lose if they have not already lost.

The trillions of dollars that the dark forces worshipped, along with the Owl, as power will be shown to be an illusion.

The forces of darkness may well, as a final desperate act in their death throes, force a major global event in the hope of regaining power - if they do it may seem hopeless to many at the time, but we must always remember this:

It is always the darkest before the dawn.

The Light is now dawning over the horizon, and nothing can prevent it from rising to bath all life on Earth in the Light.

In the meantime - never worry or fear current events - they are all part of a necessary process to bring back balance to the excesses of humanity over the last 2000 years or so, and in particular the last 200 years.

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If we all focus only on the Light - and we are the Light - the Light will soon illuminate every single person, creature and plant on this planet.

And always remember - humans on Earth are never alone.

There are infinite Beings of Light both within the inner Energy levels of the Universe - Universal Mind - and without - in the vast physical Universe of matter - all of Whom are here to guide humans, who are but babies in the Universe, playing in this kindergarten we call "Earth", on the path to our next evolution as Beings of Light.

Until next week, stay focused in the Light, and beyond these temporal disturbances in the material world, always remembering the greatest truth - you are an expression of God, of perfection, your natural state is Abundance, Health and above all Love, and nothing, but nothing can ever harm you.

The Our Ultimate Reality Newsletters

25 October 2008

Reflective personalities

Welcome to your newsletter.

I do hope that you have enjoyed a wonderful, healthy, happy and abundant week.

I would like to start by extending a very warm welcome to all new members of this newsletter.

Each and every week increasingly more members are joining us. This is a reflection of the great awakening taking place throughout the world as we head towards the great, long awaited transition.

In the previous two newsletters I spoke of the ever increasing desperation of the forces of darkness - they have always known these times will come and have long prepared for it. It will become increasingly apparent over the next three years that the forces of darkness will become ever more desperate to cling to their perceived power and control, steadily gained over the last two millennia.

Whatever happens, however dire it may seem, we must never lose sight of the fact that forces of Light are much more powerful than the forces of dark, and that the forces of Light must ultimately prevail - whether at the end of this great age or a future one.

It is therefore crucially important that each and every one of us do our part by helping others to see the Light, or those that have already seen the Light to turn towards the Light as you have.

You can do your part by sharing this newsletter with everyone you Love and care about, and everyone who you think is ready. Keep in Mind that numerous people around the world are awakening, but keeping their, often confused thoughts to themselves while seeking direction. So share this newsletter with everyone you know, and let them decide for themselves whether they are ready.

In helping others you thereby help yourself to gain your best possible position as the transition progresses.

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During your sojourn through this incarnation you will invariably encounter people that you do not "like" for one reason or another.

You might for example think that someone you meet is "arrogant" or a manager at work is "egotistical", your bank manager is "aloof", a relative is "argumentative", a friend is "greedy" and so on.

Sometimes you might confront the person, other times you might talk about him or her with others, and you might wish to "get even".

The truth is this - dealing with a very wide array of people and circumstances is one of the most important reasons our Higher Self put us here in the first place, and one of the greatest virtues of this physical world of matter and its infinite variety.

In the Astral Realms, where most people transition after the change known as "death", everyone resides on the same vibration as everyone else on that vibration, and therefore peace and harmony always reigns, no matter which plane it is. The same Principle applies throughout the Universe except for the physical plane.

Clearly then if everyone lives on the same plane of life in the Astral as everyone else with the same personality, traits and characteristics, life there must be "easy" - which in fact it is, and for many other reasons.

In this physical World we meet and must deal with numerous different people, and overcome numerous situations, each one of which is a valuable learning opportunity - of course whether this opportunity is accepted or not is a different matter. In many cases people might "argue back", seek "revenge", want to "get even", report the person to someone "in authority", talk about them to others, and so on.

If only these situation are accepted as the great learning opportunities they are, then great progress can be made instead of failing to learn by them and remaining static or even regressing.

If each such opportunity was acted upon, then great progress can be made on Earth, possibly saving several lifetimes of the Higher Self, and making life on Earth that much easier and more pleasurable.

So how can we learn these valuable lessons?

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Well the Law of Attraction is always operating at all levels, in accordance with the Principle "like vibrations attract". This is why a person, after the change known as "death", transitions to the Astral plane that most closely matches the overall vibration of the person, which is in turn determined by a physical lifetime of experience.

So just as emotions are vibrations, so are attitudes - they are all states of Mind.

How then can we apply this to everyday life?

Quite simply, everyone we encounter is an exact match for some aspect of our personality of a similar vibration.

Knowing this, everyone we meet becomes a learning experience.

So next time you meet a person who "upsets" you in some, for example you find them to be "greedy", or "egocentric" or "arrogant" - any trait at all - instead of reacting, look inwards and ask yourself "what aspect of that person was attracted to me?" Once you have the answer, which should be obvious, then resolve to immediately transmute that negative aspect of yourself into its polar opposite.

For example - if you meet a person who is greedy - mentally thank the person for the lesson they have offered - then resolve in future to take every opportunity to be generous. Donate to a charity for example, and generally give of yourself to others whenever possible.

If you meet a person who is "arrogant", "pompous" or "aloof", then resolve in future to act towards others only with humility. If you encounter someone who is aggressive, then resolve in future to always be gentle and kind towards others.

And so on.

So you can see now how every personality is a reflection of some aspect of our own personality to some degree.

If every time you meet someone who invokes negative emotions in you by becoming the opposite positive emotion, not only are you evolving Spiritually, thereby fulfilling your purpose here on Earth, you will eventually reach the moment where your life is

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always harmonious, peaceful and tranquil, because you will have surrounded yourself with like-Minded people, just as happens automatically upon transitioning to the Astral after the change known as "death".

The difference will be in that due to a lifetime of transmuting negative traits to positive traits, you will transition to a higher and more glorious Astral Sphere than those who made no attempt to better themselves in this way.

The same can be said of every experience - all experiences are valuable lessons. Nothing ever happens by "chance". Such notions as "luck" and "chance" are nothing but superstitious notions of a humanity who does not understand who they are and why they are here.

Every Cause we are responsible for by virtue of thoughts, feelings and emotions originating in the Mind, will yield the corresponding effect of the same vibration in accordance with the immutable Principle of Cause and Effect.

So whenever you encounter a person or situation that invokes negative emotions in you, engage in immediate introspection to identify what aspect of your personality attracted the situation to you, and resolve to transmute it to its polar opposite positive attribute from that moment on. Do not leave it otherwise you continue to encounter negative people or situation until the lesson is learned and negative attribute transmuted.

This transmutation of the heavy vibrations represented by base metals, to the much higher vibrations represented by Gold, is the solution to the mystery of Alchemy and the Philosophers stone.

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You are what you eat

I have chosen this subject due to the numerous messages I receive on the subject of diet, as well as ongoing discussions in the Our Ultimate Reality forums.

Now most people will have heard of the expression "we are what we eat", but in most cases not fully appreciating the greater meanings that make this saying true on these three levels.

1. Health

2. Ethical

3. Spiritual

Let us now take a closer look at each of these factors in turn.

1. Health:

First of all I realise that food is a touchy subject with many people, but I make no apologies for bringing eating habits to your attention.

If what I am about to present you with conflicts with your desired lifestyle or comfort zone, perhaps you should consider whether this and future newsletters are of value to you at this stage of your evolution.

I am not writing about subjects that I think you want to hear, but rather that you should hear for your own benefit, happiness and above all - evolution.

The majority of people eating meat today do so not because they feel they must eat animal flesh in order to survive and remain healthy, but rather because eating meat is deeply entrenched in their psyche, and has been from a very young age.

Babies are not born as avid meat eaters of animal flesh, and neither do babies or young children require meat and dairy products in order to survive and prosper.

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The only reason that people eat meat is because, as with many other aspects of society, such as religion, it is a family tradition.

Babies are not born with any pre-conceived ideas, customs or habits whatsoever. Instead they are learned and conditioned as the child grows.

A child in the early years, up to between the ages of 5 and 7, is extremely receptive to everything they are taught by parents, relatives and schools. This is because the brainwave frequency of children, even when full awake, is at the Alpha or even borderline Theta frequencies, which is an expanded state of consciousness and therefore of learning. This originates from the fact that historically a baby and later young child must quickly learn everything required for survival. This also applies to all animals.

This is also just one reason that very young children have many inner abilities such as Clairvoyance, Telepathy and Telekinesis.

As the child grows, and becomes more equipped for survival, as he or she becomes more "tuned" to the physical, material world, brainwave frequencies increase in frequency to the faster Beta range.

So eating meat is learned - not "normal" or instinctive.

Once learned, a child will grow up believing that eating meat is "normal" and will continue to eat it out of habit, just as a child who is born into a family of a certain religion, will often devote themselves to that religion for life, without ever considering the alternatives.

If this person later becomes awakened, and realises that eating animal flesh is not the thing to do, it becomes difficult at that point to adjust to a more appropriate, healthy diet.

Much can be said, and evidence presented as to why eating meat and dairy products is damaging for your health, but instead I will recommend a book that everyone in the world should read:

Suffice it to say that eating meat and dairy products is directly responsible for a very wide range of diseases, not the least of which are obesity, diabetes, colon and other digestive tract cancers, toxic and allergic reactions and premature ageing.

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A common argument is that many animals in the wild eat meat so why should not humans?

The fact is Divine Providence has provided a "food chain" which every animal on the planet adheres to except for humans.

Humans are "designed" to eat natural whole plant based foods provided in abundance by Divine Providence. This was even stated in the Bible book of Genesis thus:

"God said, Behold, I have given you every herb yielding seed, which is on the surface of all the earth, and every tree, which bears fruit yielding seed. It will be your food". -- Genesis 1:29

Some people believe that plant food is not sufficient to provide nutrition for full development of the physical body. Well consider this:

The very largest animals on the planet - both on land and in the sea - and including the mightiest dinosaurs of yester year - are all plant eaters. Elephants, Rhino, Giraffe, Basking Shark, Brontosaurus and all prehistoric sauropods - all herbivores - Vegan.

Others may say - "our ancient ancestors hunted and ate meat". Well the fact is the our very earliest direct ancestors, which had a very similar digestive system to ours, were exclusively plant eaters.

Humans who eat natural, harvested whole foods - Vegans - are not only much healthier than carnivorous humans, but also live for between 7 and 15 years longer.

We started out as plant eaters and in order to fulfil this cycle of evolution we must finish this cycle as plant based food eaters.

2. Ethical:

Animals reared artificially for food are often kept under extremely adverse, cruel and unnatural circumstances designed only for one thing - the maximum production of meat and milk in order to gratify the sense of taste of human beings.

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Not only are they kept under such awful conditions, they are also injected with all sorts of chemicals and hormones which are soon absorbed in to the flesh of the animal or excreted in their milk.

Most people have visions of chickens happily clucking their way around farmyards, cows peacefully grazing in the fields etc. But these are the small minority. The reality for the majority of food animals is completely different.

Anyone eating meat and/or dairy products is always part of this situation. I realise that to most people that meat is simply chunks of red stuff on supermarket shelves, or cartons of milk or blocks or cheese, but these conceal one of the greatest transgressions of humans who were originally entrusted by God with their well-being.

3. Spiritual:

It could be argued that humans who have not evolved to a certain level are still ignorant about true nature of animals and their relationship with humans, or of the consequences of their actions in eating milk or dairy products. But this does not excuse those humans who have evolved to the stage where they should know better.

The fact is, animals are not separate to us - they are aspects of ourselves and, like humans, aspects and part of the Whole. To kill, harm or mistreat any animal - any animal for any reason - is to kill, harm or mistreat part of ourselves and all life.

As we evolve and gain more understanding of the true nature of the Universe, of all Creation, and of all life, we also gain full realisation of the sanctity of all life, and our individual responsibilities towards all life and ultimately to and of God.

Un-awakened, unaware people can hide behind their material view of the world, but those who have evolved to the next level have no excuse - we either respect the equality of all in Creation, or we regress.

The books of religions teaches this to their congregations thus:

He that killeth an ox is as if he slew a man. -- Isaiah 66.3

If one has a strong desire for meat, he may make an animal out of clarified butter, or one of flour, and eat that. But let him never

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seek to destroy a living being. -- Manusmriti 5.37.174

As long as human society continues to allow cows to be regularly killed in slaughterhouses, there cannot be any question of peace and prosperity. -- A.C. Bhaktivedanta Swami Prabhupada

The greatness of a nation and its moral progress can be measured by the way in which its animals are treated. -- Mahatma Gandhi

Whoever is kind to the lesser creatures is kind to himself.
-- Prophet Mohamed

There is not an animal on the earth, nor a flying creature flying on two wings, but they are peoples like unto you.
-- Koran, Surah 6, Verse 38

So in conclusion - indeed you really are what you eat. If you wish to evolve to the next evolution of human being, you must be the next evolution of Human Being Now - a Human Being that understands the Oneness and sanctity of all life, and chooses to live life as such.

Again - I realise that these revelations will not be popular with some of you who are still eating the diet programmed in to your Subconscious Mind by parents, teachers and society, and that some of you enjoy gratifying your senses of smell and taste through meat, milk and cheese, but I would be failing in my service to you if I said only those things that you would wish to hear apposed to those you need to hear and act upon for your own benefit and above all Spiritual Evolution.

But as always you have the Divine freewill to make your own choices.

As the saying goes: "don't shoot the messenger".

I am here to be of service, and that is what I will continue to do.

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23 November 2008

The Principle of Expression Part 1

Welcome to your newsletter. I do hope you have enjoyed a wonderful, happy, healthy and abundant week.

Whatever sort of week you have experienced, it is always so important to keep in Mind that you already have everything that you could possibly need, wish for and desire. Indeed you already Are Everything that you could possibly wish for, need or desire.

We will begin discuss this important truth in this week's newsletter.

But first, as always, I would like to extend a very warm welcome to all new members of our newsletter this week.

Over the last few years there has been much talk about "The Law of Attraction", especially since the release of the now famous movie and accompanying book "The Secret".

While many people have succeeded manifesting using The Law of Attraction, there are millions who have experienced no success whatsoever, very often giving up, dismissing it in frustration.

Whilst this is unfortunate, it is also not altogether surprising.

One of the main reasons I say this is that the phrase "Law of Attraction" is, in and of itself misleading, in that it implies "attracting" something outside of us, which is erroneous.

Of course I have frequently used the phrase the "Law of Attraction" myself, but have only done so because the phrase is so familiar to millions of people around the world, and I did not wish to cause confusion.

However, it is so apparent, from messages received, that so many people have been frustrated by lack of success with the "Law of Attraction" as taught by 99.999% of all books and other resources on this subject, with the exception of the books that I bring to you, that it now seems appropriate to begin to discuss our true powers of consciously manifesting our needs, wishes and desires.

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Before I continue I will introduce an alternative phrase which much more closely and appropriately describes the manifestation process.

That phrase is: "The Principle of Expression".

So what then does this phrase imply?

It implies, as the words suggests, that instead of "attracting" something that somehow exists outside of us, we are rather Expressing our wishes, needs and desires from something that is already a part of, and within our current level of Conscious awareness.

So how then does this process actually work in practice?

The Principle of Expression has its foundations in the truth that, as integral aspects of Source, Divine Providence, God, everything that exists, has ever existed and ever will exist relative to the human concept of "time" is already within us and part of us.

God is The All, The Whole.

We are part of God, therefore like God we are Whole.

Just like any element of a hologram contains and includes the Whole, so too do we contain, include and Are The Whole.

This is what Jesus meant when he said:

"And Jesus said unto him, Go thy way; thy faith hath made thee whole". Matthew 10:52

The true meaning of this is that the power of true Faith has enabled the person he was healing to realise their Wholeness, and Wholeness lacks nothing including health.

This means quite simply that anything and everything we could possibly imagine is already part of our Wholeness. This must be true because we cannot imagine anything that does not already exist.

This being true all we ever need to is to Express any desire, that is already part of us, in to the vibration of our current Experiential Reality in accordance with the Principle of Expression

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In other words we simply become Aware of, and thereby Experience, an aspect of our Divine Wholeness.

But there are further considerations that we need to be aware of.

As aspects of Source, but not Source in absolute terms, we have no inherent power to accomplish this Expression in and of ourselves.

The power we can draw upon is infinite, unlimited and unrestricted, rather flows through us from Source, thereby giving power to our Expression process through our thoughts, feelings and emotions, which in turn manifest in to our experience as something tangible.

Jesus also taught this Truth time and again to his disciples, for example:

"Then answered Jesus and said unto them, Verily, verily, I say unto you, The Son can do nothing of himself, but what he seeth the Father do: for what things soever he doeth, these also doeth the Son likewise". -- John 5:19

The "son" refers to each and every one of us as Expressions of our "Father", God.

Jesus also said:

"Believest thou not that I am in the Father, and the Father in me? the words that I speak unto you I speak not of myself: but the Father that dwelleth in me, he doeth the works. Believe me that I am in the Father, and the Father in me: or else believe me for the very works' sake. Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father". -- John 14:10 - 14

These are very profound and revealing statements.

Jesus is saying that he, and therefore we can do nothing in and of ourselves, it is rather the "Father", in other words Source Energy, God Who expresses through us that does the "Works".

When he said "because I go unto my Father", he means that he is Expressing as the "Father", thereby drawing power from the "Father" in order to bring an aspect of the Whole in to experiential Reality.

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He also reveals the great Truth that as we evolve we will not only do the "miracles" that are attributed to Jesus, we will go on to express even greater things - beyond the comprehension of most humans at this stage of evolution.

So to summarise:

As integral aspects of God, Who Is Whole, Including everything in Creation, we also - made in the Image of God - also being Whole, also include everything in Creation, and that all we ever need do is express our needs wishes and desires in to our current vibration of conscious awareness, with power through and of God, without Whom it would not be possible.

In other words as God we enjoy all of the same powers as God when we express God, but do not have those powers in and of ourselves separate to God.

Now it should be clear just how much power we all have access to. It is our task to Express in this physical plane of Life and Reality through the infinite Source Energy drawn from God.

Just as a light bulb cannot give light without being plugged in to a power source, we cannot express without being "plugged in to" our Source from Whom we draw our Power.

This also means that we are restricted only by our capacity to Imagine, and also just how much power we can draw upon and express from and as God.

As we evolve we gain the ability to express increasingly more of the Whole, until finally, as we approach our Source, we can express almost everything.

Jesus had this level of Power, Being connected to Source Power, God at a very high level, and used the Power, the "Force" of God to perform what were regarded as "miracles" during the three years or so he walked around with his disciples.

This then is the solution to expressing our wishes, needs and desires exactly the same as Jesus did.

The Our Ultimate Reality Newsletters

November 28 2008

The Mirror of Your Mind

Welcome to your newsletter. I do hope you have enjoyed a truly Wonderful, Abundant and Healthy week.

In these times of what is portrayed as "financial crisis", the "financial crisis" will only be Real to You if your Believe it is so.

We all create our own Reality based upon our Beliefs, Feelings and Emotions. For many people these are controlled at a Subconscious Level by the popular media who tell you what your reality is.

We all have a choice of believing what the media tells us as "fact" or not believing - most people believe and it become self-fulfilling.

People believe their is a "financial crisis" so they stop spending money - which itself is an illusion - which causes first shops, then manufacturing, followed by the economy to fail, and the self-fulfilling perception become absolute.

The "financial crisis" was precipitated by the extreme greed of financial institutions who are ultimately controlled by the Federal Reserve Bank for the darker ambitions of its owners.

As Divine Expressions of Source, of God, we still, as ever, create our own experience, so do so based upon your own genuine needs, wishes and desires - not upon which the controlled and controlling media tell you to believe - it is all an illusion which you can choose to believe or reject in accordance with your own Divine freewill.

As always I would like to extend a very warm welcome to all new members of this newsletter.

Once again there are an ever increasing number of you - a direct reflection of the global awakening that is currently in full swing as we approach the transition to the Golden Age.

Many people ask what they can or "should" be doing to contribute towards this process, feeling that they should be doing something.

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The greatest contribution you can make is to share your new awareness with others, that they may have the opportunity to make the transition with you. Although everyone has the same Divinely orchestrated opportunity, not all will make it this time around. Those who do not will continue their education either on a different planet, or a lower vibrational - this one - of Earth.

Those who choose to make the transition will reside on a higher vibration "version" of Earth where the "Kingdom of Heaven" will prevail. Everyone is infinite and immortal, and all will journey on your own path of Perfection on the return to the Divine.

So please share this newsletter with others that they may enjoy the opportunity that you are already enjoying.

It is evident from many messages I receive that many are concerned about, or even fear the process known as "ageing", and the toll this process is believed to take on the physical body.

Many see the effects of "ageing" as inevitable, and to those people "so shall it be". We all have the freewill to "age" if we believe so.

Before we take a look at the inner source of "ageing" let us first consider a truth that even doctors and scientists fully accept.

Our entire body is renewed every 11 years or so. Some cells are renewed constantly, other parts take hours, days, weeks or months, and major organs take years. But after around 11 years no part of our physical body is the same that we were endowed with upon birth.

If we wish for evidence of this we need only consider "dust" in the home. The vast majority of dust is actually discarded skin cells. Now those cells must be replaced otherwise our skin would simply "wear away". Skin is one of the major organs of the body.

So what then gives the appearance of "ageing".

When we are born the Subconscious aspect of our Mind contains the "blueprint" of our body, which, being of Divine Perfection is Perfect.

"Ageing" is a "learned" response arising from what we have been taught to believe by our parents and society as inevitable.

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This is reinforced by the endless array of vanity and anti-ageing products to, for example, "hide wrinkles", "camouflage grey hairs", "re-grow lost hairs", "tighten drooping skin", "correct failing eyesight" with the latest "laser treatment" and so on.

These serve to reinforce the inevitability of the effects of ageing on the Subconscious Mind.

The Subconscious Mind, being sublime, happily complies and accepts this new "aged" model, and adjusts the perfect blueprint accordingly, which is then subsequently manifested in the body as visible evidence of "ageing", which, in turn, reinforces the belief even more and so on, giving rise to a progressive ageing process.

Now I only mention, in the interests of reinforcing these important Principles, that I am getting on for 53 years of age, and do not manifest any of the above conditions to any significant degree.

Also opticians can do far more harm than good. They have an interest in selling "prescription spectacles" with trendy frames, and so they will, whether they admit it or not, find any defect in order to sell you something. Once a person starts to wear their new glasses, real damage is being done, because the Subconscious Mind will adjust to ensure the eyesight improves in accordance with the expectations - Faith - of the wearer of their new trendy glasses, which of course skews the vision away from its perfect blueprint.

Eyesight is one of the fastest and easiest anomalies to correct using the power of the Mind alone.

Most my relations - wear glasses, but I do not and can read small print from several feet away, simply because I have never accepted the inevitability of "having to wear glasses when I get older". I had perfect eyesight when I was born, and I have the same perfect eyesight now - and that is the way it should be for everyone without exception.

Eye cells are constantly regenerated as with the remainder of our body, and very quickly - within weeks - so it is a simple matter to maintain the original blueprint provided by the Perfection of Source.

So what then is the real cause of visible signs of ageing, and what can we do about it?

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First of all we must accept the fact that our desire not to age must not be from a position of vanity, it must be from a position of understanding that ageing, in and of itself is not a natural process. It cannot be if our bodies are renewed every 11 years or so.

Two household items that reinforce ageing and our appearance generally are the mirror and the weighing scales - even more so if you have these new varieties that also remind you of your "BMI".

Let me add straight away that I appreciate that a mirror is useful for more general tasks such as combing the hair, shaving, ensuring clothes are straight, applying make-up if you are female - and so on - assuming straight clothes etc are of a concern - providing it is thought of in that context.

Where a mirror become extremely counterproductive is where a person stands before it to specifically check on visible appearance, and evidence of such things as "wrinkles", grey hairs, spots of various varieties, skin condition, the appearance of the area surrounding the eyes, evidence of fat deposits etc.

This is the slippery slope that must be avoided.

Seeking evidence on these things reinforces and impresses exactly the same conditions upon the Subconscious sphere of the Mind.

The Subconscious Sphere of Mind cannot distinguish words such as "have", "have not", "want", "do not want" etc, it only sees such words as "grey hairs", "wrinkles", "fat" and so on, and takes it as an instruction of your wishes. The Subconscious Sphere of Mind then quite happily, and without question, modifies the latest version of its blueprint accordingly.

And of course as the latest version of your blueprint is manifested as visibly evident affects in the mirror, the panic sets in further reinforcing your "worst fears", which the Subconscious Sphere of Mind uses to modify its blueprint once again to manifest those fears.

And so it goes on over the years, thus reinforcing everything you have ever been taught about the process of "ageing".

Some may argue that science tells us that we have "free radicals" in our blood that causes oxidation of cells and so on.

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This is true - but these "free radicals" are actually under the control of the Subconscious Sphere of Mind as agents of manifesting the latest blueprint, just the same as viruses and bacteria are used to manifest fears of disease.

So if you must have a mirror, only use it passively, without observing your body condition and nothing else.

Scales used for weighing yourself reinforce your worst fears of gaining weight in the same way. Scales serve no useful purpose and should be discarded.

Finally there are those increasingly cunning adverts on TV that promote the latest vanity products. These, like the mirror and scales force you to look upon yourself negatively by comparing yourself with all those models who have a dozen layers of make-up, hair extensions, painted white teeth and so on.

The latest trend, which is one of the few things that make me laugh about adverts, is the use of really impressive sounding chemical names such as "poly pentapeptides" that are intended to cause the viewer to think it is some amazing new invention.

Being highly qualified in organic chemistry - from 30 years ago - I can tell you that most of these names are contrived, and the ones that exist are meaningless in the context of their claimed purpose.

So in conclusion, if you wish to remain true to the original perfect blueprint that was provided by Divine Providence:

1. Never look in the mirror to view your "defects".
2. Throw away those weighing scales.
3. Never watch vanity adverts on TV or anywhere else.
4. Never look enviously at others as a role model.
5. Only think of yourself as perfect in every way.

We always have a choice - so choose the perfection that God blessed you with from birth.

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The Principle of Expression - Part 2

Last week we commenced with our discussion on The Principle of Expression - a truer representation of what has become widely recognised as the "Law of Attraction".

This week we will continue by taking a look at 10 factors that exert their influence in The Principle of Expression.

1. Absolute acceptance of the Truth that we are all Expressions of God, Source Energy, First Cause, "God Principle."

When we Express our wishes, needs and desires in to our material, experiential reality, we do not do so through our own "power".

We rather decide, of our own Divine Freewill, and then through our thought process, emotions, feelings, expectations and above all Conscious Intent, which is then Expressed, not as an individual personality, but as an Expression of God, in to our Conscious Awareness.

We are not "attracting" anything from anywhere. We are already Whole. We include the entire Universe and all in Creation Within us - nothing exists apart from us.

We are simply selecting that which we wish to Experience, which is then Expressed in to our Sphere of Consciousness through Source, Creative, God Principle.

The Master who became known as Jesus taught this Truth thus:

"I and the Father are One".

"The Father within me doeth the works."

When Jesus uses the singular "I" or "Me" he means "You and I".

We are all Infinite, Immortal, Divine Expressions of Source, God, and All Co-Creators in the Universe.

Our Experiences here on Earth are very simple but necessary.

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Upon completing our missions here we move on to Experiences as Expressions of the Divine Which are Glorious, far beyond the comprehension of Mortal Humans as we take our place in the Great Works of God, which are Splendid, perfect and Eternal.

2. Faith. Perfect Faith is the most important Principle behind Expression.

Faith can have two polarities - Positive/Creative and negative/destructive.

Faith is the Evidence of Things hoped for but not yet seen.

Faith is therefore the certain feeling that we already have everything we could possibly wish for need and desire, and that all we need do is to "take delivery" of it.

Faith is a very large and crucial subject, that cannot properly be summarised. Next week therefore I will bring to you the opportunity to understand it more completely.

3. Expectation. Expectation is Faith in progress.

Expectation is therefore the Faith that whatever you are Expressing through Divine Energy will soon be delivered in to your Experiential Reality.

4. Belief. Belief goes hand in hand with Faith, which is why Jesus also spoke of Belief so frequently, often in the context of Faith.

Belief is the unshakable Belief in Who we Are as Expressions of the Divine, and therefore the Certain Belief that all is possible with Perfect Faith.

5. Trust. Trust is Trusting in our own Infinite Potential as and Through, The Divine, Source Energy, God.

Trust is necessary to support our Faith and Belief.

6. Acceptance. As we know that the Expression of our wishes, needs and desires are already part of us, we must Accept our Good with Gratitude.

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7. Gratitude. Gratitude is Expressed in the certain knowledge that as we are already Whole, and that we have the Perfect Faith, Expectation, Belief, and Trust, that we are already Grateful that our Expression has duly arrived in to our Conscious Awareness and accordingly our Experiential Reality.

Gratitude therefore is an Energy that recognises that the Expression of needs, wishes and desires has already been Realised through the Expressive Energy of Divine Providence.

These final three factors are not States of Consciousness in the same way as our first seven, they are rather Expressive Forces or Energies that give Power to the Expressive Principle.

8. Imagination. Imagination is an important Expressive Energy that Conceptualises, Consolidates and Crystallises, the Nature of that which we are Expressing in to our Experiential Reality.

The clearer we can Visualise, Feel, Hear, Taste and Smell within the aspect of Mind Principle that corresponds with their equivalent corporeal senses, the more the resultant Expression will correspond to our wish, need or desire.

So do not leave God guessing. Make your Wishes Known, and as Jesus said " It is God's good Pleasure to Give You the Kingdom.

It is impossible to Imagine anything that does not already Exist within the All of the Eternal Now.

So it is impossible to Imagine something "too big" to Experience.

Our only consideration is to Express the factors discussed in 1. through 7 above to the maximum possible extent.

Never be afraid of being "greedy", or "unworthy" or minimalistic. If you are going to Express something at least Express it gloriously.

As Jesus said - even something as tiny as a "Mustard Seed" - and he was not referring to "mustard seeds" as in "mustard and cress", he was referring to a large tree that grows in the Middle East, the seeds from which are very tiny. But as Jesus said, if you can Imagine it, and have the absolute Faith, it will be expressed as a magnificent tree.

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9. Emotion. Emotion is a state of Consciousness that influences our Experience in accordance with the quality of the Vibration of the Emotion.

Emotion can therefore be thought of as E-Motion, or "Energy in Motion".

The more Positive Emotional Energy we Experience in the context of the Expressive Nature of our needs wishes and Desires, the "faster" relative to the concept of Earth "time", will those needs, wishes and desires be Expressed in to our Experiential Reality.

Such Emotions are for example Excitement, Joy and even Euphoria.

10. Feeling. Feeling goes alongside Emotion in that the more you can Feel that you are already Experiencing the Expressed Fruits of your Imagination, the sooner you will realise those Feelings in your Experiential Reality.

So these then are the 10 primary Principles behind the Principle of Expression.

As you will note - what is usually taught and presented as the "Law of Attraction" does not take account of most of these Principle Factors.

Many such resources do talk about emotion, gratitude and imagination, but as you will no doubt note, these simply represent the Energy behind the Primary Expressive Principles that we have discussed today.

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7 December 2008

Perfect Health is a Choice

Welcome to your newsletter.

I do hope you have enjoyed a wonderful, healthy and abundant week.

First of all, as always, I would like to extend a very warm welcome to all new members joining us this week.

Once again there have been very many of you joining us which is wonderful.

As the great awakening gathers pace, increasing numbers of Expressions of Source, God, are desiring to free themselves of the bondage of the illusion of the material world that has held humanity captive for millennia, the archaic, rigid, controlling belief systems and systems of "government", instead choosing Freedom, Self-Empowerment and above Evolution towards our Source.

Many have asked how they may participate in this process, in helping others take this crucial step, beyond the trappings of materialism, control and fixed beliefs, and to set foot on the true and most glorious path beyond the illusion, and towards our Divine Creator.

Some are very concerned about leaving Loved ones, family and friends behind after the transition to the Golden Age.

All are invited, but not all yet have the means by which to make the journey.

The answer is so simple but yet so profound.

Share your Joy and new found Freedom of Thought and of Mind with everyone, and let them decide of their own freewill, based upon their own willingness and readiness, whether to join you on this journey.

We cannot decide on behalf of others.

Instead, the greatest Service we can extend to others as humans on Earth is to make them aware of the Choices they have - the same choices that you had and still have - and how they may proceed on

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the basis of that Choice.

Keep in Mind that we should never persuade, cajole or argue.
We can lead a horse to water, but we cannot make it drink".

Everyone who is ready will know and will follow in Joy, those millions of other awakened and awakening Souls.

For those who are not yet ready - their moment will come - ultimately no one is ever left behind on the path of Perfection.

We never know from outward appearances the inner Mind of others, so please be of service to others by forwarding this newsletter to Loved ones, friends and anyone else you know, thereby giving them the same choice you once had that their Inner Being can guide them.

As we head in to winter time here in the Northern Hemisphere, you may observe people around you coughing, sneezing or complaining of feeling "unwell", then wondering whether you will "catch it" too.

Always remember that perfect health is a Choice, not "luck".

You can choose to accept the "evidence" around you as reported to your Mind through the five physical senses, believing that you will "catch" the disease, or you can choose to know only Perfect Health at all times - and so it shall certainly be.

This applies to Perfect Health at All levels of your Being - Body, Soul and Spirit.

We are all perfect Expressions of the One Source Energy, God, Who is Perfect, and Knows only Perfection, therefore all we need ever do is to Express that Perfection into our Experiential Reality.

An illness of the body is first an illness in the Mind, so choose to free your Mind of all imperfect thoughts and your health and Life must reflect that and be Perfect also, because in All things Mind is Principle.

So if you do see people around you acting in an "unwell" sort of way, or if you feel an illness "coming on", simply reaffirm your connection with Source, God, and the inherent Perfection of God that is Expressed through you, know it to be true - and so shall it be.

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All Creatures Great and Small

Many people see a small creature in their house or garden, and immediately see it as a "pest" in some way, often proceeding to "exterminate" it, or, if there are more of them, calling in the "pest control" company to come and "deal" with them.

In the case of flies many may "spray" them with "fly killer" as if they are completely expendable objects.

Actions such as these not only reveal a lack of understanding about the true nature of Life, but also of their own relationship with Life and therefore with Source, God.

How does "gassing" flies because they are deemed to be inferior, differ from the gassing of humans by those who deem them "inferior"?

It is very often the case for example that mice enter a home during the winter in order to be shelter from the cold weather, and to find small scraps of food to eat and feed their young.

In so doing mice are not being vindictive in any way. They do not set out to "cause a nuisance" - they do not even think in those terms - only humans do. Mice simply have a cycle of Life to Live - the reason Source, God has created them and placed them here on Earth.

No creature, however "Great or Small" is "pointless".

Perfection never does anything that is "pointless".

Humans generally see "their home" as "their property" to live in, decorate and show off to others as they will.

All homes, however humble or grandiose, originate with Source Energy, God, and to that extent God is our "landlord".

A home may have been constructed by a "builder", but all builders are Expressions of God".

We should therefore be happy to share the home with all creatures of God, aspects of God and therefore of ourselves - however great

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or small the creature happens to be.

"Size" - which is often the object of human prejudice - is only an illusion of the five physical senses. The Spirit that animates all Beings in the Universe is beyond form and the material world concept of "size."

As Emerson said:

"There is no great and no small To the Soul that maketh All."

Many people might object saying that Mice, Rats and other such creatures, often called "vermin" or "rodents" "spread diseases".

The truth is - Mice, Rats and any other creatures do not "spread diseases".

Humans rather manifest disease of the body through their Thoughts.

We cannot "catch" any disease unless we believe we can.

Humans also attract disease and many other afflictions through fear, which is a state of mind of the very disease they fear "catching". This small story describes this very well:

"Once upon a time a pilgrim from Baghdad met up with the plague 50 miles out of town. You look like your up to no good said the pilgrim to the plague. Im off to kill 5000 people in Baghdad replied the plague, and they went there separate ways. One week later the pilgrim, on returning to Baghdad, met up once again with the very same plague. You told me you were going to kill 5000 people, I heard that you killed 50,000. No, no, said the plague. I only killed 5000 people, the rest died of fright".

So let us not use erroneous reasoning in denying those aspects of God and of ourselves shelter this winter. We should welcome them in to our home as equals, and provide them with food and drink if needed.

Remember - a Primary Principle of Spiritual Evolution is:

"Service to Others before Service to Self".

"Others" not only applies to "other" people, it equally applies to every single Life Form Expression of the Divine.

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If God deems a creature worthy of Expression in to the world of matter, they are here for a purpose and should be Unconditionally Loved as Divine aspects of ourselves and of God.

Welcome All Creatures, Great or Small, Feed Them, Love them - and be Blessed.

"Good" and "evil" in perspective

One of the most noticeable tendencies of humans is to put labels on things.

"Fat", "thin", "short", "tall" and above all "good" and "evil" etc.

These labels only arise out of limited human understanding, arising partly from the dominance of the five physical senses as to the true nature of reality and therefore of the Universe.

When an observable "event" occurs within the space-time continuum of which Earth is, for Now, bound, and which humans observe through the mediation of the five physical senses, and then attaching a label to it, what humans are witnessing is simply a temporally observable event in an infinite chain of related events - Causes and Effects - that stretch all the "way" to Source, God, and beyond into Infinity.

No human can possibly know the greater significance of a single observed temporal event in the grand scheme of things.

Such Events are always Perfect no matter how they are perceived.

In addition, in order to maintain balance, a chain of events will include those which, by human standards, would include "good" and "bad".

So a temporal event that is labelled as "bad" or "evil" in this time-line, will be the reciprocal of another temporal event being observed and labelled in another time-line slightly out of phase with this one.

These chains of Causes and Effects cannot only cross temporal time-lines within the physical Universe, but also at higher

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Vibrations of Energy within the greater Universal Mind.

God is First Cause of All Experience in Creation - no exceptions.

Each incarnation is a Personality sent by the Higher Self to collect specific experiences needed for further ongoing Evolution.

No Higher Self is balanced and can continue on to greater things until it has experienced the entire spectrum of human experience including those which humans choose to label either "Good" and "evil".

So the people judging a murderer in this incarnation may be a murderer themselves in concurrent incarnation in another temporal time-line.

Ultimately it is only the completeness of the Higher Self that really matters, because that is our Individuality - Who we really Are.

Each incarnation, each personality, is simply one aspect of the Whole - our Higher Self - our Individuality.

Really this is very simple, profound, but true:

Every "thing" and every Event in Creation is an aspect of God.

God is Perfect.

Therefore Every "thing" and every Event in Creation is inherently Perfect.

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The "financial crisis" continued.

A few weeks ago I wrote at length on the so called "financial" crisis.

I will not repeat what I shared then because it is not really relevant Now which is the only moment we Experience.

So called "booms" and "busts" are an excellent example of how the human Mind, both at an Individual level, and at the collective level on the Mental Plane of the Human Mind, influences the perceived level of "wealth" and quality of what humans regard as Life.

When humanity as a whole feels "wealthy" because house prices and therefore personal asset value is increasing, stock markets including mutual and pension funds booming, and everything is perceived as rosy in the garden, people feel safe, secure and affluent, and freely spend in shops and of course on-line, not only using their own cash to do so, but also borrowing through credit cards, overdrafts and loans in the belief the money will always be there in one way or another to repay the credit.

As more people buy from shops, factories are manufacturing even more goods to satisfy the demand, businesses borrow more and more money to finance expansion of their manufacturing facilities to satisfy the demand, take on more employees, give employees higher salaries and stock options, which are further catalysts for the feeling of wealth and so it goes on as the boom times continue, oblivious to the fact that every boom is followed by a bust, as with, for example, the technology stocks nearly 10 years ago. NASDAQ has only reached about half its peak value even during 10 years.

And so the boom perpetuates, always feeding on itself, until finally that inevitable "spanner is thrown in the works".

We know from previous newsletters what "organisation" is behind every boom and bust in the last 80 years or so, as well as most wars, and other negative global events, but let us not send them Energy by naming them - it is not important now anyway.

The major catalyst for this latest "situation" was house prices.

We discussed why this is so in a previous newsletter.

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We are only concerned with one aspect - Mind - which is Principle.

When the massively inflated house prices stopped and then reversed, the immediate Cause of these Effects was twofold:

1. The feeling of wealth quickly dissipated along with home values.
2. The mortgage "instruments" - CDO's - that had been purchased by, it seems, just about every bank in the world, became to all intents and purposes worthless - or at least un-tradeable.

Now due to the laws and regulations governing the financial markets, these losses must be "marked to market" and reflected in the balance sheet of the banks.

The banks however had already purchased the CDO's out of capital reserves which had been fully accounted for.

However, when the CDO's crashed in value - far below the purchase price - the banks had to treat them as losses, or "toxic debt" on the balance sheet, even though the cash position - the liquidity - the ability to lend money - was unaffected.

However, the paper losses on the CDO's exerted a dramatic effect on the overall profit and loss position of the banks, often causing them to become insolvent and in some cases bankrupt - and unable to loan money.

This further depressed business which relied upon credit from banks for solvency, and of course it became almost impossible for individuals to obtain mortgages at any cost, further depressing sentiment as well as house prices and the feeling of wealth.

The rest - as they say is history. The world is in "recession", and no one knows how long or deep it will be.

This entire situation therefore becomes self-perpetuating as the levels of fear and uncertainty rise, made worse by media reporting.

Now for a start this situation and therefore misery could have been largely avoided without these so called "bail-outs".
have been avoided.

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How?

Simply by amending the way the financial laws treated these financial instruments from an accounting perspective.

This only need be a temporary measure which would have avoided the fall-out we have seen, as well as recession.

Why did this not happen?

Quite simply because the dark forces behind this situation would not have achieved their objectives which add up to one thing - control at any cost.

As we stand today millions of people have lost trillions of dollars on house values, mutual funds, pension funds and much more - which is precisely where the controlling forces want humanity. By making people feel and be less "wealthy", more than ever in debt, and much less secure, they are more at the mercy of controlling forces.

But only if humanity allows it.

All this could have been avoided and the dark forces would not even exist if it were not for the focus and obsession of one thing - money.

Or to be more specific - the perception that money is the only way to acquire the things people wish for, need and desire.

So given the so called "financial crisis" is now manifesting in the form of the physical effects we have observed, what can we do given that from a business perspective things may get much worse before they get better - if indeed the situation is recoverable?

Quite simply be Mindful of the following:

1. Sit down, with your partner if you have one, and seriously reconcile your perceptions of money, material possessions and happiness.

Look around your home.

Do you really need the material possessions you see around you?

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Do they, as material objects really make you more fulfilled?

Or do they exist to portray "wealth" to your family and friends.

Really all we ever need is a roof over our head, food to eat and clothes to wear. And of course to stay warm/cool depending on where you live.

The only other useful possessions are a PC and Internet connection, because these are our means of communication, learning, and finding like-Minded people. The Internet is a powerful way of connecting with like-Minded people, and sources of knowledge, while the popular media, controlled by the dark forces, portray their hidden agenda.

Plain and simple - we are here on Earth to be joyful, healthy and above all to evolve - to grow closer to our Source, God.

We are here to serve others but not to impress or conform to their expectations.

"And be not conformed to this world: but be ye transformed by the renewing of your Mind, that ye may prove what is that good, and acceptable, and perfect, will of God". -- Romans 12:2

If something - anything - makes you genuinely happy and joyful then absolutely get it - you are here to be Happy, Healthy and Joyful.

But before purchasing anything beyond the basics, take a few days to think carefully about what it will really tangibly add to your happiness and above all purpose for being here on Earth at this moment - during this Transition of the Ages.

Among the happiest people I have received messages from are those who had lost everything - because they lost the very things that they thought made them happy, but in reality, after losing them, they realised they were barriers to true happiness, and binding them in misery to the material world.

If you have nothing, you can lose nothing, and no one can hold power over you.

The one thing you always do have, and Who will never, ever let you

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down is our Source, Divine Providence, God.

Focus on Joy, Evolution and Service, and Divine Providence will bless you with all your needs.

2. Principle of Expression. The Principle of Expression - Law of Attraction if you prefer to think about it in that way - can bring you anything you could possibly wish for, need or desire without limitation, and will if you Express in the context of Joy, Evolution and Service.

You do not need "money". Money is a human construct that Divine Providence, Source Energy, God, does not recognise as such.

3.The coming of the Golden Age will render "money" irrelevant - just as it is in the Astral - the Afterlife - and all other spheres of Life and Reality beyond the material plane of Earth.

The Principle of Expression will be all anyone could ever need.

But first each and every person must focus on making the Transition to the Golden Age - which after is why the Higher Self of everyone on Earth chose to be here on this time-line.

Only when we have a world that is not "money" based but Love, Compassion and Service based, will humans see "money" for what it is.

And this is what the "financial crisis" is really about. Very often change is purgative - the old must go to make way for the new.

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12 December Healing in God

Welcome to your newsletter.

I do hope you have enjoyed a wonderful, healthy and abundant week.

I would first of all, as always, like to extend a very warm welcome to all new members joining us this week. Once again there have been so very many of you - a reflection of the ongoing awakening as the Transition to the next Age accelerates and will continue to do so.

During this season of giving, it is always wonderful to give providing it comes from the Heart and not out of a perceived obligation to give someone something for fear of what others may think.

It is well worth keeping in Mind that we do not need to wait for Christmas, "birthdays" and all those other "days" scattered throughout calendar throughout the year, and neither do we need to give material things for people to "unwrap".

The greatest gifts we can give are not material, and neither can they be purchased from a shop - they instead come from the Heart, the Mind and the Spirit.

A small act of kindness, Love or generosity is worth much more than a "manufactured product", ever can be and as Energy will live on forever.

There is not greater gift we can give to another than showing them the True Source of all Health, Abundance and Joy, and above all showing them their own True Divine, Nature and the Empowerment that brings, and above all showing them the way to Knowing Our Source, so prefer to refer to simply as "God".

Such a blessed person will never "want" for anything again - ever.

Sharing this newsletter, my weekly gift to you, costs nothing, but can make all the difference to someone you Love and care about.

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A few weeks ago we discussed how as we turn from the illusion and dramas of the material world, and inwards towards our Source, God, and the True nature of Reality, we increasingly Express God in terms of Abundance, Health, Spiritual growth and much more.

Very often, as for example of reading this newsletter, this is a conscious choice.

It sometimes happens however, that when the time comes to realise the material world for what it is, and to set foot on the True path, the Higher Self simply cannot "get through" the conscious, Ego Mind to wake up their physical Expression.

Sooner or later a "wake-up" call is required and provided - keeping in Mind that time is running out in every sense, and there is simply no time left to remain unconscious and subsumed in the illusory material world.

I am grateful to newsletter member Steve Bullman for sharing his personal experience with me, and allowing me to share it with you. Here is his message in full:

"Hi Adrian,

I read your newsletters with much interest

I've had 2 life changing experiences in the last 5 years.

I'm very spiritually aware now, and closer to God.

In 2003 I had a serious car accident, that I walked away from, relatively unscathed, with a back injury that had healed, and causes me no problems.

Shortly after the accident, I became aware that my vision had improved and I became a better person.

This was always inside me, but had been hidden from my conscious mind, due to what society and the media brainwashes us into believing.

I am truly a free spirit now, having attended a self awareness seminar in the UK recently. My

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Life has improved significantly, in the last 6 weeks after the isa experience in Bradford. people are shocked, and delighted to see the change in me.

I'd like to share my experiences with other people. Maybe with your help, this would be possible.

Best Regards, Steve Bullman."

Thank you very much Steve - consider it shared.

The reason Steve walked away relatively unscathed is because the "accident" was no "accident" rather being designed as a drastic wake-up call, and not to cause permanent injury that would compromise the reason for this particular expression of Steve's Higher Self.

The moral is this:

If you are still wavering, or you know other people that are, or you wish to help Loved ones to awaken, do not wait for them to do so through some traumatic experience - show them the way.

Sharing this newsletter and providing them with a link to our website is a very effective way of accomplishing this, just as it has been for you.

If you have any similar experiences, on any aspect of the matters we discuss here, and are willing to share them, please do send them to me.

Yes You Can

I receive many messages from people who believe themselves to be experiencing adverse circumstances of various types, circumstances which they often perceive as "hopeless".

I would like once again to thank newsletter member Sam for sharing a YouTube Video that everyone should watch.

It follows the life of a remarkable a man who was born without arms and how he not only overcame his situation - not "disability" - but

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went on to follow his passion and realise the meaning of his mission here.

Not only that - as he says himself "God sees him as Whole"

<http://au.youtube.com/watch?v=GF9wo9sVn2c>

There are many profound lessons to be learned from this remarkable person, many of which we have discussed in these newsletters.

It is worth watching this video several times and noting the words of this remarkable person very carefully, and consider their significance in the context of the matters we discuss here.

Another factor coming out of this video is to yet again emphasise the truly infinite power of Sound and Vibration, which, as you will see, will gain a new significance and meaning for us next year.

Biblical Energies

In view of the video in "Yes You Can" which mentions "Holy Spirit" I thought it would be appropriate to conclude this week by taking a look at the true meaning of the words so often used in religious discourse, "Father, Son and Holy Spirit".

As with much of theology these words are used without really understanding what they really signify when often used by the person known as Jesus.

Father: Refers to Source Energy, First Cause, Prime Creator of All in Creation - often referred to simply as God.

Father is not "male" or "female" but rather neither or both.

Father exists as pure Core Energy at the "centre" of all Creation, at the very Highest Vibration, that which corresponds to the vibration of Unconditional Love in the very highest sense.

Father is beyond all concepts of material form, does not have a "body" of any kind, and is beyond human comprehension.

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The Kingdom of Father is Universal Mind in which we "Live and Move and have our Being".

Son: Includes all Expressions of Father including Human Beings.

Again "Son" does not imply "male" which implies duality. Son is beyond the human concept of "gender".

Jesus was "Son of Father, God" not "The Son" - this is why, as Children of our Father, the Father's, "Lord's" Prayer commences with the words: "Our Father".

"Our Father" specifically and unambiguously includes every person, every one of whom is equally Loved by the Father.

Holy Spirit: Is Universal Life Energy, otherwise known as Energy, and also known by many other names in in cultures around the world.

The fundamental Principle of Holy Spirit, Energy, is Vibration.

Holy Spirit, Energy, is the fabric of the Universe, Universal Mind, and is the "substance" from which All in Creation is "made".

Holy Spirit flows through all humans as it did through Jesus.

Father, Son and Holy Spirit therefore represents the Triune Being of humans and all in Creation.

As the Son it is our most Divine objective to fully realise the Father through the Holy Spirit - this is a fundamental "meaning" of Life.

Before closing this subject I would just like to mention to other terms frequently used, especially in the context of religious theology.

These words are "Christ" and "anti-Christ".

Christ is very frequently used interchangeably with "Jesus" or in the same context "Jesus Christ".

Similarly "anti-Christ" is frequently used interchangeably with "the Devil", "Lucifer", "Satan" etc.

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Before continuing I would just like to remind ourselves of our newsletter of a few weeks ago where we identified "Lucifer" as "Ego Mind" currently manifested by most human beings.

Christ and anti-Christ are not people, they are rather manifestations of Energy.

Christ Energy is the Highest Vibration and manifestation of Energy, associated with Unconditional Love, and directly originating from "Father", Source Energy.

This Energy can manifest at any Vibration including the physical Universe.

The person known as Jesus was an embodiment of Christ Energy originating from Source Energy, Father.

This is the solution to what Jesus meant when he talked about these things. He taught his disciples these things as future teachers.

So Jesus was the embodiment of Christ Energy originating from The Father, God.

Jesus was not the only Christ - rather a justifiably famous manifestation of Christ Energy originating from Father, Source.

Christ Energy flows within all humans. Humans must attune, Express and Live Christ Energy at which point they will also be of Christ in the same context as Jesus.

Everyone has this potential, the realisation of Which is becoming increasingly more crucial as we approach the Transition.

The anti-Christ is just that - Energy that is the reciprocal, opposite of the Christ Energy.

So the anti-Christ manifests in the physical Vibration of Earth as humans, groups or organisations that are contrary, and work against Christ Energy.

So instead of Unconditional Love, Compassion and Service of Christ Energy, anti-Christ Energy represents agents of Fear, Control and Selfishness.

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The anti-Christ instead of bringing humans nearer to God, instead steers humans away from God through deception, fear and guilt motivated by control.

The anti-Christ is "cunning" and portrays itself as a Christ Energy in order to get its way.

The anti-Christ Energy has been active in the Earth plane for the last 1800 years or so - following the Christ Energy to neutralising God-ward Energy for its own ends, and until recently had largely succeeded.

This is why Earth became such a dark place, with so much dark Energy.

The anti-Christ has controlled the Minds of humans through fear and guilt disguised as "good" and "holy". The anti-Christ has been responsible for more misery, torture and death than any other entity over the last 1800 years.

Today the anti-Christ Energy lives on through several entities.

But it is always darkest before the Dawn.

The Christ Energy is becoming stronger and stronger, manifesting in more and more humans, and in more and more places on Earth.

Light can always illuminate the darkness, but the dark can never, ever darken that where the Light already shines.

The darkness is losing its power at an every increasing rate.

The World is being illuminated.

When the Transition is complete the darkness will have been slain and will no longer exert its dark Energy on Earth releasing humanity from its bondage.

The Age of Light, the Golden Age will have arrived.
All humans need do now is to ensure that their body, Soul and Spirit are predominantly of the Light Vibration in order to transition with Earth to the new Golden Age.

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Those who still manifest a body with predominantly low, dark, material vibrations will not be able to withstand the new high vibration Energy and will depart to the Astral. They will continue - everyone is infinite and immortal, but their path will diverge from that of those who make the Transition to the Golden Age of Light where the "coming of Christ" Energy will be the Reality.

This Reality is happening Now and will accelerate over the next few years. Everyone should begin to prepare Now.

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21 December The Real Lords Prayer

Welcome to your newsletter - I do hope you have enjoyed a wonderful week.

First of all I would, as usual, like to extend a very warm welcome to all new members to this newsletter.

Every week I seem to say this, but each week it is a fact that increasingly more are joining us here, and this week was no exception.

This is not without reason and will increasingly be the case.

As we head towards 2012 and beyond, the great awakening is accelerating, and will continue to do so as increasingly more people waking up to your true, glorious Divine nature.

Many are wondering why this is taking place and what they should do.

Next year I will write a detailed article on how this process is manifesting, what we can expect in the next few years, and how best to prepare yourself.

The greatest service any human can extend to another is to help them to awaken, and to show them the way onwards and inwards.

This simply reflects the process occurring throughout the entire Universe, with those further along the path to Source dedicating themselves to helping those who are not so far advanced along the Divine path.

This why there are so many highly Evolved Beings from all levels of Vibration, Life and Reality making their influence felt during these crucial times, even though we often remain unaware of their presence.

The more of humanity we can help to awaken, the more it will contribute to the collective raising of consciousness of humanity as a whole. There is a point when enough humans are awakened, the process becomes part of the consciousness of humanity as a whole, and the process will continue to accentuate itself.

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So please do share with as many around you as possible. Do not assume that they are not interested, or afraid of what they may "think of you" - better to give them the opportunity than not at all.

In past newsletters we have discussed and analysed many of the true, hidden meanings of the teachings of the person who became known as "Jesus" - notably though the Gospels.

Very often religious people will challenge these inner meanings as not being the "true teachings of Jesus".

Jesus actually said himself, when asked by the disciples about why he speaks in parables, words to the effect that only those who are ready and intended to understand would do so. See Matthew 13:10-18.

But aside from this, just how accurate are the words of Jesus that the church relies on so much as the basis for their theological doctrines?

To answer this question we must look closer at what history tells us.

First and foremost - the Gospels of Matthew, Mark, Luke and John, were not actually written or dictated by Matthew, Mark, Luke or John.

The Gospels were actually written by a person or persons unknown, decades after the passing of Jesus, and the disciples had either passed themselves or dispersed, were imprisoned etc.

We know this from various sources, that Jesus - real name Yeshua - and all his disciples, who were not educated people according to history, spoke their native language which was Aramaic - an ancient form of Hebrew.

The Gospels however were all written in Ancient Greek - hence the name "Jesus" which is a Greek name, translated from Yeshua.

It is possible therefore that the original Disciples may have took notes during their time with Jesus, much as a student would take notes during class or a lecture, but it is much more likely that they simply gathered around him, sat and listened to the words of their great teacher and Master.

Decades later, these teachings and experiences were transcribed on

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to paper, or papyrus, purely from anecdotal stories passed on by word of mouth from person to person originating with a particular disciple.

So these teaching and experiences were each compiled in the name of a disciple from which the original spoken account originated, and later became a "Gospel" in their name - Matthew, Mark, Luke and John being the most well known, but by no means the only ones.

Of course, during this process, just like the party game "Chinese Whispers", words can be lost, distorted, but most of all changed, either Subconsciously, or, as is often the case with the Bible throughout its history, deliberately altered in word and in particular in context and meaning, in order to comply with the provisions of the Church doctrines and ultimately objectives.

Add to this the fact that the Disciples spoke Aramaic and the original draft of the Bible was not only transliterated between very different languages, but also transliterated across completely different writing systems - first to Ancient Greek, then to Latin and finally to medieval English - the form in which it exists today, albeit altered significantly through the centuries.

It is very easy to see how the original words of Jesus became distorted and often changed completely either in transliteration or deliberately in accordance with the objectives of the Roman Church.

This is particularly true in that words and meanings in Aramaic, which is a very ancient language, contains many levels of meaning, few or none of which can be directly translated or transliterated in to its Ancient Greek equivalent - the same applying from Greek to Latin where even more layers of knowledge, meaning and context are lost.

So the translators and transliterators very often had no choice but to place their own interpretation on the original words, often for no other reason that the equivalent words and grammar did not exist.

So over the course of a century - long before the Romans created the Roman Church to further their own ambitions, for their own ends, the original words of Jesus may have been changed beyond recognition.

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In addition, these scribes of what became the Bible, decades later, would not have understood the inner meanings of Jesus teachings, and would therefore have placed a material meaning upon them.

Jesus was much more than just a teacher, he was a powerful presence - a powerful Energy of the Light, and only those close to him could have received the full benefit of his teachings.

When Constantine created the Roman Church as an alternative means of controlling the world in the face of the falling Roman Empire, the words of the components of the Bible, such as they stood then, in Latin, were further changed during what became the canon of the Bible to become an instrument of control through the invocation of fear and guilt - which is where the Roman church still is to this day.

There were many other books containing the teachings of Jesus that were deemed unsuitable for their purposes, and were omitted and in all probability destroyed. The Roman Church had a policy of completely destroying the books of all cultures they encountered, such as the Maya, in order to erase their heritage and replace it with their own.

As an aside - the actual birth circumstances of Jesus, which of course pre-dated the Disciples by decades - were actually created by the Romans, reproducing the same series of events that have been ascribed to "Gods" and "God-men" throughout history - beginning with Osiris in Ancient Egypt, and ending, to that point with the Persian/Roman deity Mithras which Constantine and most Romans worshipped. Constantine never converted to the "new religion" - he remained a worshipper of Mithras until his death still believing Mithras to be the true God that he needed to appease.

It was crucial for the Romans at the Council of Nicaea, to add this birth sequence, which was firmly etched in to all cultures of the region, in order to make it acceptable to the Romans who, to that point worshipped a range of deities, but mostly Mithras. Jesus was the seventeenth "God-man" to have been born under the same circumstances.

December 25 is a Mithraic and widely used pagan date.

The Winter Solstice is December 21 when the Sun - Mithras is the

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Roman Sun God - is when the Sun or "Son" dies - is "crucified" - on the Cross of the Vernal Equinox", and then on December 25 the Sun, or "Son" is born again.

So December 25 is celebrated as the birth of the Sun or "Son".

So in the face of these seemingly considerable difficulties, how can we revert to the original, powerful, crucial teachings of Jesus, given that he came here 2000 years ago to prepare humanity, in ample time, for the great Transition that we are now all facing as the human race 200 years later - and time is running out - in more ways than one.?

Well this is actually not as difficult as it may seem.

After Jesus birth he disappeared for 30 years or so.

During this time Jesus was with a religious Order known as the Essenes, who were keepers of the hidden knowledge - such groups of different cultures still exist today around the World.

Many of the teachings of Jesus were taught to him by the Essenes during his 30 year stay with them. The rest was inspired - from Source - from God from Whence he came as an embodiment of Christ Energy.

Throughout the centuries there have been other teachers who both have access to the "Inner Knowledge" and Inspired connection with Source. If they needed to know or teach something that was not known from the ancient knowledge and mysteries, they had a consciousness connection with Source, the Source of All Knowledge, from which the required knowledge would flow in order to continue the Divine works.

So by looking to the actual remaining teachings of the Essenes, we can clearly see where many of the true, original teachings of Jesus originated, because these were the very same teachings and knowledge kept by the Essenes, and, in my view, the only reliable, unaltered source of the teachings of Yeshua - Jesus.

The records of the Essenes also therefore provide positive proof as to the existence of Jesus.

For example - Jesus "Sermon on the Mount" is almost a direct

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correspondence of the teachings of the Essenes at the time. The Sermon on the Mount therefore may be considered both as evidence of Jesus existence, and of the Source of his teachings, as well as the original and true teachings.

Many parts of the teachings and sacred knowledge of the Essenes found its way in to the canon of the Jewish religion which exists in a much purer state than the Christian religion, having not been continuously corrupted and manipulated for political purposes.

Part of my ongoing work is to track down the original sources of Jesus teachings from the texts of the Essenes, written in Aramaic and Jewish books. This will enable us to produce, once and for all, the true teachings of Jesus, from sources the Christian Churches cannot deny, also therefore allowing the world to benefit from the true, as opposed to greatly distorted, teachings of Master Yeshua.

So this then finally brings us to the Lord's Prayer from the Sermon on the Mount which most certainly does exist beyond doubt.

As the Sermon on the Mount and therefore The Lord's Prayer are central to the Christian doctrines, this is clearly extremely important.

One of my own missions is to "clear Jesus name" and bring his true teachings of Light and Evolution as opposed to the doctrines of the Roman Church and to a slightly lesser extent other denominations of Christianity.

Almost the entire Sermon on the Mount came from Essene knowledge.

The basis for what the Christian Church know as the "Lord's Prayer" actually exists today in modernised form in a book, central to the Jewish religion known as the Talmud.

In the Talmud the Lord's Prayer may be found in forms of a prayer known as the "Kaddish".

The modern Kaddish exists in several variants used according with the occasion.

The modern Kaddish is based upon the modern a modern version of the Hebrew Language with a modern interpretation.

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Ancient Aramaic was a very deep, some say Divine language, that can have many levels of meaning according to the Spiritual Evolution of the reader. The more Spiritually advanced the reader is, the deeper the level of meaning is apparent, the lesser levels not even being seen. This is also the case when reading the Bible for example.

Also these Ancient Aramaic prayers have great power in and of themselves. Each word and combination of words, are true Magic that can invoke the powers of Universal forces and Divine Beings. The power of these Aramaic based prayers therefore goes far beyond mere words - they are often literally Magic in the truest form.

This only applies however to the prayer in its original form. If the prayer has been corrupted, modernised, even if spoken in modern Hebrew they will not retain their original Magical powers.

This is because the original prayers written and recited in Aramaic included very specific groups of characters and symbolism that can be broken if the original form of Aramaic is broken for any reason.

The Kaddish of the Essenes was therefore a profoundly important prayer, that, in and of itself, reveals many of the secrets of Life and the Universe.

Again though, this does not apply to the modern Kaddish which is used for entirely different reasons such as for mourning.

So today I would like to present you with a version that has been translated from the original Ancient Aramaic, and which I will then discuss.

This then is how the original prayer translates from Ancient Aramaic in to its nearest English equivalent:

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"Oh Thou, from whom the breath of life comes, who fills all realms of sound, light and vibration.

May Your light be experienced in my utmost holiest.

Your Heavenly Domain approaches.

Let Your will come true - in the universe.

Give us wisdom for our daily need detach the fetters of faults that bind us.

Let us not be lost in superficial things, but let us be freed from that what keeps us from our true purpose.

From You comes the all-working will, the lively strength to act, the song that beautifies all and renews itself from age to age.

Sealed in trust, faith and truth."

Now you can see, I am sure, how dogmatic prayer of modern Christianity is immediately transformed in to a statement of Who WE Are, and how we should Live our Lives.

Now let us take a closer look at what we can learn from this prayer:

The first line:

"Oh Thou, from whom the breath of life comes, who fills all realms of sound, light and vibration"

Affirms the truth that all Life and Creation originates with Source Energy - God.

"May Your light be experienced in my utmost holiest".

This affirms our desire to Experience, as Expressions of Source, the Light of Source Expressing through each of us and Illuminating our Lives - ultimately Enlightenment.

"Your Heavenly Domain approaches".

This is the equivalent of "thy kingdom come" in the Christian version.

What this really means is that we as humans on this outer vibration will grow closer to Source at the innermost, highest vibration.

It could also be a reference to the Transition of the Ages.

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"Let Your will come true - in the universe."

This is the Christian equivalent of "thy will be done, on Earth as it is in Heaven".

This line affirms our use of the "Principle of Expression", that I fully introduced in recent weeks, that we may Express, as Source, anything we wish for, need or desire, and it will become true in our physical, temporal experiential reality.

"Give us wisdom for our daily need detach the fetters of faults that bind us."

In the Christian Bible this line of the Lords Prayer is "give us each day our daily bread" - which is not empowering - it is dis-empowering because, in common with most Christian prayers, it is pleading and powerless as opposed to originating, evoking, invoking and powerful.

The "fetters of faults that bind us" refers to Karma.

In the Christian Bible this is "forgive us our trespasses".

This line therefore asks that we may have the wisdom to only think those thoughts, and perform those actions that will liberate us, and not those that will tie us down to others or material things.

"Let us not be lost in superficial things, but let us be freed from that what keeps us from our true purpose."

This line is also extremely important. It warns of becoming involved with the illusory world of material, superficial things.

This line then goes on to ask that we may not be distracted by materialism, or anything that keeps us from our true purpose in Life - to focus inwards, to focus on Perfection, Unconditional Love, Service to others before Service to Self, and above all on Spiritual Evolution.

"From You comes the all-working will, the lively strength to act, the song that beautifies all and renews itself from age to age."

This is another crucial, empowering line.

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This affirms that it is through the Freewill, the Power and the Inspiration of Source, God, Expressing through Each of Us as us, that We and All Creation are constantly renewed, and Perfected from day to day, year to year, and Great Age to Great Age, just as the Transition to the next Great Age will be transforming and renewing, where all "ugliness" will be purged, leaving only the Beauty of the Perfection of God and therefore the Perfection of Each of Us as God.

And finally:

"Sealed in trust, faith and truth."

Affirms our absolute Trust, Faith in these Truths and In Source.

So you see now how beautiful and empowering this true prayer is.

As I mentioned before, the prayers of orthodox religion tend to be pleading, patronising and dis-empowering, while true prayer, originating from the ancient Hebrew Aramaic texts from thousands of years before the birth of Jesus are empowering and literally Magic.

I believe that most of the true, original teachings of Yeshua, Jesus, can be found in the ancient Essene and other Aramaic texts.

It is among my intentions to locate them, thus empowering all who know them, while at the same time finally consigning the orthodox, dogmatic, controlling doctrines of the Church in the context of the teachings of Jesus to history once and for all.

It should be noted that a number of translation of ancient collections of works that formed the canon of the original Christian Bible are being translated at this time.

Although these will make a fascinating comparison to show how these original texts have been tampered with over the centuries, they still nevertheless originate from the Ancient Greek texts, which, as you will remember from the beginning of this article, were composed from stories passed between people and therefore subject to Subconscious bias and deviation, as well as the difficulties in translating from Aramaic which is a unique, ancient and powerful, multi-layered language, with considerable intrinsic power which are lost in translation along with the Universal Forces and Sources they invoke.

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27 December 2014 The Nativity Agenda

Welcome to your newsletter.

I do hope that you have enjoyed a wonderful, healthy and joyful week, especially that you have enjoyed your seasonal festivities.

The true meaning of the Christmas Nativity is a subject that I will briefly discuss later in this newsletter.

It is always a wonderful aspect of this time of the year to spend time relaxing, and with family.

But for those who have no immediate family or friends to be with at this time of the year, you should constantly remind yourself of this:

You are Never, Ever alone.

Know instead that you Are Always One with All People on this planet we share for Now, and that the appearance of separation, duality, is an illusion of the way the brain chooses to decode the signals you are receiving from the world around you.

Above all know, beyond doubt, that You are Eternally One with Our Divine Parent who you may refer to as "Father" or "God", but Who anyway Loves You Unconditionally, and Who Is With You Always.

Take time therefore to sit comfortably in your favourite chair, relax as deeply as you can by taking several deep breaths through you nose using all your diaphragm, and then expel the air through your mouth slowly, knowing all negative, low vibration thoughts have left you never to return.

And now - close your eyes, focus deeply inwards, clear your mind of all thoughts as best you can, and feel, and know - beyond any doubt - your Oneness With All Expressions of God, known as "people", and feel their Love for you as they would a Son, Daughter, Brother, Sister, Mother or Father - and then return that Love Unconditionally.

You will feel that Unconditional Love being returned to you.

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Now focus further inwards to feel the Unconditional Love of Source Energy, the Divine Light, God, infusing your Mind and Consciousness with this Highest of Vibration, and know, beyond doubt, the greatest Truth that you are related to, and an Expression of the Eternal Source of Source Light Who Unconditionally Loves You always, and will never, ever, in all Eternity allow anything but Joy and Well-Being to come to you if only you will allow.

Know that all you need do is to Allow that Divine Light into your Being, and you will then Know, Beyond doubt, that you are Never alone, and never can be alone, and that "alone" does not really exist, and you may celebrate that great Truth with Joy - not only at this time of the year, but always.

It is understandable that at this traditional time of the year many people are questioning the biblical origins of Christmas - the "Nativity".

The highly globally respected BBC New published an article recently:

This in summary relates to a survey carried out by the Church, which revealed that of the 1000 people questioned, 70%, including many who profess to being Christian, no longer believe in the "Nativity".

And we must keep in Mind that the birth of Jesus is one of the most iconic and crucial aspects of the New Testament, and one that underpins the very existence of the Christian Religion itself, along with the "crucifixion" and "resurrection" mythologies.

Why they are mythologies we will see a little later.

This though means that the dire warnings of the church as to the consequences for all those who fail to be "obedient to God" and to "believe in and respect" the life circumstances and meaning of "his" only "son" as well as accepting him as their "saviour", are no longer holding the controlling power they once did - and up until not so many years ago at that.

We cannot be "saved" by "others" for two fundamental reasons:

1. There are no "others", we are all One, and therefore our destinies are inexorably linked. Each influences the Whole.

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2. As individuated aspects and Expressions of Source Energy we are blessed with Freewill and Mind to Evolve in accordance with how we best make use of the powers, abilities and Mind that Source has provided us with - which are Infinite and Eternal - as Source.

In short - more of humanity is finally beginning to think for themselves.

This is a strong indicator that finally, as humanity awakens, the foundations of these old systems of "belief" are crumbling like the fabled walls of Jericho, and will, in time, become yet another useless ruin, ancient relics discarded and left behind by humanity as they move on to greater levels of understanding, Spirituality and Closeness with our True Source, just as before, when humanity abandoned their great temples dedicated to their numerous pantheons of god-deities, moving from a polytheic to a monotheic structure in the process.

This time though is different.

Humanity, instead of grasping at yet another religion that they are offered as a pre-packaged system of "belief" that does all thinking for you, and which conveniently simply comes their way, this time people around the world wish only to grasp Truth, Freedom and Enlightenment, thus fulfilling the next great evolutionary step from a monotheic deity based doctrine, to a realisation that the True God is not after all a deity, but rather the Source of All Creation in the Universe of Which we are an Inseparable Aspect and Divine Expression instead of being a subservient slave to it.

These will endure through Eternity, because the foundations are have been built by Source and are therefore Eternal - foundations that cannot and must not be buried, ever again, by those who follow the dark forces, the forces that are "anti to Christ" - the Highest Energy and Embodiment of Freedom, Truth and Unconditional Love.

Ultimately absolute Truth is enduring where all else to the contrary sooner or later must fall as all others inexorably have.

When referring to religion, I do not include Buddhism, Hinduism or Taoism - these are cultures, ways of life, built upon a solid and virtuous foundation of Truth, that neither seeks to control, dis-empower, or disconnect from the Light, their adherents.

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Quite the contrary in fact - these are noble, worthy ways of life that seek to empower, to and to provide a path to Source, God through Understanding and effort supported by Divine Freewill.

So what then of the "Nativity" - an icon of Christmas in recent centuries.

The creation of the Nativity must been seen against the backdrop of how the Roman Church originally came in to being in the first place.

The ultimate agenda of Emperor "Saint Constantine" was to create an alternative mode of far reaching power and control over the Roman Empire and beyond, in the face of the crumbling Imperial Army and global territories and in the face of increasing resistance by various groups of "barbarians" who were rapidly eroding the Roman Empire through force.

This process was a visible manifestation of Cause and Effect in that the Roman Imperial Army originally took these lands which did not belong to them by force.

Saint Constantine was ruthless - he even executed his own eldest son - but a brilliant strategist, and he realised that the one thing everyone feared more then any other was their "gods" or "deities".

Ultimately the entire course of humanity, and of their greatest achievements such as the great pyramids of Mesoamerica can be traced to how they perceived and approached their "gods", and most importantly how these "gods" could be "appeased" and "on their side", instead of incurring their mighty "wrath" of these deity "Gods" in the form of great storms, crop failures, famines, draughts and so on.

The measure of their fear can be observed in the monumental efforts and achievement, often in the form of massive pyramids constructed from stone blocks so heavy that even the largest cranes today could not lift them, positioning them hundreds of feet in the air with geometric precision.

How ancient races such as the Egyptians, Maya and Teotihuacano's achieved these "super-human" feats is still unknown to this day.

Fear of the blessings or vengeance of Gods or God is an extremely powerful, primal force, which Constantine was very familiar with.

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To Constantine God was a powerful "weapon" to bring humans to their knees and believe and do almost anything to remain in favour - especially after the misinformation they perpetuated about the nature of "death", and in particular the false doctrine of "hell" and of "satan" or "Lucifer".

As we have already determined in a previous newsletter, the true identity of "Lucifer" is the Human Ego Mind which, in the beginning, became detached from the Christ Mind of Source, that the Luciferian Human Ego Mind could, through the ongoing process of Perfection through Experience granted through Freewill, to Ultimately return the Christ Mind from Whence it originally came.

The creation of the Canon of the New Testament was the result of the efforts of the Constantine to rally the hitherto followers of the pagan deities around this new "Christ figure" known as Yeshua, who was the most recent, and convenient respected teacher in the area of the time some 350 years before, resulting in plenty of separate but scattered texts that could be made in to the basis, or canon of a "new religion" based on fear, power and control.

So all Constantine needed to do now was how to make the "new religion" palatable to the Romans, on the basis that once it had been accepted by the Romans it would likely be accepted throughout the world - they would of course force it upon what remains of their Empire threat of death - a policy that became a trademark of the Roman church for centuries to come.

So all the Roman Church under Constantine needed to do was to "graft" on to the beginning and end of the Yeshua "story" of the "new religion", sequences of events that would be most acceptable to the majority of Romans, and in turn to the remainder of the world.

Constantine had zero regard for Jesus, Yeshua, except as an instrument of control and power.

The Romans at this time worshipped the deity Mithra, their Sun god, the story of whom had followed the same sequence of mythology for thousands of years - 15 times previously in fact, commencing with Osiris in Ancient Egypt.

The other ploy was to then replace the Mithraic pagan festivals with the new Roman Church corresponding festivals, based upon the

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fact that everything in the middle would take care of itself, and the festivals that the Romans had become accustomed to may continue.

So this then is precisely what happened.

As an aside, another very long story, the Gospels of the Bible became hopelessly corrupted in a very short time indeed.

The "Apostles" - Matthew, Mark, Luke and John - had most likely already "passed on" before the Gospels were placed on paper by person or persons unknown, but who in any event spoke Ancient Greek as their native language and not the Aramaic of Jesus or Disciples.

Jesus, being born to a Jewish family, spoke Aramaic which is completely different to Greek. Aramaic is a poetic language that can be perceived, understood and interpreted in many different ways depending on the reader - much like the Bible itself in fact. So Aramaic must always be taken in a proper context, and never literally as the Greek speaking authors of Matthew, Mark, Luke and John, most clearly did.

Of course by then the true context was long gone, so there were no longer any points of reference - but this was of no relevance to Constantine, because he created his own "interpretation" in accordance with his global controlling ambitions which proved to be extremely successful. Even Constantine could never have envisaged over one billion people prostrating themselves before this instrument of control and fear he created from one of the very greatest teachers of the Light and the Truth that ever walked the planet - Jesus - Yeshua - a Divine embodiment of the Christ Light Energy of our Source.

We also have to take in to account that the life and teachings of Jesus must have been handed down by mouth through stories through anecdotes which, like the party game "Chinese Whispers" will no doubt have been distorted, glorified and embellished in the process.

So whoever wrote down the texts of what would become the original Gospels, probably lost most of the true life and times of Yeshua - the true Jewish name of "Jesus", which was the Greek name assigned to him, right there, and much of Yeshua's true teachings lost in transliteration upon transliteration, misinterpretation, by misinterpretation, deliberate alteration by deliberate alteration.

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Later it was transliterated to Latin and eventually into medieval English which is where it remains today for effect. All those "thee's, thou's, hath's" etc sound much more convincing than their modern day English equivalents which would not have the same mystery about them.

It is all of an immense, extremely clever but equally damaging ploy.

But anyway, the Roman Church removed parts and changed parts down through the centuries to support their own agenda of power and control, so any overall representation of the teachings of Jesus were completely corrupted and all but meaningless except to those who were equipped to see the deeper meanings of the words of Jesus which the theologians never did or could see - and neither were they intended to - Jesus said this himself:

"And the disciples came, and said unto him, Why speakest thou unto them in parables? He answered and said unto them, Because it is given unto you to know the mysteries of the kingdom of heaven, but to them it is not given. For whosoever hath, to him shall be given, and he shall have more abundance: but whosoever hath not, from him shall be taken away even that he hath. Therefore speak I to them in parables: because they seeing see not; and hearing they hear not, neither do they understand. And in them is fulfilled the prophecy of Esaias, which saith, By hearing ye shall hear, and shall not understand; and seeing ye shall see, and shall not perceive, For this people's heart is waxed gross, and their ears are dull of hearing, and their eyes they have closed; lest at any time they should see with their eyes and hear with their ears, and should understand with their heart, and should be converted, and I should heal them". But blessed are your eyes, for they see: and your ears, for they hear. For verily I say unto you, That many prophets and righteous men have desired to see those things which ye see, and have not seen them; and to hear those things which ye hear, and have not heard them. Hear ye therefore the parable of the sower."
--Matthew 13:10-18

Yes - the Prophecy of Isaiah was certainly fulfilled as Yeshua said - and Constantine was the vehicle of that fulfilment.

So from a fundamental perspective, the New Testament became totally corrupted, even it represented an accurate account of biblical events in the region to start with which is highly doubtful - much

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of it would have been myth, glorifications of events and anecdote.

The Old Testament remains pure and true to its roots, because it remains mostly totally unchanged and continuous in its original Hebrew, with no apparent hidden agenda attached, and to this extent remains faithful to Abraham - the father of all Abramic doctrines.

The same therefore applies to the books of the Jewish religion which remain true to their roots - Abraham - for the same reason.

But then let us take a look at the Nativity a little more closely.

Did the "birth" event take place in Bethlehem?

Almost certainly not.

This myth became necessary due to a "prophecy" hundreds of year before by the Jewish King David, which stated that the "messiah" or "saviour" would be born in Bethlehem.

It was almost certain, based upon historical evidence, that Jesus was actually born in Nazareth, which is the real reason he is known as "Jesus of Nazareth".

It was felt necessary to ensure the prophecy of David be seen to have come to pass, in order that his authenticity as the "messiah" could later be established from his Jewish roots.

The "census" that Jesus and Mary went to Bethlehem for according to the story is a myth. The Romans held their first census about 250 years later, and in any case why would Nazarene people be required to travel to Bethlehem many miles away? It makes no sense at all.

Was Jesus a "virgin" birth of his mother Mary?

This is obviously a very, very sensitive subject. The actual recorded history of the region is very telling. The most likely answer, by far to the point of being all but certain is - no - this was not a virgin birth.

The likely circumstances of the conception would shock too many people, and is in any case moot, and in no way diminishes the standing of Mary as a person.

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Was Joseph the Father - almost certainly not.

Being an unmarried mother in that era, regardless of how and why, was considered shameful, and so families rally round to conceal the true circumstances of a pregnancy in order to save family honour and against any possible reprisals by bigots and others.

There is also rather glaring evidence to suggest that considerable effort was made to establish Joseph's relationship to Yeshua at the start of the Gospel of Matthew with all the generations of Joseph being meticulously listed until finally in Matthew 1:16 we find:

"And Jacob begat Joseph the husband of Mary, of whom was born Jesus, who is called Christ".

Now surely we are being led to believe that this was a "virgin" birth?

If this was the case, Joseph could not, by that logic, have been the genetic father.

So why spend the first 16 pages of Matthew establishing Joseph's relationship to Jesus who was "born of Joseph" when the fundamental basis of the Christian doctrine is that Jesus was "born" of God through the "Holy Spirit" - Universal Life Energy.

This was however such a popular theme that even in the Star Wars Movies, Anakin Skywalker was apparently a "virgin birth" of his mother Shmi through the "Force" - Universal Life Energy.

This is, whether the author realises or not, an excellent metaphor for the Roman Church Synthesis and therefore how they viewed themselves.

Anakin Skywalker was turned to the "dark side of the force" and became "Darth Vader", and we all know what happened then.

Darth vader created the dark Galactic Empire under the control of the "dark side" - the dark forces.

Could Emperor "Saint Constantine", who was purporting to be a force for good in the Roman Empire - after all - he was "canonised" - be really a metaphor for the way Galactic Senator Palpatine - the early days of Constantine - to "Darth Sidious" - the "dark lord of

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the Sith" who wrought terror, darkness and oppression throughout the Empire.

Darth Sidious never hesitated to kill anyone who got in his way - even those on his dark side, just as he wanted Luke Skywalker to kill Darth Vader - just as Constantine later executed his own son.

Later, when all seemed hopeless, and the forces for the Light - the Jedi Knights - had been all but destroyed - out of the darkness came Skywalker and defeated the dark side of the force, so the Light could once again be allowed to illuminate the Empire.

Yes this is an allegory - whether the author knew it or not - but you can be absolutely sure it is no "coincidence".

So much of the early parts of each Gospel, particularly Matthew which used 16 pages establishing an erroneous connection to Jesus, is simply "smoke screen" designed only to perpetuate the myth.

For the sake of completeness we should also note the fact that not only could the "Apostles" not have written the Gospels, they could neither have been present at Yeshua's birth to record the events unless they were small, literate toddlers, and in any case Yeshua did not choose them until he was around 30 years old himself, which leaves the entire birth sequence in the Gospels without any known author or witness whatsoever - which is not surprising because the only witnesses were likely Joseph, their families and any helpers in the birth process.

Was Mary a virtuous young lady - probably yes - I do not believe anyone doubts this, and there is no evidence to suggest otherwise.

Mary was probably a victim of "circumstance" and it must have been extremely traumatic for her to say the least, as well as for Joseph and the whole family.

Was Jesus laid down to sleep in a "manger".

Absolutely he may well have been.

But was he therefore laid to sleep in a cattle feeding trough?

Highly unlikely to say the least.

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"Manger" is just another in an endless list of mis-transliterations - deliberate or otherwise.

In fact "manger" in the language of the region at the time is a special room in a often large home, usually associated with the upper echelons of the society at the time.

So it is most likely that the pregnant Mary, by another man, although not intentionally, was with her family in Nazareth with Joseph, until the baby who was given the name of Yeshua, was born in the "manger" room of the home where he "laid" after his birth.

Joseph and Mary may however have known of his future greatness through the name they gave to him which was probably inspired.

"Yeshua" in fact is still a derivative of the Aramaic speaking family name given to him of "Yehoshua".

Yehoshua in Aramaic consists of two fundamental components as follows:

"Yeho" which invokes the Tetragrammaton - YHVH or IHVH:

Yod-Heh-Vahv-Heh

Which is a mystical Kabbalistic name of God.

In the Jewish religion, the orthodoxy never write the full name "God" lest what they have written become corrupted, for which they felt responsible for the consequences, so they prefer to write God as "G-d".

Often however they get around this by using other words of the same meaning such as "Adonai", which is the plural of "Adon" which in turn translates to "Lord" or "Master".

"Shua" is an Aramaic word which can be considered to mean "Saviour".

So the name "Yehoshua" can be understood to mean "Saviour from God".

This is no coincidence. It was concealed from most.

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Yehoshua was indeed intended to be the "saviour" of humanity as humanity was at that time - pagans unprepared for the coming Transition - to prepare them 2000 years in advance.

"The enemy that sowed them is the devil; the harvest is the end of the age; and the reapers are the angels." Matthew 13:39

Here Jesus is advising that the agency that "sowed" the consequences are dark thoughts, i.e. "the devil", and when the "harvest" comes at the end of the age the "reapers" will be the Beings of Light where only those who are ready can go.

Again, the kingdom of heaven is like unto a net, that was cast into the sea, and gathered of every kind: which, when it was filled, they drew up on the beach; and they sat down, and gathered the good into vessels, but the bad they cast away. So shall it be in the end of the age: the angels shall come forth, and sever the wicked from among the righteous, And shall cast them into the furnace of fire: there shall be wailing and gnashing of teeth. Jesus saith unto them, Have ye understood all these things? They say unto him, Yea, Lord. -- Matthew 13:49 - 51

Here Jesus is saying quite clearly and unambiguously that those who are Spiritually prepared will move onwards and inwards to greater things within the Universe, Universal Mind of God, whereas those who are not ready will be very upset about missing the opportunity, and will have to be cast back in to the furnace of learning in the physical Universe in readiness for the next opportunity. And hence those who are ready will be separated from those who are not.

keep in Mind that 2000 years from a 25,800 year cycle is not that long.

And Yeshua did warn his disciples that the forces of darkness may well attempt to hijack his Divine Mission:

"As Jesus was sitting on the Mount of Olives, his disciples came to him privately and said, 'Tell us, when will this happen? What will be the sign that you are coming again, and when will the Age come to an end? Jesus answered them, 'Be careful not to let anyone deceive you. For many shall come in my name, saying, I am Christ; and shall deceive many. And ye shall hear of wars and rumours of wars: see that ye be not troubled: for all these things must come

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to pass, but the end is not yet.

For nation shall rise against nation, and kingdom against kingdom: and there shall be famines, and pestilences, and earthquakes, in divers places. All these are the beginning of sorrows. Then shall they deliver you up to be afflicted, and shall kill you: and ye shall be hated of all nations for my name's sake. And then shall many be offended, and shall betray one another, and shall hate one another.

And many false prophets shall rise, and shall deceive many. And because iniquity shall abound, the love of many shall wax cold. But he that shall endure unto the end, the same shall be saved.

And this gospel of the kingdom shall be preached in all the world for a witness unto all nations; and then shall the end come. When ye therefore shall see the abomination of desolation, spoken of by Daniel the prophet, stand in the holy place, (whoso readeth, let him understand:) Then let them which be in Judaea flee into the mountains: Let him which is on the housetop not come down to take any thing out of his house: Neither let him which is in the field return back to take his clothes And woe unto them that are with child, and to them that give suck in those days!

But pray ye that your flight be not in the winter, neither on the sabbath day: For then shall be great tribulation, such as was not since the beginning of the age to this time, no, nor ever shall be. And except those days should be shortened, there should no flesh be saved: but for the elect's sake those days shall be shortened.

Then if any man shall say unto you, Lo, here is Christ, or there; believe it not. For there shall arise false Christs, and false prophets, and shall shew great signs and wonders; insomuch that, if it were possible, they shall deceive the very elect. Behold, I have told you before. Wherefore if they shall say unto you, Behold, he is in the desert; go not forth: behold, he is in the secret chambers; believe it not. For as the lightning cometh forth from the east, and is seen even unto the west; so shall be the coming of the Son of man.

For wheresoever the carcase is, there will the eagles be gathered together. Immediately after the tribulation of those days shall the sun be darkened, and the moon shall not give her light, and the

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stars shall fall from heaven, and the powers of the heavens shall be shaken: And then shall appear the sign of the Son of man in heaven: and then shall all the tribes of the earth mourn, and they shall see the Son of man coming in the clouds of heaven with power and great glory. And he shall send his angels with a great sound of a trumpet, and they shall gather together his elect from the four winds, from one end of heaven to the other. -- Matthew 24:3 - 31

So you see it has all come to pass beloved reader - just as Yeshua forewarned it may.

But there is still time for the Light to prevail - and it will.

So getting back to the Nativity - what about the enigmatic "three wise men", one of whom mysteriously changed his skin colour from white to dark a few hundred years later as illustrated by the surviving religiously motivated pictures?

Well this is a very interesting one lifted directly out of Mithraic mythology/astrology especially for the occasion.

The "bright star in the East" was Sirius which is very bright at that time of the year as observed in the region.

The three adjacent stars located in the belt of the constellation of Orion have been known for thousands of years as the "Three Kings".

At that time of the year the astronomical positioning of these four stars - Sirius and the "Three Kings" in the belt of the Constellation of Orion are such that they are in what appears to be perfect alignment intersecting Earth as observed in that region at Dawn.

So when looking at the bright star of Sirius, we see the stars - "Three Kings" - "following yonder star".

But why did one of the three kings suddenly change skin colour?

Simply because - and the historical evidence full supports this - when Christianity reached the African continent, it was deemed by the Roman Church to be politically correct to have a "wise man" with dark coloured skin to make the myth more acceptable to that dark skinned continent, thus paving the way for that continent to

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embrace the Roman Church because one of their own dark skinned people was actually present at the birth of this baby "God-boy".

How about the infamous nasty King Herod who murdered all those male babies hoping to murder the new "King of the Jews" by process of elimination - literally?

The same Herod in fact that was implicated in Jesus "crucifixion".

Undisputed history comes to our help here by telling us that Herod actually died around 4 BCE - 4 years before baby Yeshua's birth.

So Herod would have been dead and buried long before he could have possibly given Yeshua a hard time, either at birth, or before his passing - unless of course he was "resurrected" for the occasion - anything seems possible in this "new religion" when it suited them.

Finally, why December 25 as the Yeshua's birthday?

Well there is a great irony in this as well.

The short answer is that it was the official birthday of Mithra, the incumbent Roman Sun God, as well as of the 15 God-men that preceded Mithra starting with Osiris.

But why that date?

How could 16 "God-men" of pagan mythology, with Yeshua, Jesus the seventeenth, all happen to share the same "birth day".

Coincidence?

No such concept.

Quite simply the Winter Solstice when the Sun as at its lowest in the sky takes place on December 21.

And then, 4 days later, on December 25, the Sun begins its climb upwards in the Sky once again, and according to mythology the Sun, or "Son" is said to be "born" again.

So the Sun, or "Son" once again become the "Light of the World".

Yeshua did say "I Am the Light", but he did not mean in a pagan

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astro-theological context.

So quite simply December 25 represents the "birth of the Sun" or the "birth of the "Son" depending which spin you prefer.

The ultimate irony, and one in which I usually allow myself a smile whenever I see it, is that the Roman Church reproduced this pagan icon so precisely, they even recorded it within the Christian "cross" on the roofs of many churches across the World.

If you see a church bearing a cross with a large circle around the intersection point of the horizontal and vertical axis, you will see what I mean - especially as many of these circles also have "rays" emitting from the intersecting circle.

These crosses do not depict the "crucifixion" cross, but rather represents the very ancient cross of the Vernal Equinox which came from the Roman pagan deity Mithra.

The circle around the intersection represents the Sun - which is why many of these circles have Sun rays emitting from them as well.

Not only then does this represent the "rise of the Sun/Son" but also the "death of the Sun/Son, and the reason why the true meaning of the Cross is this:

The Sun, "dies" upon the Cross - of the Vernal Equinox.

So these church roofs are displaying a perfect icon of the Mithraic pagan religion.

But of course the Sun/Son is also born on the "cross" - the Vernal Equinox as well - on December 25 - as the new "Light of the World".

But I hear you say - surely Jesus was not crucified on the cross at Calvary until some time in April?

Well actually Yeshua was not "crucified" at all - on the wooden cross or otherwise.

But that is another episode in the greatest drama of all time, and one that had happened 16 times before Yeshua, Jesus appeared, so we can visit this at a later date - mid-April seems quite appropriate.

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I do hope you have enjoyed my tour of the "Nativity" which even now reveals only a fraction of the full drama.

This newsletter was intended to be more brief than usual today, but has become almost certainly the longest I have ever written.

I have shown you many of the keys that unlock the reality which humanity is now facing.

Neither Source, or any other Divine Being may directly intervene in the "destiny" of humanity.

You see humanity can ultimately only "save" ourselves.

Yeshua, Jesus came to Earth to "show us the way", but was later hijacked by the forces of the cycle of dark Energy that became "anti-to-the-Christ-Energy".

I cannot spell it out for you, but I hope I have provided sufficient real knowledge to "figure it out" for yourself.

Humanity has been receiving many messages, often enigmatic, regarding what has taken place and the way forward.

This newsletter has proven to be a harsh indictment of certain "forces" that still dominate billions of Expressions of Source Energy" today, at a most crucial and pivotal crossroads in the ongoing evolution of the Human race - who our Source, God Unconditionally Loves.

It is important to me however that you understand and trust my motives completely which are these:

We should never, ever accept anything as truth, simply because an ancient book says so - or your parents say so - or the Church minister says so or whoever, or because it seems to be such a glamorous story which you really to want to believe to be true.

Always, always take time to relax and ask yourself - just before sleep is an excellent time - of any question you wish an answer to:

"Is this true".

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Your Higher Self knows the answer Who in turn is connected to Source, God Who knows the Ultimate Answers to All. So just ask.

You are not asking for the solution to "life the Universe and everything", but simply "is what I am being told really true"?

Everyone recognises the truth for what it is - just allow your inner guidance, Which will never let you down, tell you yes or no.

This equally applies to my own books, my newsletters including this one, my website - in fact everything I write.

If my words do not "ring true" to you then you absolutely must reject those word.

You really have no choice but to be true to your own inner guidance.

Never, ever believe anything I say simply because I said it or wrote it - always confirm the truth within - it is there for the asking - I assure you.

Everything I write I personally Know to be True beyond any question, otherwise I would not, and could not write it at all.

It is very important to understand a crucial fact that no one ever even considers - which is how the Roman Church achieved its agenda.

Religion is almost always perpetuated by one main route - Family tradition.

You will almost always find many generations where the same religion, be it Christianity, Islam, Judaism, LDS or whatever.

It does not matter - they are all family traditions plain and simple, often out of respect for the beliefs of parents who are assumed to know why they believe something to be true - mostly they do not. They simply accept it out of "blind faith".

It is extremely rare in my experience to find a deeply religious person, and certainly none that have come to my door in pairs, that have ever investigated all the belief system options, and Spiritual literature out there, and arrived at the decision - "this is the religion for me".

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You can go to any person in the street, at random, ask them why they subscribe to their religion, and they will always say the same thing:

"Because it is the religion of my parents".

They have never, ever made an informed decision - they let their own parents - who they rightly respect - make the decision for them - and their parents before them and so on.

It is an unbroken, self-perpetuating chain, that feeds the very forces that are keeping humanity hostage during these crucial, pivotal times.

But is it still each Expression of the Light, Source, God, choosing this of their own Divine Freewill which must always be respected at all times - no matter what the consequences.

Every one of us is blessed with the Freewill to choose darkness or Light and Live with the consequences in accordance with Immutable Universal Principles and Divine Providence.

People have been programmed about religion as they have about food, education, and all the other areas where informed decisions should have been made but have not - it is all family tradition that forms the basis of the entire life of many.

Almost everyone has abrogated their Freewill to the same forces of darkness that control almost every aspect of your experience today - from the moment you awake, to the moment you sleep.

The "financial crisis" is just the latest in a very long line of events originating from the forces of darkness for one main reason - to control humanity and deny humanity from its true Source, Light and Destiny as a Divine Being of The Light.
Until age of 7 the brain of a child is in the Alpha brainwave state.

This enables their Subconscious Mind to absorb and process vast amounts of information. This is an evolutionary necessity due to the need of a child of ancient times to store enough information to enable survival very under harsh and unforgiving circumstances.

So when the parents of a young child say "we are Christian so you

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are Christian", and then rush the child down to the nearest church where a formidable looking stranger dressed in strange black and white clothes adds to their distress even more by tipping water over the head of the baby while uttering a few incomprehensible sounds, which are designed for no other reason than to affirm that they now "belong to the church" to which the child must then remain obedient lest they incur the wrath of the vengeful "God" of that religion.

Then the child is programmed to be "Christian" or whatever, and most humans are still running on the same program for the rest of their current incarnation.

They become trapped in the "Matrix" without ever knowing it.

The parents beliefs and will, as well as the water ritual, cements their belief that they have a label attached to them which announces in large letters - "I am Christian" and I will wear the icon - the "crucifix" - i.e. the pagan Cross of the Vernal Equinox" with optional Sun symbology, to let everyone know that I am now fully programmed.

It also becomes firmly entrenched the primal survival instincts of the child - believe in this version of "God" or you will incur the wrath of this jealous, vengeful, capricious "God" of theology and religion, who will make you fry in the flames of "hell" for failing to pander to God's "will".

Due to my own powerful inner guidance, I was able to overcome this programming when I was 8 years of age, which enabled me to embark, with an open Mind and open connection to Source on my quest for the Truth, which I now know was for the purpose of sharing over 40 years later to all who would listen of their own Divine Freewill.

If I had not overcome my programming, you would not be reading this newsletter today - plain and simple. Being Sunday I would likely be in church singing "hymns" and repeating "prayers" to pander to the Ego of the deity in question, while hoping that I may be deemed worthy of my "ticket to heaven" once my Soul is finally released from its lifelong prison.

Consider this - if I am wrong and the Roman Church is right - then I am toast like no one has ever been toast before for my "heresy".

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But be assured that I am not prepared to have a dollop of dogma spread over me yet - or ever.

If you are a committed Christian and I have rocked your religion - I make no apologies. I waited until after Christmas to expose the nativity to spare you that during your seasonal festivities which must be about the family - not baseless creed and dogma designed only to further perpetuate a fundamental tenet of religion.

I make no apologies because I have made you think for yourself, and perhaps even broken your programming which is a blessing to you as well as to me.

Above all, time really is running out. The Transition really is happening Now and it will not stop for anyone.

I have no idea precisely when or how it will conclude, because that part of the script is still being written by humanity.

What I do know is whether it be 4 years, 8 years or 12 years or whatever - it is very close and it most likely in your Lifetime.

This is a most blessed time to be Human on Earth - but only if you know that and know why and configure your Life here accordingly.

You have an opportunity that is only offered once every 25,800 years.

If you "miss the boat" there will not be another boat leaving of this size until the year 27,812 if humanity is still here by then - which is doubtful. So you had better make sure that your Mental bags are packed and you are ready to embark - very, very soon.

There is simply no time left to "beat about the bush" and pander to the same forces that have held humanity back for 1800 years or so due to what amounts to being a huge and immensely damaging con.

If the words I share do not resonate with you then that's fine - at least you can find ones that do and make an informed choice in the knowledge that you have made use of your own God-given freewill, instead of perpetuating a pagan myth that started in Ancient Egypt with Osiris, and lives on today as the "Christian religion", and in the case of the Roman version at least, designed only to deny you of your freedom and destiny and to disconnect you with God, Who you

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may only approach through some appointed "ambassador" in black cloth.

Ask yourself this - is that religion "anti-to-the-Christ" by denying you the opportunity to grow closer to God while perpetuating only fear and guilt through the false doctrines of "hell" and "sin", or are they Pro-Christ in bringing you closer to God, Freedom of Choice, Freedom of Expression, and Freedom to Live and to Love in accordance with your own God-given Divine Freewill?

These are very serious questions that you must ask of yourself.

But we should, in the interests of completeness, acknowledge the fact that Jesus - Yeshua - did exist around that era, and was a very great teacher who came here to help prepare humanity for the end of this current age.

He said himself: "I will be with you until the end of the age".

The Bible uses the word "world" but that is a deliberate mistranslation of the Greek word "Aeon" which really means "Age".

As we have often discussed here in this newsletter, there remains many very powerful teachings of Yeshua that were hidden from most people, the literal words becoming the basis of theology of the church.

They were hidden from the dark forces for a reason. Had the dark forces got hold of them, they would have surely turned them against humanity, and who knows what the consequences would be.

Source in Source's Infinite Wisdom, Always provides protection against the misuse of Divine Universal Principle of the Light.

So we should never rise up against any religion or any other source of information as a matter of principle, discarding any truth and valuable lessons with the untruths, dogmas and doctrines, thereby "throwing the baby out with the bath water".

We should always take that new knowledge that we know to be true, that it might help us evolve a little or even a lot further, and simply discard the rest gracefully in to the bin of all other useless "knowledge" out there that disguises itself as "truth".

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Jesus had the benefit of 30 years of teachings by the Essenes, as well as a very high level connection with Source, so the real Jesus has much to offer us even now - if we can extract his true teachings from the mire of creed, dogma and indoctrination.

I am currently researching original Aramaic sources of both the words of Jesus, and of the Essenes - if we have that we have the true, undiluted, unpolluted source of Jesus, and that would be really something. Ancient Aramaic texts hold many valuable keys to unlock the teachings of Jesus and other great teachers of the era.

Once we "find" the true Jesus, the false doctrines that later emerged in his name, false doctrines are "anti-to-the-Christ, the Light, Unconditional Love", the entities that fed on these false doctrines must die, and the true Yeshua can emerge in all his Divine glory in Love, Light and through the same Christ Energy that flows through us all.

And this time of the year should always remain a season of Love, Giving and Being - which can be carried through to every day of the year.